

# Today I learned...

We can trust God  
in hard times.

Today your child learned that we can trust God in hard times. Children heard how God sent 10 terrible plagues upon Egypt to convince Pharaoh to let the Israelites go. They discovered that God helps us through our hard times, too.

## Verse to Learn

"Oh, the joys of those who trust the Lord" (Psalm 40:4a).

## Ask Me...

- What hard times did the Israelites go through?
- What hard things can you trust God with?
- How can our family show that we trust God in hard times?

## Family Fun

- Lead your family in singing "When I'm Scared" to the tune of "Frère Jacques."

**When I'm scared,  
When I'm alone,  
I'll talk to God.  
I'll talk to God.  
I'll tell him how I feel.  
I'll tell him how I feel.  
He'll help me.  
He'll help me.**

## God Sends Plagues Upon Egypt (Exodus 7:14-12:30)

