

“Sophie and Friends”



“New Every Morning”

*“The steadfast love of the LORD never ceases, his mercies never come to an end;
they are new every morning; great is your faithfulness.”*

(Lamentations 3:22-23)

We have a new alarm clock in our home. Her name is Sophie. At 6:00 AM each new day, Sophie is wide-awake and more than ready to hit the ground running. Our morning greeting at her crate is one of great celebration with her uncontrollable wagging tail, running in circles and exuberant kisses. Every morning. One would think we had not seen her for weeks! She spends no time regretting her mistakes of yesterday (and there were many!), nor is she worried about what tomorrow might bring. She is overjoyed with the gift of a new day with new adventures waiting just down the road. Sophie knows how much her masters love her. That is all that really matters to her. Maybe Sophie has something to teach us all about what really matters. The God of all creation loves us beyond measure. His mercies are new...every morning.

Lamentations is the only book in the Old Testament written solely as a series of laments. As an eyewitness, Jeremiah vividly portrays the events surrounding the destruction of Jerusalem in 586 B.C. For the people of God, the year was one of sadness, loss of dreams, isolation and social distancing from family and friends as well as the constant threat of physical, emotional, financial and spiritual hardship. It was a hard year. It was a year of lament. Sounds a lot like 2020 to me. For many, it has been hard to get out of bed some mornings during this past year. Yet, in the midst of all the challenges, Jeremiah sings in exuberant joy over the steadfast love of the Lord for him and his people. God is the God of hope, of love, of faithfulness and of mercy...every morning.

May we embrace every new morning through Sophie’s eyes. We have the gift of today to celebrate God’s steadfast love for us. Sophie is helping me rediscover what really matters in life every morning.

It is now 10:00 PM, and Sophie is sound asleep in her crate, exhausted yet content. Her days are full of joy. She sees life through the eyes of one who knows she is loved beyond measure. I am heading to bed as well. The 6:00 AM alarm clock and wake-up-celebration will come quickly!