

# THE VOICE

WHITE MOUNTAIN BIBLE CHURCH

JANUARY 2026

## *Resolutions.*

Most of us have made them at some point. Resolutions like: I am going to...

- lose 15 pounds before summer
- read the entire Bible in a year

- stop eating sweets
- exercise every day

- pray more
- be a better wife/mother

Is there anything inherently **WRONG** with resolutions? Other than the fact that some may be unrealistic, most of the above are **GOOD THINGS**. Healthy things. Mature things. Important things that are desirable and might make us content, and even honor God. And yet, the majority of us FAIL. Current statistics (found online at the site "Medium") tell us that 23% of people quit their resolutions in the first WEEK. Around 80% of people have failed in their resolutions by the second week of February. By the end of 2026, it is estimated that only 8-9% of people will have succeeded in keeping a New Year's Resolution. In Scripture, even the Apostle Paul said, "For I have the desire to do what is right, but not the ability to carry it out." (Romans 7:18, ESV)

Ladies of White Mountain Bible Church, let's change these statistics. Rather than making resolutions that we are likely not going to carry out, let's seek what GOD would have for our lives, and take the first step of obedience to that. Proverbs 16:9 says, "In their hearts humans plan their course, but the LORD establishes their steps." One step toward growing in the Lord is to read your Bible and spend time with the Lord each day. We have **SIX** Ladies' Bible Studies available to you to help you start 2026 out right! Join us, and enjoy the fellowship of likeminded women as we pray, study, learn, and grow together. And at the end of this year, rather than feeling defeated by our failed resolutions, we can look back at a year of growth, grace, faith, and obedience by saying like Paul, "I can do all this through him who strengthens me." (Philippians 4:13, ESV)



**Tuesdays at 9:30 a.m.**  
**Sue Gifford will be teaching**  
***"Who Jesus Is"***

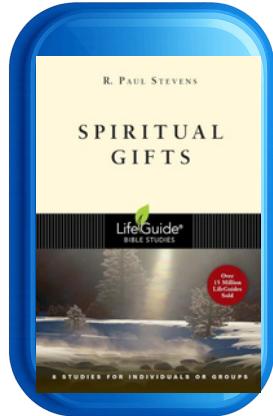


**Tuesdays at 6:00 p.m.**  
**Linette Barnes will be teaching**  
***"Parables of Jesus"***



**Wednesdays at 10:30 a.m.**

**Jan Lange and Lynne Sweet  
will be teaching  
“Spiritual Gifts”**



**Childcare will be provided for this  
Bible study!**

**Wednesdays at 6:00 p.m.**

**Carolyn Jacobs will be teaching  
“John’s Epistles and Jude”**

*\*This is an off-campus study at  
Carolyn’s home in Pinetop.*



**Thursdays at 9:00 a.m.**

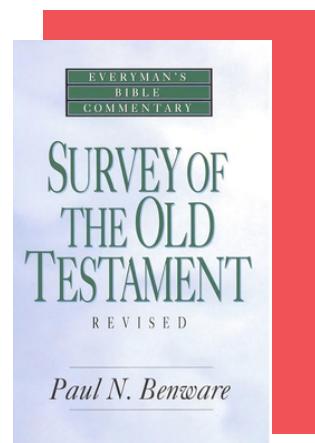
**Carolyn Jacobs will also be teaching  
“John’s Epistles and Jude”  
at WMBC**



**Thursdays from 10-noon**

**Anita Bromley will be teaching  
“Survey of the Old Testament”**

*\*This is an off-campus study at  
Anita’s home in Show Low*



We have many exciting events planned in 2026 to honor our mission statement: “White Mountain Women’s Ministry exists to glorify God and encourage women through discipleship and fellowship in Christ.” Please check our website at [www.wmbcsl.org](http://www.wmbcsl.org) for details!