



# THE METROPOLITAN COMMUNITY CHURCH

Bringing People Closer to God, and One Another



## Sunday, November 28, 2021 - 9 AM & 11 AM Celebrating 51+ Years of Ministry in 2021! Happy First Sunday of Advent - HOPE

**Today** You're in the right place! The 9 AM service is live broadcast on our Facebook & YouTube Channel with American Sign Language (ASL) Interpretation. The 9 AM & 11 AM services are available in person. Rainbow Sunday School during 11 AM on 1st/3rd Sundays

8 AM **Praying the Rosary**, <https://us02web.zoom.us/j/174434185>

9 & 11 AM **Worship Service**, open seating, masks required

### Monday, November 29

1 PM **Centering Prayer**, available online, <https://zoom.us/j/251632413>

### Tuesday, November 30

7 PM **Choir Rehearsal**, (temporarily suspended)

### Wednesday, December 1

6 PM **World AIDS Day**, Village Hillcrest

### Thursday, December 2

7 PM **Thursday Night Spiritual Enrichment**, email: [ronniesperry@yahoo.com](mailto:ronniesperry@yahoo.com) for address.

### COMING EVENTS

Dec. 7 **Dinner at 6:30**, Studio Diner, 4701 Ruffin Rd

Dec. 14 **Regathering Team Meeting**, 4:30 PM

Dec. 24 **Christmas Eve Candlelight Service**, 5 PM, Sanctuary

### FLOWER DEDICATION ↓

The beautiful floral arrangement on the platform this morning is dedicated ... with gratitude to **David Root** and **Jon Martinez** for their great work in beautifully decorating the interior of our church for the Christmas season.

*To dedicate Sunday flowers for the platform, please sign up on the schedule by contacting Lee Bowman at 619-521-2222 x11.*

*The Met Church is an inclusive, caring, progressive Christian community that welcomes and includes all people of every ethnicity, age, sex, gender expression, sexual orientation, ability, economic status, education level, immigrant status or religious background.*

*As a church that values diversity and inclusivity, we live out our core values with a spirit of hospitality. There are two restrooms on the main floor: one labeled "Women" for females and transgender sisters; the other labeled "Men" for men and our transgender brothers. There is also a private restroom on the first floor available when Rainbow Sunday School is not in session. Thank you for sharing God's inclusive love to all.*

**WELCOME** - Pastor Dan Koeshall (he/him)

**ANNOUNCEMENTS** - Lee Bowman (he/him)

\* **PRAISE & WORSHIP** - Armond Washington (he/him), Denni Coslett (she/her), Shunda Williams (she/her). Steve Fitzgerald (he/him), Lesley Alexander (she/her)

***“Thanks, Thanks”***

Thanks, thanks I give You thanks  
For all You’ve done  
I am so blessed my soul is at rest  
Oh, God, I give you thanks.

***“The Solid Rock”***

My hope is built on nothing less  
Than Jesus’ blood and righteousness  
I dare not trust the sweetest frame  
But wholly lean on Jesus’ name

*Refrain: On Christ, the solid Rock, I stand  
All other ground is sinking sand  
All other ground is sinking sand*

When darkness veils Thy lovely face  
I rest on Thy unchanging grace  
In every high and stormy gale  
My anchor holds within the veil

*Refrain*

When Thou shall come with trumpet sound  
Oh, may I then in Thee be found  
Dressed in Thy righteousness alone  
Faultless to stand before the throne

*Refrain*

**LIGHTING OF THE CANDLE OF HOPE** - Pastor Dan Koeshall (he/him)

Loving God,  
As we begin this Season of Advent, give us the courage to hope.  
Hope for your presence in an isolated world,  
Hope for your peace in a troubled world, and  
Hope for your promise in our daily lives. Amen.

***Emmanuel***

Emmanuel, Emmanuel, Your name is called Emmanuel.  
God with us, revealed in us, Your name is called Emmanuel.

**HYMN - “O Come, O Come, Emmanuel”**

- Armond Washington, Denni Coslett, Shunda Williams

O come, O come Emmanuel, and ransom captive Israel,  
that mourns in lonely exile here, until the Son of God appear.

\* Please rise as you are able, in body or spirit.

*Rejoice! Rejoice! Emmanuel shall come to thee, O Israel.*

O come, thou Dayspring, come and cheer our spirits by thine Advent here;  
and drive away the shades of night, and pierce the clouds and bring us light!

*Rejoice! Rejoice! Emmanuel shall come to thee, O Israel.*

O come, Desire of nations, bind all peoples in one heart and mind;  
bid envy, strife, and quarrels cease; fill all the world with heaven's peace.

