

# WIC (WOMEN, INFANTS AND CHILDREN)

WIC's most important goal: prevention of nutrition related health problems. WIC helps to provide nutrition and breastfeeding education, improve pregnancy outcomes, reduce infant mortality by decreasing the incidence of low birth weight, increase breastfeeding rates among newborns and give infants and children a healthy start in life by providing nutritious foods.

Snapshot of WIC in 2017

Average Monthly Caseload : 1,233

Total Clinic Visits: 4,933  
Fulton County 3,281  
Henry County 1,652

Participants Redeemed \$585,560 at local grocery vendors  
Fulton County: \$402,310  
Henry County: \$183,250

195 WIC Families received \$20 of Farmers Market Coupons

**Nursing Moms Support Group  
Meets the 1st Thursday at 10 a.m.  
At  
Crossroads Church  
Wauseon, OH  
(Open to the Public)**



## Breastfeeding Coalition Started!

In July, WIC held their first Breastfeeding Coalition where various agencies, hospital staff, physicians and a WIC mom, who is exclusively breastfeeding her twins, met to discuss breastfeeding education and support. It was a great opportunity to network and to share resources.



### WIC OFFICE HOURS

Monday - Friday  
8:30 a.m. to 4:30 p.m.

First Thursday of each Month  
8:30 a.m. to 6:00 p.m.

Questions about WIC or breastfeeding? Please call 1-800-888-4808 or 419-337-6979 or visit our website at [www.fultoncountyhealthdept.com](http://www.fultoncountyhealthdept.com)