

THE MET LINK

THE METROPOLITAN
COMMUNITY CHURCH
OF SAN DIEGO



YOUR WEEKLY NEWS, ANNOUNCEMENTS & UPDATE FROM THE MET CHURCH

Greetings!



Remember all the amazing acts from last year?

It's the entertainment

extravaganza of the year, the event that showcases the abundant talent right in the midst of our church family! It's The Met's Got Talent this Saturday, August 11 at 6 PM in the Sanctuary. With "Saturday Night Fever" as the theme, high energy is sure to abound. Admission is free; a Love Offering will be received to benefit the ministries of the church; and to top off the evening, a delicious ice cream social follows immediately in the Social Hall. What an ideal time to invite your friends and loved ones to experience the talent and fellowship of The Met@!

ANNOUNCEMENTS

- This Sunday we welcome Pastor Dan back from a family reunion in Wisconsin. The "S/Heroes of the Bible" series continues as Rev. Caedmon looks at David and Goliath in his sermon "Not by Might, Not by Power..." Scripture: 1 Samuel 17:32-37.
- The Fundraising Team's Book Fair got off to a great start on Sunday. Books will be available through Sunday, August 26 in the Social Hall for a donation to the ministries of The Met@. Many topics include religion, culture, children's books, travel, fiction and non-fiction.
- Mark your calendars now for **South Bay Pride** in Chula Vista Saturday, September 8, Noon - 6 PM.
- Looking farther ahead, Saturday, September 29, it's AIDS Walk San Diego; the annual Met **Bowlathon** is Saturday, October 6; and coming Sunday, October 14, something new and something familiar: Pet Tribute Day at The Met@ and the annual Blessing of the Animals in Balboa Park. Watch for details!

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LANDSCAPE MAKEOVER PROGRESSES



Thank you to the hard-working volunteers who have been helping in our landscape makeover. Each week is bringing significant noticeable progress. The rock wall is completed, some of the wiring and tarp have been laid (without a major protest from the gophers), a dry stream bed is starting to take shape, and this week big

rocks arrived, along with the first plants! The next volunteer Work Party is set for Saturday, August 18, 8 AM - 1 PM. Come on down ... [Jessie Black](#) and her crew keep the workers hydrated and fed. And very appreciated.

UPDATE FROM THE BORDER



Behind the headlines and the media images, our Hearts 4 Justice ministry invites you to learn what's really happening at our border. Get the scoop directly from those handling border cases for asylum, illegal entry and reuniting families this Saturday, August 11, 10 AM - Noon in the Sanctuary. Speakers from the ACLU, Federal Defenders, and volunteers working in the immigration trenches will update us on this rapidly changing arena. For more info, please contact [Jude Litzenberger](#).

UPTOWN MEXICAN FIESTA



Join in supporting our partners at Uptown Community Service Center at their Mexican Fiesta by the Bay. It's Saturday, September 22, 4 - 7 PM at nearby Pioneer Ocean View UCC. Be there for their fantastic sunset view of Mission Bay and entertainment by the Baile Folklorico Dancers. Tickets are only \$60 and available from [Jude Litzenberger](#).

UPTOWN VOLUNTEERS

Volunteers with big hearts and smiles are needed to serve homeless and low-income neighbors at Uptown Community Service Center in North Park. Uptown provides mail, food bags, hygiene products, clothing, and the use of a restroom, computers, and a phone. Volunteer shifts are weekdays from 9:00-noon or noon-3:00. Prior experience is not necessary. Call Bill Fish at 619-693-5511 to inquire. The Met® joined 12 other congregations as a contributing partner of Uptown in the late 1970's and has supported this ongoing ministry partnership for many years.

BEING GREEN WITH SOLAR



The Met® has reached another solar milestone. 60% (or 48) of our rooftop solar panels have now been purchased by congregants and friends of the church! We love being green. Our solar continues to keep our electric bill at zero while being good to the earth. In July our carbon offset was the equivalent of 63 trees! Full solar panels are \$750 each. For more on purchasing and dedicating a panel please contact [Lee Bowman](#).

Lee Bowman

Minister of Administration & Communications
The Metropolitan Community Church of San Diego