

Day 1

NEW YEAR

O LORD,

Length of days does not profit me except the days are passed in thy presence, in thy service, to thy glory.

Give me a grace that precedes, follows, guides, sustains, sanctifies, aids every hour, that I may not be one moment apart from thee, but may rely on thy Spirit to supply every thought, speak in every word, direct every step, prosper every work, build up every mote of faith, and give me a desire to show forth thy praise; testify thy love, advance thy kingdom.

I launch my bark on the unknown waters of this year, with thee, O Father, as my harbour, thee, O Son, at my helm, thee, O Holy Spirit, filling my sails.

Guide me to heaven with my loins girt, my lamp burning, my ear open to thy calls, my heart full of love, my soul free.

Give me thy grace to sanctify me, thy comforts to cheer, thy wisdom to teach, thy right hand to guide, thy counsel to instruct, thy law to judge, thy presence to stabilize.
May thy fear be my awe, thy triumphs my joy.

Modern English:

O Lord,

A long life isn't a gain to me unless my days are lived in your presence—serving you and bringing you glory.

Give me grace that goes before me, stays with me, and follows me—grace that guides, sustains, sanctifies, and helps me every hour. Don't let me drift even for a moment from you. By your Spirit, supply every thought, shape every word, direct every step, and prosper every work. Strengthen even the smallest seed of faith in me. Give me a heart that gladly shows your praise, rests in your love, and seeks the advance of your kingdom.

As I step into the unknown waters of this year, I entrust myself to you:

Father, be my safe harbor;

Son, be my steady guide and captain;

Holy Spirit, fill my sails and carry me where you will.

Lead me all the way home to heaven—ready and watchful, with my life set for obedience, my lamp burning, my ears open to your voice, my heart full of love, and my soul free from what enslaves.

Give me your sanctifying grace, your comforts to steady me, your wisdom to teach me, your strong hand to guide me, your counsel to instruct me, your Word to correct me, and your presence to keep me stable.

Let the fear of you be my awe and let your victories be my joy. Amen.

READ: PSALM 90

3 Prayer Prompts for Today:

“Lord, keep me close today.”

Pray through your day in plain language: ask God to go before you, stay with you, and follow after you—guiding your thoughts, your words, your steps, and your work.

“Father, Son, and Spirit—carry me through what I can’t see.”

Name the “unknown waters” you’re facing (specific worries, decisions, pressures). Then pray: Father be my refuge, Son lead me, Spirit empower me.

“Make me ready, steady, and joyful in you.”

Ask God to make you watchful and obedient, to free you from whatever entangles you, and to replace fear of man and anxiety with reverent awe and deep joy in His triumphs.

Day 2

THE FAMILY

O SOVEREIGN LORD,

Thou art the Creator-Father of all men, for thou hast made and dost support them;
Thou art the special Father of those who know, love and honour thee, who find thy yoke easy, and thy burden light, thy work honourable, thy commandments glorious.

But how little thy undeserved goodness has affected me! how imperfectly have I improved my religious privileges! how negligent have I been in doing good to others!

I am before thee in my trespasses and sins, have mercy on me, and may thy goodness bring me to repentance.

Help me to hate and forsake every false way, to be attentive to my condition and character, to bridle my tongue, to keep my heart with all diligence, to watch and pray against temptation, to mortify sin, to be concerned for the salvation of others.

O God, I cannot endure to see the destruction of my kindred.

Let those that are united to me in tender ties be precious in thy sight and devoted to thy glory.

Sanctify and prosper my domestic devotion, instruction, discipline, example,

that my house may be a nursery for heaven, my church the garden of the Lord,

enriched with trees of righteousness of thy planting, for thy glory;

Let not those of my family who are amiable, moral, attractive, fall short of heaven at last;

Grant that the promising appearances of a tender conscience, soft heart, the alarms and delights of thy Word, be not finally blotted out, but bring forth judgment unto victory in all whom I love.

Modern English:

Sovereign Lord,

You are the Creator and Father of all people—you made us and you sustain us. And you are a special Father to those who know you, love you, and honor you—those who find your yoke good, your burden light, your service joyful, and your commands glorious.

Yet your undeserved kindness has affected me far too little. I have not made good use of the privileges you've given me, and I have been careless about doing good to others.

I come before you hating my sin. Have mercy on me and let your kindness lead me to repentance.

Help me to hate and turn from every false way. Make me honest about my life and my character.

Teach me to bridle my tongue, to guard my heart, to watch and pray against temptation, to put sin to death, and to care deeply about the salvation of others.

O God, I cannot bear the thought of my family being lost. Let those bound to me by tender ties be precious in your sight and devoted to your glory.

Bless and strengthen the worship of our home—our prayers, our instruction, our discipline, and our example—so that our house would be a nursery for heaven, and our church a garden of the Lord, filled with lives you have planted and made righteous for your glory.

Don't let any in my family who are kind, moral, and admirable fall short of heaven in the end. And where you've begun a work—a tender conscience, a softened heart, an awakened love for your Word—don't let it fade away. Bring it to full fruit and lasting faith in all whom I love. Amen.

Read: Deuteronomy 6:4–9 & Ephesians 6:1–4

3 Prayer Prompts for Today:

1. Confession + repentance for your leadership at home
“Lord, where have I taken your goodness lightly or been negligent with my spiritual privileges—especially in my home? Bring me to real repentance, and change what needs to change.”
2. Grace for daily holiness in speech, heart, and temptation
“Help me today to bridle my tongue, guard my heart, and watch and pray against temptation. Show me one ‘false way’ to turn from and give me power to put sin to death.”
3. Pleading for your family's salvation and household worship
“God, save those I love. Make our home a place where your Word is heard and obeyed—where prayer is normal, where repentance is quick, and where faith grows. Don't let anyone in my family fall short of heaven.”

Day 3

THE TRINITY

THREE IN ONE, ONE IN THREE, GOD OF MY SALVATION,

Heavenly Father, blessed Son, eternal Spirit,

I adore thee as one Being, one Essence, one God in three distinct Persons,
for bringing sinners to thy knowledge and to thy kingdom.

O Father, thou hast loved me and sent Jesus to redeem me;

O Jesus, thou hast loved me and assumed my nature, shed thine own blood to wash away my sins,
wrought righteousness to cover my unworthiness;

O Holy Spirit, thou hast loved me and entered my heart, implanted there eternal life, revealed to me
the glories of Jesus.

Three Persons and one God, I bless and praise thee, for love so unmerited, so unspeakable, so
wondrous, so mighty to save the lost and raise them to glory.

O Father, I thank thee that in fullness of grace thou hast given me to Jesus, to be his sheep, jewel,
portion;

O Jesus, I thank thee that in fullness of grace thou hast accepted, espoused, bound me;

O Holy Spirit, I thank thee that in fullness of grace thou hast exhibited Jesus as my salvation,
implanted faith within me, subdued my stubborn heart, made me one with him for ever.

O Father, thou art enthroned to hear my prayers,

O Jesus, thy hand is outstretched to take my petitions,

O Holy Spirit, thou art willing to help my infirmities, to show me my need, to supply words, to pray
within me, to strengthen me that I faint not in supplication.

O Triune God, who commandeth the universe, thou hast commanded me to ask for those things
that concern thy kingdom and my soul.

Let me live and pray as one baptized into the threefold Name.

Modern English:

Triune God—Three in One and One in Three—God of my salvation:

Heavenly Father, blessed Son, eternal Spirit, I worship you as one God—one being, one
essence—yet three distinct Persons. I adore you for bringing sinners into the knowledge of you and
into your kingdom.

Father, you loved me and sent Jesus to redeem me.

Jesus, you loved me and took on my humanity. You shed your blood to wash away my sins, and you
provided righteousness to cover all my unworthiness.

