



GATHERINGS

SPRING 2026

GROWING
TOGETHER
IN LIFE & FAITH



Introduction

JOIN US

We at Sierra Vista United Methodist Church invite you to join with us as we seek to live the Jesus way, providing a place for you to belong, a place for you to grow and a place for you to serve.

NEED CHILDCARE?

Childcare is not arranged for any gathering, unless specifically indicated. Childcare can be requested by contacting the leader of the individual group or class. Those who need childcare can also email nursery@sierravista.org to make a request.



OUR REASONS

Our desire is to provide opportunities for you to engage your whole person in order to discover God's immense love for you and the call of Jesus to come and follow him. We believe that happens best in community. We offer a variety of gathering options to engage your mind, body and soul. Regardless of where you are spiritually, or how long you have been on your faith journey, you will find something here for you.

INFO & REGISTRATION

To request more information or sign up for any of the opportunities listed, please scan the QR code,, or reach out to the listed contact person.

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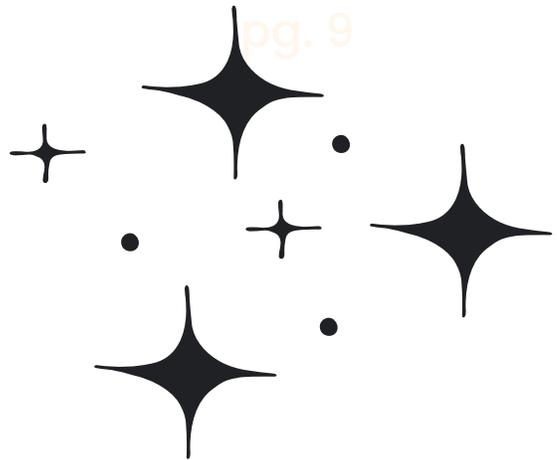
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Faith Formation Groups & Bible Studies

The Story Discussion Group

Looking for a place to explore the book behind our sermon series, *The Story*, with others? Join us as we meet to discuss the weekly readings from *The Story* and the weekly devotional questions. You can join in at any time.

When: *Wednesdays, 12-1pm*

Where: S-1 (next to the Sanctuary)

Contact: Tamara Strehli, tstrehli@sierravista.org

Book: *The Story* (available in the Gathering Spaces or through your favorite bookseller) Also, bring a Bible. Copies of the weekly devotional questions will be provided.

SVUMC Digging Deeper Book Club (DDBC)

This we will reading and discussing, *Unafraid: Living with Courage and Hope in Uncertain Times* by Adam Hamilton. Drawing on congregational research, real-life stories, and fresh biblical insight, Adam Hamilton addresses common fears such as loneliness, illness, failure, insecurity, and aging. With practical wisdom and spiritual depth, participants are invited to examine fears honestly, respond with hopeful action, and entrust their worries to God—embracing Jesus’ repeated invitation, “Do not be afraid.” Perfect for anyone seeking to enhance their faith through enlivening discussions, reflecting and growing together in authentic community.

When: *Thursdays, 6:00pm, starting February 12th* (no reading for this first session)

Where: Fellowship Hall: Covenant Classroom

Contact: Judy Sikes, (325) 650-1259 (text)

Book: *Unafraid: Living with Courage and Hope in Uncertain Times* by Adam Hamilton Please purchase book from www.cokesbury.com or your favorite bookseller.

Saturday Night Study Group

Join us for our new Bible study based on *How People Grow* by Dr. Henry Cloud and Dr. John Townsend. This study explores how all growth is spiritual growth and how God uses biblical processes to bring transformation into every area of life—our faith, relationships, families, and personal development.

Together, we will explore:

- The essential processes God uses to help people grow
- How spiritual growth and real-life struggles are deeply connected
- What Scripture reveals about our role in personal growth
- How biblical truth leads to lasting change

Whether you're feeling stuck, seeking deeper spiritual maturity, or wanting to better understand how God works in the process of change, this study offers practical, hope-filled insight grounded in Scripture.

When: Saturdays, 4:15–5:15pm

Where: Fellowship Hall: Covenant Classroom

Contact: Cayce Cowan, (325) 340-6434 or cayce.cowan@gmail.com

Book: *How People Grow: What the Bible Reveals about Personal Growth* by Dr. Henry Cloud & Dr. John Townsend. Workbook is optional. Available through www.cokesbury.com or your favorite book seller.

Men's Bible Conversations Breakfast

Join the men of Sierra Vista for a hearty breakfast, wonderful fellowship, the sharing of stories and experiences, and life-application Bible discussion.

When: Wednesdays (not holidays), 7:00 - 8:00 a.m.

