



FIRST PRESBYTERIAN CHURCH

Jefferson City, Tennessee
Organized in 1867 as The Presbyterian Church at Mossy Creek

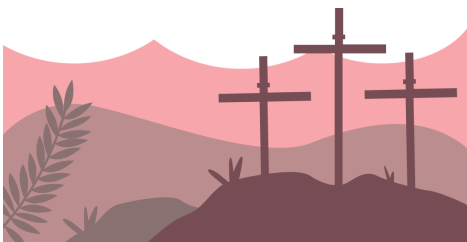
HOLY WEEK HAPPENINGS AT FIRST PRESBYTERIAN CHURCH

March 2024 Newsletter

Although we are still in the Season of Lent, Holy Week and Easter are just around the corner. With this in mind, here are a variety of ways to participate in the “Holy Week Happenings of FPC,” in order to enrich your faith journey.

A SERVICE OF PRAYER, SCRIPTURE, AND SONG FOR HOLY WEEK

First Presbyterian Church Jefferson City, TN
Sunday, March 24th at 10:45 a.m.



The beginning of Holy Week is Palm Sunday, March 24th. Again, this year, instead of a traditional Palm Sunday service, we will recognize Palm Sunday, Maundy Thursday, and Good Friday during worship. Using selected lectionary passages and related hymns, the service will recall important events of the last week of Jesus' earthly life. As part of worship, we will have Holy Communion, Tenebrae readings, and we will prepare the sanctuary for the somber event of Christ's crucifixion.

Following worship, everyone is invited downstairs to enjoy lunch with the children. In addition to hotdogs, egg salad sandwiches are on the menu. Afterward, we will have our Annual Easter Egg Hunt. This is such a fun event — you really do not want to miss it!



During Holy Week, you are invited to come and meditate on The Stations of the Cross. The Stations — also called The Way of the Cross or Way of Sorrows — depict 14 images of Jesus on the day of his crucifixion — with an additional image added in recent years of the “Empty Tomb.” Long a feature of Roman Catholic Churches, The Stations have become increasingly popular with Protestant congregations, including Presbyterian congregations.

The Stations of the Cross that will be on-site were painted by RaRa Schlitt, an artist from Maryville, Tennessee. Following worship on Palm Sunday, they will be placed throughout the Sanctuary. For this self-guided experience, a “Stations of the Cross Prayer Booklet” will be available on the table in the back hallway. You may walk The Stations on Tuesday, March 26th, from 10:30 a.m. – 2 p.m. or on Wednesday, March 27th, from 5:30 p.m. to 7:00 p.m.

I hope that you will take advantage of one or more of the offerings for Holy Week. As you make plans for your participation, consider inviting someone to join you!

May God's abundant blessings be yours as you journey toward Resurrection Sunday!

Dr. Glenda Hollingshead



If you are looking for a place to enjoy a beverage, along with honest, relaxed conversation, Pub Theology may be just the thing for you. Our next gathering is Saturday, March 9th at 1 p.m. at 1907 Brewing Company. If you don't care for beer, soft drinks and other non-alcoholic beverages are available, as well as free water. So, come along! Let's gather around tables to share different brews and different views. Everyone is welcome!



Daylight Savings Time begins on Sunday, March 10th. Don't forget to set your clocks ahead!!



Men's Breakfast is scheduled for Tuesday, March 12th at 8:00 a.m. at Perkins in Dandridge.



On Friday, March 15, at 7:00 p.m., Sit and Knit will meet. A location will be determined closer to the date. Additionally, for those who wish to participate virtually, a Zoom link will be sent on the afternoon of the event.



Our Annual Easter Egg Hunt is on Sunday, March 24th. After worship, everyone is invited downstairs to the Fellowship Hall to enjoy lunch with the children, followed by the egg hunt.

All children are invited to participate. Don't forget to bring your Easter baskets!



CHURCH OFFICE WILL BE CLOSED

The Church Office will be closed Monday, March 25 through Friday, March 29. The March 31 bulletin and the April Newsletter will be printed the week of March 18. Please give information to Heather as soon as possible.

SESSION HIGHLIGHTS (FEBRUARY 18, 2024)

- Confirmed new Committees and chairs for 2024; removed congregational care and evangelism from the committee titles.
- Decided to remove Matthew 25 designation from church communications.
- Approved Annual Church Retreat change of location for 2025 to be Holston Meadow Cabins. Will hold a fundraiser to help offset costs of retreats.
- Approved one day retreat April 27, 2024 from 10am - 1:30pm. Cost will probably be around \$15.
- Zoom Meeting to be held March 24th to examine confirmand, Will Gowan.

