

**GETTING STARTED:**

- 1) Aside from food, what other things have you seen that brought people together?
- 2) What are the physical characteristics of a ghost?

**MESSAGE BIG IDEA:** The authors of the Bible wanted their readers to know that Jesus' resurrection was physical, not a ghost. And communion is our statement that we believe the it too.

**MAIN SCRIPTURE:** Acts 10: 39-41, Luke 24: 36-47, John 21: 1-14

**DISCUSSION**

- 1) When you think of "meal" stories in the Bible, which ones do you recall the most? Why?
- 2) What is the point of witnesses saying that they ate with Jesus after His resurrection? How significant is it to you?
- 3) What troubles or doubts for you get in the way of "REALLY" believing?
- 4) Why is it so important that Jesus ate with people in convincing them he was alive – physically?

**DIG DEEPER**

- 1) What is the significance that Jesus prepared a meal for His disciples?
- 2) God used Jesus eating Food as evidence of his resurrection. In the Bible, what other everyday items are used by God to prove His existence, His love or His presence.
- 3) What are some of the other banquets referenced by Jesus? (Mat 22:1-14, John 2:1-12, Luke 14:7-14, Rev 19:6-9)

**BRING IT HOME**

- 1) How does the communion meal correlate to our belief?
- 2) Why/How is the physical death and resurrection of Christ, God's son, so important for the message of God's grace for us?

**ASK FOR GOD'S HELP**

- 1) How can we pray that you might "really" believe?
- 2) How can we help you overcome your doubts or troubles?