



SMALL GROUP LEADER GUIDE

Direct Message / Week 2

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

LEADER PREP

CONVERSATION GUIDE

BOTTOM LINE

Prayer is about remembering who God is and who we are.

SCRIPTURE

"This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one'" (Matthew 6:9-13 NIV).

GOAL OF SMALL GROUP

To help students take a step forward in their prayer life by figuring out what to pray and how long to pray this week.

THINK ABOUT THIS

Leaders—most of your students may be apprehensive to talk about something as personal as prayer out loud. If conversations are slow, consider sharing your own honest answers to these questions to get things going.

Create meaningful conversation. Adjust the questions as needed, and don't feel like you need to answer all of them.

DISCUSSION QUESTIONS

- How many of you are on Instagram? Think about your most liked Instagram post. Be honest: How long did it take you to come up with that perfect picture/caption?
- When it comes to prayer, which of these do you have the hardest time with?
 - How to start a prayer.
 - What to say to God.
 - How long to pray.
 - What posture to have.
 - What kind of language to use.
- Why do you think Jesus taught His disciples how to pray specifically, instead of just telling them to "talk to God"?
- In one part of the Lord's Prayer, Jesus prayed, "Give us today our daily bread." What's one area where you need to learn to depend on God this week?
- Jesus also prayed, "Lead us not into temptation." In your own mind, replace the word "temptation" with whatever you are struggling with. Why is it sometimes hard to be honest with God about our struggles?
- If prayer is about remembering who God is and who we are, how does that change the way you pray going forward?

TRY THIS

Leaders—remind your students to give prayer a shot this week by picking and praying one of the five parts of the Lord's Prayer we discussed this week. Encourage them to set a length of time they want to pray and to set up a playlist on Spotify to keep track of time. Finally, before you wrap up, ask if anyone would like to give prayer a shot by praying the group out. Celebrate whoever steps up.