

THE METLINK for April 29, 2021

The weekly digital newsletter of The Met® celebrating 51 years of ministry!

Church Contact Information

Vol 12 Issue 17

Join our virtual Sunday Service via **YouTube** or **Facebook** (click links)
9 AM Sunday (Live starting at 8:55) and available anytime thereafter

This Sunday, May 2, at The Met®

- Continuing the sermon series from the Book of Acts Pastor Dan's (he/him) sermon message will look at being "Guided by the Spirit." The scripture is Acts 8:26-39.
- Here is your printable **Sunday bulletin** to follow along.
- Get your favorite bread and juice ready for communion.
- Please share your prayer requests and praises by **email**.
- At 10:15 AM, gather virtually via Zoom for some warm, casual fellowship in our Sunday Social Hour at <https://zoom.us/j/191859310>
- View past Sunday services by clicking on the YouTube or Facebook links above.

With Love from The Met



We just had to share this photo with you. It was taken last Sunday with all of the worship participants. It was requested by the San Diego Gay Men's Chorus to go with greetings from other community groups for a promotional piece. We had fun doing it and note the masks and physical distancing.
photo: Lee Bowman
editing: Shawn Burgh

In-Person Worship Coming May 23

Yes, you read that right last week. You are invited to join us in person for worship starting Sunday, May 23 at 9 AM.

- Advance reservations (coming soon) will be necessary.
- Couples, households, and friend COVID pods may be seated together.
- Face masks will be required at all times.
- Physical distancing of 6 feet will be strictly observed.
- There won't be mingling before, during or after the service.
- Other protocols will be in place to make for a safe, responsible experience and may change as guidance from the CDC and State of California changes.



Registering for In-Person Worship

We are thrilled how preparations for in-person worship beginning May 23 are coming along. Both Sundays in May (5/23 & 5/30) there will be one 9 AM service only, both in-person and online.



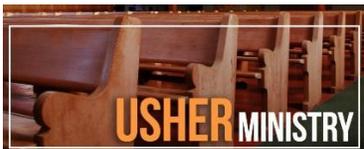
Beginning Anniversary Sunday, June 6, we anticipate there will be interest to re-launch the 11 AM in-person service while continuing the 9 AM service both in-person and via Livestream on Facebook and YouTube.

On Sunday, May 2 & 16, we have a class of Ushers being trained on our new seating layout, and how to handle safety protocols and make your worship experience healthy and Holy.

On May 3, pre-registration will open for Elders, which is defined by age 70+. If we have your email address and phone number, you will receive an email with a link in it for you and anyone over 70 only. Click on that link and follow the instructions. Sometime during the week, a volunteer will call you to see if they can offer support to you in getting seats. You are welcome to contact Pastor Caedmon by **email** or by phone 619.521.2222 x16 for assistance. We want you with us and are making every effort to eliminate barriers to your being here.

On May 10, pre-registration will open to the rest of the Community. The link will be provided in the MetLink on Thursday, May 6 and will also be available on our website and Facebook page.

Each week thereafter, pre-registration will open to everyone on Monday of the week you want to attend and will close each Thursday at 12 PM Noon.



Attention Past, Present & Future Ushers

Join me for in-person training events where I will share all the new ushering practices for regathering and wonderful arrangements we've made to accommodate our beloved community. For those feeling called to usher, please attend

the 9 AM service on both days below, with pre-registration (I'll provide info when you RSVP), and attend training afterwards. This will help you see the flow of service, the arrangements of the space and directional traffic flow. Let me know you'll be there via **email**.

Pastor Caedmon (he/him)

Usher Training: May 2, 10:30 AM – 12 PM and May 16, 10:30 AM – 12 PM



Vaccine Clinic Saturday

Just a reminder about the COVID-19 community vaccination clinic this Saturday, May 1. It is open to anyone from the LGBT community (BIPOC) Black, Indigenous, or a person of color, and/or HIV+. Follow the link below to schedule.

What: COVID-19 Vaccine Clinic

Who: BIPOC and/or HIV+

When: Saturday, May 1, 8 AM - 3:30 PM

Where: 3620 30th Street
San Diego Pride Office in North Park

Register: www.sdpride.org/vax



This weekend it's the 15th annual Dining Out for Life (DOFL), to raise funds to support The Center's HIV/AIDS services and programs. It's a 4-day event: today, Thursday, April 29 - Sunday, May 4, as area restaurants donate a portion of proceeds. It's been a tough year for restaurants still struggling from the pandemic, and though many are still participating in DOFL this year, they are unable to do so at their usual level. So, The Center is asking people to rally to support the many venues that have supported them in the past. They are also seeking donations to directly support their HIV work. Find more info, including a list of participants at the **DOFL website**. Dine out, take out, fight HIV.



Dinner @ 6:30

The pandemic has been unable to stop one of our longest running ministries.

It's Dinner at 6:30 next Tuesday, May 4 via Zoom. Rustle up dinner, grab some take-out, or just drop by for some laid-back fellowship and conversation. Follow this [Zoom link](#). We're saving a seat at the table for you!

Vaccinated. Now What?