Holy Spirit, you loved me and came to dwell in my heart. You planted eternal life within me and
opened my eyes to the glory of Jesus.

Three Persons, one God—I bless and praise you for love I did not deserve: love beyond words, love
full of wonder, love strong enough to save the lost and raise them to glory.

Father, thank you that in overflowing grace you gave me to Jesus—to belong to him as his sheep, his
treasure, his portion.

Jesus, thank you that in overflowing grace you received me, bound yourself to me, and will not let me go.

Holy Spirit, thank you that in overflowing grace you made Jesus known to me as my salvation, planted faith in me, subdued my stubborn heart, and united me to Christ forever.

Father, you reign and you hear my prayers.

Jesus, your hand is stretched out to receive my requests.

Holy Spirit, you are willing to help my weakness—show me what I truly need, give me words when I have none, pray within me, and strengthen me so I don't lose heart in prayer.

O Triune God who rules the universe: you have commanded me to ask for what concerns your kingdom and my soul. Teach me to live and pray as one baptized into the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

Read: Ephesians 1:3–14.

3 Prayer Prompts for Today:

1. "Praise each Person for salvation."
In your own words, thank the Father for planning your salvation, the Son for accomplishing it at the cross, and the Spirit for applying it to your heart.
2. "Bring your needs to the Father, through the Son, by the Spirit."
Ask the Father for what your soul and God's kingdom need today. Pray confidently because Jesus receives your petitions, and ask the Spirit to help you pray with clarity and endurance.
3. "Pray to live your baptism."
Ask God to make your life match the Name you bear: deeper love for the Father, deeper trust in the Son's righteousness, and deeper dependence on the Spirit's power—at home, at work, and in your church.

Day 4

CHRIST IS ALL

O LOVER TO THE UTTERMOST,

May I read the meltings of thy heart to me in the manger of thy birth in the garden of thy agony, in the cross of thy suffering, in the tomb of thy resurrection, in the heaven of thy intercession.

Bold in this thought I defy my adversary, tread down his temptations, resist his schemings, renounce the world, am valiant for truth.

Deepen in me a sense of my holy relationship to thee, as spiritual Bridegroom, as Jehovah's Fellow, as sinners' Friend.

I think of thy glory and my vileness, thy majesty and my meanness, thy beauty and my deformity, thy purity and my filth, thy righteousness and my iniquity.

Thou hast loved me everlastingly, unchangeably, may I love thee as I am loved;

Thou hast given thyself for me, may I give myself to thee;

Thou hast died for me, may I live to thee, in every moment of my time, in every movement of my mind, in every pulse of my heart.

May I never dally with the world and its allurements, but walk by thy side, listen to thy voice, be clothed with thy graces, and adorned with thy righteousness.

Modern English:

O Jesus, Lover to the uttermost,

Let me see the tenderness of your heart toward me in the manger of your birth, in the garden where you agonized, in the cross where you suffered, in the tomb where you rose, and in heaven where you intercede for me even now.

With that confidence, make me bold against my enemy. Help me trample temptation, resist his schemes, renounce the world, and stand brave for the truth.

Deepen in me a sense of my holy union with you: my spiritual Bridegroom, God's equal and companion, and the Friend of sinners.

I consider your glory and my shame, your majesty and my smallness, your beauty and my ugliness, your purity and my uncleanness, your righteousness and my sin. Yet you have loved me with an everlasting, unchanging love—teach me to love you back as I have been loved.

You gave yourself for me—help me give myself to you.

You died for me—help me live for you:

in every moment of my time, every movement of my mind, every pulse of my heart.

Keep me from flirting with the world and its attractions. Help me walk close beside you, listen to your voice, be shaped by your grace, and be adorned with your righteousness. Amen.

Read: Romans 8:31–39.

3 Prayer Prompts for the Day

1. “Show me your love, Jesus.”
In your own words, thank Christ for his love displayed in his life, death, resurrection, and present intercession. Ask him to make that love feel real and steady to you today.
2. “Make me bold against temptation.”
Name the temptations and schemes you’ve been facing. Ask Jesus for courage to resist, to renounce what pulls you from him, and to stand for truth with integrity.
3. “Help me live for you—not the world.”
Pray specifically: “Take my time, my mind, and my heart.” Ask for a deeper closeness with Jesus, a stronger hatred of sin, and a life clothed in his grace and righteousness.

Day 5

CHRIST ALONE

O GOD,

Thy main plan, and the end of thy will is to make Christ glorious and beloved in heaven where he is now ascended, where one day all the elect will behold his glory and love and glorify him for ever.

Though here I love him but little, may this be my portion at last.

In this world thou hast given me a beginning, one day it will be perfected in the realm above.

Thou hast helped me to see and know Christ, though obscurely, to take him, receive him, to possess him, love him, to bless him in my heart, mouth, life.

Let me study and stand for discipline, and all the ways of worship, out of love for Christ; and to show my thankfulness; to seek and know his will from love, to hold it in love, and daily to care for and keep this state of heart.

Thou hast led me to place all my nature and happiness in oneness with Christ, in having heart and mind centred only on him, in being like him in communicating good to others;

This is my heaven on earth,

But I need the force, energy, impulses of thy Spirit to carry me on the way to my Jerusalem.

Here, it is my duty to be as Christ in this world, to do what he would do, to live as he would live, to walk in love and meekness; then would he be known, then would I have peace in death.

Modern English:

O God,

Your great purpose—at the center of your will—is to make Christ glorious and beloved in heaven, where he has ascended. One day all your redeemed people will behold his glory and love him and praise him forever. Even though I love him so little now, let that be my portion at last.

In this life you've begun a work in me; one day you will perfect it in the world to come.

You have helped me to see Christ and know him—though dimly—to take him, receive him, and belong to him; to love him and bless him with my heart, my words, and my life.

Let my commitment to doctrine, discipline, and the worship of the church flow from love for Christ—not pride or habit. Teach me to seek your will because I love him, to hold to it in love, and to guard this heart-posture day by day.

You have led me to place my whole life and happiness in union with Christ—my heart and mind centered on him—becoming like him by doing good to others. This is my “heaven on earth.”

But I need the power, energy, and steady impulses of your Spirit to carry me forward until I reach my true home.

So make it my daily calling to be like Christ in this world: to do what he would do, to live as he would live, to walk in love and meekness. Then Christ will be seen more clearly, and I will have peace when I face death. Amen.

Read: Colossians 1:15–23.

3 Prayer Prompts for the Day:

1. “Make Christ more precious to me.”
Tell God honestly where your love for Jesus feels small or cold. Ask him to grow your affection until Christ becomes your joy now and your portion forever.
2. “Shape my church life out of love, not performance.”
Pray about your relationship to doctrine, worship, and obedience. Ask for motives that are grateful and Christ-centered—seeking God’s will because you love Jesus.
3. “Make me like Christ today, by your Spirit.”
Name one relationship or situation where you need Christlike love and meekness. Ask the Spirit for strength to do what Jesus would do—so Christ is seen through you, and your conscience is settled in him.

Day 6

JESUS MY GLORY

O LORD GOD,

Thou hast commanded me to believe in Jesus; and I would flee to no other refuge, wash in no other fountain, build on no other foundation, receive from no other fullness, rest in no other relief. His water and blood were not severed in their flow at the cross, may they never be separated in my creed and experiences;

May I be equally convinced of the guilt and pollution of sin, feel my need of a prince and saviour, implore of him repentance as well as forgiveness, love holiness, and be pure in heart, have the mind of Jesus, and tread in his steps.

Let me not be at my own disposal, but rejoice that I am under the care of one who is too wise to err, too kind to injure, too tender to crush.

