



GATHERINGS

FALL 2026

GROWING
TOGETHER
IN LIFE & FAITH



Introduction

JOIN US

We at Sierra Vista United Methodist Church invite you to join with us as we seek to live the Jesus way, providing a place for you to belong, a place for you to grow and a place for you to serve.

NEED CHILDCARE?

Childcare is not arranged for any gathering, unless specifically indicated. Childcare can be requested by contacting the leader of the individual group or class. Those who need childcare can also email nursery@sierravista.org to make a request.



OUR REASONS

Our desire is to provide opportunities for you to engage your whole person in order to discover God's immense love for you and the call of Jesus to come and follow him. We believe that happens best in community. We offer a variety of gathering options to engage your mind, body and soul. Regardless of where you are spiritually, or how long you have been on your faith journey, you will find something here for you.

INFO & REGISTRATION

To request more information or sign up for any of the opportunities listed, please scan the QR code, or reach out to the listed contact person.

Types of Gatherings

Faith Formation, Bible Studies, &
Topical Studies pg. 3-5

Ongoing Bible Study & Prayer Groups pg. 5

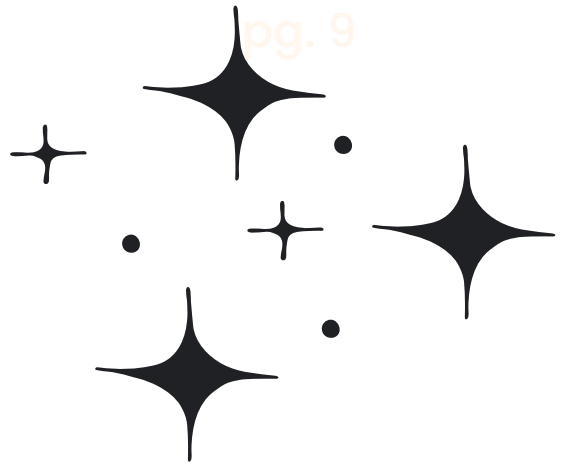
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Prayer

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Faith Formation Groups

Bible Studies

Topical Studies

Words of Life Discussion Group

What if the Ten Commandments were not just a set of ancient rules, but a guide to experiencing the good life today? Nearly everyone has heard of the Ten Commandments, the list of “thou-shalt-nots” found in the Bible. Jesus saw these commandments not as onerous burdens, but as guideposts to help us experience a good and beautiful life. Join us for this 10-week study as we grow together in faith. Offered two different times

When: Wednesdays, Sept. 16th – Nov. 18th; **12pm or 6pm**

Where: S-1 (classroom next to the Sanctuary)

Contact: Tamara Strehli tstrehli@sierravista.org

Book: ***Words of Life: Jesus & the Promise of the 10 Commandments***
by Adam Hamilton (A limited number of books available, for purchase. Or, you can buy through your favorite book seller.)

Be Known: Communities of Blessing Small Group Intro

Small groups are an important way to experience community and grow in our faith. Every human being wants to be known and to do good things in and for the world. Our vision is for a two-year, intentional journey, of growing into deeply committed followers of Jesus, but you only sign up for an initial six weeks. There is a natural exit point at the six-week mark, and the group will reevaluate their plans at this point. There is no prep work to attend a session. Simply show up each week.

When: Thursdays, 10:30am-12pm starting October 22nd.

Where: S-1 (Off of Gathering Space, next to Sanctuary)

Contact: Linda Alvis, (304) 320-8852

Book: ***Be Known: Communities of Blessing*** (will be handed out at the first meeting).

Suggested donation: \$15

Young & Rooted Young Adults Group

Join us for good food, great fellowship, and lots of fun. You will make new friends and grow in your faith as we study the Bible, share in meals, have group activities, and even serve together! Geared toward ages 18-25.

When: Sundays @ 6:30pm

Where: Life Center Room 206 (upstairs)

Contact: SVUMC Office, (325) 944-4041

Monday Night Women's Bible Study

Join us for an 5-week study on *Holy Spirit: God's Presence and Power at Work in Us*, by Adam Hamilton. The Holy Spirit is God's active presence and power at work in the world and in our lives. Through the Spirit, we are transformed, led, empowered, and guided in our faith journey. We explore what the Scripture teaches about God's Spirit—from the Hebrew Bible through Jesus' promises in the Gospels, the powerful Pentecost experience in Acts, and the rich teachings found in the New Testament letters.

Prior to first class: PLEASE READ CHAPTER 1

When: Mondays, 6:30 pm, beginning Sept. 21st

Where: Fellowship Hall

Book: *Holy Spirit: God's Presence and Power at Work in Us*,
by Adam Hamilton

Contact: Debbie Montgomery, debbiem58@suddenlink.net or text
(325) 212-5822.

