



THE METLINK for April 11, 2019

The weekly digital newsletter of The Met®

Vol 10 Issue 15

This Sunday at The Met®

This Palm Sunday, Rev. Dusty Pruitt guides us in observing the start of Holy Week with Jesus' triumphant entry into Jerusalem through her message, "The Lord Needs It." The scripture reading is Luke 19:28-40. And we welcome Pastor Dan back to worship.

From Pastor Dan:

My heart is overwhelmed by your multiple expressions of love - both for my 59th birthday and my return from the mini-Renewal. It is true in my case for you that "absence makes the heart grow fonder." Thank you from the bottom of my heart. Love you!

[Click to view the Sunday 11 AM worship live via Facebook!](#)



Pastor Dan's Birthday Bash

Come help Pastor Dan celebrate his birthday this month and benefit the ministries of the church at the same time. It's Pastor Dan's Birthday Bash Saturday, April 27, 3:30 - 6:30 PM at Filippi's Pizza Restaurant, 5353 Kearny Villa Drive. Each person pays for their own meal. In addition to fellowship and shenanigans (yes, the Fundraising Team says there will be "shenanigans") there's a 50/50 raffle and silent auction. In lieu of cards, Pastor Dan requests a donation to his beloved passion, the church. As you are able, please RSVP to Fundraising Chair, [Linda Leftwich](#).



Help Further Our Landscaping

One final stage of our landscape makeover remains, it's happening next week, and we can use your help. Now that a groundwater issue has been resolved, we are set to landscape along the fence in our parking lot. Crushed rock arrives this Monday morning, April 15, and project manager Jessie Black would appreciate help spreading it in the afternoon, 1-5 PM. Please bring gloves and a shovel if you have one. For more info, please contact [Jessie](#).



River of Life Ministry This Saturday

Date: Saturday, April 13, 2019
Time: Gather between 8:30 and 8:45 AM and finish by Noon
Place: 3382 Camino Del Rio N, San Diego, CA 92108
What: Document invasive plants
Contact: **Steve Fitzgerald**



Easter Dedications Deadline Sunday

A dedication in the Easter bulletin is a wonderful way to honor or

remember a loved one or special occasion and have them a part of our Easter celebration. The deadline for **dedications** is this Palm Sunday. They help provide for a beautiful platform display of flowering plants. Donors may take a plant to enjoy following the 11 AM Easter service. Remaining plants will be shared with residents at Veterans Village.



Bring Flowers Easter Sunday

It was a big hit last year, providing a beautiful photo opp. Again this year, create a stunning living cross. Thanks to Jon Martinez, we will have the frame of a large cross at the church entrance to be adorned with flowers from your garden or favorite florist.



Dinner @ 6:30 Hawaiian Style

Aloha! Join us on an adventure to a new locale for the next Dinner at 6:30 on Wednesday, May 1. it's the Homestyle Hawaiian Pub & Eatery, at 10601 Tierrasanta Blvd. Check out their delicious **menu!** Please RSVP at the Social Hall Info Table. Mahalo!



Interfaith National Day of Prayer Service

Again this year The Met[®] joins other local progressive congregations for an Interfaith National Day of Prayer Service Thursday, May 2 in our Sanctuary. The service is at 6:30 PM with a free, modest dinner of lentil soup provided by the Islamic Center of San Diego, salad, bread and fruit at 5 PM in the Social Hall. Join Pastor Dan and Rev. Caedmon in welcoming our sibling congregations to worship together. Everyone, from any faith tradition or none at all, is invited. For more details, contact **Rev. Caedmon.**



Easter Potluck Brunch

Let the Easter

celebration continue after worship. Join your Met family at the annual Easter Potluck Brunch at 1 PM on Sunday, April 21, hosted by David Root and Bob Gromofsky. Please RSVP at the Social Hall Info table. For more details, contact **Rev. Caedmon**.

Visit our website with one click!



Harvey Milk Breakfast

Join Pastor Dan in the community representing The Met® at the annual

Harvey Milk Diversity Breakfast Friday, May 17, 7:30 AM at the Hilton Bayfront. To be part of our contingent at one of the biggest events of the year, please contact **Lee Bowman**.

Moderator Webinars & Met Viewing Parties

Individual webinars with each of the candidates for next Moderator of Metropolitan Community Churches have been set. Tune-in via the link in the **invitation** or join Rev. Caedmon for a viewing party in our Sanctuary:

- * Tuesday, April 23, 4 PM: Ms. Elizabeth Bisordi
- * Tuesday, April 30, 4 PM: Rev. Elder Tony Freeman
- * Tuesday, May 7, 4 PM: Rev. Elder Cecilia Eggleston



QPR: Suicide Prevention & Intervention Training

We recognize the LGBT community is at high risk of trauma and mental health crises. Partnering with the San Diego County Health & Human Service Agency and Community Health Improvement Partners, we are offering "Gatekeepers: Training for Suicide Prevention & Intervention." As people trained in CPR save lives, those trained in QPR learn how to recognize warning signs of suicide crisis and how to **Question, Persuade, and Refer** someone to help. This QPR Training with an LGBTQ+ perspective is open to all.

When? Saturday, May 11, 10:30 AM - Noon, in our Sanctuary

What will you learn? 1) recognizing suicide warning signs, 2) ways to initiate conversation, and 3) methods of providing help and hope

Who should attend? Anyone in a position to recognize that someone may be contemplating suicide: parents, friends, teachers, ushers

What is the cost? Free

Who is the contact for more information? **Rev. Caedmon**

Click to support our ministry via Pay Pal



Happening with The Met®:

Saturday, April 13: River of Life Ministry at the San Diego River, 8:30 AM

Holy Week:

*Sunday, April 14: Palm Sunday / Deadline for Easter dedications

*Friday, April 19: Good Friday Bi-lingual Service, "Journey to the Cross with Mary, 7 PM, Sanctuary

*Sunday, April 21: Easter Sunday Services, 9 & 11 AM

Rainbow Sunday School Easter egg decorating & hunt, 11 AM

Easter Potluck Brunch: 1 PM, Social Hall

Saturday, April 27: **#MeTooLGBTQ Conference**, 9 AM - 5:30 PM, The Center

Pastor Dan's Birthday Bash, 3:30 PM, Filippi's, 5353 Kearny Villa Rd

Thursday, May 2: Interfaith National Day of Prayer Dinner (5 PM) & Service (6:30 PM), MCC

Saturday, May 11: QPR Suicide Prevention & Intervention Training, 10:30 AM, Sanctuary

Monday, July 1 - Friday, July 6: MCC General Conference, Orlando

Saturday & Sunday, July 13-14: San Diego Pride Weekend

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