*Rejoice! Rejoice! Emmanuel shall come to thee, O Israel.*

**REMEMBERING WORLD AIDS DAY** - Rev. Alisan Rowland (she/her)

**COMMUNITY PRAYER with the Savior's Prayer** - Gregory Ragsdale (he/him)

*Our Creator, Who art in heaven, hallowed by Thy name. Thy kingdom come, Thy will be done;  
on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses  
as we forgive those who trespass against us. And lead us not into temptation but deliver  
us from evil. For Thine is the kingdom and the power and the glory forever. Amen.*

**SPECIAL MUSIC - "See You Again"**

Armond Washington (he/him), Denni Coslett (she/her), Shunda Williams (she/her),  
Steve Fitzgerald (he/him), Lesley Alexander (she/her)

I've seen darkness shattered by light  
I've seen joy break after the night  
I want to see it again

I've seen tragic and hopeless days  
Turn to stories of amazing grace  
I want to see it again

*Chorus: Oh come, (God), like a rushing wind  
We are desperate for Your presence  
Revive us, by Your spirit within  
We want to see You again, see You again*

I've seen laughter conquer tears  
I've seen strength rise to persevere....  
I want to see it again

I've seen bodies, ruined and frail  
Rise in power,  
Completely healed  
I want to see it again

*Chorus (repeat)*

We remember all the great things You have done  
We believe that greater things are still to come

Oh come, (God), like a rushing wind  
We are desperate for Your presence  
Revive us, by Your spirit within  
We want to see You again, see You again

\* **SCRIPTURE – Luke 1:13-17** - <sup>9AM</sup> Erwin Green (he/him) <sup>11AM</sup> Adam Stepp (he/him)

<sup>13</sup> But the angel said to Zechariah, “Do not be afraid, Zechariah, for your prayer has been heard. Your wife Elizabeth will bear you a son, and you will name him John. <sup>14</sup> You will have joy and gladness, and many will rejoice at his birth, <sup>15</sup> for he will be great in the sight of God. John must never drink wine or strong drink; even before his birth he will be filled with the Holy Spirit. <sup>16</sup> He will turn many of the people of Israel to the Lord their God. <sup>17</sup> With the spirit and power of Elijah John will go before him, to turn the hearts of parents to their children, and the disobedient to the wisdom of the righteous, to make ready a people prepared for the Lord.”

One: This is the message of Hope!

**All: Praise to you, Creator, Christ, and Holy Spirit**

\* **GLORIA**

Gloria in excelsis Deo, Gloria in excelsis Deo

**SERMON: “The Characters of Christmas: Zechariah”** - Pastor Dan Koeshall (he/him)

**TITHES & OFFERINGS** - Lee Bowman (he/him)

**OFFERTORY MUSIC - “Thank You, Lord”**

Armond Washington (he/him), Denni Coslett (she/her), Lesley Alexander (she/her),  
Shunda Williams (she/her), Steve Fitzgerald (he/him)

For all that You've done I will thank you!  
For all that You're going to do! For all that You've promised  
And all that You're Is all that has carried me through! Jesus, I thank you!

*Chorus: And I thank you! Thank you, lord.....!  
and I Thank you! thank you, lord!  
Thank you! Thank you, Lord.....!  
Thank you! thank you!*

Thank you for loving and setting me free! Thank you for giving Your life just for me!  
How I thank you! Jesus, I thank you! Gratefully, thank you! Thank you!

For all that You've done I will thank you!  
For all that You're going to do! For all that You've promised  
And all that You're Is all that has carried me through! Jesus, I thank you!

*Chorus*

Thank you for loving and setting me free! Thank you for giving Your life just for me!  
How I thank you! Jesus, I thank you! Gratefully, thank you!  
Thank you! Thank you! Jesus I Thank You!

**PRAYER OF THANKSGIVING** - Lee Bowman (he/him)

**CELEBRATION OF HOLY COMMUNION** - Pastor Dan Koeshall (he/him)

*One: God be with you.*

**All: And also with you.**

*One: Lift up your hearts!*

**All: We lift them up to God.**

*One: Let us give thanks to God!*

**All: It is right to give God thanks and praise.**

*One: It is right, and a good and joyful thing, always and everywhere, to give thanks to you, Almighty God, Creator or heaven and earth.*

**All: Santo, santo, santo, mi corazon te adora!  
Mi Corazon te sabe decir: Santo eres Dios!  
Holy, holy, holy, my heart, my heart adores you!  
My heart knows how to say to you: Holy are you, God!**

**Consecration: “As We Gather”**

Sung response: **“Let us adore and worship Christ; Let us remember.”**

**All: Life everlasting and strength for today; taste the Living Water and never thirst again!  
Come just as you are, hear the Spirit call; come just as you are:  
come and see, come receive, come and live forevermore!**

**\* CLOSING SONG - “Let There Be Peace on Earth”**

Let there be Peace on earth  
And let it begin with me.  
Let there be Peace on earth  
The Peace that was meant to be.  
With God our Creator  
Neighbors all are we.  
Let us walk with each other  
In perfect harmony.

