



THE METLINK for January 3, 2019

The weekly digital newsletter of The Met®

Vol 10 Issue 1

This Sunday at The Met®...

On the first Sunday of 2019, Epiphany Sunday, Rev. Steve Ebner looks at "Following a Star" in his sermon message. The scripture is Matthew 2:1-12. Steve will be leading the "Bible in 5 Hours" seminar on February 2.

You Did It! The Met® Ended the Year in the Green!

We won't have final figures until next week, but there is one thing we can say for sure: The church ended 2018 in the green (black)! It was accomplished by you and other congregants who faithfully gave and stepped up during the Christmas season to contribute something extra because you believe in our ministries and our mission of bringing people closer to God and one another. Thank you, bless you and accept our cyber hug! Let's keep on changing lives by sharing the good news of God's inclusive love.

Can't Make it to Worship? Click and watch us via Livestream!

Membership Class January 12

Come explore more about The Met®: our mission, core values, vision, history and ministries ... at the next no-obligation Membership Class. It's set for Saturday, January 12, 10 - 11:30 AM in the 1st-floor Community Room. For more details, please contact **Lyn Malone**.



A Wedding Invitation

You have seen it on the church calendar - the wedding of longtime congregant Rich Stevens and his fiancé Ricardo Alconer II. It's posted because they are extending a gracious open invitation to the congregation to attend. The wedding is Saturday, January 19 at 3 PM, followed by a reception in the Social Hall.

Church Safety Plan Workshop

There is still room for you the Church Safety Plan Workshop Saturday, January 26, 10 AM - 12:30 PM. Join us for a special training with Lieutenant Don Mueller of the Los Angeles County Sheriff's Department, long-time member at Founders MCC in LA. Through a 2-1/2 hour workshop, we will plan for various disturbances such as mental health issues, natural disasters, medical emergencies, acts of violence and hate crimes. Lunch will be served. Please RSVP to **Rev. Caedmon**.



Reclaiming Our Faith: Through the Bible in Five Hours

We have no shortage of people telling us what the Bible says. Usually a verse or two is quoted to support a moral or political agenda. Some have used it as a weapon, so we may approach the Bible with mistrust. Or not at all. Some have used it as a history book, science book or book of rules and regulations. So, we may see it as naive and irrelevant to our lives today.



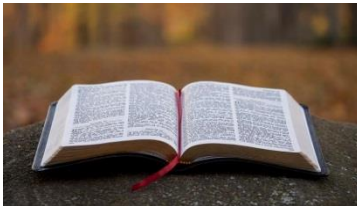
Are You Missing a Dish?

We have several serving dishes that have been left from hospitality at various church events. If one is yours, it's calling out to you from the piano in the Social Hall. We would be glad to reunite you.

The Met Community Game Night resumes Friday, January 25 at 7 PM.

Visit our website with one click!

But what is the Bible really? What does it really say? On Saturday February 2 at 9 AM join us in the 1st-floor Community Room for a retreat seminar called "Reclaiming our Faith: Through the Bible in Five Hours." From Genesis through Revelation, we'll be taking a pilgrimage through the Bible to discover the main themes and purposes. Rather than leave the Bible's interpretation to others, we seek to take back the Bible and discover in what ways we can take it seriously. Facilitators will be Rev. Steve Ebner, Pastor Dan, Rev. Caedmon and Dr. Donovan Ackley III. For more info, contact **Rev. Caedmon**.

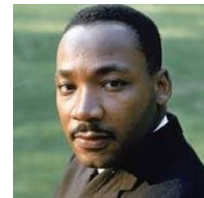


Reading the Bible in One Year

Are you up for a rewarding challenge? You have heard us talk about it, and now we have an easy guide for you to follow to read the entire Bible in one year. Just a couple chapters each day will do it. Download your copy of the **guide** now while it's easy to catch up with January 1.

All People's Celebration

Join Pastor Dan in representing The Met® at the 31st annual All People's Celebration, honoring the legacy of Dr. Martin Luther King Jr. on Monday, January 21, 10 AM - Noon at the Balboa Activity Center in Balboa Park. The event includes a delicious breakfast and program featuring inspiring keynote speaker Greisa Martinez Rosas, a national immigrant youth leader with United We Dream and a DACA recipient. The All People's Celebration brings together over 1,000 community members, business leaders, elected officials, faith leaders, artists, and students. Tickets are \$75. Please contact **Lee Bowman**.



Just click to support the ministry of The Met via PayPal!

Coming Up on Our Calendar...

Saturday, January 12: Membership Class, 10 - 11:30 AM, 1st-floor Community Room
Saturday, January 19: Wedding of Rich Stevens & Ricardo Alconcer, 3 PM, all are invited
Friday, January 25: Met Community Game Night resumes, 7 PM
Saturday, January 26: Church Safety Plan Workshop, 10 AM - 12:30 PM, Sanctuary
Saturday, February 2: Through the Bible in Five Hours Seminar, 9 AM - 3 PM
Saturday, February 9: WOW (Women of Worth) Retreat

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