Where: Fellowship Hall

Contact: Mark White, (325) 234-2111

To sign up, just join in on any Wednesday!

30-40's Something Women's Bible Study

We are a group of 30-early 40's women gathering to Join us as we study the book of James using a study approach to guide us from the book *Women of the Word* by Jen Wilkin.

When: Thursdays, 5:30 pm

Where: Life Center, Room 205

Contact: Gina Miller

Ongoing Study & Prayer Groups

Intercessory Prayer Group

With the fervent belief that prayers are answered, this group meets weekly to petition God on behalf of specific individuals who are struggling, as well as for the improvement of local, national, and even global concerns.

When: *Wednesdays, 11:00 - 11:45 a.m.*

Where: SVUMC Prayer Room

Contact: Tamara Strehli, tstrehli@sierravista.org

Group Centering/Contemplative Prayer

Have you wanted to go deeper in your relationship with God through prayer? Centering and Contemplative prayer are ways in which we learn to soak in God's love and open our hearts to hear his gentle voice. We will gather for a short time of learning and then spend the bulk of our time practicing these ancient prayer practices.

When: *Thursdays, 8:15-9:00 am*

Where: SVUMC Prayer Room

Contact: Tamara Strehli at tstrehli@sierravista.org.

Online Weekly Prayer Challenge

If you are looking to start a regular prayer practice or are needing to jumpstart your regular daily devotion and prayer, join us for our ZOOM **Weekly Prayer Challenge**. Using the *The Methodist Book of Daily Prayer* as our guide, you will be challenged to complete the weekly, 5 daily/evening prayers and reflections. The book covers the whole year, with weekly themes and daily prayers and reflections. We meet weekly, to do the Wednesday morning prayer together for the week and briefly discuss the theme of the week.

When: *Wednesdays, 7-7:30am*

Where: ZOOM

Contact: Tamara Strehli at tstrehli@sierravista.org.

Book: *The Methodist Book of Daily Prayer* by Matt Miofsky (Available through cokebury.com or your favorite book seller)

Body, Mind and Soul Connections

Women Design and Create!

A six-week course for women only during which you'll learn to design and craft your own multi-wood charcuterie board. Assisted by Linda Ellison, the course is lead by Roger Ellison in his woodworking shop and barn. A sense of adventure is required, but prior woodworking experience is not. Some hand tool and machinery use is involved.

When: *Tuesdays, 7-8:30pm, March 10-April 14*

Cost: Supply fee - \$50

Class Limit: 8 women who are members of Sierra Vista UMC

Contact: Roger Ellison (325) 656-5037. Please call for questions and/or to register.

Women Design and Create - AGAIN!

An eight-week course for women only, during which you'll build upon previous experience building a multi-wood charcuterie board. Assisted by Linda Ellison, the course is led by Roger Ellison in his woodworking shop and barn. This course will be slower paced and more challenging than the introductory course. Hand and power tool as well as machinery use is involved.

When: *Wednesdays, 7-8:30pm, March 4-April 22 (approximately)*

Cost: Supply fee - \$100

Class Limit: Limited to the 8 women who have previously taken the Women Design & Create course

Contact: Roger Ellison (325) 656-5037. Please call for questions and/or to register.

Women Design, Create, and GIVE

An eight-week course during which a team of women will design and build a group project or two to give away. This course will be slow paced, more challenging than previous courses, and focus on a team approach to project conceptualization, design, and creation.

When: Orientation/planning meeting Tuesday, March 3rd at 10am

Class Limit: Limited to 8 women who have previously taken the Women Design & Create course

Contact: Roger Ellison, (325) 656-5037. Please call for questions and/or to register.

Men's Grill 'n Chill

Men you are invited to grill steaks, while sharing in fun and fellowship together. Steaks and fixins - including spices, sides and drinks.

RSVP required.

When: Thursday, February 26th & Thursday, April 30th

Contact: Kyle Toomire, ktoomire@sierravista.org

Suggested Donation: \$10

Men's Pick-up Basketball

Men from high school and up are invited to break out their sneakers and play some pickup basketball in our new sports ministry program! Here we are looking to have a Christian-based basketball league where we can have clean and friendly, but competitive, basketball with some time for prayer and devotional worked in. Currently, we are only offering basketball to men high school and up; however, if enough interest is expressed, we would love to start additional leagues, like a women's league or a league specifically for senior citizens.

When: Every 1st and 3rd Thursday evenings 6pm-8pm

Where: Life Center Gym

Contact: Reeve Brown (210) 288-8727; rbrown@sierravista.org

Balance & Strength for Life: Men & Women Staying Safe and Independent Longer!

