



THE METROPOLITAN COMMUNITY CHURCH

Bringing People Closer to God, and One Another



Sunday, November 22, 2020 - 9 AM Livestream (during COVID19) Celebrating 50 Years of Ministry in 2020!

- Today** You're in the right place! The 9 AM service is live broadcast on our Facebook & YouTube page. American Sign Language (ASL) Interpretation is available.
- 8 AM **Praying the Rosary**, available online, <https://zoom.us/j/174434185>
- 9 AM **Livestream Worship Service**, available online, www.facebook.com/themetchurchsd
- 10:15 AM **Social Hour** resumes; Zoom link: <https://zoom.us/j/191859310>

Monday, November 23

- 1 PM **Centering Prayer**, available online, <https://zoom.us/j/251632413>

Tuesday, November 24

Choir Rehearsal, temporarily suspended

Wednesday, November 25

- 7 PM **Wednesday Night Bible Study** joins the **Thanksgiving Eve Service of Gratitude** via Zoom <https://zoom.us/j/611869117>

Thursday, November 26

Thursday Night Spiritual Enrichment, temporarily suspended

COMING EVENTS

- November 29 Advent begins
December 1 World AIDS Day
December 24 **Christmas Eve Candlelight Service** at 5 PM via livestream

FLOWER DEDICATION ↓

The beautiful floral arrangement on the platform this morning is dedicated in memory of our trans siblings tragically lost this year to hate and violence.

To dedicate Sunday flowers for the platform, please sign up on the schedule by contacting Lee Bowman at 619-521-2222 x11.

The Met Church is an inclusive, caring, progressive Christian community that welcomes and includes all people of every ethnicity, age, sex, gender expression, sexual orientation, ability, economic status, education level, immigrant status or religious background.

Please be mindful of others enjoying their worship experience by engaging the comments section with your peers during the livestream experience.

As a church that values diversity and inclusivity, we live out our core values with a spirit of hospitality. There are two restrooms on the main floor: one labeled "Women" for females and transgender sisters; the other labeled "Men" for men and our transgender brothers. There is also a private restroom on the first floor available when Rainbow Sunday School is not in session. Thank you for sharing God's inclusive love to all.

WELCOME - Pastor Dan Koeshall

ANNOUNCEMENTS - Lee Bowman

* **PRAISE & WORSHIP** - Armond Washington, Denni Coslett, Nancy Neel, Lesley Alexander

I'll Say Yes, God, Yes

I'll say yes, God, yes,
To your will and to your way
I'll say yes, God, yes,
I will trust you and obey

When your spirit speaks to me,
With my whole heart I'll agree,
And my answer will be yes, God, yes!

Holy Ground

We are standing on holy ground,
And I know that there are angels all around
Let us praise Jesus now
We are standing in God's presence on holy ground.

* **RESPONSIVE WORSHIP** - Shunda Williams

One: When all we have hoped for and trusted in has let us down;

Many: There is Christ who reaches out to us.

One: When the world seems lonely and despairs threatens to close in upon us;

Many: There is Christ, reaching out for us.

One: Come and let us worship the One who is always ready to reach out to us.

Many: We humbly come before you God in hope and faith. AMEN.

HYMN - "Great Is Thy Faithfulness"

Armond Washington, Denni Coslett, Nancy Neel, Lesley Alexander

Great is Thy faithfulness, God my Creator,
There is no shadow of turning with Thee;
Thou changest not, Thy compassions they fail not;
As Thou hast been Thou forever wilt be.

Refrain:

*Great is Thy faithfulness! Great is Thy faithfulness!
Morning by morning new mercies I see;
All I have needed Thy hand hath provided.
Great is Thy faithfulness, God unto me!*

Summer and winter, and springtime and harvest,
Sun, moon and stars in their courses above
Join with all nature in manifold witness
To Thy great faithfulness, mercy and love.

* Please rise as you are able, in body or spirit.

Refrain

Pardon for sin and a peace that endureth,
Thy own dear presence to cheer and to guide;
Strength for today and bright hope for tomorrow,
Blessings all mine, with ten thousand beside!

Refrain

COMMUNITY PRAYER with the Savior's Prayer - Lyn Malone

Our Creator, Who art in heaven, hallowed by Thy name. Thy kingdom come, Thy will be done; on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For Thine is the kingdom and the power and the glory forever. Amen.

SUNG PRAYER RESPONSE - "God Listen to Your Children Praying"

God, listen to your children praying, God, send your Spirit in this place;
God, listen to your children praying, send us love, send us power, send us grace.

SPECIAL MUSIC - "We Press on"

Armond Washington, Denni Coslett, Nancy Neel, Lesley Alexander

When the valley is deep
When the mountain is steep
When the body is weary
When we stumble and fall
When the choices are hard
When we're battered and scarred
When we've spent our resources
When we've given our all

Chorus

In Jesus' name, we press on
In Jesus' name, we press on
Dear Lord, with the prize clear before our eyes
We find our strength to press on

*** SCRIPTURE – Philippians 3:12-14** - Marty Sherman

¹² Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. ¹³ Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead,

¹⁴ I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

One: This is the message of Hope!

All: Praise to you, Creator, Christ, and Holy Spirit

*** GLORIA**

Glory to God in the highest and to all creation peace. O God Almighty we thank You and give praise to You for Your glory. Jesus Christ, One with God, Giver of life and hope. For You, O God, are the Holy One; You, O God, are most high. to Jesus Christ with God on high and Holy Spirit ever more be blessing and honor and glory ... be all blessing and honor and glory!
Amen! Amen! A---men!

