



Transformation, Treasures, and Time

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I love photography. I love photos of my family and friends and my life as it has evolved over time. I see so many changes, so many things that have happened to all of us, both positive and happy transformations as we watch our children grow, our jobs change or evolve, our selves accepting new roles in life; sometimes there are unfortunate changes where we need to accept a transformation we did not ask for and we do not want.

How do we deal with transformations in our life?

One of my favorite quotations is this question: "Are you being led by your spirit or by your wound?"

I ask myself that all the time and I choose to be led by my spirit. Over the past 37 years, Calvary has taught me how to be led by my spirit as I evolve as a person in this ever changing life.

Calvary taught me how to pray, to really use the words in my heart with the beautiful prayers in my beloved Book of Common Prayer, the life affirming sermons of our priests, and the spiritual transformation that occurs in me at Holy Eucharist.

Calvary has taught me generosity of spirit. The number of people who have acted as an extended family to me when I needed it, the way the leadership at Calvary leads by example and has encouraged me to do more for the hungry, the poor, those whose lives are in danger and those who need understanding and support.

There is rarely a time when I visit Calvary when I don't see volunteers giving of their time and talent for the greater good of God and community.

Photography captures us in a moment and records only that moment. To see ourselves frozen in time is a sweet experience but it is not real. The ever changing day-to-day transformations we experience are real, sometimes wonderful and sometimes scary.

Calvary has taught me how to find strength of spirit to move through the changes we all face, one step at a time. Calvary is my family who accepts me and loves me and for that, I will be forever grateful.