May I scandalize none by my temper and conduct, but recommend and endear Christ to all around, bestow good on every one as circumstances permit, and decline no opportunity of usefulness. Grant that I may value my substance, not as the medium of pride and luxury, but as the means of my support and stewardship.

Help me to guide my affections with discretion, to owe no man anything, to be able to give to him that needeth, to feel it my duty and pleasure to be merciful and forgiving, to show to the world the likeness of Jesus.

Modern English:

O Lord God,

You have commanded me to believe in Jesus, and I don't want to run to any other refuge—wash in any other fountain—build on any other foundation—draw from any other fullness—or rest in any other relief.

At the cross, his water and blood flowed together; don't let them ever be separated in what I believe or in how I live. Make me equally convinced of both the guilt of sin and the stain of sin. Help me feel my need of a Prince and Savior. Teach me to ask him not only for forgiveness, but also for repentance. Make me love holiness. Give me purity of heart, the mind of Christ, and feet that walk in his steps.

Let me not live as though I belong to myself. Help me rejoice that I am cared for by One who is too wise to be mistaken, too kind to harm, and too tender to crush.

Keep me from bringing shame on Christ by my attitude or my behavior. Instead, make my life commend him to those around me. Help me do good to everyone as I'm able, and never pass up an opportunity to be useful.

Teach me to value what I own—not as fuel for pride or comfort, but as provision you’ve given and a stewardship you will call me to account for.

Help me govern my desires wisely, live free of needless debt, be able to give to those in need, and treat mercy and forgiveness as both my duty and my joy—so the world can see the likeness of Jesus in me. Amen.

Read: Titus 2:11–14.

3 Prayer Prompts for Today:

1. “Jesus only—no other refuge.”
Tell the Lord where you’re tempted to look for relief besides Christ (control, comfort, approval, entertainment, spending, anger). Ask him to pull your heart back to Jesus as your only rest.
2. “Forgive me—and change me.”
Confess both the guilt and the stain of specific sins. Ask Jesus for forgiveness and for repentance—new desires, new habits, a purer heart, and the mind of Christ.
3. “Make my life recommend Christ.”
Pray about your tone, temper, and conduct today. Ask God to make you useful: to do tangible good, to steward money humbly, to show mercy and forgiveness quickly—so others see Jesus in you.

Day 7

THE GOSPEL WAY

BLESSED LORD JESUS,

No human mind could conceive or invent the gospel.

Acting in eternal grace, thou art both its messenger and its message, lived out on earth through infinite compassion, applying thy life to insult, injury, death, that I might be redeemed, ransomed, freed.

Blessed be thou, O Father, for contriving this way,

Eternal thanks to thee, O Lamb of God, for opening this way,

Praise everlasting to thee, O Holy Spirit, for applying this way to my heart.

Glorious Trinity, impress the gospel on my soul, until its virtue diffuses every faculty;

Let it be heard, acknowledged, professed, felt.

Teach me to secure this mighty blessing;

Help me to give up every darling lust, to submit heart and life to its command, to have it in my will, controlling my affections, moulding my understanding; to adhere strictly to the rules of true religion, not departing from them in any instance, nor for any advantage in order to escape evil, inconvenience or danger.

Take me to the cross to seek glory from its infamy;

Strip me of every pleasing pretence of righteousness by my own doings.

O gracious Redeemer, I have neglected thee too long, often crucified thee, crucified thee afresh by my impenitence, put thee to open shame.

I thank thee for the patience that has borne with me so long, and for the grace that now makes me willing to be thine.

O unite me to thyself with inseparable bonds, that nothing may ever draw me back from thee, my Lord, my Saviour.

Modern English:

Blessed Lord Jesus,

No human mind could ever have imagined or invented the gospel. In eternal grace, you are both its messenger and its message. You lived it out on earth with infinite compassion—enduring insult, injury, suffering, and death—so that I could be redeemed, ransomed, and set free.

Blessed be the Father for planning this way.

Eternal thanks to the Lamb of God for opening this way.

Everlasting praise to the Holy Spirit for applying this way to my heart.

Glorious Trinity, press the gospel into my soul until its power reaches every part of me. Let it be heard, welcomed, confessed, and truly felt.

Teach me to hold fast to this great blessing. Help me surrender every cherished sin. Bring my heart and life under the gospel's rule—so it shapes my will, governs my desires, and renews my mind. Keep me faithful to the path of true religion, not bending it for comfort, convenience, advantage, or to escape hardship and danger.

Take me to the cross so I learn to seek true glory in what the world calls shame. Strip away every pleasant illusion that I can make myself right by my own efforts.

O gracious Redeemer, I have ignored you far too long. I have treated your cross lightly and, by my stubbornness, have acted as if I could crucify you again holding you up to shame.

Thank you for the patience that has carried me this far, and for the grace that now makes me willing to be yours. Bind me to yourself with unbreakable bonds, so nothing ever draws me back from you—my Lord and my Savior. Amen.

Read: 1 Corinthians 1:18–31.

3 Prayer Prompts for Today:

1. “Help me marvel at the gospel again.”
Thank the Father, Son, and Spirit for the gospel—planned, accomplished, and applied. Ask God to press it deeper into you until it shapes your thoughts, emotions, and choices today.
2. “Show me my ‘darling sins’—and help me surrender them.”
Name the sins you protect, excuse, or keep returning to. Ask Jesus for a willing heart to repent, and for real change that brings your life under the gospel's rule.
3. “Take me back to the cross—strip away self-righteousness.”
Confess where you've tried to feel “okay” through your own performance. Ask Christ to humble you, to make you glad to be saved by grace alone, and to bind you to himself so nothing pulls you away.

Day 8

THE AWAKENED SINNER

O MY FORGETFUL SOUL,

Awake from thy wandering dream; turn from chasing vanities, look inward, forward, upward, view thyself, reflect upon thyself, who and what thou art, why here, what thou must soon be.

Thou art a creature of God, formed and furnished by him, lodged in a body like a shepherd in his tent; Dost thou not desire to know God's ways?

O GOD,

Thou injured, neglected, provoked Benefactor when I think upon thy greatness and thy goodness I am ashamed at my insensibility, I blush to lift up my face, for I have foolishly erred.

Shall I go on neglecting thee, when every one of thy rational creatures should love thee, and take every care to please thee?

I confess that thou hast not been in all my thoughts, that the knowledge of thyself as the end of my being has been strangely overlooked, that I have never seriously considered my heart-need.

But although my mind is perplexed and divided, my nature perverse, yet my secret dispositions still desire thee.

Let me not delay to come to thee;

Break the fatal enchantment that binds my evil affections, and bring me to a happy mind that rests in thee, for thou hast made me and canst not forget me.

Let thy Spirit teach me the vital lessons of Christ, for I am slow to learn;

And hear thou my broken cries.

Modern English:

O my forgetful soul,

Wake up from your drifting, distracted dream. Stop chasing empty things. Look inward, forward, and upward. Face who you are—why you're here—and what you will soon become.

You are God's creature—made and sustained by him—living in a body like a shepherd in a tent.

Don't you want to know God's ways?

O God,

You are the Benefactor I've injured, neglected, and provoked. When I consider your greatness and your goodness, I'm ashamed of how numb I've been. I can hardly lift my face, because I've wandered so foolishly.

Will I keep neglecting you—when every rational creature should love you and take care to please you?

I confess: you haven't been in my thoughts. I've overlooked that knowing you is the purpose of my existence. I haven't seriously faced what my heart truly needs.

And yet, even though my mind is scattered and confused, and my nature fights you, deep down I still want you.

So don't let me delay. Break the spell that binds my sinful desires. Bring me to a settled heart that rests in you—because you made me, and you will not forget me.

