



# THE METROPOLITAN COMMUNITY CHURCH

Bringing People Closer to God, and One Another



**May 2 2021 - 9 AM**  
**Celebrating 51 Years of Ministry!**

## **HAPPENING THIS WEEK** ↓

**Today** You're in the right place! The 9 AM service is live broadcast on our Facebook & YouTube channel. American Sign Language (ASL) Interpretation is available.

**Asian Pacific Islander History Month, Mental Health Awareness Month**

8 AM **Praying the Rosary**, available online, <https://zoom.us/j/174434185>

9 AM **Livestream Worship Service**, available online, [www.facebook.com/themetchurchsd](http://www.facebook.com/themetchurchsd)

10:15 AM **Social Hour**, <https://zoom.us/j/191859310>

### **Monday, May 3**

**Pre-registration for in-person Worship opens for Elders (70+)**

1 PM **Centering Prayer**, <https://zoom.us/j/251632413>

6:30 PM **Discipleship 101 (Class full)**

### **Tuesday, May 4**

6:30 PM **Dinner @ 6:30**, <https://us02web.zoom.us/j/88046442889>

**Choir Rehearsal**, temporarily suspended

### **Wednesday, May 5**

7 PM **Wednesday Night Bible Study**, <https://zoom.us/j/611869117>

### **Thursday, May 6**

7 PM **Thursday Night Spiritual Enrichment**, temporarily suspended

## **COMING EVENTS** ↓

May 9 **Lovedy Gilbert Award Sunday / Mother's Day**

May 10 **Pre-registration for in-person Worship opens to the membership and Community**

May 23 **Regathering Sunday**, 9 AM, Pre-registration required (at 50% capacity)

May 31 **Memorial Day**, offices closed

June 6 **Anniversary Sunday**

## **FLOWER DEDICATION** ↓

The beautiful floral arrangement on the platform this morning is dedicated in grand celebration of **Rev. Alisan Rowland's** birthday on May 1. We thank God that you're home with us.

*To dedicate Sunday flowers for the platform, please sign up on the schedule by contacting Lee Bowman at 619-521-2222 x11.*

*The Met Church is an inclusive, caring, progressive Christian community that welcomes and includes all people of every ethnicity, age, sex, gender expression, sexual orientation, ability, economic status, education level, immigrant status or religious background.*

*Please be mindful of others enjoying their worship experience by engaging the comments section with your peers during the livestream experience.*

**WELCOME** - Pastor Dan Koeshall (he/him)

**ANNOUNCEMENTS** - Pastor Caedmon (he/him)

\* **PRAISE & WORSHIP** - Armond Washington (he/him), Denni Coslett (she/her),  
T.C. Krentz (she/her), Shunda Williams (she/her), Steve Fitzgerald (he/him)

**“10,000 Reasons”**

*Refrain: Bless the Lord, o my soul. O my soul, worship Your holy name.  
Sing like never before, o my soul, I'll worship Your holy name.*

The sun comes up, it's a new day dawning. It's time to sing Your song again.  
Whatever may pass and whatever lies before me, Let me be singing when the evening comes.

*Refrain*

You're rich in love and You're slow to anger. Your name is great and Your heart is kind.  
For all Your goodness, I will keep on singing 10,000 reasons for my heart to find.

*Refrain*

And on that day when my strength is failing, The end draws near and my time has come,  
Still my soul will sing Your praise unending, 10,000 years and then forever more.

*Refrain*

**“Holy Ground”**

We are standing on holy ground and I know that there are angels all around.  
Let us praise Jesus now, We are standing in His presence on holy ground.

\* **RESPONSIVE WORSHIP** - Erwin Green (he/him)

One: Come and sit with me; we shall study God's Word.

**Many: Together we shall read and understand.**

One: Come and kneel with me; we shall break the bread.

**Many: Together we shall eat and be satisfied.**

One: Come and walk with me; we shall part the waters.

**Many: Together we shall risk, and, behold, we shall be changed. Amen.**

\* **HYMN** - **“What a Friend We Have in Jesus”**

What a friend we have in Jesus, all our sins and griefs to bear!  
What a privilege to carry ev'rything to God in prayer!  
O what peace we often forfeit, O what needless pain we bear,  
All because we do not carry ev'rything to God in prayer!

