

Growing Together

Bible Story
Peter heals a man at the Temple gate. Acts 3:1-16

Acts Lesson 1:
God has power to heal us.

Bible Verse
“He forgives all my sins and heals all my diseases” (Psalm 103:3).

In Touch

Today your child learned that God has power to heal us. Children learned that God sometimes heals people through miracles. They also learned that God can heal people’s minds and hearts. Use these ideas to teach your child to trust God’s healing and help.

Bandage Cards

Make a bandage card to give to a sick friend who needs cheering up. Fold a piece of paper in half to make a card. Attach adhesive bandages in the form of a stick person to the cover. Use a round bandage for the face. Use a marker to draw facial features and clothes on the figure. Write a get-well message on the inside, and be sure to let the person know you’re praying for him or her.

Wellness Prescriptions

Gather a clean, empty jar; paper strips; and pencils. Together with your child, write prescriptions for staying healthy, such as “Eat an apple every day,” “Walk around the block five times,” and “Pray about your worries.” Invite a family member to pull out one strip each morning, and plan a time that day for your family to fill the prescription together.

Worry Talks

God wants to heal us from worry as well as from sickness. Let your child know that when worries come, you’re always available to help. Have your child cut one circle out of green construction paper and one out of red construction paper and then glue the two circles together. Attach a string to the circle, and hang it on the door of your child’s room. The green side indicates that all is well. The red side indicates that your child is worried and needs to talk and pray with you. Check the signal often, but don’t wait until the signal is turned to the red side before you talk with your child. Ask frequently how things are going.

Cookie Hospital

Make gingerbread-people cookies with your child. Break them in two after they’ve cooled. Create a hospital for your broken cookies by laying the pieces of each cookie on a napkin “hospital bed” on your kitchen table or counter. Have your child “heal” the cookies by pasting the pieces together with icing. As you eat the healed cookies, joyfully praise God for taking care of our bodies.