

Growing. ... Together

Bible Story

Saul decides to follow
Jesus. Acts 9:1-22

Acts Lesson 2:
God can change our hearts.

Bible Verse

“This means that anyone who belongs to
Christ has become a new person. The
old life is gone; a new life has begun!”
(2 Corinthians 5:17).

In Touch

Today your child learned that God can change our hearts. Children learned that God makes people into new creations when they believe in Jesus. They learned that God can make us clean on the inside so we can shine in praise of him. Use these ideas to help your child understand how God changes us to be more and more like Jesus.

Food Fun

Together with your child, make pancakes for breakfast. Mix the ingredients, and talk about how the mixture changes as each ingredient is added. Supervise while your child pours batter in a skillet. Watch the batter change into a cooked pancake. Talk about the way people change when they start living for God. Have your child use fruit, jelly, or peanut butter to turn the pancake into a self-portrait. Give thanks to God for making your child a new person from the inside out.

God's Changes

Think of all the things God changes, and praise him for his power. Make this brainstorming session into a prayer and worship time. Pray, “God, I thank you that you make the weather change from being warm in the summer to being cold in the winter.” Have your child respond with another praise about God’s power. End your prayer time by thanking God for changing your hearts.

Candy Creatures

Have each family member make a candy caterpillar by sticking gumdrops onto a toothpick. Break another toothpick into pieces to make legs and antennae. Use cotton candy from a discount store to form cocoons around the caterpillars. If you can’t find cotton candy, use quilt batting or cotton balls that have been pulled apart. Talk about how caterpillars are changed from crawling creatures into flying creatures. Explain to your child that a butterfly will never turn back into a caterpillar again. Talk about how we become new persons in Christ.

Changed Forever

Your child will have fun with this weird goo. Mix cornstarch with water in a large mixing bowl until the mixture is the consistency of cake batter. Put the bowl in the kitchen sink or the bathtub to avoid a mess. Have your child take a handful of the goo and squeeze it. It’ll feel like it’s turned into a hard ball, but as soon as your child opens his or her hand, the goo will return to a liquid. Talk about how, unlike the goo, when God changes a person, the change lasts.