Have we trials and temptations? Is there trouble anywhere?  
We should never be discouraged: Take it to the Lord in prayer!  
Can we find a friend so faithful, who will all our sorrows share?  
Jesus knows our ev'ry weakness – take it to the Lord in prayer!

Are we weak and heavy laden, cumbered with a load of care?  
Precious Savior, still our refuge – take it to the Lord in prayer!  
Do thy friends despise, forsake thee? Take it to the Lord in prayer!  
Loving arms will take and shield thee; Thou wilt find a solace there.

\* Please rise as you are able, in body or spirit.

**COMMUNITY PRAYER with the Savior's Prayer** - Rev. Alisan Rowland (she/her)

*Our Creator, Who art in heaven, hallowed by Thy name. Thy kingdom come, Thy will be done; on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For Thine is the kingdom and the power and the glory forever. Amen.*

**SPECIAL MUSIC– “You Know My Name”** - Armond Washington (he/him),  
Denni Coslett (she/her), T.C. Krentz (she/her), Shunda Williams (she/her), Steve Fitzgerald (he/him)

You know my name (x4), And oh, how You walk with me,  
Yes, oh, how You talk with me, And oh, how You tell me that I am Your own

You know my name (x4), And oh, how You comfort me,  
And oh, how You counsel me, Yet, it still amazes me that I am Your friend  
So now, I pour out my heart to You here in Your presence I am made new

You know my name (x4), And oh, how You walk with me,  
Oh, how You talk with me, Oh, how You tell me that I am Your own

No fire can burn me, No battle can turn me, No mountain can stop me, 'Cause You hold my hand  
And I'm walking in Your victory, 'Cause Your power is within me  
No giant can defeat me, 'Cause You hold my hand

You hold my hand (x4), You know my name (x4), And oh, how You walk with me,  
And oh, how You talk with me, Oh, how You tell me that I am Your own

**\* SCRIPTURE – Acts 8:26-39** - Pastor Caedmon Grace (he/him)

<sup>26</sup>Then an angel of the Lord said to Philip, ‘Get up and go towards the south to the road that goes down from Jerusalem to Gaza.’ (This is a wilderness road.) <sup>27</sup>So Philip got up and went. Now there was an Ethiopian eunuch, a court official of the Candace, queen of the Ethiopians, in charge of her entire treasury. He had come to Jerusalem to worship <sup>28</sup>and was returning home; seated in his chariot, he was reading the prophet Isaiah. <sup>29</sup>Then the Spirit said to Philip, ‘Go over to this chariot and join it.’ <sup>30</sup>So Philip ran up to it and heard him reading the prophet Isaiah. He asked, ‘Do you understand what you are reading?’ <sup>31</sup>The eunuch replied, ‘How can I, unless someone guides me?’ And he invited Philip to get in and sit beside him. <sup>32</sup>Now the passage of the scripture that he was reading was this: ‘Like a sheep he was led to the slaughter, and like a lamb silent before its shearer, so he does not open his mouth. <sup>33</sup>In his humiliation justice was denied him. Who can describe his generation? For his life is taken away from the earth.’ <sup>34</sup>The eunuch asked Philip, ‘About whom, may I ask you, does the prophet say this, about himself or about someone else?’ <sup>35</sup>Then Philip began to speak, and starting with this scripture, he proclaimed to him the good news about Jesus. <sup>36</sup>As they were going along the road, they came to some water; and the eunuch said, ‘Look, here is water! What is to prevent me from being baptized?’ <sup>38</sup>He commanded the chariot to stop, and both of them, Philip and the eunuch, went down into the water, and Philip baptized him. <sup>39</sup>When they came up out of the water, the Spirit of the Lord snatched Philip away; the eunuch saw him no more, and went on his way rejoicing.

One: This is the message of Hope!

**All: Praise to you, Creator, Christ, and Holy Spirit**

**\* GLORIA**

Glory to God in the highest and to all creation peace.  
O God Almighty we thank You and give praise to You for Your glory.  
Jesus Christ, One with God, Giver of life and hope.  
For You, O God, are the Holy One; You, O God, are most high.  
To Jesus Christ with God on high and Holy Spirit ever more  
be blessing and honor and glory ... be all blessing and honor and glory!  
Amen! Amen! A----men!

