

SUNDAY, OCTOBER 12, 2025

REDEMPTION HILL CHURCH



This Week: Clint Shamblin will be preaching on Hebrews 2:10-18



What's Going On

Sun. 10/12

Sunday Worship @ 10am
Faith & Blue picnic @ Bayside Church;

Wed. 10/15

Youth Discipleship @ 7pm

Thur. 10/16

Prayer Gathering @ 7pm

Sun. 10/19

Sunday Worship @ 10am;
Communion Sunday

Tue. 10/21

Food Distribution @ 12:30pm

Sat. 10/25

Harvest Party

Sat. 01/10/26

Connect Conference

The purpose of this corporate seasonal fast is to draw closer to the Father on Tim's behalf, participating in carrying Tim's deep burden, as a body, to the throne, expecting God's healing power to be displayed throughout these days, not just in Tim but in all the needs of Redemption Hill Church.

With our ongoing efforts to fast and pray for the Swansons regarding the health of Pastor Tim, it would be good to look at aspects of fasting and prayer. Spiritual fasting is a deliberate denial of the flesh as evidence that one has power over the flesh. When done in combination with prayer, it focuses our attention away from the flesh and onto God. You may have experience with fasting and say, "But I always end up thinking of how hungry I am — isn't that a focus on my fast and not on God?" I suppose the answer would be, "Yes, if that is the end of your thought. More likely your next thought or even prayer is, 'Lord, help me in this too. Give me the strength to deny myself and seek your face.'"

We can certainly pray without a fast but there are numerous examples of fasting in prayer in the word of God. Perhaps the most well-known is Jesus fasting forty days in the wilderness. It is in that narrative that we see Satan tempting Jesus more than at any other time in history.

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Jesus' fasting brought him so close to the Father that he was able to resist all of Satan's treachery. Isn't that closeness to God what you seek in prayer?

A personal testimony I can share is about fasting when I seek discernment over a difficult situation. Those prayers during fasting have multiple times produced a clarity in defining the root of the problem and in God's will. It becomes so much less about me (my flesh) defining the problem and instead about God dealing with the issue and showing me resolution.

Fasting can look different for different people. Some core truths to consider in fasting are:

- Fasting is denying oneself physically. Usually, it is fasting from food, but it could be denying other fleshly desires: worldly desires of the mind and heart. It might be denying oneself of worldly pleasures like TV or social media.
- Fasting is personal and the length of the fast will vary accordingly. For some, an 8-hour fast can be very difficult and is in fact a personal denial of the flesh. For others, it takes multiple days to feel like a true denial.
- Fasting should be done with care to physical safety. Denying oneself of water in 100-degree heat can be taking things beyond safety. Speaking of water, we can fast from food and drink, and others can fast from food but not drink. Pregnant women should be careful with food fasts. People on certain medicines may require certain diets. Again, it is a personal thing. It is between you and God. If it is right in your heart that you're denying your flesh, God will see your heart and be pleased.
- Fasting is between you and the Lord. It is not to be displayed as a pride problem, e.g. "Look at me — how I fast; how disciplined I am" (see Mathew 6:16-18).
- Fasting is effective. Time and time again we see heroes of the Bible fasting and praying and having those prayers answered. We see it in Daniel when he was provided a vision, in Esther with her finding favor instead of death when approaching the King, when the Holy spirit sets aside Paul and Barnabas to be sent out in Acts. All these, and many more not cited, are examples of God's response after the characters were fasting and praying.

To summarize the point or purpose of fasting, it reveals your heart as holy, separated from the flesh, to the Lord, who in turn exposes your heart to His will. It is like prayer on steroids.

Pray:

- Julia Basch: Experiencing flare-up of postural tachycardia syndrome.
- Mike Basch: Undergoing PT for wrist.
- Cindy Berg (Wife of Bill); Healing & peace during recovery from back surgery.
- Noel Dachauer: Wisdom on and healing for long-standing health issues.
- Jenn Welch: Recovering from major surgery on 03/27 to remove all cancerous areas.
- Linda Saunder's son: Recurrence of benign tumor.
- Harvest Party: Boldness in inviting people; for many, incl. from local community, to come.
- Man Camp: Deepening of relationships with the Lord and other guys for all who go.
- Cheri (Jenn Welch's mom): Receiving hospice care. Pray for her salvation & for Jenn as she ministers to her.
- Jeff Marshall: Praise for full recovery from heart surgery. Transitioning back to work.
- Shirley Oliver: Undergoing treatment for cancer.



