Sunday, September 6, 2020 - 9 AM Livestream (during COVID19)
Celebrating 50 Years of Ministry in 2020!

Today
You’re in the right place! The 9 AM service is live broadcast on our Facebook &
YouTube page. American Sign Language (ASL) Interpretation is available.

8 AM Praying the Rosary, available online, https://zoom.us/j/174434185
9 AM Livestream Worship Service, available online, www.facebook.com/themetchurchsd
10:15 AM Social Hour, available online, https://zoom.us/j/191859310

Monday, September 7
Labor Day - Offices closed in observance
1 PM Centering Prayer, available online, https://zoom.us/j/251632413
6 PM Financial Peace University, meets virtually

Tuesday, September 8
Choir Rehearsal, temporarily suspended

Wednesday, September 9
7 PM “Jesus as Liberator,” available online, Wednesdays Aug. 5 - Sept. 9,
https://zoom.us/j/611869117

Thursday, September 10
Thursday Night Spiritual Enrichment, temporarily suspended
5 PM Regathering Committee Meeting

COMING EVENTS
Sept. 16 “Jesus and the Disinherited” Book and Meditation Group, facilitated by
Dr. Donovan Ackley III, Sept 16 - Oct. 7, 2020, RSVP to Pastor Caedmon
Sept. 26 AIDS Walk & Run San Diego, 10 AM
October 4 Memorial Pet Video Montage & Pet Blessing, 9 AM & 4 PM

FLOWER DEDICATION
The beautiful floral arrangement on the platform this morning is dedicated with thoughtfulness and care
among those among us with limited access to community for reasons beyond their control.

To dedicate Sunday flowers for the platform, please sign up on the schedule
by contacting Lee Bowman at 619-521-2222 x11.

The Met Church is an inclusive, caring, progressive Christian community that welcomes
and includes all people of every ethnicity, age, sex, gender expression, sexual orientation,
ability, economic status, education level, immigrant status or religious background.

Please be mindful of others enjoying their worship experience by engaging the comments section
with your peers during the livestream experience.

As a church that values diversity and inclusivity, we live out our core values with a spirit of hospitality.
There are two restrooms on the main floor: one labeled “Women” for females and transgender sisters; the other
labeled “Men” for men and our transgender brothers. There is also a private restroom on the first floor available
when Rainbow Sunday School is not in session. Thank you for sharing God’s inclusive love to all.
WELCOME - Pastor Dan Koeshall

ANNOUNCEMENTS - Pastor Caedmon Grace

* PRAISE & WORSHIP - Armond Washington, Denni Coslett

**Every Praise**

Every Praise is to Our God. Every word of worship with one accord. Every Praise every praise is to Our God

Sing Hallelujah to Our God. Glory Hallelujah is due Our God. Every Praise every praise is to Our God

God my Savior, God my Healer, God my Deliverer, yes You are, yes You are

God my Savior, God my Healer, God my Deliverer, yes You are, yes You are

Every Praise is to Our God. Every word of worship with one accord

Every Praise, every praise, every praise, every praise is to Our God

**You Are Exalted**

You are exalted, forever exalted, on high, I will praise You!

You are exalted forever exalted and I will praise Your name

You are my God, forever Your truth shall reign. Heaven and earth rejoice in Your holy name.

You are exalted, forever exalted, on high!

You are exalted, forever exalted, on high, I will praise You!

You are exalted forever exalted and I will praise Your name

You are my God, forever Your truth shall reign. Heaven and earth rejoice in Your holy name.

You are exalted, forever exalted, on high!

* RESPONSIVE WORSHIP - Erwin Green

One: How shall we live in the love of God?

Many: We will treat one another with fairness and dignity.

One: How shall we witness God’s forgiving love?

Many: We will reach out to others with compassion.

One: Come, let us worship God who has always loved us.

Many: Let our worship of God be reflected in our lives of hope and peace. Amen.

* HYMN - “I’m Pressing on the Upward Way”

I’m pressing on the upward way, new heights I’m gaining every day;

Still praying as I’m onward bound, “God, plant my feet on higher ground.”

Refrain: O lift me up and let me stand by faith on heaven’s table land,

A higher plane than I have found; Yes, plant my feet on higher ground.

My heart has no desire to stay where doubts arise and fears dismay;

Though some may dwell where these abound, my prayer, my aim is higher ground.

Refrain

I want to scale the utmost height, and catch a gleam of glory bright;

But still I’ll pray till heav’n I’ve found, “God, lead me on to higher ground.”

Refrain

* Please rise as you are able, in body or spirit.
COMMUNITY PRAYER with the Savior’s Prayer - Pastor Caedmon Grace

Our Creator, Who art in heaven, hallowed by Thy name. Thy kingdom come, Thy will be done; on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For Thine is the kingdom and the power and the glory forever. Amen.

SUNG PRAYER RESPONSE - “God Listen to Your Children Praying”

God, listen to your children praying, God, send your Spirit in this place; God, listen to your children praying, send us love, send us power, send us grace.

