



Toddlers & 2s

# Parent Page

## Jesus Is With Us When We're Scared

For the next three weeks, the toddlers and 2s class will be learning that Jesus is with us when we're scared. The children will use their five senses to discover that Jesus is always present and ready to protect them.

### Tips for Ts and 2s

Dark rooms, unknown places, and booming thunderstorms often seem like scary monsters to young children. The fears are real, and it's important not to shame or discount your toddler's feelings. Recognize and discuss the source of the fear; then offer loving support. Prayer and reassurance that Jesus is with them gives toddlers a sense of security that will banish all their "scary monsters."

### Together Time

- Have some "shadow fun" with your toddler. Take a walk on a sunny day and look for your shadows. Point out how shadows stay with you everywhere you go. Explain that Jesus is with us everywhere we go, too, and that we never have to be afraid. As you walk, march in rhythm and repeat the following Scripture: "Do not be afraid...God goes with you" (adapted from Deuteronomy 31:6).
- Make a special night light to add a sense of warmth and comfort to your child's bedroom. Purchase a ready-made night light with a solid-colored plastic cover. Let your child decorate the night light with paint pens and markers. At night, turn on the night light and tell your child to think of Jesus each time he or she looks at the light.
- Sing this song from class with your toddler:

### Jesus Is With Us (adapted from Matthew 28:20b)

(sung to the tune of "The Mulberry Bush")

**Jesus is with us** (*point upward*);  
**What a friend is he!** (*Give yourself a hug.*)  
**I don't have to be afraid** (*shake your finger*)  
**'Cuz Jesus is with me!** (*Point upward and then at yourself.*)

**Jesus is with us** (*point upward*);  
**I'm happy as can be!** (*Smile, and then point to your mouth.*)  
**I don't have to be afraid** (*shake your finger*)  
**'Cuz Jesus is with me!** (*Point upward and then at yourself.*)