Holy Spirit, teach me the life-giving truths of Christ—I'm slow to learn. And hear my weak, broken cries. Amen.

Read: Psalm 139:1–18.

3 Prayer Prompts for Today:

1. "Wake me up."
Tell God where you've been drifting—what "vanities" have been occupying your attention. Ask him to make you alert to reality: who you are, why you're here, and what matters most.
2. "Forgive my forgetfulness."
Confess specifically how God has not been "in all your thoughts." Ask for a renewed fear of the Lord and a fresh desire to please him—not out of guilt alone, but because he is good.
3. "Break the spell and bring me home."
Name the sinful desire or pattern that feels like an enchantment. Ask the Spirit to loosen its grip, teach you Christ, and give you a steady heart that rests in God.

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Day 9

THE SAVIOUR

THOU GOD OF ALL GRACE,

Thou hast given me a Saviour, produce in me a faith to live by him, to make him all my desire, all my hope, all my glory.

May I enter him as my refuge, build on him as my foundation, walk in him as my way, follow him as my guide, conform to him as my example, receive his instructions as my prophet, rely on his intercession as my high priest, obey him as my king.

May I never be ashamed of him or his words, but joyfully bear his reproach, never displease him by unholy or imprudent conduct, never count it a glory if I take it patiently when buffeted for a fault, never make the multitude my model, never delay when thy Word invites me to advance.

May thy dear Son preserve me from this present evil world, so that its smiles never allure, nor its frowns terrify, nor its vices defile, nor its errors delude me.

May I feel that I am a stranger and a pilgrim on earth, declaring plainly that I seek a country, my title to it becoming daily more clear, my meetness for it more perfect, my foretastes of it more abundant; and whatsoever I do may it be done in the Saviour's name.

Modern English:

God of all grace,

You have given me a Savior. Produce in me a living faith—so I would live by him and make him my deepest desire, my sure hope, and my greatest joy.

Let me come to Christ as my refuge, build on him as my foundation, walk with him as my way, follow him as my guide, and become like him as my example. Teach me to receive his words as my Prophet, depend on his intercession as my High Priest, and obey him as my King.

Keep me from being ashamed of Jesus or his words. Help me gladly bear reproach for him. Guard me from unholy or foolish conduct that would dishonor him. Don't let me think I'm blessed if I "suffer" for my own sin. Don't let the crowd set my standard. And when your Word calls me forward, keep me from delaying.

Let your dear Son preserve me from this present evil world—so its smiles don't lure me, its frowns don't scare me, its vices don't stain me, and its errors don't deceive me.

Make me feel that I am a stranger and pilgrim here—seeking a better country. Let my title to it grow clearer, my readiness for it grow deeper, and my foretaste of it grow sweeter. And whatever I do, let me do it in the Savior's name. Amen.

Read: Hebrews 12:1–3

3 Prayer Prompts for Today:

1. “Make Jesus my everything.”
Ask God for a living faith that makes Christ your refuge, hope, and joy. Tell him where your desires have been scattered, and ask him to re-center your heart on Jesus.
2. “Help me follow Jesus today.”
Pray through the roles named in the prayer: Jesus as your Guide, Example, Prophet, High Priest, and King. Ask for specific obedience you need to take right now—and for courage not to delay.
3. “Keep me from the world’s pull.”
Name what most tempts you: the world’s smiles (approval/comfort), frowns (fear/shame), vices (sin), or errors (false ideas). Ask Christ to keep you clean, steady, and pilgrim-minded—doing everything in his name.

Day 10

REGENERATION

O GOD OF THE HIGHEST HEAVEN, Occupy the throne of my heart, take full possession and reign supreme, lay low every rebel lust, let no vile passion resist thy holy war; manifest thy mighty power, and make me thine for ever.

Thou art worthy to be praised with my every breath, loved with my every faculty of soul, served with my every act of life.

Thou hast loved me, espoused me, received me, purchased, washed, favoured, clothed, adorned me, when I was worthless, vile, soiled, polluted.

I was dead in iniquities, having no eyes to see thee, no ears to hear thee, no taste to relish thy joys, no intelligence to know thee;

But thy Spirit has quickened me, has brought me into a new world as a new creature, has given me spiritual perception, has opened to me thy Word as light, guide, solace, joy.

Thy presence is to me a treasure of unending peace;
No provocation can part me from thy sympathy, for thou hast drawn me with cords of love, and dost forgive me daily, hourly.

O help me then to walk worthy of thy love, of my hopes, and my vocation.
Keep me, for I cannot keep myself;
Protect me that no evil befall me;
Let me lay aside every sin admired of many;
Help me to walk by thy side, lean on thy arm, hold converse with thee,
That henceforth I may be salt of the earth and a blessing to all.

Modern English:

O God of the highest heaven,
Take the throne of my heart. Take full possession and reign without rival. Crush every rebellious desire. Let no sinful passion resist your holy rule. Show your mighty power, and make me yours forever.

You are worthy to be praised with every breath, loved with every part of my soul, and served with every act of my life.

You loved me—you welcomed me, purchased me, washed me, favored me, clothed and adorned me—when I was worthless, filthy, and polluted.

I was dead in sin: no eyes to see you, no ears to hear you, no taste for your joy, no understanding to know you. But your Spirit made me alive. You brought me into a new world as a new creation. You gave me spiritual sight. You opened your Word to me as light, guidance, comfort, and joy.

Your presence is my treasure and my deep peace. No provocation can make you withdraw your compassion, because you drew me with cords of love—and you forgive me daily, even hourly.

So help me walk in a way that fits your love, fits my hope, and fits the calling you've given me.

Keep me, because I cannot keep myself. Protect me so that evil doesn't overtake me. Help me lay aside every sin that the world admires. Teach me to walk close to you, lean on your strength, and live in fellowship with you—so that from now on I would be salt in the earth and a blessing to many. Amen.

Read: Ezekiel 36:25–28

3 Prayer Prompts for Today:

1. “Reign in me.”
Ask God to take the throne of your heart today. Name the “rebel desires” that compete for rule, and ask him to crush what is sinful and strengthen what is holy.
2. “Thank you for making me alive.”
Thank God for the mercy that found you when you were dead in sin. Praise him for the Spirit's work and for the Word becoming light and comfort to you.
3. “Keep me close—and make me useful.”
Tell the Lord where you feel weak and unable to keep yourself. Ask for protection, for power to lay aside admired sins, and for a life that becomes “salt and blessing” to those around you.

Day 11

SELF-DEPRECATATION

O LORD,

My every sense, member, faculty, affection, is a snare to me,
I can scarce open my eyes but I envy those above me, or despise those below.
I covet honour and riches of the mighty, and am proud and unmerciful to the rags of others;
If I behold beauty it is a bait to lust, or see deformity, it stirs up loathing and disdain;
How soon do slanders, vain jests, and wanton speeches creep into my heart!
Am I comely? what fuel for pride!
Am I deformed? what an occasion for repining!
Am I gifted? I lust after applause!
Am I unlearned? how I despise what I have not! Am I in authority? how prone to abuse my trust,
make will my law, exclude others' enjoyments, serve my own interests and policy!
Am I inferior? how much I grudge others' pre-eminence!
Am I rich? how exalted I become!
Thou knowest that all these are snares by my corruptions, and that my greatest snare is myself.
I bewail that my apprehensions are dull, my thoughts mean, my affections stupid, my expressions
low, my life unbecoming;
Yet what canst thou expect of dust but levity, of corruption but defilement?
Keep me ever mindful of my natural state, but let me not forget my heavenly title, or the grace that
can deal with every sin.

Modern English:

O Lord,

Every part of me—my senses, my body, my mind, my emotions—can become a trap. I can hardly
open my eyes without envying those above me or despising those below me.

