

Growing Together

Bible Story

Abram shares the land with Lot (Genesis 13:1-12).

In Touch

Families 10:
Family members care for each other.

Bible Verse

"And he has given us this command: Those who love God must also love their Christian brothers and sisters" (1 John 4:21).

Today your child learned that part of family life is to care for each other. The children learned that families all look different but that God wants every family to work together to solve conflicts, stick together, and love each other. Use these activities to encourage loving acts in your family this week.

Comfort Food

Show your love for your family by preparing this wholesome and delicious meal. To a pot of canned chicken soup, add one or two cans of drained and rinsed white beans, a bag of frozen mixed vegetables, a can of diced tomatoes, a teaspoon of Italian seasoning, and two handfuls of heart-shaped pasta. Simmer the mixture on the stove until the pasta is tender. Serve the soup with crisp carrot sticks and your family's favorite rolls or crackers. While you enjoy dinner, talk about the kinds of meals that keep your family healthy, and explain that one way to care about your family is to encourage healthy eating habits.

Loved Everywhere

Cut small heart shapes out of felt. Give each family member a felt heart and a safety pin. Have family members pin their hearts to the inside of a pocket or the inside waistband of their pants as a reminder that their family cares. Have your family members wear their hearts every day this week. At the end of the week, talk about what it was like to remember every day that your family members care about one another.

Long-Distance Care

Have your child start a pen pal correspondence with a faraway cousin. Suggest that the cousins exchange information about such things as their families' recipes for favorite desserts, their favorite movies, their favorite vacation spots, their favorite things to do on Saturdays, and their favorite books.

Teamwork Walk

Your child learned this teamwork walk in class. Try it with your family this week. Then talk about ways your family can cooperate more. Line up shoulder to shoulder, and put your arms around each other's shoulders. Tell family members to take a step with their right feet, putting them in front of the left feet of the people to their right. Then tell them to take a step with their left feet, pulling them out from behind and crossing them over the right feet of the people to their left.