Let Peace begin with me  
Let this be the moment now.  
With every breath I take  
Let this be my solemn vow.  
To take each moment  
And live each moment  
With Peace eternally.  
Let there be Peace on earth,  
And let it begin with me.

**\* BENEDICTION**

**Multimedia Technician:** Lee Bowman (he/him) **Audio Technician:** Ri Parrish (she/her)  
**LiveStream Technician:** Shawn Burgh (he/him)

*Since 1981 Metropolitan Community Churches have had a policy of using Inclusive language; that is, MCC’s avoid language that is sexist, racist, or classist. Inclusive language also recognizes that men and women are all made in the divine image and therefore refrains from using exclusively masculine names and pronouns for God. At The Met®, we are very intentional about modeling inclusive language at the leadership level and in our liturgy.*

*As a church that values diversity and inclusivity, we live out our core values with a spirit of hospitality. There are two restrooms on the main floor: one labeled “Women” for females and transgender sisters; the other labeled “Men” for men and our transgender brothers. There is also a private restroom on the first floor available when Rainbow Sunday School is not in session.*

*Thank you for sharing God’s inclusive love to all.*



Mail: PO Box 33291, San Diego CA 92163

2633 Denver St, San Diego CA 92110 Office Hours: Mon-Thurs, 9 AM - 5 PM

Office Phone: 619.521.2222 Pastoral Emergency Line: 818.925.6236 www.themetchurch.org

## Prayer Requests

### Thank you for praying for the following:

Recovery from auto accident; health of old friend in AZ; stomach issues; friend dealing with losses; life to get back to normal; a Happy Thanksgiving for everyone; healing, esp. chest congestion; healing after appendectomy; loss of partner; reduced inflation; mother's health; a safe holiday; mercy from the judge; bring families together; health diagnosis concerns; test results; housing voucher to come soon; freedom to be authentic for all; peace & hope for family; pneumonia; back injury

### Join in rejoicing with praises for:

For the things I know for sure; life; God's amazing grace; continued good health & happiness; food; my health; Christmas season coming; grateful to be alive; for the love of so many

## VOICES OF GENEROSITY

*I am blessed.*

- from a Keeping in Touch Card

Total Income for November	\$ 13,886.62
Expenses for November	\$ 24,110.31
Income for 2021 thru Oct	\$238,883.09 *
Expenses for 2021 thru Oct	\$280,960.62
Scrip Income for October	\$ 359.28
Scrip Income thru October	\$ 2,609.95
Building Fund as of 10/31/21	\$ 12,166.93

\* We were also blessed with \$30,262.39 in trust bequests from Richard Chavez & Rupert Keesler and a bequest from Chuck Goosman for \$25,785.01

Attendance	Last Sunday	113
	Livestream	56
	Total	169
	Week Before	136

*At Smile.Amazon.com .5% of most Amazon purchases come to the church when you designate Metropolitan Community Church San Diego as your charity.*

*Have you included the church in your will, trust or estate planning?*

*The church is able to accept vehicles and stock as gifts. Contact the church office.*

*Text-to-Give with easyTithe:  
simply text to 619-383-0380*

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## Church Staff

**Lee Bowman**, Minister of Administration & Communications, x11 [lee@themetchurch.org](mailto:lee@themetchurch.org)

**Rev. Caedmon Grace**, Minister of Congregational Life, x16 [caedmon@themetchurch.org](mailto:caedmon@themetchurch.org)

**Rev. Dan Koeshall**, Senior Pastor, x13 [pastordan@themetchurch.org](mailto:pastordan@themetchurch.org)

**Armond Washington**, Choir Director [armonil32@aol.com](mailto:armonil32@aol.com)

**Rev. Alisan Rowland**, Staff Clergy [redbean4287@gmail.com](mailto:redbean4287@gmail.com)

## Ministries & Programs

(see also front page)

**Admin Team** Lee Bowman

**Audio / Multimedia** Rev. Caedmon Grace

**Care Team** Rev. Caedmon Grace

**Centering Prayer** Tom Rummel [greenthumbSD@gmail.com](mailto:greenthumbSD@gmail.com)

**Feed My Sheep Food Pantry** Lee Bowman

**Rosary** Rev. Dan Koeshall

**Scrip Gift Cards / Bookstore** Fred Ihler [mrfred12@cox.net](mailto:mrfred12@cox.net)

**Stewardship Team** Rev. Dan Koeshall

**Uptown Community Service Center** outreach  
Jude Litzenger [judelitzenberger@mccchurch.net](mailto:judelitzenberger@mccchurch.net)

Stewardship