



Week 2 – “Stress Is Bad”

“The rich rule over the poor, and the borrower is a slave to the lender.” Proverbs 22:7

What We Do With What God **TRUSTS** Us With, Truly Matters To God.

His master said to him, ‘Well done, good and faithful servant. You have been faithful over a little; I will set you over much. Enter into the joy of your master.’ Matthew 25:21

“When Our Heart Is Aligned To God, Spiritually, It's So Much Easier To Do Things Right In The Natural World.”

Three Prayers To Pray:

#1 “God, Give Me **SELF – CONTROL**”

“Like a city whose walls are broken down, is a person who lacks self-control”
Proverbs 25:28

When We Learn To Say **NO** For A Little While We Can Say **YES** For The Rest Of Our Lives.

“A Little Self-Control Today Will Save You A Ton Of Regret Tomorrow”

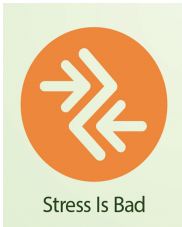
#2 “God, Give Me **UNDERSTANDING**”

“My people are destroyed, for a lack of knowledge.” Hosea 4:6

#3 “God, Give Me A **PLAN**”

“The plans of the diligent leads to profit as surely as haste leads to poverty.” Proverbs 21:5

“You Can Wander Into Debt, But You Never Wander Out Of Debt.”



Talk It Over: (Life Group Discussion Questions)

Start talking. Find a conversation starter for your group.

- Tomorrow you get \$300,000, no strings attached. What do you do with it?
- What's your worst buyer's remorse story? Just get it off your chest.

Start thinking. Ask questions to get your group thinking.

- Take a minute to write down your three greatest financial stressors. How are they holding you back?
- If money weren't an issue, how do you think your life would look different?

Start sharing. Choose questions that create openness.

- Have you ever experienced financial vulnerability? What was that like?
- Have you developed any processes or habits that help you avoid financial bondage? What works for you?
- What are a few things you can say no to?
- Do you have a plan for paying off debt? Where do you plan to start?

Start praying. Be bold, and pray with power.

Jesus, You already set us free, once and for all. Any bondage we experience stands no chance against the power of Your grace. Will You help us to break free from financial stress so that we can do more for You? Amen.

Start doing. Commit to a step and live it out this week.

- Visit www.go2.lc/debt and create your plan for getting out of debt.
- Ask your group if they're interested in going through *Financial Peace University* together. It's not too late! Contact Tim@waipunachapel.com

Additional Scriptures:

- Luke 14:28
- Romans 13:8
- Nehemiah 5:1-13
- Ecclesiastes 5:10
- Proverbs 13:11
- Hebrews 13:5

Additional Resources:

- Dave Ramsey's *Financial Wisdom from Proverbs* www.go2.lc/makingchange

Source Material:

Craig Groeschel – Life Church Open Resource <https://www.life.church>
Dave Ramsey - Financial Peace University <https://www.daveramsey.com>