

# WIC (WOMEN, INFANTS AND CHILDREN)

WIC's most important goal: prevention of nutrition related health problems. WIC helps to provide nutrition and breastfeeding education, improve pregnancy outcomes, reduce infant mortality by decreasing the incidence of low birth weight, increase breastfeeding rates among newborns and give infants and children a healthy start in life by providing nutritious foods.

Snapshot of WIC in 2016

Average Monthly Caseload : 1,323

Total Clinic Visits: 5,235  
Fulton County 3,589  
Henry County 1,646

Participants Redeemed \$ 1,260,970 at local grocery vendors  
Fulton County: \$440,463  
Henry County: \$190,022

195 WIC Families received \$20 of Farmers Market Coupons

**Nursing Moms Support Group  
Meets the 1st Thursday at 10 a.m.  
At  
Crossroads Church  
Wauseon, OH  
(Open to the Public)**



## WIC Supports Breastfeeding

Breastfeeding Initiation Rate 65%  
Breastfeeding Peer Helper Contacts  
Pregnant Moms 340  
Breastfeeding Women 463  
Total 803



### WIC OFFICE HOURS

Monday - Friday  
8:30 a.m. to 4:30 p.m.  
First Thursday of each Month  
8:30 a.m. to 6:00 p.m.

Questions about WIC or breastfeeding? Please call 1-800-888-4808 or 419-337-6979 or visit our website at [www.fultoncountyhealthdept.com](http://www.fultoncountyhealthdept.com)