



THE METROPOLITAN COMMUNITY CHURCH

Bringing People Closer to God, and One Another

THE METLINK for May 6, 2021

The weekly digital newsletter of The Met® celebrating 51 years of ministry!

Church Contact Information

Vol 12 Issue 18

Join our virtual Sunday Service via [YouTube](#) or [Facebook](#) (click links)
9 AM Sunday (Live starting at 8:55) and available anytime thereafter

This Sunday, May 9, at The Met®

- It's **Mother's Day** and that means recognizing our mothers and mother figures and the presentation of the annual **Lovedy Gilbert Compassionate Heart Award**.
- Our series utilizing the Book of Acts continues with Staff Clergy Rev. Alisan Rowland (she/her) sharing her message, "When We Hear Them." The scripture: Acts 10:44-48.
- We will celebrate Asian Pacific Islander Heritage Month with a Moment of sharing, along with some special guests.
- Here is your printable **Sunday bulletin** to follow along.
- Get your favorite bread and juice ready for communion.
- Please share your prayer requests and praises by **email**.
- At 10:15 AM, gather virtually via Zoom for some warm, casual fellowship in our Sunday Social Hour at <https://zoom.us/j/191859310>
- View past Sunday services by clicking on the YouTube or Facebook links above.



Lovedy Gilbert Award

Join us in worship this Sunday, May 9, when we recognize and honor some people who have been very special to us, our mothers and mother figures. A highlight will be the presentation of the annual Lovedy Gilbert Compassionate Heart Award. It is given to a non-gay woman who has shown outstanding love, service and commitment to the church and the LGBT community. Recent recipients have included Rose Turner, Valena Sibley, Yoko Tanaka, Liz Linderman and Beth Kind. Who was Lovedy Gilbert and why is her name attached to this award? Read a [slice of MCCSD history](#) to learn more. Who are we going to surprise this year? Tune in to find out.

Pre-registration for in-person worship Sunday, May 23
at 9 AM opens Monday, May 10, at 12 AM via this [link](#).
View a [video tutorial](#) of the process and registration itself.



Regathering Sunday Coming May 23, 9 AM

Yes, pre-registration for everyone for in-person worship on Regathering Sunday, May 23, at 9 AM opens online on Monday, May 10 at 12 AM via this [link](#). Keep in mind:

- Advance reservations are required.
- Couples, households, and friend COVID pods may be seated together.
- Face masks will be required at all times.
- Physical distancing of 6 feet will be strictly observed.
- There won't be mingling before, during or after the service.
- Other protocols will be in place to make for a safe, responsible experience and may change as guidance from the CDC and State of California changes.

Registering for In-Person Worship

Pastor Caedmon (he/him) and 9 of our Ushers had a marvelous training session last Sunday, learning about the safety protocols the flow of service, and the arrangements of the space. We are thrilled how all the preparations are coming along for the 9 AM (only) re-launched in-person worship service on May 23 & 30.



- Pre-registration for our elder congregants has gone smoothly this week. If you are a senior who received the email with the special registration link, you may still make your reservation for Regathering Sunday, May 23 at 9 AM.
- **Monday, May 10 at 12 AM, pre-registration will open** to the rest of the Community for the May 23 service via [this link](#). Then, don't delay. Due to limited seating at 50% capacity, we expect this service will "sell out." There will be a limited Waiting List.
- **Each week thereafter, pre-registration will open to everyone on Monday at 12 AM** of the week before you want to attend and will **close that Thursday at 12 PM Noon**. For example, registration for the 9 AM service on May 30 will open at 12 AM on Monday, May 24 and close at 12 Noon on Thursday, May 27.
- **For Anniversary Sunday, June 6**, we still anticipate re-launching the 11 AM in-person service. The 9 AM service will continue as both an in-person and a **Livestream** service via Facebook and YouTube. (How great to have choices!)
- You are welcome to contact Pastor Caedmon by **email** or phone at 619.521.2222 x16 for assistance. We are making every effort to eliminate barriers to your being here.
- From Pastors Dan (he/him) and Caedmon, watch a helpful [tutorial](#) of the process.