SERMON: "Preparing for an Amazing Advent" - Pastor Dan Koeshall

TITHES & OFFERINGS - Lee Bowman

OFFERTORY MUSIC - "Center of My Joy"

Armond Washington, Denni Coslett, Nancy Neel, Lesley Alexander

Chorus

Jesus, You're the center of my joy
All that's good and perfect comes from You
You're the heart of my contentment, hope for all I do
Jesus, You're the center of my joy

When I've lost my direction, You're the compass for my way
You're the fire and light when nights are long and cold
In sadness, You are the laughter, that shatters all my fears
When I'm all alone, Your hand is there to hold, ohh

Chorus

You are why I find pleasure in the simple things in life
You're the music in the meadows and the streams
The voices of the children, my family, and my home
You're the source and finish of my highest dreams, woah

Chorus

Jesus (Jesus), You are (You are) the center (the center) of my joy.
Jesus (Jesus), You are (You are) the center (the center) of my joy.
Jesus (Jesus), You are (You are) the center (the center) of my joy.

Jesus, You're the center of my joy
Aaaah, Aaaah My joy

PRAYER OF THANKSGIVING - Lee Bowman

TRANSGENDER DAY OF REMEMBRANCE PRAYER - Shawn Burgh

CELEBRATION OF HOLY COMMUNION - Pastor Dan Koeshall

One: God be with you.

One: Let us give thanks to God!

All: And also with you.

All: It is right to give God thanks and praise.

One: Lift up your hearts!

One: It is right, and a good and joyful thing, always and everywhere, to give thanks to you, Almighty God, Creator of heaven and earth.

All: We lift them up to God.

All: Santo, santo, santo, mi corazon te adora!

Mi Corazon te sabe decir: Santo eres Dios!

Holy, holy, holy, my heart, my heart adores you!

My heart knows how to say to you: Holy are you, God!

All: Life everlasting and strength for today; taste the Living Water and never thirst again!

**Come just as you are, hear the Spirit call; come just as you are:
come and see, come receive, come and live forevermore!**

*** CLOSING SONG - “Sweet, Sweet Spirit”**

There’s a sweet, sweet Spirit in this place, and I know that it’s the Spirit of our God;
There are sweet expressions on each face, and I know they feel the presence of our God.
Sweet, Holy Spirit, sweet heavenly Dove, stay right here with us, filling us with your love,
and for these blessings we lift our hearts in praise; without a doubt we’ll know
that we have been revived when we shall leave this place.

*** BENEDICTION**

Multimedia Technician: Lee Bowman **Audio Technician:** Ri Parrish
LiveStream Technician: Shawn Burgh

Since 1981 Metropolitan Community Churches have had a policy of using Inclusive language; that is, MCC’s avoid language that is sexist, racist, or classist. Inclusive language also recognizes that men and women are all made in the divine image and therefore refrains from using exclusively masculine names and pronouns for God. At The Met®, we are very intentional about modeling inclusive language at the leadership level and in our liturgy.

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Thank you for sharing God’s inclusive love to all.*



Mail: PO Box 33291, San Diego CA 92163

2633 Denver St, San Diego CA 92110 Office Hours: Mon-Thurs, 9 AM - 5 PM

Office Phone: 619.521.2222 Pastoral Emergency Line: 818.925.6236 www.themetchurch.org

Prayer Requests

Thank you for praying for the following:

Resolution of pain issues & management; relative hospitalized with COVID-19; loneliness and isolation; mental health & well-being; peaceful political transition; friends & family of George Murphy; healthy & safe Thanksgiving; knee replacement surgery; love & support for our trans siblings; the coming vaccines

Join in rejoicing with praises for:

Injured congregant up and walking; successful congregational meeting; congratulations to those elected; pledges given to the church; for this loving faith community



VOICES OF GENEROSITY

Time, talent, and treasure ... all three parts of ourselves we give as an offering to God.

1 Peter 4:10

Total Income for October	\$ 24,746.05 *
(from online auto bill-pay:	4,895.00)
(from offering and other mail:	19,851.05)
Expenses for October	\$ 17,232.55
Income thru October	\$303,741.49
Expenses thru October	\$273,865.16
Scrip Income for October	\$ 207.40
Scrip Income thru October	\$ 3,047.77
Building Fund as of 10/31/20	\$ 47,994.85

* includes a \$10,000 bequest from the estate of Connie Anderson Burnside

Attendance	Last Sunday	18
(reflects only	Livestream	107
Sunday AM)	Total	125
	Week Before	351

Have you included the church in your will, trust or estate planning?

Text-to-Give with easyTithe:
simply text to 619-383-0380

At Smile.Amazon.com .5% of most Amazon purchases come to the church when you designate Metropolitan Community Church San Diego as your charity.

Yes, the church is able to accept stock as a gift. Just contact the church office.

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Church Staff

Lee Bowman, Minister of Administration & Communications, x11 lee@themetchurch.org

Rev. Caedmon Grace, Minister of Congregational Life, x16 caedmon@themetchurch.org

Rev. Dan Koeshall, Senior Pastor, x13 pastordan@themetchurch.org

Armond Washington, Choir Director armonil32@aol.com

Rev. Alisan Rowland, Volunteer Clergy redbean4287@gmail.com

Ministries & Programs

(see also front page)

Admin Team Lee Bowman

Audio / Multimedia Rev. Caedmon Grace

Care Team Rev. Caedmon Grace

Centering Prayer Tom Rummel
greenthumbSD@gmail.com

Feed My Sheep Food Pantry Lee Bowman

Rosary Rev. Dan Koeshall

Scrip Gift Cards / Bookstore Fred Ihler
mrfred12@cox.net

Stewardship Team Rev. Dan Koeshall

Uptown Community Service Center outreach
Jude Litzenberger judelitzenberger@mccchurch.net

Stewardship