



# 2025 FULTON COUNTY YOUTH COMMUNITY HEALTH NEEDS ASSESSMENT

PUBLISHED FEBRUARY 2026



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# A NOTE FROM FULTON COUNTY PARTNERS FOR HEALTH



Fulton County Partners for Health strives to bring together people, schools, and organizations to improve the wellness of youth and families in our community. The Community Health Needs Assessment (CHNA) process is one way we can live out this mission. To fulfill it, we must be intentional about understanding the health issues that impact our young people and work together to create environments where youth can grow, learn, and thrive. A primary component of supporting a healthy youth community is assessing their needs and prioritizing those needs for meaningful impact.

In 2025, the Fulton County Partners for Health collaborated to conduct a comprehensive Youth CHNA to identify key health issues, current youth health status, and other factors that influence well-being. The results of this assessment provide critical information to schools, youth-serving organizations, parents, and community leaders who are in a position to make a positive impact on the health of Fulton County's youth. These findings also enable the community to measure progress and strategically establish priorities to develop youth-focused interventions and align resources effectively.

The Fulton County Partners for Health and our many community partners conduct CHNAs to measure and address the health status of the Fulton County population. For this youth-specific assessment, we focused on Fulton County because this is where our young residents live, learn, and play. We collect both quantitative and qualitative data to make informed decisions on how to better meet the health and wellness needs of our youth. We want to provide the best possible support for our young people, and we can use this report to guide strategic planning and decision-making for future youth programs, services, and health resources.

The 2025 Fulton County Youth CHNA would not have been possible without the support of numerous schools, community organizations, and youth-serving agencies, acknowledged on the following pages. It is vital that assessments like this continue, so we can better understand where to direct resources and ensure they are used in the most effective ways to support youth well-being.

The work of public health is truly a community effort, one that depends on youth voices, families, schools, and organizations working together to build a thriving community that supports health and wellness for young people at home, at school, and in their neighborhoods.

Conducting the CHNA and publishing this report relied on the participation of many individuals, including youth, parents, and community members, who took part in interviews, focus groups, and surveys. We are deeply grateful to everyone who contributed their time and insights to help promote the health of Fulton County's youth.

Sincerely,

*Kimberly A. Cupp*

**Kimberly A. Cupp, RS, MPH**  
Health Commissioner  
Fulton County Health Department

*Patricia A. Finn*

**Patricia A. Finn, MBA**  
CEO  
Fulton County Health Center

# ACKNOWLEDGMENTS



This Youth Community Health Needs Assessment (CHNA) was made possible thanks to the collaborative efforts of the Fulton County Partners for Health, community partners, local stakeholders, non-profit partners, and community residents. Their contributions, expertise, time, and resources played a critical part in the completion of this assessment and the collective community impact of this work.

## FULTON COUNTY PARTNERS FOR HEALTH WOULD LIKE TO RECOGNIZE THE FOLLOWING ORGANIZATIONS\* FOR THEIR CONTRIBUTIONS TO THIS REPORT:

### **Archbold Area Schools**

Archbold Police Department

Christian Union Church

Community Education for Development

Continental Plaza

Crossroads Church

Delta Police Department

Educational Service Center of NWO

### **Evergreen Local Schools**

Fairlawn Retirement Community

Fayette Community Development Corporation (FAST)

### **Fayette Local Schools**

### **Fayette Police Department**

Four County ADAMhs Board

Four County Career Center

Fulton County Board of Developmental Disabilities

Fulton County Commissioners

Fulton County Drug Court

Fulton County Economic Development

### **Fulton County Family & Children First Council**

Fulton County Free Clinic

Fulton County Health Center

### **Fulton County Health Department**

### **Fulton County Job and Family Services**

### **Fulton County Juvenile/Probate Court**

### **Fulton County OSU Extension**

Fulton County Senior Center

Fulton County Sheriff's Office

Fulton County Workforce Development

Fulton County Youth (Survey & Listening Sessions participants)

HC3: Healthy Choices Caring Communities

Health Partners of Western Ohio

### **Maumee Valley Guidance Center**

Maumee Valley Planning Organization

New Horizon Academy

North Star BlueScope Steel

Northwestern Ohio Community Action Commission

Ohio Guidestone

### **Pettisville Local Schools**

### **Pike Delta York Local Schools**

Recovery Services of Northwest Ohio

Shepherd Circle

### **Swanton Local Schools**

Swaton Police Department

The Center for Child & Family Advocacy

The Ridge Project

Triangular Processing

Trinity Lutheran Church Delta

United Way of Fulton County

Village of Archbold

Village of Delta

Village of Fayette

Village of Lyons

Village of Metamora

Village of Swanton

Village of Wauseon

### **Wauseon Exempted Village Schools**

Wauseon Fire Department

Wauseon Police Department

Worthington Industries

*\*Note that the organizations that are **bolded** either participated in or helped to coordinate key informant interviews and focus groups.*