Cleaning & Readyng for In-Person Worship Work Day

One of the things required by the County for us to gather at 50% capacity is to meet certain sanitation and signage standards. We've scheduled a work day on Wednesday, May 19, 12 PM – 4 PM. We'll provide the cleaning supplies and gloves, and you'll help wipe down high traffic surfaces in the Sanctuary and main floor. You'll also be hanging and marking signage to guide traffic and 6' spacing between households while waiting in line. You can come for as long or as little as you like and we will have something for

you to do to help us ready the building for in-person worship. Come share in the joy. All volunteers and inquiries should be directed to [Pastor Caedmon](#).

Our Ushers Are Awesome

We want to give a grand "thank-you" to the nine ushers who came to training this past Sunday. For many, it was their first time in the building for worship in over a year and the emotions flowed! We know your first Sunday back will be emotional too. The ushers learned the basics of our reservation system and are ready to welcome you, provide you with all you need for worship and then escort you to your seat, guide you through offertory and release your row to exit at the end of service. Now, **WE NEED ADDITIONAL USHERS.**

Can you volunteer two Sundays a month? Here is the need:

- 1st Sunday 9 AM – 2 additional ushers; 11 AM – 3 additional ushers
- 2nd Sunday 9 AM – 3 additional ushers; 11 AM – 5 additional ushers
- 3rd Sunday 9 AM – no additional need; 11 AM – 3 additional ushers
- 4th Sunday 9 AM – 1 additional usher; 11 AM – 3 additional ushers

THE NEXT USHER TRAINING IS:

Sunday, May 16. 10:30 AM – 12 PM (please RSVP to **Pastor Caedmon**)



Harvey Milk Breakfast

Some big news has just been announced by The Center. This year's 13th annual Harvey Milk Diversity Breakfast is going to

be a virtual event, free and open to all! It's Friday, May 21 at Noon. It will be streamed via The Center's **YouTube page**. Each year this event brings together leaders from all facets of the city and region to honor and promote the legacy of Harvey Milk. There are also **opportunities** available for sponsorships of the breakfast.



Welcoming Parking

With the forthcoming return of in-person worship, it's a great time to remind everyone that the Dentist Office parking lot is reserved for those who are

handicapped or have challenges in walking stairs or distances. For all who are able-bodied, remember there is plenty of parking in our lot, the strip mall parking lot and on side streets. Let's be warm and welcoming with our parking!

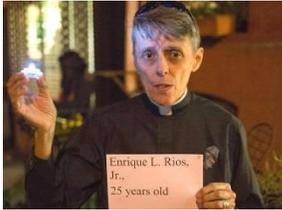
**Forgot a link or misplaced church info?
Just go to our web home page at themetchurch.org**

Sponsor the Pastors for Uptown's Walkathon

Both Pastors Dan Koeshall and Alisan Rowland (she/her) are walking in the upcoming Uptown Community Service Center's Walkathon on Saturday, May 15 at 8 AM starting at University Christian Church at 3900 Cleveland Ave. across from the Hillcrest Post Office. We invite you to sponsor one or both of them. Does the

one with the most donations win bragging rights? Your donations go toward providing mail services, food, clothing, and hygiene items for unsheltered clients as well as food and support for families in need. Simply go to **Uptown's website** and click the Donate button to sponsor Pastor Dan or Pastor Allie. If you'd like to participate in the walk, it's not too late. Please contact Alisan Rowland by **email** or by phone at 619-542-9344.





Global Justice Institute

The Global Justice Institute was once a justice team as part of Metropolitan Community Churches, a group of visionaries who were passionate about the Gospel, fundamental human rights, and furthering LGBTQ equality around the globe. Their work moved quickly with projects in such varied places as Pakistan, Malaysia, Latin America, the Caribbean, Canada, Eastern Europe and parts of Africa, and even the United States. Realizing a separate, yet still MCC-aligned, structure would be a more effective operating model, the Global Justice Institute (GJI) was formed in 2011 as a 501c3 (non-profit) organization.