30-40's Something Women's Bible Study

We are a group of 30-early 40's women gathering to Join us as we study the book of Hebrews using a study approach to guide us from the book *Women of the Word* by Jen Wilkin.

When: Thursdays, 5:30 pm

Where: Life Center, Room 208

Contact: Gina Miller (325) 212-0078

Mom's Night Out

A monthly gathering of women to discuss life and encourage one another. **We meet at Rosa's Café. Chips & Queso provided. Other food & drink is on you. FREE childcare available at Sierra Vista UMC.**

Please let Marie know if you need it. Life can make us want to quit. Ruth's story in the Old Testament, reminds us that perseverance can change our lives—and the lives of those around us. Join us this October as we discover five habits for flourishing through life's challenges.

When: Monday, October 12th, & Nov. 9th 6-8pm (future dates to be determined)

Where: Rosa's Café, 4235 Sherwood Way

Book: *5 Habits of a Woman Who Doesn't Quit* by Nicki Koziarz.

Contact: Marie Marshall, (817) 343-6283 (call or text)

SVUMC Digging Deeper Book Club (DDBC)

When I read that Richard Rohr spoke of Dorothy Day and placed her name alongside Francis of Assisi, Martin Luther King, Jr., and Thomas Merton, I wondered why I was not familiar with her. Perhaps you might also be curious to read more about her and her understanding of how one treats the poor, one's enemies, economic systems, and society. This fall we'll read Dorothy's own thoughts in selections from her many writings. Please join us in a discussion study group that will end before Thanksgiving.

When: *Thursdays, 6:00pm, Sept. 17th–Nov. 19th*

Where: Chapel Hall Building: Covenant Classroom

Contact: Judy Sikes, (325) 650-1259 (text)

Book: *Dorothy Day: Spiritual Writings*, compiled by Robert Ellsberg (no reading for this first session)

Saturday Night Study Group

What does it mean to be loving and generous without losing yourself in the process? Join us in our study of ***Boundaries: Updated and Expanded Edition*** by Dr. Henry Cloud and Dr. John Townsend as we explore how healthy boundaries can help us take responsibility for our own lives while allowing others to take responsibility for theirs. Together, we'll consider a biblical approach to setting healthy limits with spouses, children, friends, parents, coworkers, and even ourselves.

When: Saturdays, starting September 12th at 4:15 PM

Where: Covenant Classroom, Chapel Hall building

Required Text: ***Boundaries Updated and Expanded Edition***

by Drs. Henry Cloud and John Townsend (available through your favorite bookseller)

Contact: Cayce Cowan, (325) 340-6434 or
cayce.cowan@gmail.com

Intro to Understanding Islam and Sharia Law

Join Rev. Ken Dahlberg for this two-session class exploring the structure and beliefs of Islam, providing context for understanding Sharia law and its application in the Middle East, as well as questions about its potential application in the United States.

When: Thursday, September 17th and 24th ; 6-7:30pm

Where: S-1 (Off of the Gathering Place, next to the Sanctuary)

Contact: Ken Dahlberg, mackend43@me.com

Ongoing Study & Prayer Groups

Men's Bible Conversation Breakfast

Join the men of Sierra Vista for a hearty breakfast, wonderful fellowship, the sharing of stories and experiences, and life-application Bible discussion.

When: *Wednesdays (not holidays), 7:00 – 8:00 a.m.*

Where: Fellowship Hall

Contact: Mark White, (325) 234-2111

To sign up, just join in on any Wednesday!

Intercessory Prayer Group

With the fervent belief that prayers are answered, this group meets weekly to petition God on behalf of specific individuals who are struggling, as well as for the improvement of local, national, and even global concerns.

When: *Wednesdays, 11:00 – 11:45 a.m.*

Where: SVUMC Prayer Room

Contact: Tamara Strehli, tstrehli@sierravista.org

Group Centering/Contemplative Prayer

Have you wanted to go deeper in your relationship with God through prayer? Centering and Contemplative prayer are ways in which we learn to soak in God's love and open our hearts to hear his gentle voice. We will gather for a short time of learning and then spend the bulk of our time practicing these ancient prayer practices.

When: *Thursdays, 8:15–9:00 am*

Where: SVUMC Prayer Room

Contact: Tamara Strehli at tstrehli@sierravista.org.

Book: *Forty Days to a Closer Walk with God: The Practice of Centering Prayer*
by J. David Muyskens

Noontime 6-week Online Weekly Prayer Challenge

Looking to begin or renew a daily prayer practice? Maybe a quick pick me up at noon. Join us on Zoom for a **Weekly Prayer Challenge** using **The Methodist Book of Daily Prayer**. Each week, we'll follow six daily prayers and reflections, then gather Friday mornings to pray together and briefly reflect on the week's theme.

When: *Fridays, 12:15–12:45 pm; October 9th –November 13th*

Where: ZOOM

Contact: Tamara Strehli at tstrehli@sierravista.org.

