

Beginning Steps Weekly Menu

| <b>Day of the Week and Date</b> | <b>Breakfast</b>                      | <b>AM Snack</b>               | <b>Lunch</b>  | <b>PM Snack</b>                              |
|---------------------------------|---------------------------------------|-------------------------------|---|--|
| <b>Monday<br/>March 26</b>      | Pancakes,<br>Applesauce and Milk      | Pretzels and Carrot<br>Sticks | Cheese Pizza, Corn,<br>Pears and Milk                         | Cheese and Crackers                          |
| <b>Tuesday<br/>March 27</b>     | Eggs, Ham or Toast,<br>Pears and Milk | Bagels with Cream<br>Cheese   | Chicken Parm, Peas,<br>Peaches and Milk                       | Chees-Its and Milk                           |
| <b>Wednesday<br/>March 28</b>   | French Toast,<br>Peaches and Milk     | Nutri-Grain Bars and<br>Milk  | Spaghetti, Green Beans,<br>Applesauce and Milk                | Fruit Bar and Milk                           |
| <b>Thursday<br/>March 29</b>    | Eggs, Applesauce<br>and Milk          | Goldfish and Milk             | Chicken Nuggets,<br>Cucumber/Tomato<br>Salad, Banana and Milk | Graham Crackers and<br>Sunflower Seed Butter |
| <b>Friday<br/>Closed</b>        | Waffles and Mixed<br>Fruit and Milk   | Trail Mix and Milk            | Sloppy Joe's, Carrot<br>Sticks, Banana and Milk               | Crackers and<br>Cucumbers                    |

*Subject to change, with as much notice as possible.*

**Week 4**