

## **Humility: Humility's Fulfillment in Gratitude**

Sermon Questions for your Small Group/LifeGroup to think on...

**Christian Humility: the Spirit-fueled ongoing, proper, and honest posturing of man whereby he remains, in light of God and His divine will, acutely aware of and in joyful surrender to who and what he is, both in potential and limitation, and thereby experiencing and fulfilling the reason for which he has been made, and ultimately remade in Christ, to the glory of God.**

### **Sermon Points:**

Biblical humility ultimately finds itself content in God, possessing a **grateful heart of worship** while demonstrating a **lifestyle of gratitude** both in word and deed.

- 1. Learning humility so as to be grateful in all things is not easy.**
- 2. Gratitude requires a perspective outside the momentary afflictions and conditions.**
  - Gratitude is **recognizing and choosing to dwell** on the positives of both now and promised ones of eternity.
  - **To be thankful, or thank-filled, ie. "full of thanks" is to be empty of all else.**
  - **In humility, ascribing to God the credit for the good and refusing to dwell on the adversity brings gratitude.**
  - **Ultimately, gratitude is an expression of joy and satisfaction. It even serves to bring greater gratitude and greater joy because it turns our attention to things that uplift us, rather than things that deflate us.**
- 3. In humility, gratitude is the warm acknowledgement that you don't deserve the credit. It means you joyfully admit your limitations, need, and dependence upon God and others...**
  - **This is never so apparent as when we once again consider the Cross.**
- 4. To the body of Christ then humility's gratitude brings unity, comradery, and biblical fellowship.**

### **Questions:**

1. What stuck out to you from the weekend messages?
2. What are some things for which you are most thankful?
3. Which is easier for you, taking credit or expressing thanks?
4. Think about one of the darkest moments of your life, were you able to maintain a spirit of gratitude through it? Why or why not? What helped you remain grateful?
5. Think about the résumé of your life. What are some of the big accomplishments that might be on it today if you were asked to pitch yourself to a business? In thinking about those things, how much of the credit did you pass on, not only to others, but to God? Ie. Who got (or continues to get) the glory for those achievements?
6. How does the Cross bring us deeper and deeper gratitude? How has your understanding and grasp of the Cross of Christ and the work done there for you enabled you to be more and more profoundly filled with gratitude?
7. Can you think of a time when you were especially grateful for the Cross?
8. Do you have any specific Thanksgiving traditions which help you and your family demonstrate your gratitude for God and others? If not, what are some ways your family could incorporate a time of thanks-giving into the family gathering?