SPECIAL MUSIC - “Through It All” - Armond Washington, Denni Coslett

I’ve had many tears and sorrows, I’ve had questions for tomorrow there’s been times I didn’t know right from wrong But in every situation God gave me blessed consolation that my trials only come to make me strong

Chorus: Through it all, through it all I’ve learned to trust in Jesus, I’ve learned to trust in God Through it all, through it all I’ve learned to depend upon God’s Word

I’ve been to a lot of places and I’ve seen a lot of faces there’s been times when I feel so all alone But in those lonely hours in those precious lonely hours, Jesus lets me know that I was His own

Chorus

Well, I thank God for the mountains and I thank God for the valleys I thank God for the storms You’ve brought me through For if I’d never had a problem I wouldn’t know God could solve them I wouldn’t know what faith in God’s Word could do

Chorus

* SCRIPTURE – Matthew 18:15-20 - Shawn Burgh

15 ‘If another member of the church sins against you, go and point out the fault when the two of you are alone. If the member listens to you, you have regained that one. 16 But if you are not listened to, take one or two others along with you, so that every word may be confirmed by the evidence of two or three witnesses. 17 If the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to the church, let such a one be to you as a Gentile and a tax-collector. 18 Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. 19 Again, truly I tell you, if two of you agree on earth about anything you ask, it will be done for you by my Abba in heaven. 20 For where two or three are gathered in my name, I am there among them.’

One: This is the message of Hope!
All: Praise to you, Creator, Christ, and Holy Spirit

* GLORIA

Glory to God in the highest and to all creation peace.
O God Almighty we thank You and give praise to You for Your glory.
Jesus Christ, One with God, Giver of life and hope.
For You, O God, are the Holy One; You, O God, are most high.
To Jesus Christ with God on high and Holy Spirit ever more be blessing and honor and glory … be all blessing and honor and glory!
Amen! Amen! A----men!
SERMON: “The Power of Community” - Rev. Dan Koeshall

TITHES & OFFERINGS - Rev. Alisan Rowland

OFFERTORY MUSIC - “Jesus is the Answer” - Armond Washington, Denni Coslett

If you have some questions, In the corners of your mind,
Traces of discouragement, The peace you cannot find,
Reflections of your past, Seem to face you everyday,
But this one thing I do know, That Jesus is the way.

Chorus: Jesus is the answer, for the world today, above Him there’s no other, Jesus is the way.

I know you’ve got mountains, That you think you cannot climb,
I know your skies are dark, You think the sun won’t shine,
But in case you don’t know, That the word of God is true,
Everything God’s promised, God will do it for you.

Chorus

PRAYER OF THANKSGIVING - Rev. Alisan Rowland

CELEBRATION OF HOLY COMMUNION - Rev. Dan Koeshall

One: God be with you. One: Let us give thanks to God!
All: And also with you. All: It is right to give God thanks and praise.
One: Lift up your hearts! One: It is right, and a good and joyful thing, always and
All: We lift them up to God. everywhere, to give thanks to you, Almighty God,
Creator or heaven and earth.

All: Santo, santo, santo, mi corazon te adora!
Mi Corazon te sabe decir: Santo eres Dios!
Holy, holy, holy, my heart, my heart adores you!
My heart knows how to say to you: Holy are you, God!

All: Life everlasting and strength for today; taste the Living Water and never thirst again!
Come just as you are, hear the Spirit call; come just as you are:
come and see, come receive, come and live forevermore!

* CLOSING SONG - “Sweet, Sweet Spirit”

There’s a sweet, sweet Spirit in this place, and I know that it’s the Spirit of our God;
There are sweet expressions on each face, and I know they feel the presence of our God.
Sweet, Holy Spirit, sweet heavenly Dove, stay right here with us, filling us with your love,
and for these blessings we lift our hearts in praise; without a doubt we’ll know
that we have been revived when we shall leave this place.

* BENEDICTION

Multimedia Technician: Lee Bowman   Audio Technician: Katrina Overbeck
LiveStream Technician: Rose Turner

Since 1981 Metropolitan Community Churches have had a policy of using Inclusive language;
that is, MCC’s avoid language that is sexist, racist, or classist. Inclusive language also
recognizes that men and women are all made in the divine image and therefore refrains from using
exclusively masculine names and pronouns for God. At The Met®, we are very
Intentional about modeling inclusive language at the leadership level and in our liturgy.
Thank you for praying for the following:
Upcoming retirements; two missing children; an end to interpersonal violence; discernment as I make decisions; motorcycle accident injuries to heal; loneliness; depression; for strength to be courageous;

Join in rejoicing with praises for:
Wednesday night group; road trips; return of joy; T.U.G; the experience of being held by a Community; the dreamers; the visionaries; well-being; good preaching at MCCSD; those who give their time, talent and treasure; seeing God at work in our lives; new babies born; cute and happy things; having enough

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Lee Bowman, Minister of Administration & Communications, x11  lee@themetchurch.org
Rev. Caedmon Grace, Minister of Congregational Life, x20  caedmon@themetchurch.org
Rev. Dan Koeshall, Senior Pastor, x13  pastordan@themetchurch.org
Armond Washington, Choir Director  armonil32@aol.com
Rev. Alisan Rowland, Volunteer Clergy  redbean4287@gmail.com

Admin Team  Lee Bowman
Audio / Multimedia  Rev. Caedmon Grace
Care Team  Rev. Caedmon Grace
Centering Prayer  Tom Rummel  greenthumbSD@gmail.com
Feed My Sheep Food Pantry  Lee Bowman
Rosary  Rev. Dan Koeshall
Scrip Gift Cards / Bookstore  Fred Ihler  mrfred12@cox.net
Stewardship Team  Rev. Dan Koeshall
Uptown Community Service Center  outreach
Jude Litzenberger  judelitzenberger@mccchurch.net

VOICES OF GENEROSITY
The church has been such a blessing in my life.
- a message received by email

<table>
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<th>Description</th>
<th>Amount</th>
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<td>Total Income for August</td>
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Attendance
- Last Sunday: 15
- Livestream: 199
- Total: 214
- Week Before: 142

Text-to-Give with easyTithe:
simply text to 619-383-0380.

At Smile.Amazon.com .5% of most Amazon purchases come to the church when you designate Metropolitan Community Church San Diego as your charity.

Have you included the church in your will, trust or estate planning?