



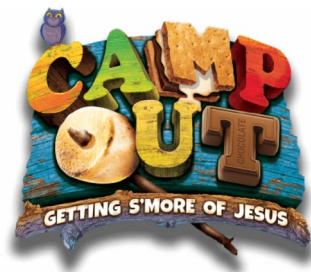
Newest Request 1st:

Jay Bleichner, Danny Edwards, Sheldon Smith, Gail Edenfield Family, Billy Willet, Betty Jo Thompson, Aries Haygood, Fred Brogdon, Eddie Wright, Johnny

Jones, Charles Lee, Rachel Thompson, Jim Kight, Mousie, Dianne Avret, Pam Griggers, Bowen Family, Merle Wilkes, Fran Williams, Charles James, Mary Ann Kavakos, Jess Inman, Eugene Joyner & Family, Connie Anderson, Marion Franklin, Betty Gray, Betty Grimes, Kate Kennedy, Marilyn Salem, *We are honored to be in prayer for the needs of our people. If you would like to add your request to our prayer list, please call the office or fill out the prayer request slip on Sunday mornings. If you would like to receive additional prayer from our prayer chain, please call Jane Benton at (912) 293-6543.*

Non-profit organization
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Vacation Bible School.

All children nursery—5th grade are invited to join us for our Vacation Bible School, “Camp Out: Getting S’More of Jesus,” June 16 & 17 from 5 PM—8 PM.

Dinner will be provided.

Sign up online at www.vbspro.events/p/lfumc or by contacting the church office.

Pastor
Director of Children’s Ministries
Youth Director
Music Director
Musician
Office Manager
Membership Secretary

Rev. Jim Morrow
Tracey Adams
JD Mitchell
Diane McBride
Robert Cottle
Susan M. Edenfield
Ann Mason



May 17, 2017



Last Sunday, we focused on the ways in which we contribute to our own adversity. You can re-listen to the

sermon at www.lyonsfumc.org/sermons or on our podcast.

If we are going to thrive through adversity, we need to short-circuit it any way we can. One way is to be honest about the fact that we have a hand in some of the adversity we face.

When we face the same problems over and over in our lives, we have some negative pattern operating in our lives. Whether we routinely shut people out, sabotage relationships, make the same financial errors, or simply keep a bad calendar—these patterns become habits. Dr. Henry Cloud says that “patterns are a glimpse into our future.” It’s time to see a different future.

I want to offer a little extra help in identifying and breaking patterns in our lives.



First, let me offer you some suggested reading: 1) *Boundaries*, by Drs. Henry Cloud and John Townsend; 2) *Emotionally Healthy Spirituality*, by Peter Scazaro; 3) *Necessary Endings*, by Dr. Henry Cloud.

Second, reflect on your recent problems. Do you see any patterns? Go ahead and name them. The same way you can't send an envelope without putting a name and address on it, you can't address your patterns without naming them.

Third, let people help you. Let your brothers and sisters in Christ help you see and break your patterns. Consider whether a licensed counselor might be beneficial. And always take your needs to God.

God gives you all that you need to thrive. Put it to work and find some freedom!

Join us this Sunday when we will seek to help folks put away the heavy burden of being a super-Christian when facing adversity. See you then!

Announcements

Pentecost Sunday. Join us in celebrating Pentecost and wear red, orange, or yellow on Sunday, June 4th!

Scholarships. Scholarship are available for current and upcoming college students. Applications will be on the website.

Introducing the Lyons First UMC Podcast & Sermon Library. Our sermons are now online in our sermon library at www.lyonsfumc.org/sermons. You can also have them delivered straight to your phone or device with our weekly podcast. You can subscribe with iTunes, Stitcher, Google Play, or your favorite podcast app!

Assisting on Sunday, May 21, 2017

Ushers: Kirk Little, Karl Owens, Bob Webster,
Tommy Alexander, & Gabe Garrett
Nursery Volunteers: Lori Tuck & Sandra Williams
Flowers: In Memory of Dorothy Maddox
Given By: The Family
Acolytes: Andrew Tuck & Ava Williams

Assisting on Wednesday, May 24, 2017

Supper Hosts: Willis & Beth NeSmith, Jane Carroll,
& Joyce Williams
Menu: *Fried chicken, boneless pork loin, scalloped potatoes, zipper peas, pear salad, cornbread, & blue berry cheesecake.*

Assisting on Sunday, May 28, 2017

Ushers: Pacer Joyner, Bill Hammock, Jimmy
Brandenburg, Brandon Bowen
Nursery Volunteers: LaWana Smith & Debbie Johnson
Flowers: In Memory of Connie & Willard Partin &
John Moore
Given By: The Family
Acolytes: Jocelyn & Jonathan Thayer

Attendance

	5/7/2017	5/14/2017
Morning Worship	153	153
Evening Worship	25	N/A
Sunday School	109	85



Offering: Simply place your offering in the offering plate as an act of worship during each Sunday.

Online: Visit www.lyonsfumc.org & click on "Online Giving" to make a one-time donation or a recurring gift.

Mail: You can mail your gift any time by sending your gift to our office at Lyons First UMC, P.O. Box 71, Lyons, Ga. 30436.

Automated: Automate your giving by setting up bill pay through your checking account.