This group class is designed to increase balance & flexibility. Movements can be chair assisted for safety.

When: *Mondays, 10:00 am*

Where: Fellowship Hall

Contact: Cheryl Specht, (325) 234-8822

Strengthening Yoga & Pilates

Do you snap, crackle, and pop when you move? Would you like be more limber and have more strength to do the things you love to do? Join us for our weekly Yoga and Pilates/Strengthening classes. An instructional DVD is used to guide participants through stretches/exercises, which are done either sitting in a chair or standing up using a chair to enhance balance, but it is the fellowship time that will keep you coming back. No floor mat is needed. You CAN have fun and become more agile doing so. Join us!!

When: *Wednesdays and Fridays, 10:00 am*

Where: Fellowship Hall

Contact: Melinda Springer, melspringer@hotmail.com.

Tables for Eight

What is Tables for 8? Tables for Eight is a wonderful opportunity to build a sense of community among members and friends of Sierra Vista United Methodist Church, plus a great way to meet someone you've never met before! How does it work? When you sign up, you will be placed in a table group. Every month for a period of 4- 6 months, a group of 8 adults will meet for a meal, fellowship and sparkling conversation! The meal can be at someone's home or at a restaurant. Hosts for the monthly gathering will rotate amongst the group members. Hosts will coordinate the meal. If you are meeting in the hosts' home, the host will let you know what to bring (if anything), plus all other details regarding the gathering. If the hosts choose to meet in a restaurant, they will make arrangements with the restaurant to accommodate the group. In a restaurant setting, each group member will be responsible for the expense of his/her own meal and beverages.

Contact: Jennifer Cooper, jennifercooper4726@gmail.com or Tamara Strehli, tstrehli@sierravista.org

Deadline: Please sign-up by February 11th

BG's Quilters

When: *2nd and 4th Thursday of the month*

Where: Quilting Room in Fellowship Hall Building

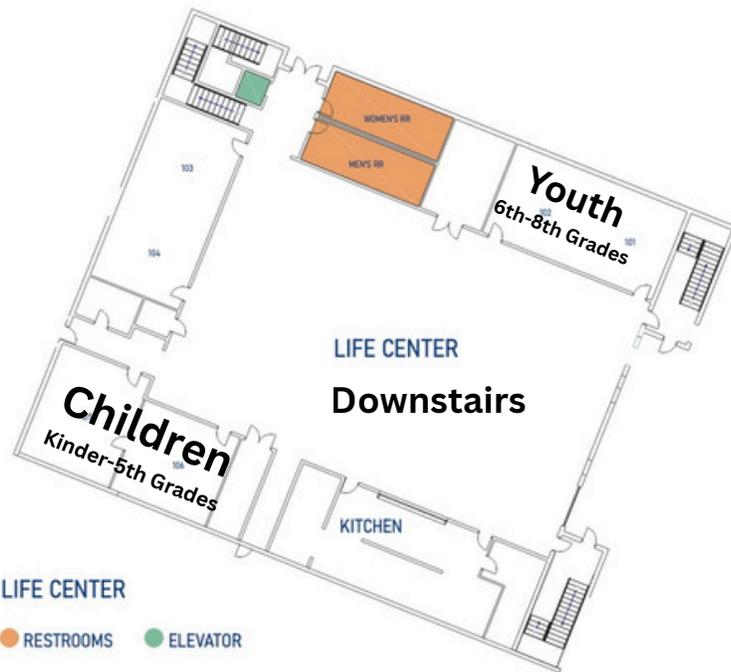
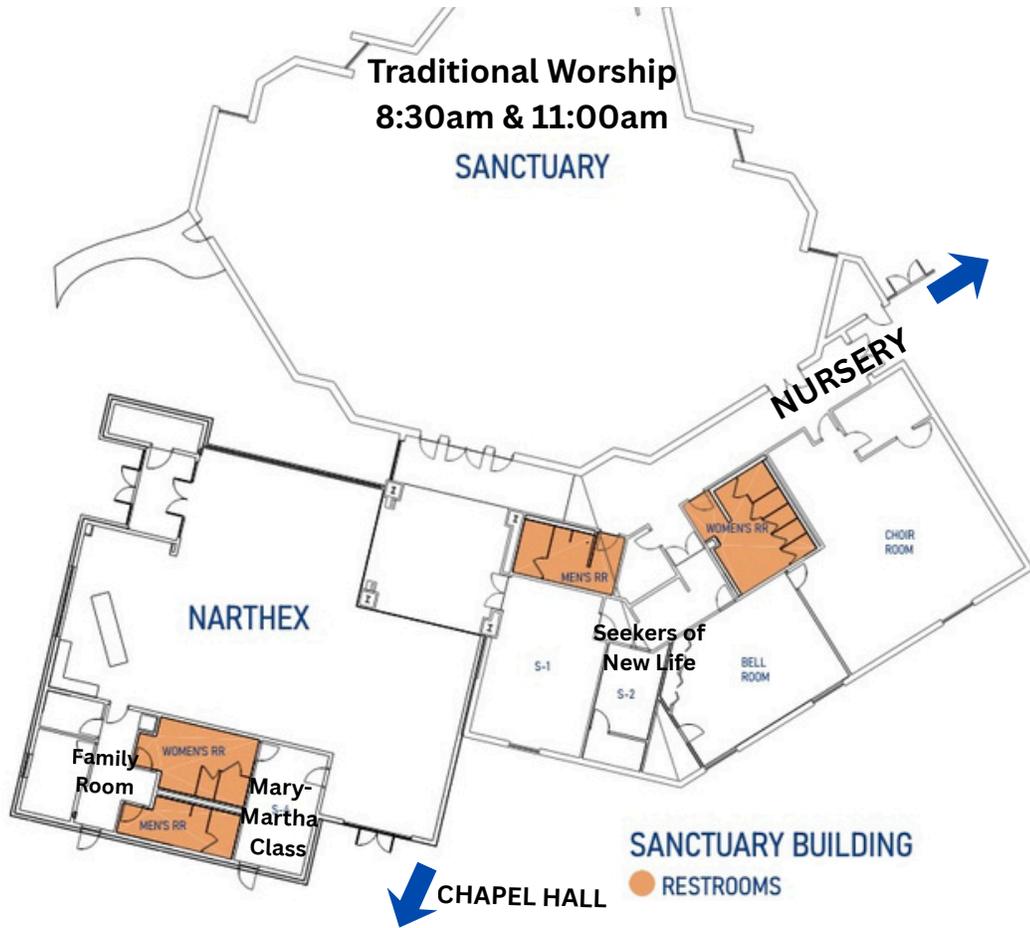
Contact: Beverly Nevins, (325) 374-7589

