

Body-Life Principles

1. I will begin with my own heart first

- *What is the idol in your heart?*
- *What is the Spirit of God directing you to change?*
- *What Biblical action do you need to take to get the log out of your eye?*
- *What is your responsibility in the situation?*
- *Have you repented, owned what you need to own, and sought forgiveness?*

2. I will give grace

- *What assumptions are you making right now?*
- *What questions do you need to ask in seeking to understand?*
- *Do you believe the best about that person?*
- *Are your thoughts toward that person to build them up and not tear them down?*
- *Are you willing to be wronged to demonstrate the love of Christ toward them?*

3. I will offer unconditional love

- *Do you truly understand and experience the love of God toward you?*
- *Do you know how great a debt God has forgiven you?*
- *Are you only showing love to the people you like and whom like you?*
- *Do you love that person enough to speak the truth to them?*
- *Do you love someone deeply enough right now that it hurts a little bit?*

4. I will use my words for good

- *Are you talking to the right people about the right things?*
- *Are you being a gossip or a Godly encourager?*
- *Have you prayed earnestly for that person's best?*
- *Are you seeking to encourage someone today?*
- *Are there undealt with issues in your heart that you are unwilling to talk about?*

5. I will trust the work of God in people

- *Do you understand that God made us all, and we are more alike than different?*
- *Can you celebrate diversity and not demand conformity?*
- *Does someone doing things different than you bother you?*
- *Do you make people perform for your love?*
- *Are you open to learning from someone different than you?*