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Ken Taylor



Missionary of the Month
Serving Christ in Japan

Points for Prayer:

- Praise God for 25 years of the Hallelujah Gospel Choir (Black gospel music ministry with Japanese non-Christians).
- Praise God for the successful 25th Anniversary concert in Tokyo, where God's love and faithfulness was highlighted.
- Pray for wisdom as I have been asked to train and teach in the church in which I was saved in the Philippines, to bring vibrant, fresh, authentic, Holy Spirit led worship in their country and context.
- Pray that my children, Anika, Luke, and Victoria, will seek and stay strong in the Lord during this season of their lives.



Pray for

ROBIN WILLIAMS

SERVING WITH
WHEELS FOR THE WORLD
Oct. 17-26

Points for Prayer:

- For favor on her team's mission
- For souls to be saved
- For protection to for her team on their travels and while in Costa Rica
- For the families to whom they'll be ministering



1st & 3rd Tuesdays
12:20 - 2:30pm



PRAYER GATHERING

THIS THURSDAY
7-8pm



Join us!
SUNDAY, OCTOBER 12th 4:30 - 6:30 pm

LOCATION: BAYSIDE CHURCH 3175 SEBASTOPOL ROAD

FAITH & BLUE

The Faith & Blue mission is to facilitate safer and stronger communities by engaging law enforcement officers and local resident through the connections of faith-based organizations

HOSTED BY

SANTA ROSA POLICE DEPARTMENT, come meet our Chief John Cregan and members of our police department!! Enjoy free Barbeque while watching demonstrations by our K-9, SWAT, and Drone teams! ALL ARE WELCOME TO ATTEND

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WAYS TO HELP the Swansons



Pray

Some points for prayer:

1. Continued prayer against confusion and for clarity.
2. Identification of the fungal source (there was a hotspot on the PET scan below the pacemaker in an area operated on in 2015, and they aren't sure what it is).
3. Healing & eradication of the fungus.
4. Protection against emboli.
5. Removal of medication side-effects.
6. Against spiritual attack and for God's peace and joy to reign continuously.
7. Thanksgiving: Referral authorization approved to Stanford and appt. scheduled with the doctor we had hoped for.
8. Wisdom and direction for the upcoming meeting with the Stanford doctor.
9. Thanksgiving: Experiencing God's presence.

Giving

The Swansons are facing a number of additional costs as a result of Pastor Tim's illness. If you would like to give a financial gift, please place it in the basket at the back of the Sanctuary. Checks should be made out to "Tim and Alisa Swanson".

Fasting

If you would like fast and pray on behalf of the Swansons, to seek and petition the Lord, please let us know via the signup sheet at the back of the Sanctuary. We'll send you any updates and prayer requests.

October is Pastor Appreciation Month!

Write Pastor Tim a note of thanks and encouragement. We'll be collecting them on **October 19**.



Jessup University Choir and Orchestra, featuring our very own Emma Cunningham, is returning to Santa Rosa on Thursday November 6th.

As co-hosts of this concert, we are looking for families to help provide safe, appropriate host homes for the Jessup musicians. If you're interested, hosting would include:

- Hosting at least 2 choir/orchestra students overnight on Thursday, November 6th. (More is great, but they don't send any students by themselves)
- Each choir & orchestra member must have a bed/couch to sleep on rather than a "camping" situation. They are on tour so they need good sleep each night before they go to their next destination.
- Food: Perhaps a light snack after their concert on Thursday, Breakfast in the morning on Friday and a bag lunch for Friday.
- Giving a ride Friday morning to their meet-up location (most likely SRBC) to get on the bus. Departure time is usually somewhere around 9:00 a.m.

For more information, contact Wendy Cunningham:
wendy@RedemptionHillSR.org / (707) 583-6313

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The **Connect Conference** is a one-day Bible conference designed to stir the hearts of believers to see the beauty, authority, and sufficiency of Jesus Christ as the Head of the Church. Through faithful teaching of Scripture, dynamic worship, and intentional fellowship, Connect seeks to strengthen our understanding of the Church's identity in Christ and our response to Him—worship that encompasses our entire lives. Rooted in biblical truth and centered on the gospel, this gathering serves as a call to unity, devotion, and transformation as local churches come together to exalt Christ, deepen their love for Him, and live out His mission in the world.

This year's Connect Conference will be on January 10th. Hessel Church, in Sebastopol, is hosting again and Shane and Shane are also back — this time to lead worship in our general sessions! Speakers this year include Dane Ortlund, author of books including "Gentle and Lowly" (which many at RHC have been through together); Tim Challies; Pastor Ryan Kwon; and Erik Thoennes (Professor of Theology at BIOLA university). Registration opens on October 5th!

For more information visit:
norcalconnectconference.com

Have questions? Reach out to Kellen Eddy
(kellen@RedemptionHillSR.org).



The Harvest Party is our annual fall outreach event. We run numerous carnival-style games, give out abundant snacks and treats, provide dinner (a chili cook-off), and have a lot of fun. Costumes are encouraged!

