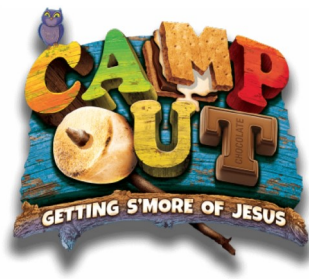


Newest Request 1st: Billy Willet, Betty Jo Thompson, Aries Haygood, Fred Brogdon, , Eddie Wright, Johnny Jones, Charles Lee, Rachel Thompson, Dan

Miot Family, Jim Kight, Gail Edenfield, Mousie, Reba Williams family, Jerry Mcrae Family, Di-
anne Avret, Pam Griggers, Bowen Family, Merle Wilkes, Fran Williams, Charles James, Mary Ann Kavakos, Jess Inman, Eugene Joyner & Family, Connie Anderson, Marion Franklin, Betty Gray, Betty Grimes, Kate Kennedy, Marilyn Salem, **We are honored to be in prayer for the needs of our people. If you would like to add your request to our prayer list, please call the office or fill out the prayer request slip on Sunday mornings. If you would like to receive additional prayer from our prayer chain, please call Jane Benton at (912) 293-6542.**

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Vacation Bible School.

All children nursery—
5th grade are invited to join us for our Vacation Bible School, “Camp Out: Getting S’More of Jesus,” June 16 & 17 from 5 PM—8 PM. Dinner will be provided. Sign up online at

www.vbspro.events/p/lfumc or by contacting the church office.

Pastor
Director of Children’s Ministries
Youth Director
Music Director
Musician
Office Manager
Membership Secretary

Rev. Jim Morrow
Tracey Adams
JD Mitchell
Diane McBride
Robert Cottle
Susan M. Edenfield
Ann Mason



May, 2017



I’ve been thinking about “capacity” lately. I want more capacity. Now, if you know me at all, you may be thinking that

I’m talking about my coffee cup! I do love coffee, and I love a cup that holds more of it—but I’m talking about personal capacity. The space that we have within us to hold together the events of our lives and depth of what we truly want to bring into the world. Have you ever thought about your capacity as a human?

Think of our lives like a cup. We fill that cup with things like love, faith, generosity, and relationships. But other things fill that cup, too. Things like the stress of that tough situation; the hectic energy of our always-on-the-go schedule; the hurts of disappointment and loss. Those things fill our cup, too. If our personal capacity is low, then we fill up quickly. We might find that our lives are filled up with too much of what we don’t want and not enough of what we do. Not enough love.



Not enough time. Not enough peace. A limit to the number and depth of our relationships. With no space left, how can we live freely in Christ? How can we be in ministry when we have no space for other folks?

In this month's sermon series, "Resilient: Thrive in the Face of Adversity," we're focusing on how to navigate adversity in such a way that it doesn't fill up our cup, but actually increases the size of our cup so that we have the capacity to love, to be in relationship, to have strong faith, to be in ministry.

In Christ, Pastor Jim

Announcements

Welcome New Members! Corky McCrae, (4/23) and Cathy Salter (4/30) We are excited you are joining us as we make disciples of Jesus Christ who love God, love each other, and love outside the walls.

Annual Fish Fry. Our Men's Ministry will host their annual fish fry on Sunday May 7, 2017 at 6:00 PM. Everyone is invited. We will have entertainment from local musicians. Meals are by donation. All proceeds will go to mission and ministry projects.

National Day of Prayer. The Toombs Area Ministerial Association invites everyone to a service observing the National Day of Prayer on Thursday, May 4th at 6:30 PM at the Toombs County Courthouse.

Scholarships. Scholarship are available for current and upcoming college students. Applications will be on the website.

Introducing the Lyons First UMC Podcast & Sermon Library. Our sermons are now online in our sermon library at www.lyonsfumc.org/sermons. You can also have them delivered straight to your phone or device with our weekly podcast. You can subscribe with iTunes, Stitcher, Google Play, or your favorite podcast app!

Assisting on Sunday, May 7, 2017

Ushers: Jay Mosley, Kevin Hill, Mike Lothridge, & Kim Stephens
 Nursery Volunteers: Amanda Morrow & Jamie Winge
 Flowers: In Memory of Martha Hester
 Given By: Millie Kennedy
 Acolytes: Abby Bishop & Ryder Sears

Assisting on Wednesday, May 10, 2017

Supper Hosts: Sarah & Speck Nobels, Lori & Scott Tuck, & Amber & Jeremy Joyner
Menu: Fried chicken, cubed steak & gravy, rice, black eyed peas, peas & carrots, rolls, & peach cobbler.

Assisting on Sunday, May 14, 2017

Ushers: Scott Tuck, Charles Nobles, Powell Collins, Mike Calhoun, & Gil Williams
 Nursery Volunteers: Brooke Smith & Kim Alexander
 Flowers: In Memory of Luray Reid, Ellen Sharpe, & Virginia Reid
 Given By: Terri Johnson
 Acolytes: Jackson Morrow & Melody Page

Attendance

	4/23/2017	4/30/2017
Morning Worship	138	129
Evening Worship	19	29
Sunday School	104	97



Offering: Simply place your offering in the offering plate as an act of worship during each Sunday.

Online: Visit www.lyonsfumc.org & click on "Online Giving" to make a one-time donation or a recurring gift.

Mail: You can mail your gift any time by send-ng your gift to our office at Lyons First UMC, P.O .Box 71, Lyons, Ga. 30436.

Automated: Automate your giving by setting up bill pay through your checking account.