I crave the honor and wealth of the powerful, and I become proud and unmerciful toward those
who have little. If I see beauty, it becomes bait for lust; if I see what's unattractive, it stirs disgust and
contempt. How quickly slander, empty joking, and reckless words slip into my heart.

If I feel attractive, pride flares up. If I feel unimpressive, I complain. If I'm gifted, I crave applause.
If I'm not, I resent what I lack and look down on what I don't understand.

If I'm in authority, how easily I misuse it—turning my will into law, guarding my own interests,
limiting others' good. If I'm under authority, how easily I envy those with influence. If I have money,
how quickly I become self-important.

You know, Lord, these are traps springing from my corruption—and that my greatest trap is myself.

I grieve that my spiritual awareness is dull, my thoughts are small, my affections are cold, my words
are weak, and my life often doesn't fit my calling. Yet what can you expect from dust but restlessness,
from corruption but uncleanness?

Keep me mindful of what I am by nature—but don't let me forget who I am by grace: my heavenly inheritance, and your power to deal with every sin. Amen.

Read: James 4:1–10.

3 Prayer Prompts for Today:

1. “Expose my snares.”
Ask God to show you where envy, pride, contempt, lust, or craving approval has been trapping you lately. Name the specific “trigger” moments (what you see, hear, scroll, or compare).
2. “Humble me and clean me.”
Confess the heart behind the sins—not just the behaviors. Ask the Lord to replace pride with humility, lust with purity, and contempt with mercy.
3. “Remind me who I am by grace.”
Thank God that your identity isn't “dust and corruption” anymore in Christ. Ask for fresh confidence in his forgiveness and real power to change—so your life matches your heavenly title.

Day 12

THE DEEPS

LORD JESUS,

Give me a deeper repentance, a horror of sin, a dread of its approach;

Help me chastely to flee it, and jealously to resolve that my heart shall be thine alone.

Give me a deeper trust, that I may lose myself to find myself in thee, the ground of my rest, the spring of my being.

Give me a deeper knowledge of thyself as Saviour, Master, Lord, and King.

Give me deeper power in private prayer, more sweetness in thy Word, more steadfast grip on its truth.

Give me deeper holiness in speech, thought, action, and let me not seek moral virtue apart from thee.

Plough deep in me, great Lord, heavenly Husbandman, that my being may be a tilled field, the roots of grace spreading far and wide, until thou alone art seen in me, thy beauty golden like summer harvest, thy fruitfulness as autumn plenty.

I have no Master but thee, no law but thy will, no delight but thyself, no wealth but that thou givest, no good but that thou blessest, no peace but that thou bestowest.

I am nothing but that thou makest me, I have nothing but that I receive from thee, I can be nothing but that grace adorns me.

Quarry me deep, dear Lord, and then fill me to overflowing with living water.

Modern English:

Lord Jesus,

Give me a deeper repentance—a real hatred of sin and a holy fear of how close it can come. Help me run from it with purity and resolve, guarding my heart so it belongs to you alone.

Give me a deeper trust, so that I lose myself to find myself in you—the ground of my rest and the source of my life.

Give me a deeper knowledge of you as Savior, Master, Lord, and King.

Give me greater power in private prayer, more sweetness in your Word, and a steadier grip on its truth.

Give me deeper holiness in my speech, my thoughts, and my actions—and keep me from trying to pursue “virtue” apart from you.

Plow deep in me, great Lord—heavenly Gardener—so my life becomes good soil, the roots of grace spreading far and wide, until you are what people see most in me: your beauty bright like a summer harvest, your fruitfulness rich like autumn plenty.

I have no master but you, no law but your will, no delight but you. I have no wealth except what you give, no good except what you bless, no peace except what you provide.

I am nothing apart from what you make me. I have nothing except what I receive from you. I can become nothing except what your grace forms and adorns.

Dig deep into me, dear Lord—and then fill me to overflowing with living water. Amen.

Read: John 15:1–11.

3 Prayer Prompts for Today:

1. “Deepen my repentance.”
Ask Jesus to show you where sin has been creeping close—habits, thoughts, desires, compromises. Pray for a real dread of sin and a quick, clean escape from it.
2. “Deepen my communion with you.”
Tell Jesus you want more: more trust, more prayer, more hunger for Scripture, more steady grip on truth. Ask him to become your rest and your daily center.
3. “Plow my heart and bear fruit.”
Ask the Lord to “dig deep” and deal with the roots—pride, self-reliance, fear of man, secret sin. Then ask him to fill you with living water and make your life visibly fruitful in speech, thought, and action.

Day 13

CONTINUAL REPENTANCE

O GOD OF GRACE,

Thou hast imputed my sin to my substitute, and hast imputed his righteousness to my soul, clothing me with a bridegroom's robe, decking me with jewels of holiness.

But in my Christian walk I am still in rags; my best prayers are stained with sin; my penitential tears are so much impurity; my confessions of wrong are so many aggravations of sin; my receiving the Spirit is tainted with selfishness.

I need to repent of my repentance;

I need my tears to be washed;

I have no robe to bring to cover my sins, no loom to weave my own righteousness;

I am always standing clothed in filthy garments, and by grace am always receiving change of raiment, for thou dost always justify the ungodly;

I am always going into the far country, and always returning home as a prodigal, always saying, Father, forgive me, and thou art always bringing forth the best robe.

Every morning let me wear it, every evening return in it, go out to the day's work in it, be married in it, be wound in death in it, stand before the great white throne in it, enter heaven in it shining as the sun.

Grant me never to lose sight of the exceeding sinfulness of sin, the exceeding righteousness of salvation, the exceeding glory of Christ, the exceeding beauty of holiness, the exceeding wonder of grace.

Modern English:

O God of grace,

You have counted my sin to my Substitute, and you have counted his righteousness to me—clothing my soul like a bride in a groom's robe, adorning me with the jewels of holiness.

And yet in my daily walk I still feel like I'm in rags. My best prayers are stained with sin. Even my tears of repentance are mixed with impurity. My confessions often expose more sin than they cure. Even my dependence on the Spirit is tainted with selfishness.

I need to repent of my repentance.

I need my tears washed.

I have no robe of my own to cover my sin—no loom to weave my own righteousness.

I'm always standing in filthy garments, and yet by grace I'm always receiving clean clothes—because you keep justifying the ungodly. I'm always wandering into the far country, and always coming home like the prodigal—always saying, "Father, forgive me," and you are always bringing out the best robe.

So let me live in that robe:
every morning—wear it;
every evening—return in it;
go into my workday in it;
celebrate my joys in it;
face my suffering in it;
die wrapped in it;
stand before your throne in it;
enter heaven in it, shining in Christ.

And grant that I would never lose sight of:
the deep sinfulness of sin,
the perfect righteousness of salvation,
the surpassing glory of Christ,
the beauty of holiness,
and the wonder of grace. Amen.

Read: Zechariah 3:1–10.

3 Prayer Prompts for Today:

1. “Clothe me again in Christ.”
Confess how even your “best” has been mixed with sin—prayers, motives, repentance. Then thank God that Jesus is your righteousness, and ask for a fresh sense of being covered and accepted in him.
2. “Bring me home like the prodigal.”
Name where you’ve wandered—habits, attitudes, hidden sins, coldness. Pray: “Father, forgive me.” Ask him to restore you, not with shame, but with the “best robe” of grace.
3. “Keep these wonders in front of me.”
Ask God to deepen your view of (a) the seriousness of sin, (b) the sufficiency of Christ’s righteousness, and (c) the beauty of holiness—so grace doesn’t become small to you today.