Book: *The Methodist Book of Daily Prayer* by Matt Miofsky (Available through cokesbury.com or your favorite book seller)

Body, Mind and Soul Connections

Men's Grill 'n Chill

Men you are invited to grill steaks, while sharing in fun and fellowship together. Steaks and fixins – including spices, sides and drinks.

RSVP required.

When: Monday, September 21st @ 6pm (other dates will be scheduled)

Contact: Kyle Toomire, ktoomire@sierravista.org

Suggested Donation: \$10

Men's Pick-up Basketball

Men from high school and up are invited to break out their sneakers and play some pickup basketball in our new sports ministry program! Here we are looking to have a Christian-based basketball league where we can have clean and friendly, but competitive, basketball with some time for prayer and devotional worked in. Currently, we are only offering basketball to men high school and up; however, if enough interest is expressed, we would love to start additional leagues, like a women's league or a league specifically for senior citizens.

When: Every 1st and 3rd Thursday evenings 6pm–8pm

Where: Life Center Gym

Contact: Reeve Brown (210) 288-8727; rbrown@sierravista.org

Balance & Strength for Life: Men & Women Staying Safe and Independent Longer!

This group class is designed to increase balance & flexibility. Movements can be chair assisted for safety.

When: Mondays, 10:00 am

Where: Fellowship Hall

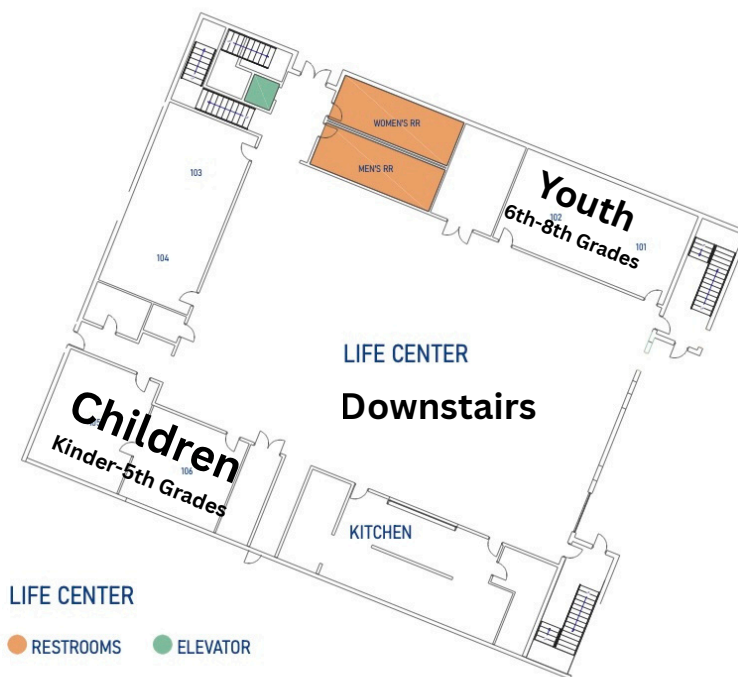
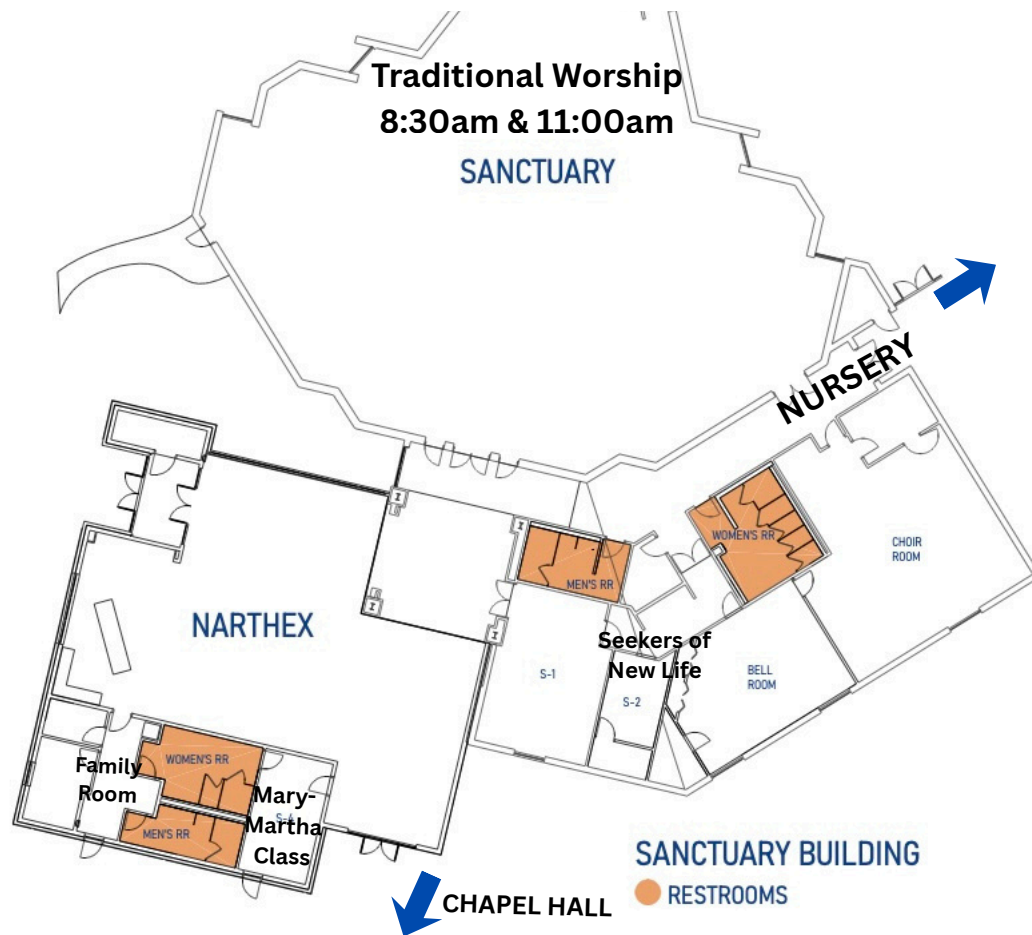
Contact: Cheryl Specht, (325) 234-8822