Piece Makers Hand Quilting Group

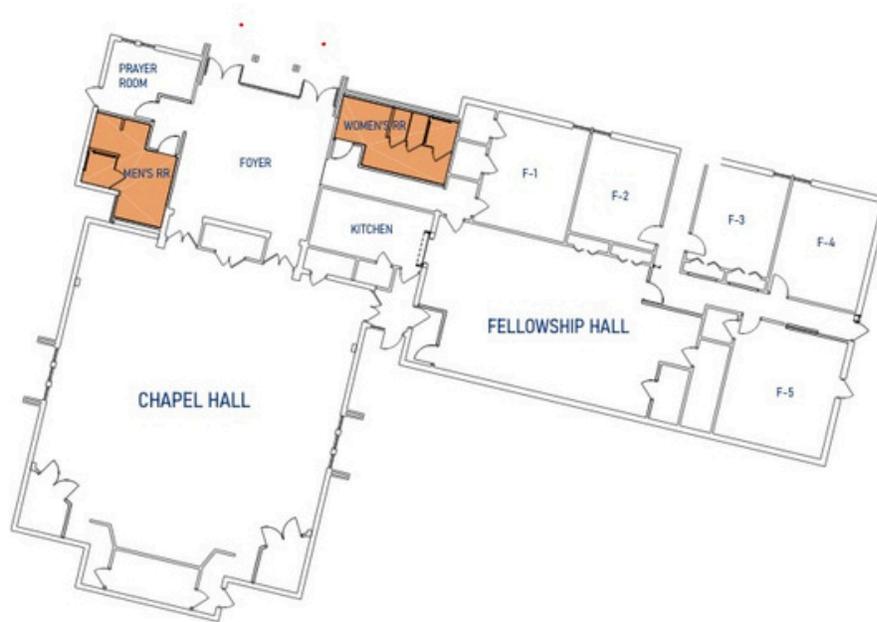
When: *Mondays and Fridays from 8-11*

Where: Fellowship Hall

Contact: Beverly Nevins, (325) 374-7589



- 202 - To Be Discipled (TBD)
- 203 - B.U.R.S.T.
- 204 - The Light
- 206 - Young Adults
- 207 - Penguins
- 208 - Good Neighbors
- 209 - Friends
- 210 - Serendipity
- 211 - Youth - 9th-12th Grades



FELLOWSHIP BUILDING

● RESTROOMS

“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these.”

~Jesus



Scan or click here to sign up for classes!



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<https://www.sierravista.org/ministries/gatherings>