Day 14

SINS

MERCIFUL LORD,

Pardon all my sins of this day, week, year, all the sins of my life, sins of early, middle, and advanced years, of omission and commission, of morose, peevish and angry tempers,
of lip, life and walk, of hard-heartedness, unbelief, presumption, pride, of unfaithfulness to the souls of men, of want of bold decision in the cause of Christ, of deficiency in outspoken zeal for his glory, of bringing dishonour upon thy great name, of deception, injustice, untruthfulness in my dealings with others,
of impurity in thought, word and deed, of covetousness, which is idolatry,
of substance unduly hoarded, improvidently squandered, not consecrated to the glory of thee, the great Giver;

sins in private and in the family, in study and recreation, in the busy haunts of men, in the study of thy Word and in the neglect of it, in prayer irreverently offered and coldly withheld, in time misspent, in yielding to Satan's wiles, in opening my heart to his temptations, in being unwatchful when I know him nigh, in quenching the Holy Spirit; sins against light and knowledge, against conscience and the restraints of thy Spirit, against the law of eternal love.

Pardon all my sins, known and unknown, felt and unfelt, confessed and not confessed, remembered or forgotten. Good Lord, hear; and hearing, forgive.

Modern English:

Merciful Lord,

Forgive all my sins—of today, this week, this year, and my whole life. Forgive the sins of my younger years, my middle years, and my later years—sins of what I've done and what I've left undone. Forgive my harsh moods, my irritability, my angry spirit.

Forgive the sins of my lips, my life, and my daily conduct: my hard heart, unbelief, presumption, pride. Forgive my lack of faithfulness to the souls of others—my hesitation to stand clearly for Christ, my lack of courage, my weak zeal for your glory. Forgive the ways I've dishonored your name.

Forgive my deception, injustice, and dishonesty in how I've dealt with others. Forgive impurity in my thoughts, my words, and my actions. Forgive my covetousness—my idolatry.

Forgive the ways I've handled what you've given: what I've hoarded selfishly, what I've wasted carelessly, what I've failed to consecrate to your glory—the glory of you, the great Giver.

Forgive my sins in private and in my family, in work and in rest, in public and in secret. Forgive my sins in reading your Word and in neglecting it; in prayers offered without reverence and prayers withheld with coldness. Forgive my wasted time, my yielding to Satan's schemes, my welcoming temptation, my carelessness when I knew danger was near, my grieving and quenching of the Holy Spirit.

Forgive my sins against the light I've been given—against my conscience—against the gentle restraints of your Spirit—against the law of eternal love.

Forgive all my sins: known and unknown, felt and unfelt, confessed and unconfessed, remembered and forgotten.

Good Lord, hear me—and in hearing, forgive me. Amen.

Read: Psalm 51:1–17.

3 Prayer Prompts for Today:

1. “Search me and name it.”
Ask God to bring to mind the main sins of your day/week—especially attitudes (anger, pride, coldness), words, and omissions. Don't generalize—confess specifics.
2. “Cleanse me and restore me.”
Tell the Lord where you feel most dirty or numb. Ask for forgiveness and cleansing—renewed desire, softened heart, and restored joy in salvation.
3. “Reset my stewardship and my witness.”
Pray about money, time, and influence. Confess hoarding, wasting, or misusing gifts. Ask for fresh boldness for Christ, real love for people, and a life that honors God publicly and privately.

Day 15

CHRISTIAN LOVE

O LOVER OF THE LOVELESS,

It is thy will that I should love thee with heart, soul, mind, strength, and my neighbour as myself.

But I am not sufficient for these things.

There is by nature no pure love in my soul;

Every affection in me is turned from thee;

I am bound, as slave to lust,

I cannot love thee, lovely as thou art, until thou dost set me free.

By grace I am thy freeman and would serve thee, for I believe thou art my God in Jesus, and that through him I am redeemed, and my sins are forgiven.

With this freedom I would always obey thee, but I cannot walk in liberty, any more than I could first attain it, of myself.

May thy Spirit draw me nearer to thee and thy ways.

Thou art the end of all means, for if they lead me not to thee, I go away empty.

Order all my ways by thy holy Word and make thy commandments the joy of my heart, that by them I may have happy converse with thee.

May I grow in thy love and manifest it to mankind.

Spirit of love, make me like the loving Jesus; give me his benevolent temper, his beneficent actions, that I may shine before men to thy glory.

The more thou doest in love in me and by me, humble me the more; keep me meek, lowly, and always ready to give thee honour.

Modern English:

O Lover of the loveless,

It is your will that I love you with all my heart, soul, mind, and strength—and that I love my neighbor as myself. But I'm not sufficient for this.

By nature there is no pure love in me. My affections turn away from you. I'm bound like a slave to sinful desires. I can't love you—even though you are altogether lovely—unless you set me free.

By grace you have made me your freedman, and I want to serve you. I believe you are my God in Jesus: through him I am redeemed and my sins are forgiven.

And yet, even with this freedom, I can't walk in liberty by my own strength—any more than I could have gained it in the first place. So draw me nearer by your Spirit, closer to you and to your ways.

You are the goal of every means of grace—because if they don't lead me to you, I walk away empty. Order my life by your holy Word. Make your commandments the joy of my heart, so that through them I enjoy real fellowship with you.

Help me grow in your love—and show it to people. Spirit of love, make me like the loving Jesus. Give me his generous heart and his practical mercy, so I would shine before others for your glory.

And the more you produce love in me and through me, humble me all the more. Keep me meek, lowly, and always ready to give you honor. Amen.

Read: 1 John 4:7–21.

3 Prayer Prompts for Today:

1. “Free my heart to love God.”
Tell the Lord where your affections are turned away—what you love more than him. Ask the Spirit to loosen sin’s grip and make God’s commands your joy.
2. “Make me like Jesus in love today.”
Pray about the people you’ll actually be around (family, coworkers, church members, difficult people). Ask for Jesus’ posture—patient, generous, humble—and for one concrete act of love you can do.
3. “Use the means to lead me to You.”
Ask God to make Scripture, prayer, and worship lead to real communion with him—not just religious activity. Pray: “Don’t let me leave your Word empty; draw me into fellowship with you.”

Day 16

VICTORY

O DIVINE REDEEMER,

Great was thy goodness in undertaking my redemption, in consenting to be made sin for me, in conquering all my foes;

Great was thy strength in enduring the extremities of divine wrath, in taking away the load of my iniquities;

Great was thy love in manifesting thyself alive, in showing thy sacred wounds, that every fear might vanish, and every doubt be removed;

Great was thy mercy in ascending to heaven in being crowned and enthroned there to intercede for me, there to succour me in temptation, there to open the eternal book, there to receive me finally to thyself;

Great was thy wisdom in devising this means of salvation;

Bathe my soul in rich consolations of thy resurrection life;

Great was thy grace in commanding me to come hand in hand with thee to the Father, to be knit to him eternally, to discover in him my rest, to find in him my peace, to behold his glory, to honour him who is alone worthy; in giving me the Spirit as teacher, guide, power, that I may live repenting of sin, conquer Satan, find victory in life.

When thou art absent all sorrows are here, When thou art present all blessings are mine.

Modern English:

O Divine Redeemer,

Great was your goodness in taking up my redemption—willingly becoming sin for me and conquering all my enemies.

Great was your strength in enduring the full weight of God's wrath and carrying away the burden of my iniquities.

Great was your love in revealing yourself alive—showing your holy wounds—so that my fears would fade and my doubts would be answered.

Great was your mercy in ascending to heaven—being crowned and enthroned to intercede for me: to help me in temptation, to rule over all things, to open what is sealed, and at last to receive me to yourself.

Great was your wisdom in designing this salvation.

So bathe my soul in the deep comforts of your resurrection life.

Great was your grace in commanding me to come with you to the Father—to be united to him forever—to find in him my rest and peace, to behold his glory, and to honor the One who alone is worthy. And you have given me the Spirit as my teacher, guide, and strength—so I can live in ongoing repentance, resist Satan, and walk in victory.