Strengthening Yoga & Pilates

Do you snap, crackle, and pop when you move? Would you like be more limber and have more strength to do the things you love to do? Join us for our weekly Yoga and Pilates/Strengthening classes. An instructional DVD is used to guide participants through stretches/exercises, which are done either sitting in a chair or standing up using a chair to enhance balance, but it is the fellowship time that will keep you coming back. No floor mat is needed. You CAN have fun and become more agile doing so. Join us!!

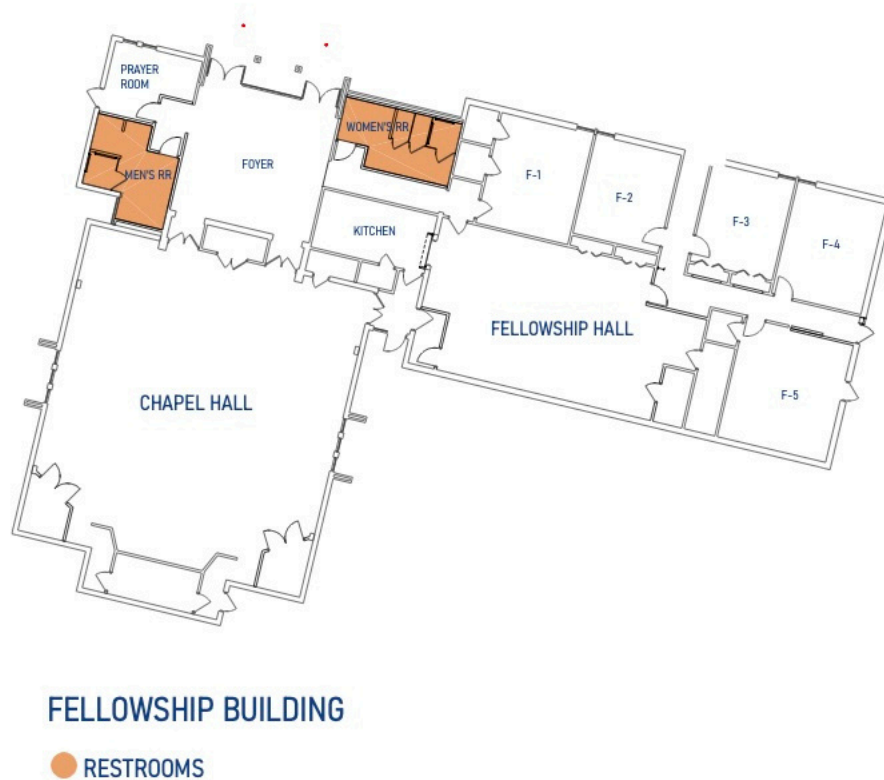
When: Wednesdays and Fridays, 10:00 am

Where: Fellowship Hall



Upstairs

- 202 - To Be Discipled (TBD)
- 203 - B.U.R.S.T.
- 204 - The Light
- 206 - Young Adults
- 207 - Penguins
- 208 - Good Neighbors
- 209 - Friends
- 210 - Serendipity
- 211 - Youth - 9th-12th Grades



“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these.”

~Jesus



Scan or click here to sign up for classes!



4522 College Hills Blvd.
San Angelo, Texas 76904 325/944-4041
tstrehli@sierravista.org
<https://www.sierravista.org/ministries/gatherings>