**SERMON: "Guided by the Spirit"** - Rev. Dan Koeshall (he/him)

**TITHES & OFFERINGS** - Lee Bowman (he/him)

**OFFERTORY - "If Ever"** - Armond Washington (he/him),  
Denni Coslett (she/her), T.C. Krentz (she/her), Shunda Williams (she/her), Steve Fitzgerald (he/him)

If ever you use someone, use me, If ever you use someone, use me  
If ever you use someone just to do Your precious will,  
If ever you use someone use me.

*Chorus:*

Cause I just want to be what you want me to be  
My prayer, my aim, my goal is to be used by Thee,  
Though sometimes it seems so hard just to do your precious will  
If ever, you use/need/touch/love someone use me.

If ever you need someone, need me (x2)  
If ever you need someone just to do Your precious will,  
If ever you need someone need me.

*Chorus*

If ever you touch someone, touch me (x2)  
If ever you need someone just to do Your precious will,  
If ever you touch someone touch me.

*Chorus*

If ever you LOVE someone, LOVE me (x2)  
If ever you need someone just to do Your precious will,  
If ever you love someone love me.

*Chorus*

**PRAYER OF THANKSGIVING** - Lee Bowman (he/him)

**CELEBRATION OF HOLY COMMUNION** - Rev. Dan Koeshall (he/him)

*One: God be with you.*

**All: And also with you.**

*One: Lift up your hearts!*

**All: We lift them up to God.**

*One: Let us give thanks to God!*

**All: It is right to give God thanks and praise.**

*One: It is right, and a good and joyful thing, always  
and everywhere, to give thanks always to you,  
Almighty God, Creator of Heaven and Earth.*

**All: Santo, santo, santo, mi corazon te adora!  
Mi Corazon te sabe decir: Santo eres Dios!  
Holy, holy, holy, my heart, my heart adores you!  
My heart knows how to say to you: Holy are you, God!**

**All: Life everlasting and strength for today;  
taste the Living Water and never thirst again!  
Come just as you are, hear the Spirit call; come just as you are:  
come and see, come receive, come and live forevermore!**

**\* CLOSING SONG - "I Stand in Awe"**

You are beautiful beyond description, too marvelous for words,  
Too wonderful for comprehension, Like nothing ever seen or heard.  
Who can grasp your infinite wisdom? Who can fathom the depth of your love?  
You are beautiful beyond description, Majesty enthroned above.

And I stand, I stand in awe of you.  
I stand, I stand in awe of you.  
Holy God, to whom all praise is due,  
I stand in awe of you.

**\* BENEDICTION**

**Audio:** Ri Parrish (she/her) **Live Stream:** Shawn Burgh (he/him)  
**Multimedia:** Lee Bowman (he/him)

*Since 1981 Metropolitan Community Churches have had a policy of using Inclusive language; that is, MCC's avoid language that is sexist, racist, or classist. Inclusive language also recognizes that men and women are all made in the divine image and therefore refrains from using exclusively masculine names and pronouns for God. At The Met®, we are very intentional about modeling inclusive language at the leadership level and in our liturgy.*

*As a church that values diversity and inclusivity, we live out our core values with a spirit of hospitality. There are two restrooms on the main floor: one labeled "Women" for females and transgender sisters ; the other labeled "Men" for men and our transgender brothers. There is also a private restroom on the first floor available when Rainbow Sunday School is not in session. Thank you for sharing God's inclusive love to all.*



**Mail: PO Box 33291, San Diego CA 92163**  
 2633 Denver St, San Diego CA 92110  
 Office Hours: Mon-Thurs, 9 AM - 5 PM  
 Office Phone: 619.521.2222  
 Pastoral Emergency Line: 818.925.6236  
 www.themetchurch.org

**Prayer Requests**

**Thank you for praying for the following:**  
 All our beloveds with dementia and the meeting of their needs; friends experiencing difficulties; the resolution of legal issues; blood infection; for strength and stamina to handle life's demands; my partner's nursing exam; the search for love; financial stability;

**Join in rejoicing with praises for:**  
 Successful heart surgery; our ASL interpreter; being able to complete things; feeling excitement and joy after a long time of feeling blah; our resilience; the Kindom of God

**Please share prayers & praises by email:**  
[caedmon@themetchurch.org](mailto:caedmon@themetchurch.org).

**Stewardship**

**VOICES OF GENEROSITY**

*Time, talent, and treasure ... all three parts of ourselves we give as an offering to God.*  
 1 Peter 4:10