?? Bible Quiz ??

What does the newly risen Jesus tell his disciples – twice – when he appears in the locked room where they are hiding?

- A. "Love one another as I have loved you."
- B. "Peace be with you."
- C. "The last shall be first and the first shall be last."
- D. "I am risen!"



Answer: B (See John 20:19, 21.)

A “Save the Planet” Moment brought to you by Creation Care

Did you know that making one small change to your diet could help slow climate change? It's true! By reducing the amount of meat you consume- specifically beef- you could be making a positive impact on the planet. According to a recent study, if every person in the U.S. cut their meat consumption by 25%, it would reduce annual greenhouse gas emissions by 1%. It might not sound like a lot, but we, on your Creation Care committee, support any move in the right direction! With this in mind....

Watch for a new collection of planet-friendly recipes to be shared in our newsletter periodically. Try these at home and be ready to rate them later during a fun activity at the church!

Green Plate Delights #1

Spiced Chickpea Bowl

This recipe has been adapted by Jessica Evans from EveryPlate.com. The original recipe can be found here: <https://www.everyplate.com/recipes/spiced-chickpea-couscous-bowls-63ab176258b39f3da60839cc>

Makes: 2 hearty servings

Ingredients:

- 1 can chickpeas (garbanzo beans)
- 2-3 full length carrots
- 1 red onion
- 1 tbsp paprika
- 1 lemon or lemon juice
- 1/3 cup sour cream
- 1/4 cup feta cheese
- 1 bunch cilantro
- Olive oil
- Salt and pepper (to taste)
- Starch of choice- white rice, cous-cous, quinoa, etc.

Directions:

Step 1: Place oven rack in the center of oven and preheat oven to 425 degrees. Drain and rinse chickpeas. (For especially crispy chickpeas, dry with paper towels, and try to remove as many of the “shells” as possible. As a busy mom, I often skip this step, but if you have the time, it's worth it!). Cut carrots into slices. Dice onion. (if you are using a starch that requires a longer cooking time, such as brown rice, begin cooking that first)

Step 2: Toss chickpeas, carrots, and onion with olive oil, 1 tbsp paprika (or to taste) and salt and pepper (to taste). Place on a baking sheet. Once the oven has finished preheating, roast chickpeas and vegetables for 20-25 minutes.

Step 3: While chickpeas and vegetables roast, cook starch according to box. While your starch cooks, combine sour cream, a squeeze of lemon juice, and salt in a small bowl. Adjust ingredients until the sauce tastes good to you! Once combined, add small amounts of water to the bowl, until sauce achieves a drizzle like consistency.

Step 4. Combine roasted vegetables and your starch. Drizzle with the creamy lemon sauce and sprinkle with cheese.





In 2015, Church Street Café began serving meals in the fellowship hall to our neighbors. We, also provided some groceries for them to take home. Most of those groceries came from Midwest Food Bank. Once a month, Midwest brought a truckload of food from Atlanta, GA to Morristown. Their donations of meat, canned vegetables/fruits, and other items were very generous. Following the Covid years, we no longer had staff to serve meals in the fellowship hall. But, wanting to help our neighbors in need, we were able to provide a nutritious bag of groceries, water, and other items. The CSC budget, Midwest Food Bank, and donations from the church family made this possible. Our guests are met at curbside by dedicated volunteers from the church and JCHS students (about 10 volunteers each giveaway). In 2023, we gave out 1,195 bags of groceries and other helpful items.

Unfortunately, Midwest Food Bank is no longer coming to this area. So, to stay within our budget (with the loss of Midwest and rising food costs) we will reduce our giveaway to once a month (on the second Tuesday) in March and April. We want to be sure we can provide our families with a good, full bag of groceries. In April, we will reevaluate the budget and donations. Hopefully, we can return to twice monthly grocery giveaway.



The Spirituality of Self-Care Mini-Retreat Saturday, April 27, 2024, 10 a.m. to 1:30 p.m.

For too many people, the idea of “self-care” is “selfish.” But the teachings of Jesus say otherwise. Jesus would have us care for ourselves so that we have the energy to care for others and do good in the world—in his name.

With this in mind, during our time together, we will examine Scripture through the ancient practice of *lectio divina*. We will learn several prayer songs. We will meditate on and journal our responses to paintings provided by folk-artist and spiritual director, Rara Schlitt. Also, through a fun skit written by Libby Moser, we will ponder the importance of setting healthy boundaries and respecting the boundaries of others.

