

Faith Community Nursing



Faith Community Nursing is recognized by the American Nurses Association (ANA) as a specialized practice that focuses on the intentional care of the spirit as part of the process of promoting holistic health and preventing or minimizing illness in a faith community (ANA). The Faith Community Nurse (FCN) serves as the point person for a congregational health ministry team. The team works together to determine goals and action plans to better serve the health and wellness needs of the congregation and community. These may include:

- Screenings** for blood pressure, diabetes, and overall fitness
- Classes** for all age groups on health-related issues such as nutrition, advance care planning, and stress management
- Visitations** to hospitals, nursing homes and homes to assess for healthcare needs
- Referrals** to appropriate community resources
- Resources** a table with health information in the lobby of the foyer
- Health Fair** outreach to the community with experts available to provide information about various aspects of health concerns

For more information about the FCN program or to volunteer to be a member of the health ministry team, please contact **Patrice (Pat) Robins** at fcn@laurelchurch.net.