Their efforts have only grown from there under the leadership of MCC's Rev. Elder Pat Bumgardner (pictured). Leading up to a special offering on our Anniversary Sunday, June 6, to support the work of the GJI, each week we will highlight some of their specific outreaches. There are plenty from which to choose. Right here in the US and elsewhere, the GJI has been a leader confronting some of the pressing issues of the day from gun violence to immigration to racism. [Read more](#), and learn all about GJI on their [website](#).

Sunday Flowers

With the resumption of in-person worship, it's an ideal time to reserve your spot in the weeks and months ahead for dedicating the Sunday altar flowers in memory or honor of a loved one or occasion. To reserve your date, just contact [Lee Bowman](#) in the church office.

[Click to support our ministry via Pay Pal](#)

Ongoing Ministry by Zoom

- **Praying the Rosary**, Sundays, 8 – 8:30 AM, Zoom Meeting: <https://zoom.us/j/174434185>, Meeting ID: 174 434 185
- **Social Hour**, Sunday, 10:15-11:00 AM; Zoom Meeting at: <https://zoom.us/j/191859310>; Meeting ID: 191 859 310
- **Centering Prayer**, Mondays, 1-2:00 PM, Zoom Meeting: <https://zoom.us/j/251632413>, Meeting ID: 251 632 413
- **Virtual Dinner at 6:30**, first Tuesday of the month; Zoom Meeting: Zoom Link <https://us02web.zoom.us/j/88046442889>, Meeting ID: 880 4644 2889
- **Wednesday Bible Study** exploring the Book of John, 7 PM; Zoom Meeting: <https://zoom.us/j/611869117>; Meeting ID: 611 869 117



If you do not have a computer with a video camera or audio capability, and you do not have a smart phone, call in on a landline at 1-301-715-8592 to participate via audio. Enter the appropriate Meeting ID for the gathering you want to attend when prompted.

It's Just This Easy to Support the Ministries of The Met:

- **COMING SOON: Convenient giving via Zelle!**
- **COMING IN JUNE: A Welcome Back Clearance Sale at the church Bookstore!**
- Send **checks by mail** to MCC San Diego, PO Box 33291, San Diego CA 92163.
- Set up **Bill Pay** for your gifts via your bank or credit union account. It's smooth, quick and user-friendly. We receive a check with your name on it for easy crediting.

(With these first two, 100% of your gift goes toward our ministry.)

- Call the church office at 619-521-2222 with **credit card** info to make gifts.
- Donate via **PayPal**. (Click on link.)
- Use **Text-to-Give** right from your smartphone by calling 619-383-0380.
- Get **Scrip Gift Cards** for all your favorite retailers; benefit The Met. Contact Fred Ihler by **email** or at 619-889-3791. Read the **details**. Purchase Scrip from your phone via **benefit-mobile.com**. Contribute as you shop at **Ralphs & Food-for-Less**.
- Benefit the church by using **smile.Amazon.com** when ordering from Amazon.
- Remember Metropolitan Community Church of San Diego in your estate planning!

Happening with The Met:

Sunday, May 9: Mother's Day and annual Lovedy Gilbert Award

- Asian Pacific Islander Heritage Month Moment

Sunday, May 23: In-person worship resumes with advance registration, 9 AM

Monday, May 31: Memorial Day, church offices closed

Sunday, June 6: Anniversary Sunday

Sunday, June 20: Father's Day and annual Rev. David Farrell Community Service Award

Sunday, July 4: Independence Day

Monday, July 5: Offices closed for 4th of July holiday

San Diego Pride (Events mostly virtual with more details to follow)

- Saturday, July 10 She Fest
- Wednesday, July 14 Light Up the Cathedral, 7 PM
- Friday, July 16 Spirit of Stonewall Rally, 6 PM
- Saturday, July 17 Pride Live
- Sat. & Sun, July 17-18 Pride Community Events

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