The cost of the retreat (which includes lunch) is \$15, and childcare will be provided. For now, mark your calendar for April 27th. Brochures with a registration form included will be available soon.





Rest
abide
seek

@cnappculturalcenter

An invitation from Carson Newman University's
Appalachian Cultural Center:

Mark your calendar for the spring semester's Lenten Meditations. We continue this tradition with the theme of "Rest, Abide, Seek." (Please see the schedule below.)

We welcome you to join us for the first three events at the Appalachian Cultural Center at noon, and feel free to bring a lunch with you for these events. Our last meditation will be on Good Friday, a Tenebrae service, at 6 pm in the evening at Thomas Recital Hall.

We will welcome Dr. Laurissa Backlin, Associate Professor of Music, for our first meditation on **Wednesday, February 28th** in the Appalachian Cultural Center (1603 Russell Avenue). We will open with a short message on our theme of "Rest, Abide, Seek" and follow with a time of prayer, meditation, and fellowship. Please feel free to bring a lunch with you. Some light refreshments will be provided. Everyone is welcome.

Spring 2024 Lenten Meditations

Sponsored by
Appalachian Cultural Center

APPALACHIAN CULTURAL CENTER

Feb. 28 | 12 p.m. | Laurissa Backlin

March 13 | 12 p.m. | Beau Christian

March 20 | 12 p.m. | Sandra Fowler

THOMAS RECITAL HALL

March 29 | 6 p.m. | Julie Wright

Please join us in person



MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Tiffany Out	2
3 Communion Sunday School 9:30 a.m. Worship Service 10:45 a.m.	4	5	6	7	8	9 Pub Theology 1:00 p.m.
			Tiffany Out			
10 Sunday School 9:30 a.m. Worship Service 10:45 a.m. Daylight Savings Time Begins Matt Gowan	11	12 Men's Breakfast 8:00 a.m. Church Street Café 4:30-6:00 p.m. Samuel Hollingshead	13	14	15 Sit and Knit 7:00 p.m.	16 Kinney & Glenda Hollingshead
17 Sunday School 9:30 a.m. Worship Service 10:45 a.m. Committee Meetings 12:00 p.m.	18	19 Arlene Peck	20 NEWSLETTER DEADLINE	21	22	23
24 Sunday School 9:30 a.m. HOLY WEEK Worship Service 10:45 a.m. Easter Egg Hunt and Lunch Doug & Julie Moody	25	26 Stations of the Cross 10:30-2:00 p.m.	27 Stations of the Cross 5:30-7:00 p.m.	28	29	30 Martha Sanders Tom Sites
			Heather Out			
31 Sunday School 9:30 a.m. Worship Service 10:45 a.m. Easter Sunday						

PRAYER CONCERNS

SPECIAL CONCERNS:

Neal Beck Steve and Arlene Peck Bill and JoAnne Vest Doug Moses Jama Seahorn
Members of the military & their families

ILL AND RECOVERING:

Carolyn Hearn, has been moved to LifeCare of Jefferson City (#224)
(If you wish to visit, please text Jim beforehand.)
John Zirkle, who has been diagnosed with lung cancer
Paul Sorey, Linda Noonkesser's brother, who has been diagnosed with
Acute Lymphocytic Leukemia
JoAnne Vest
Esther O'Hare
David Skeen
Frank McGhee, Beth Folsom's brother
Jane Sorey, Linda Noonkesser's sister-in-law



IN RESIDENTIAL FACILITIES:

LIFECARE JEFFERSON CITY: Elsie Sorey (# 101) MORNING POINTE: Denny Pryor

YTD ACTUAL INCOME YEAR-TO-DATE (YTD) INCOME/EXPENSES

MONTHLY INCOME
JANUARY-FEBRUARY 18, 2024 TOTAL
\$24,433.00

	ACTUAL	PRORATED	YTD BUDGET
INCOME	\$63,404.00	\$24,433.00*	\$16,796.67
EXPENSES	\$23,014		\$18,640.33

ACTUAL INCOME OVER EXPENSES: \$40,390.00

YTD PRORATED INCOME OVER EXPENSES: \$1,419.00

Some members pay their entire yearly pledges in January. This number has been adjusted to reflect what actual giving through February would be, if completed yearly pledges, were divided out monthly.

*The mission of First Presbyterian Church is to form disciples
who are invested in reflecting the love of Christ Jesus to the world.*

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To access Online Giving or for more information about First Presbyterian Church you may visit our website at www.fpcjeffcity.org or scan this QR code with your smartphone.

