

Growing Together

A Leader for God's People 4:
God helps those who trust in him.

Bible Story
The angel of death passes over the Israelites' homes (Exodus 11:1–12:30).

Bible Verse
"But those who trust in the Lord will find new strength" (Isaiah 40:31).

In Touch

This week your child learned the importance of trusting God in everything he or she does. The children discovered how God led his people out of Egypt, and they each picked one special way to trust God this week. Use these ideas to reassure your child that God is always ready to help.

Food Fun

Go to the library, and check out a book about Passover. Find out how Jewish people celebrate Passover today. Talk about times your family has trusted God for help. Create your own special meal to honor God for helping you through those times. Plan what food you'll eat and what it will signify. Include time to pray and time to share what God has done for you. For example, you could plan a breakfast celebration. Serve eggs sunny side up to remind you of God's eyes watching over you. Bacon can remind you of long roads you've traveled with God's protection. Orange juice can remind you of God's sweet love and refreshment.

God's Help

Cut a small hole in the end of a shoe box. Put a balloon inside the box with the end sticking through the hole. Blow up the balloon and pinch the end, but don't tie it off. Put about 10 pencils or pens under the box on a table to act as wheels. When you release the balloon, the box will move forward. Talk about how God gives us help and power to accomplish things, just as the inflated balloon helped the shoe box move. Explain that our abilities come from God, whose spirit lives within us.

Musical Trust



Sing "God Helps Those Who Trust in Him" to the tune of "The Mulberry Bush." Fill in ways you can trust God this week when you get to the last line.

**God helps those who trust in him,
Trust in him, trust in him.
God helps those who trust in him,
We trust you, God, to [name a way you'll trust
God].**

Trusting God

On a sheet of paper, draw a circle with a face in it and a circle with a building in it. Give your child a penny, a pencil, and the paper. Have your child toss the penny and make a mark under the face if the penny lands heads up or under the building if it lands tails up. After tossing the penny 20 times, count the number of marks under each circle—they should be about equal. Then join two pennies together with a small amount of modeling clay to create a two-headed coin. Have your child toss the new penny 20 times and record the results. Talk about how we can trust God just as we can trust that the two-headed penny will land heads up every time.