

**GETTING STARTED:**

- 1) How are seeds different from the plants they produce?
- 2) What is your ideal appearance?

**MESSAGE BIG IDEA: I Really Believe: What Happens To My Body After I Die?****MAIN SCRIPTURE: 1 Thessalonians 4:13-18; 1 Corinthians 15:42-53; 2 Corinthians 4:14-5:5****DISCUSSION**

- 1) What does the Apostle, Paul say will happen to our bodies when they are raised based on 1 Corinthians 15:42-53?
- 2) What did Brian Henry say happens to our souls after we die but before Jesus returns? 1 Thessalonians 4:13-18
- 3) Why will believers left on earth not “precede those who have fallen asleep” when Christ returns?
- 4) How does the fact that Jesus appeared with holes in his hand and side affect your vision of what your body will be like after the resurrection?

**DIG DEEPER**

- 1) How does it comfort you to know that you will be given an “incorruptible body” and “put on immortality” as a believer in Christ?
- 2) A baby cannot fathom what happens after birth. People riding a horse and buggy 150 years ago could not fathom today's transportation. What does that say about our view of the resurrection, our glorified bodies, and heaven?
- 3) Discuss the topic, “God hates death more than you do; that’s why He killed it.”

**BRING IT HOME**

- 1) Why is it so important to believe in the resurrection? How can this encourage those who are suffering today?
- 2) Given the hope of resurrection, why do we focus on this life so much since it’s so temporary? What should we do, then?

**ASK FOR GOD’S HELP**

- 1) How can we pray that you keep your eyes fixed on the hope of resurrection promised on Scripture?
- 2) How can we pray as you encourage others with the hope that you have in Jesus?