Reaching Out

As well as being a highly enjoyable event for the church body, it's an opportunity for us to invite in the local community and our unchurched friends and neighbors. In celebrating God's goodness, we can let them know that we're thankful for them, and that they're part of God's goodness to us. For those who might be hesitant to come to a church service, the Harvest Party is a fun, easy, no-pressure way for them to meet other members of the Redemption Hill family in a safe, welcoming environment.

Helping Out

There are many ways to serve in the weeks leading up to October 25th and on the day itself. Check the sign up sheets in the Foyer, or scan this QR code, to see how you can get involved:



NEW TO REDEMPTION?

Hi there!

Whatever your background or situation, we're glad you've decided to join us this morning. You might find it helpful to know that:

- There are bathrooms available in the lobby and in the courtyard.
- Nursery services are available for infants. We also dismiss children for age-appropriate learning (toddlers through 5th Grade) during the main teaching time (except on the 5th Sunday of the month).
- A nursing room and changing facilities are available in the Sanctuary building.

Refreshments are available after the service - please stick around and say hi!

We look forward to getting to know you!

FIND COMMUNITY

Hungry for deeper, authentic relationships? We've got Men's, Women's, and Youth Discipleship Groups to help us grow together in grace. We meet weekly to discuss Scripture and pray. *Contact the Church Office for location and availability.*

Men's Groups

Mon. Evenings - Santa Rosa
Tues. Evenings - Rohnert Park
Weds. Evenings - Santa Rosa

Women's Groups

Weds. Mornings - Santa Rosa
Weds. Evenings - Rohnert Park
Thurs. Evenings - Santa Rosa

Youth (6th-12th Grade):

1st, 3rd & 5th Wednesdays of each month — RHC Campus.
Contact Kellen for more info: kellen@RedemptionHillSR.org



Get In Touch

Mailing address: P.O. Box 571,
Santa Rosa, CA 95402
office@RedemptionHillSR.org
Tel. 707-576-0130
Office hours: Tues 9 am - 5 pm

Ministry Team

Elders:

Tim Swanson - Pastor/Elder
Kelly Hubley - Elder

Staff:

Wendy Cunningham - Worship Ministry
Director
Kellen Eddy - Youth Ministry Director
John Hansen - Children's Ministry
Director
Sarah Mee - Church Administrative
Assistant / Tech Team Administrator
Alisa Swanson - Hospitality & Facilities
Administrator

First Aid

An AED and a Life-Vac anti-choking device are located in the Foyer. A box of other first aid supplies is in the Fireside Room, above the refrigerator.

LET'S CONNECT!

We'd love to get to know you better and welcome you into our family. If you're ready to get connected, please fill out a few details and leave this in the offering box on the back wall of the Sanctuary. Or, better still, scan this code and fill it out online. Someone will be in touch soon.

First name:

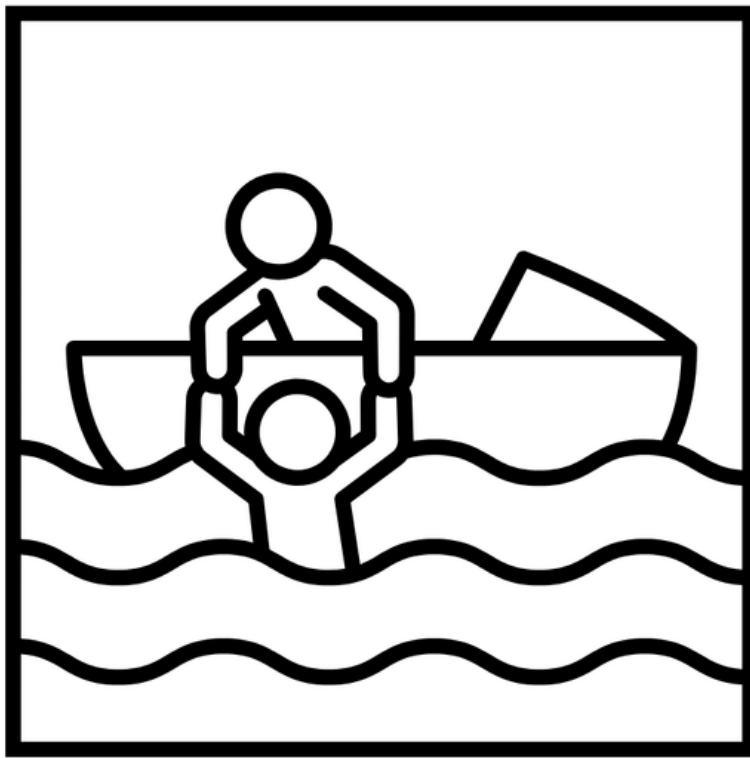
Last name:

Email:

Phone:



for because **he himself**
has suffered
when tempted.



he is able to **HELP**
those who are being tempted.