

Dress Code and Appearance Policy

September 2018

As a representative of the church and of God, Calvary Monument Bible Church strongly encourages you to dress in a way that is God honoring and appropriate. While CMBC does not intend to make judgments on what is morally right or wrong to wear, we do believe that a standard of modesty should be upheld. Why? Because we do not want something as simple as clothing to hurt your opportunity to form incredible connections with your peers in youth group and our friends in the community. Instead we want to honor these relationships by avoiding attire that could possibly conflict with their or the church's cultural norms or that could be distracting and taking attention away from what we want to focus on—the glory of God. By dressing modestly, we can put the attention back on God and away from ourselves.

With this in mind, we ask that you adhere to the following guidelines:

- Mid-thigh or longer shorts should be worn.
- Pants or shorts with writing on the backside are not permitted.
- Clothing worn at CMBC events should not be too short, tight, or revealing. Low cut neck lines, see through styles, spaghetti straps, yoga pants/tights/leggings (unless worn with clothing that covers your backside), or fashions that expose midriffs, chests, or undergarments are not permitted. "Soffe" shorts or similar styles should be avoided.
- Guys are prohibited from going shirtless except when at a lake or pool or water park. Tank style shirts or undershirts for guys (sometimes referred to as "wife-beater") are not to be worn alone, nor shirts with large holes.
- No clothing is allowed that promotes drugs, alcohol, smoking and tobacco use, sex, violence, death (i.e. skulls), foul language, or questionable logos. No gang-related apparel, or apparel that represents hate-groups is allowed.
- Swimming attire:
 - Girls should wear modest one piece suits that do not expose midriffs or cleavage. A tankini is acceptable. If only a two piece bathing suit is brought, it must be worn with a dark t-shirt over top.
 - Guys must also wear modest swimsuits. Swimsuits should follow the same policy as outlined above for shorts. No speedos or very short or tight suits allowed.