



Don't forget to eat your vegetables.

JOHN PAUL II Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

January
2019

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7
Ravioli with Meat Sauce and a Bread Stick
OR
WG Chips, Salsa, Cheese Cubes
Roasted Broccoli
Fruit and Vegetable Bar

8
NO SCHOOL
Mini Corn Dogs
OR
Deli Sub
Side Caesar Salad
Fruit and Vegetable Bar

9
NO SCHOOL
National Soup Month
Grilled Cheese
OR
Pizza Slider
Chicken Noodle Soup
Birthday Cake
Fruit and Vegetable Bar

10
Pizza Dippers with Marinara Sauce
OR
Yogurt Pack
Mixed Roasted Vegetables
Fruit and Vegetable Bar

4
Crispy Chicken Sandwich
OR
All American Burger
French Fries
Fruit and Vegetable Bar

14
HOM Basil and Onion
Cheesy Italian Flatbread
OR
Grilled Cheese Sandwich
Tomato Soup
Fruit and Vegetable Bar

15
Pizza Parlor Pizza
OR
Yogurt Pack
Garden Salad
Fruit and Vegetable Bar

16
Meatball Sub with Kettle Chips
OR
Pretzel Pack
Mixed Vegetables
****Cookie****
Fruit and Vegetable Bar

17
Walking Taco with Lettuce, Cheese, Salsa
OR
Double Decker PBJ
Mexican Street Corn
Fruit and Vegetable Bar

18
Home-style Meatloaf
Mashed Potato & Gravy
OR
Chicken Caesar Salad
Green Beans
Breadstick
Fruit and Vegetable Bar

21
NO SCHOOL

22
Southern Food Day
Southern Chicken Biscuit
OR
Turkey BLT Salad
Firenze Corn Salad
Fruit and Vegetable Bar

23
Beef Stroganoff and a Roll
OR
Munchable
Garlic & Herb Broccoli
Rice Krispy Treat
Fruit and Vegetable Bar

24
Fish Sandwich Basket
OR
Chicken Nugget Basket
French Fries
Pickle Slice, Soft Pan Roll
Fruit and Vegetable Bar

25
Homemade Chili with a Cinnamon Roll
OR
Crispy Chicken Wrap
Seasoned Ranch Potato
Fruit and Vegetable Bar

28
French Toast Sticks
Sausage Patty
OR
Double Decker PBJ
Breakfast Potatoes
Fruit and Vegetable Bar

29
Chicken Soft Tacos
Cilantro Lime Rice
OR
Munchable
Mexican Street Corn
Fruit and Vegetable Bar

30
Lasagna Roll Up With Garlic Toast
OR
Yogurt Pack
Roasted Broccoli
Fruit and Vegetable Bar

31
Oven Roasted Chicken with a French Bread Slice
OR
Grilled Cheese Sandwich
Baked Potato Half
Homemade Brownie
Fruit and Vegetable Bar



PRICES

Regular	\$2.95
Reduced	\$0.40
Adult	\$3.55
Milk	\$0.50
Extra Entrée	\$2.50

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact
Karen Dominguez at 262-632-2785 ext.420
foodservice@sienacatholicschools.org