<b>Total Income for April</b>	<b>\$ 16,910.63</b>
<i>(from online auto bill-pay:</i>	<i>8,277.00)</i>
<i>(from offering and other mail:</i>	<i>8,633.63)</i>
<b>Expenses for April</b>	<b>\$ 25,682.32</b>
<b>Income for 2021 thru March</b>	<b>\$ 58,015.11 *</b>
<b>Expenses for 2021 thru March</b>	<b>\$ 76,595.61</b>
<b>Scrip Income for March</b>	<b>\$ 248.81</b>
<b>Scrip Income for 2021</b>	<b>\$ 971.73</b>
<b>Building Fund as of 3/31/21</b>	<b>\$ 14,874.62</b>

\* We were also blessed with \$30,262.39 in two annual trust gifts from late members Richard Chavez & Rupert Keesler

<b>Attendance</b>	<b>Last Sunday</b>	<b>18</b>
<i>(reflects only</i>	<b>Livestream</b>	<b>145</b>
<i>Sunday AM)</i>	<b>Total</b>	<b>163</b>
	<b>Week Before</b>	<b>125</b>

**Text-to-Give with easyTithe:**  
*simply text to 619-383-0380*

**Have you included the church in your will, trust or estate planning?**

**At Smile.Amazon.com .5% of most Amazon purchases come to the church when you designate Metropolitan Community Church San Diego as your charity.**

**The church is able to accept vehicles and stock as gifts. Contact the church office.**

**Church Staff**

**Lee Bowman** (he/him), Minister of Administration & Communications, x11 [lee@themetchurch.org](mailto:lee@themetchurch.org)

**Rev. Caedmon Grace** (he/him), Minister of Congregational Life, x20 [caedmon@themetchurch.org](mailto:caedmon@themetchurch.org)

**Rev. Dan Koeshall** (he/him), Senior Pastor, x13 [pastordan@themetchurch.org](mailto:pastordan@themetchurch.org)

**Armond Washington** (he/him), Choir Director [armonil32@aol.com](mailto:armonil32@aol.com)

**Rev. Alisan Rowland** (she/her), Staff Clergy [redbean4287@gmail.com](mailto:redbean4287@gmail.com)

**Ministries & Programs**

*(see also front page)*

**Admin Team** Lee Bowman (he/him)

**Altar Team** Rev. Caedmon Grace (he/him)

**Audio / Multimedia** Rev. Caedmon Grace (he/him)

**Care Team** Rev. Caedmon Grace (he/him)

**Celebration Choir & Band** Armond Washington

**Centering Prayer** Tom Rummel (he/him)  
[greenthumbSD@gmail.com](mailto:greenthumbSD@gmail.com)

**Communion Servers** Rev. Caedmon Grace (he/him)

**Dinner at 6:30** Christopher DiPatre (he/him)  
[christophercdp1012@yahoo.com](mailto:christophercdp1012@yahoo.com)

**Feed My Sheep Food Pantry** Lee Bowman (he/him)

**Fundraising Team** Rev. Dan Koeshall (he/him)

**Game Night** Marcia Randall (she/her),  
[mills\\_2002@yahoo.com](mailto:mills_2002@yahoo.com)

**Hospitality** Rev. Caedmon Grace (he/him)

**Landscaping** Lee Bowman (he/him)

**Membership** Rev. Caedmon Grace (he/him)

**Rainbow Sunday School** Bob Fox & Tim Pablo (he/him), [sandiegobobfox@gmail.com](mailto:sandiegobobfox@gmail.com);

**River of Life** Steve Fitzgerald (he/him)  
[Steve.thrives@gmail.com](mailto:Steve.thrives@gmail.com)

**Nursery** Michael Prestridge (he/him)

**Rosary** Rev. Dan Koeshall (he/him)

**Scrip Gift Cards / Bookstore** Fred Ihler (he/him)  
[mrfred12@cox.net](mailto:mrfred12@cox.net)

**Scripture Readers** Rev. Caedmon Grace (he/him)

**Stewardship Team** Rev. Dan Koeshall (he/him)

**Trans\* Spiritual Connection** Rev. Caedmon Grace

**Uptown Community Service Center** outreach  
 Jude Litzenberger (she/her)  
[judelitzenberger@mccchurch.net](mailto:judelitzenberger@mccchurch.net)