Now that (or when) you are fully vaccinated, life does become a bit freer and easier. But just what exactly can you now safely do and what precautions do you still need to take? This [info page](#) from the CDC answers lots of questions and should ease some fears. Keep in mind that the pandemic is not over and COVID is still very much a threat. It's not time to start tossing masks away.

Coming Sunday, May 9 ...

It's Mother's Day, so we will be honoring and celebrating our mothers and mother figures. We will also announce the recipient of the **Loved Gilbert Compassionate Heart Award** for 2021. And we will be recognizing Asian-Pacific Islander History Month. What a Sunday to not miss tuning in!

Sunday's Prayer

At Sunday worship we are blessed by a number of ministers (yes, we are all ministers) who share their gifts, writing their own community prayers. Just one of those people is Mo McElroy (she/her), and by popular request we are glad to share the excellent **prayer** she offered on Sunday. Thank you, Mo!



Uptown's Walk for Neighbors in Need

The Uptown Community Service Center is continuing to reach out to our neighbors in need, people who have lost jobs due to COVID, and people who are currently unsheltered. Their **"Walk for Neighbors In Need"** is an excellent opportunity to get out of your house, appreciate a neighborhood walk, and enjoy the beauty of Spring, and raise funds to benefit Uptown and its work. We will be wearing masks, social distancing, and maintaining COVID Protocols.

The walk is Saturday, May 15 at 8 AM and will start and end at University Christian Church at 3900 Cleveland Ave. Enjoy a 3-mile walk to see Uptown's location at 3725 30th Street at St. Luke's Episcopal Church, returning along a planned route for light refreshments and deep gratitude. Walk, sponsor a walker, or Uptown is always happy for volunteer assistance or donations. You may also join Pastor Dan in walking or sponsor him! Contact Alisan Rowland (she/her) by [email](#) or by phone at 619-542-9344. There is no registration fee. See [flyer](#).

Sunday Flowers

With the resumption of in-person worship, it's an ideal time to reserve your spot in the weeks and months ahead for dedicating the Sunday altar flowers in memory or honor of a loved one or occasion. To reserve your date, just contact [Lee Bowman](#) in the church office.

[Click to support our ministry via Pay Pal](#)

Ongoing Ministry by Zoom

- **Praying the Rosary**, Sundays, 8 – 8:30 AM, Zoom Meeting: <https://zoom.us/j/174434185>, Meeting ID: 174 434 185
- **Social Hour**, Sunday, 10:15-11:00 AM; Zoom Meeting at: <https://zoom.us/j/191859310>; Meeting ID: 191 859 310
- **Centering Prayer**, Mondays, 1-2:00 PM, Zoom Meeting: <https://zoom.us/j/251632413>, Meeting ID: 251 632 413
- **Virtual Dinner at 6:30**, first Tuesday of the month; Zoom Meeting: Zoom Link <https://us02web.zoom.us/j/88046442889>, Meeting ID: 880 4644 2889



- **Wednesday Bible Study** exploring the Book of John, 7 PM; Zoom Meeting: <https://zoom.us/j/611869117>; Meeting ID: 611 869 117

If you do not have a computer with a video camera or audio capability, and you do not have a smart phone, call in on a landline at 1-301-715-8592 to participate via audio. Enter the appropriate Meeting ID for the gathering you want to attend when prompted.

It's Just This Easy to Support the Ministries of The Met:

- **COMING SOON: Convenient giving via Zelle!**
- Send **checks by mail** to MCC San Diego, PO Box 33291, San Diego CA 92163.
- Set up **Bill Pay** for your gifts via your bank or credit union account. It's smooth, quick and user-friendly. We receive a check with your name on it for easy crediting.
(With these first two, 100% of your gift goes toward our ministry.)
- Call the church office at 619-521-2222 with **credit card** info to make gifts.
- Donate via **PayPal**. (Click on link.)
- Use **Text-to-Give** right from your smartphone by calling 619-383-0380.
- Get **Scrip Gift Cards** for all your favorite retailers; benefit The Met. Contact Fred Ihler by **email** or at 619-889-3791. Read the **details**. Purchase Scrip from your phone via **benefit-mobile.com**. Contribute as you shop at **Ralphs & Food-for-Less**.
- Benefit the church by using **smile.Amazon.com** when ordering from Amazon.
- Remember Metropolitan Community Church of San Diego in your estate planning!

Happening with The Met:

Sunday, May 9: Mother's Day and annual Lovedy Gilbert Award

- Asian Pacific Islander History Month Moment

Sunday, May 23: In-person worship resumes with advance registration, 9 AM

Monday, May 31: Memorial Day, church offices closed

Sunday, June 6: Anniversary Sunday

Sunday, June 20: Father's Day and annual Rev. David Farrell Community Service Award

Sunday, July 4: Independence Day

Monday, July 5: Offices closed for 4th of July holiday

San Diego Pride (Events mostly virtual with more details to follow)

- Saturday, July 10 She Fest
- Wednesday, July 14 Light Up the Cathedral, 7 PM
- Friday, July 16 Spirit of Stonewall Rally, 6 PM
- Saturday, July 17 Pride Live
- Sat. & Sun, July 17-18 Pride Community Events

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