When you feel absent, sorrow multiplies. When you are near, every blessing is mine. Draw near to me, Lord Jesus. Amen.

Read: Hebrews 4:14–16.

3 Prayer Prompts for Today:

1. “Praise Jesus for what he has done.”
In your own words, thank Christ for his cross and resurrection—name what he carried, what he conquered, and what his wounds mean for your fear and doubt.
2. “Ask for help where you’re tempted.”
Bring one current temptation or struggle into the open. Ask the enthroned Christ to “succor” you—give mercy, strength, and a way forward today.
3. “Pray for nearness and comfort.”
Tell the Lord where you feel sorrow, dryness, or distance. Ask him to “bathe your soul” in the comfort of his resurrection life and to lead you, by the Spirit, into repentance, peace, and steady faith.

Day 17

GOD'S CAUSE

SOVEREIGN GOD,

Thy cause, not my own, engages my heart, and I appeal to thee with greatest freedom to set up thy kingdom in every place where Satan reigns;

Glorify thyself and I shall rejoice, for to bring honour to thy name is my sole desire.

I adore thee that thou art God, and long that others should know it, feel it, and rejoice in it.

O that all men might love and praise thee, that thou mightest have all glory from the intelligent world!

Let sinners be brought to thee for thy dear name!

To the eye of reason everything respecting the conversion of others is as dark as midnight,

But thou canst accomplish great things; the cause is thine, and it is to thy glory that men should be saved.

Lord, use me as thou wilt, do with me what thou wilt; but, O, promote thy cause, let thy kingdom come, let thy blessed interest be advanced in this world!

O do thou bring in great numbers to Jesus!

let me see that glorious day, and give me to grasp for multitudes of souls;

let me be willing to die to that end; and while I live let me labour for thee to the utmost of my strength, spending time profitably in this work, both in health and in weakness.

It is thy cause and kingdom I long for, not my own.

O, answer thou my request!

Modern English:

Sovereign God,

Your cause—not my own—has captured my heart. So I come to you with boldness and ask you to establish your kingdom everywhere Satan still rules.

Glorify yourself, and I will rejoice—because honoring your name is what I want most. I worship you because you are God, and I long for others to know it, feel it, and rejoice in it too.

Oh, that all people would love you and praise you—that you would receive glory from every mind and every nation! Bring sinners to yourself for the sake of your great name.

From a human perspective, the conversion of others is as dark as midnight. But you can do great things. The cause is yours, and it is for your glory that people are saved.

Lord, use me however you please. Do with me what you will—but advance your cause. Let your kingdom come. Let the interests of Christ spread in this world.

Bring many to Jesus. Let me live to see that day. Give me a heart that reaches for multitudes—not a few. Make me willing even to die for that end. And while I live, let me labor for you with all the strength you give—spending my time well for this work, in health and in weakness.

I long for your cause and your kingdom—not my own. O Lord, answer my request. Amen.

Read: Matthew 9:35–38.

3 Prayer Prompts for Today:

1. “Let your kingdom come.”
Pray for God to break Satan’s grip in specific places—your town, your workplace, your school system, your family line, your church’s reach. Ask God to glorify his name through salvation.
2. “Bring many to Jesus.”
Name specific people who need Christ (neighbors, relatives, coworkers). Ask God to open hearts, send the Word with power, and create real repentance and faith.
3. “Use me—spend me well.”
Offer yourself to the Lord without negotiating. Pray for courage, endurance, and wise use of time. Ask God to make you fruitful in health and in weakness, for the good of souls and the honor of Christ.

Day 18

SERVICE AND EQUIPMENT

THOU GOD OF MY END,

Thou hast given me a fixed disposition to go forth and spend my life for thee;

If it be thy will let me proceed in it; if not, then revoke my intentions.

All I want in life is such circumstances as may best enable me to serve thee in the world;

To this end I leave all my concerns in thy hand, but let me not be discouraged, for this hinders my spiritual fervency;

Enable me to undertake some task for thee, for this refreshes and animates my soul, so that I could endure all hardships and labours, and willingly suffer for thy name.

But, O what a death it is to strive and labour, to be always in a hurry and yet do nothing! Alas, time flies and I am of little use.

O that I could be a flame of fire in thy service, always burning out in one continual blaze. Fit me for singular usefulness in this world.

Fit me to exult in distresses of every kind if they but promote the advancement of thy kingdom.

Fit me to quit all hopes of the world's friendship, and give me a deeper sense of my sinfulness.

Fit me to accept as just desert from thee any trial that may befall me.

Fit me to be totally resigned to the denial of pleasures I desire, and to be content to spend my time with thee.

Fit me to pray with a sense of the joy of divine communion, to find all times happy seasons to my soul, to see my own nothingness, and wonder that I am allowed to serve thee.

Fit me to enter the blessed world where no unclean thing is, and to know thee with me always.

Modern English:

O God, my true end and purpose,

You have given me a settled desire to go out and spend my life for you. If it is your will, let me move forward in it. If not, then change my plans and redirect my intentions.

All I want is a life arranged in a way that best enables me to serve you in the world. For that reason I place all my concerns in your hands. But keep me from discouragement—because discouragement smothers spiritual zeal.

Give me some clear work to do for you, because purposeful obedience refreshes my soul. Make me willing to endure hardship, to labor patiently, and even to suffer for your name.

But what a death it is to strive and hurry and still accomplish nothing. Time is flying, and I feel of little use.

Oh, that I would burn for you—like a flame that never goes out, a steady blaze in your service. Make me distinctly useful in this world.

Make me able to rejoice even in distress if it advances your kingdom. Make me willing to let go of the world's approval. Give me a deeper sense of my sin, and a humble acceptance of whatever trials you appoint.

Make me fully surrendered when you deny the pleasures I want. Teach me to be content to spend my time with you.

Teach me to pray with real joy in communion with you—so that every season becomes a “happy time” for my soul. Show me my own smallness and make me amazed that you allow me to serve you at all.

And fit me for the world to come—where nothing unclean enters—and for life with you forever. Amen.

Read: 2 Corinthians 4:7–18.

3 Prayer Prompts for Today:

1. “Direct my life for your service.”
Offer your plans to God without gripping them. Ask him to open the right doors, close the wrong ones, and arrange your circumstances so you can serve him faithfully.
2. “Make my time fruitful—not frantic.”
Confess hurry, distraction, and “busy nothing.” Ask for one concrete task of obedience today—and for spiritual fervency instead of discouragement.
3. “Fit me for hardship and communion.”
Pray for a heart that can accept trials, release the world's approval, and find joy spending time with God. Ask him to make you holy and ready for the world to come.

Day 19

A DISCIPLE'S RENEWAL

O MY SAVIOUR, Help me.

I am so slow to learn, so prone to forget, so weak to climb;

I am in the foothills when I should be on the heights;

I am pained by my graceless heart, my prayerless days, my poverty of love, my sloth in the heavenly race, my sullied conscience, my wasted hours, my unspent opportunities.

I am blind while light shines around me: take the scales from my eyes, grind to dust the evil heart of unbelief.

Make it my chiefest joy to study thee,

meditate on thee, gaze on thee, sit like Mary at thy feet, lean like John on thy breast, appeal like Peter to thy love, count like Paul all things dung.

Give me increase and progress in grace so that there may be more decision in my character, more vigour in my purposes, more elevation in my life, more fervour in my devotion, more constancy in my zeal.

As I have a position in the world, keep me from making the world my position;

May I never seek in the creature what can be found only in the Creator;

Let not faith cease from seeking thee until it vanishes into sight.

