

Beginning Steps Weekly Menu

Day of the Week and Date	Breakfast	AM Snack	Lunch	PM Snack
<b>Monday</b> April 2	Pancakes, Applesauce and Milk	Pretzels and Raisins	Salisbury Steak, Mashed Potato & Gravy, Green Beans, Oranges and Milk	Peppers, Ranch and Crackers
<b>Tuesday</b> April 3	Eggs or Ham, Oranges and Milk	Graham Crackers and Milk	Fish sticks, Peas & Carrots, and Applesauce with Milk	Bagels and Cream Cheese
<b>Wednesday</b> April 4	French Toast, Applesauce and Milk	Crackers and Cheese with Water	Ham, Sweet Potato Fries, Peas and Pineapple with Milk	Muffins and Milk
<b>Thursday</b> April 5	Eggs, Pineapple and Milk	Apple Slices and Sunflower Seed Butter with Water	Grilled Cheese, Tomato Soup, Peaches, Carrots and Milk	Chips and Salsa
<b>Friday</b> April 6	Muffins, Peaches and Milk	Goldfish and Milk	Alfredo Pasta with Broccoli, Apples and Milk	Lucky Charms and Milk

*Subject to change, with as much notice as possible.*

**Week 1**