Ride forth in me, thou King of kings and Lord of lords, that I may live victoriously, and in victory attain my end.

Modern English:

O my Savior—help me.

I'm slow to learn, quick to forget, and weak when it comes to climbing upward in holiness. I'm still in the foothills when I should be on the heights.

I'm grieved by my cold heart, my prayerless days, my lack of love, my sluggishness in the race of faith, my stained conscience, my wasted hours, and my missed opportunities.

I'm blind even while light is shining all around me. Remove the scales from my eyes. Crush to dust the unbelief that lives in my heart.

Make it my greatest joy to know you: to study you, meditate on you, look steadily at you—sitting at your feet like Mary, leaning close like John, appealing to your love like Peter, and counting everything else as loss like Paul.

Give me real growth in grace—more firmness in my character, more strength in my resolve, more height to my life, more warmth in my devotion, and more steadiness in my zeal.

And as you give me a place in the world, keep me from making the world my identity. Don't let me chase in created things what can only be found in the Creator.

Don't let my faith stop seeking you until faith becomes sight.

Ride forth in me, King of kings and Lord of lords—so I would live in victory, and in victory reach the end you've set for me. Amen.

Read: Hebrews 12:1–13.

3 Prayer Prompts for Today:

1. "Help me grow up."
Tell Jesus where you feel stuck in the "foothills." Confess coldness, prayerlessness, or sluggishness, and ask for fresh desire, real progress, and renewed discipline.
2. "Open my eyes and crush my unbelief."
Name where unbelief shows up (fear, cynicism, control, despair, dullness to God). Ask the Spirit to remove the scales and make Christ feel more weighty and real than anything else.
3. "Keep the world in its place."
Pray about your identity and ambitions. Ask God to give you faithfulness in your responsibilities without making the world your center—and to keep you seeking Christ until faith becomes sight.

Day 20

A MINISTER'S PRAYER

O MY LORD,

Let not my ministry be approved only by men, or merely win the esteem and affections of people;
But do the work of grace in their hearts, call in thy elect, seal and edify the regenerate ones, and
command eternal blessings on their souls.

Save me from self-opinion and self-seeking;
Water the hearts of those who hear thy Word, that seed sown in weakness may be raised in power;
Cause me and those that hear me to behold thee here in the light of special faith, and hereafter in
the blaze of endless glory;

Make my every sermon a means of grace to myself, and help me to experience the power of thy
dying love, for thy blood is balm, thy presence bliss, thy smile heaven, thy cross the place where
truth and mercy meet.

Look upon the doubts and discouragements of my ministry and keep me from self-importance;
I beg pardon for my many sins, omissions, infirmities, as a man, as a minister;

Command thy blessing on my weak, unworthy labours, and on the message of salvation given;
Stay with thy people, and may thy presence be their portion and mine. when I preach to others let
not my words be merely elegant and masterly, my reasoning polished and refined, my performance
powerless and tasteless, but may I exalt thee and humble sinners.

O Lord of power and grace, all hearts are in thy hands, all events at thy disposal,
set the seal of thy almighty will upon my ministry.

Modernized English:

O Lord,

Don't let my ministry be "successful" only in the eyes of people or merely win their approval and
affection. Do the real work of grace in their hearts: call your chosen people to yourself, seal and
strengthen those who are born again, and pour eternal blessing on their souls.

Save me from self-importance and self-promotion. Water the hearts of those who hear your Word,
so that seed sown in weakness would rise with power.

Cause me—and those who hear me—to see you now by faith, and one day to behold you face to
face in the full light of your glory.

Make every sermon a means of grace to my own soul. Let me taste the power of your dying love:
your blood is healing, your presence is joy, your smile is heaven, and your cross is where truth and
mercy meet.

Look with mercy on the doubts and discouragements I carry in ministry and keep me from pride. I ask forgiveness for my many sins, omissions, and weaknesses—as a man and as a minister.

Bless my weak and unworthy labors and bless the message of salvation I proclaim. Stay with your people. Let your presence be their portion—and mine.

And when I preach, don't let my words be merely impressive, my logic polished, and my delivery empty. Instead, help me exalt Christ and humble sinners.

Lord of power and grace: every heart is in your hands, every outcome is under your rule. Set the seal of your almighty will on my ministry. Amen.

Read: 2 Corinthians 4:1–7.

3 Prayer Prompts for Today:

1. “Give real fruit, not just approval.”
Ask God to do heart-work through your ministry: conversion of the lost, assurance and growth in the saved, and lasting spiritual blessing—not just compliments or crowds.
2. “Kill pride in me; make me useful.”
Confess self-opinion and self-seeking. Ask for humility, integrity, and dependence on the Spirit—so “seed sown in weakness” would rise in power.
3. “Make my preaching grace to my own soul.”
Pray for a fresh experience of Christ's cross: healing, joy, and awe. Ask that your preaching would exalt Jesus, humble sinners (including you), and leave God's “seal” on the word.

Day 21

THE GOSPEL

O THOU MOST HIGH,
Creator of the ends of the earth,
Governor of the universe,
Judge of all men,
Head of the church,
Saviour of sinners; thy greatness is unsearchable, thy goodness infinite, thy compassions unfailing,
thy providence boundless, thy mercies ever new.
We bless thee for the words of salvation.
How important, suitable, encouraging are the doctrines, promises, and invitations of the gospel of peace!
We are lost: but in it thou hast presented to us a full, free and eternal salvation; weak: but here we learn that help is found in One that is mighty, poor: but in him we discover unsearchable riches, blind: but we find he has treasures of wisdom and knowledge.
We thank thee for thy unspeakable gift.
Thy Son is our only refuge, foundation, hope, confidence;
We depend upon his death, rest in his righteousness, desire to bear his image;
May his glory fill our minds, his love reign in our affections, his cross inflame us with ardour.

Let us as Christians fill our various situations in life, escape the snares to which they expose us, discharge the duties that arise from our circumstances, enjoy with moderation their advantages, improve with diligence their usefulness,
And may every place and company we are in be benefited by us.

Modern English

Most High God—
Creator of the ends of the earth,
Ruler of the universe,
Judge of all,
Head of the church,
Savior of sinners—
your greatness is beyond searching, your goodness is limitless, your compassion never fails, your providence has no boundaries, and your mercies are new every morning.

We bless you for the gospel—the word of salvation. How weighty, fitting, and encouraging are the doctrines, promises, and invitations of the gospel of peace!

We were lost—but in the gospel you set before us a full, free, and eternal salvation.
We were weak—but here we learn that help is found in One who is mighty.
We were poor—but in Christ we discover unsearchable riches.

We were blind—but in him are treasures of wisdom and knowledge.

Thank you for your indescribable gift.

Your Son is our only refuge, our foundation, our hope, our confidence. We trust in his death, rest in his righteousness, and desire to bear his likeness.

Fill our minds with his glory. Let his love rule our hearts. Let his cross ignite holy passion in us.

And as Christians, help us live faithfully wherever you place us: to escape the snares our situations bring, to do the duties you assign, to enjoy blessings with moderation, and to use every opportunity with diligence.

Make us a benefit to every place we go and every group we're with. Amen.

Read: Colossians 1:9–14.

3 Prayer Prompts for Today:

1. "Praise you for the gospel."
Thank God for salvation that is full, free, and eternal. Tell him where you feel lost, weak, poor, or blind—and praise Christ as the mighty, rich, wise Savior you need.
2. "Make Christ central in me."
Ask that Christ's glory would fill your mind, his love would rule your affections, and his cross would ignite your zeal—so you rest in his righteousness and become more like him.
3. "Make me useful where you've placed me."
Pray through your "various situations" (home, work, church, friendships). Ask God to help you avoid the snares there, fulfill your duties with faithfulness, and become a blessing to the people around you.