# INTRODUCTION

The Fulton County Youth Community Health Needs Assessment provides a comprehensive examination of the health status, needs, and priorities of young people in our community. This assessment serves as a critical tool for understanding the unique challenges and opportunities facing youth, informing community health planning, and guiding resource allocation to improve health outcomes for the next generation.

## Assessment Process and Leadership

The 2025 Fulton County Youth Community Health Needs Assessment was led by Fulton County Partners for Health, with consultation and facilitation provided by Moxley Public Health. Planning began in early 2025 with the health department and hospital leadership, along with engaging other community partners.

## Community Engagement

The assessment gathered comprehensive data about youth health through multiple approaches. Young people were engaged directly through a youth survey distributed throughout local school districts and through youth focus groups and listening sessions. These methods provided both quantitative data and deeper qualitative insights, allowing youth to share their experiences in their own words. Additionally, key informant interviews were conducted with adult allies and representatives from youth-serving organizations to provide a broader context on the health needs of young people in the community.

## Building on Previous Work

A youth assessment was previously conducted in 2023 to identify significant health needs facing young people in Fulton County. Those findings informed youth-specific strategies in the 2023-2026 Fulton County Community Health Improvement Plan (CHIP). Progress updates and evaluation findings for these youth strategies can be found in Appendix A of the 2025 Fulton County Adult Community Health Needs Assessment.

The findings and recommendations from this assessment will guide strategic planning and resource allocation for youth health initiatives in Fulton County, ensuring that investments are evidence-based, community-driven, and responsive to the authentic needs and priorities of young people.



# YOUTH TREND SUMMARY



## YOUTH TREND SUMMARY & COMPARISONS

The following tables show how Fulton County youth rates for the identified health needs compare to earlier years, to Ohio as a whole, and to national rates.

These tables are useful for monitoring and evaluation purposes in order to track the impact of our Implementation Strategy/Improvement Plan (IS/CHIP) to address priority health needs.

# YOUTH TREND SUMMARY



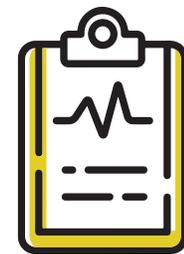
This table summarizes results, trends, and comparisons for youth from the 2018, 2021, 2023, and 2025 Fulton County Youth Community Health Needs Assessments (CHNAs).

YOUTH TREND SUMMARY							
INDICATORS	FULTON COUNTY 2018	FULTON COUNTY 2021	FULTON COUNTY 2023	FULTON COUNTY 6 <sup>th</sup> -12 <sup>th</sup> 2025	FULTON COUNTY 9 <sup>th</sup> -12 <sup>th</sup> 2025	OHIO*	U.S.*
<b>Weight Control</b>							
Obese <sup>1</sup>	19%	18%	18%	29%	30%	18%	19%
Overweight <sup>1</sup>	13%	14%	11%	19%	19%	17%	16%
Described themselves as slightly or very overweight <sup>2</sup>	33%	30%	32%	29%	32%	30%	N/A
Physically active at least 60 minutes per day on every day in the past week <sup>2, 3</sup>	32%	30%	37%	37%	36%	33%	25%
Physically active at least 60 minutes per day on 5 or more days in past week <sup>2</sup>	57%	58%	62%	65%	66%	57%	N/A
Did not participate in at least 60 minutes of physical activity on any day in past week <sup>2</sup>	15%	11%	11%	10%	10%	9%	N/A
<b>Tobacco Use</b>							
Current smoker (smokes cigarettes on at least 1 day during the past 30 days) <sup>2, 3</sup>	6%	3%	1%	2%	3%	1%	2%
Currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens, on at least one day during the past 30 days) <sup>2, 3</sup>	N/A	N/A	4%	3%	5%	9%	17%
Used electronic vapor products daily (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens, on all 30 days during the past 30 days) <sup>2, 3</sup>	N/A	N/A	1%	2%	3%	3%	5%

N/A – Not Available

\*Ohio and U.S. data are from multiple years and sources. Additional details can be found in Appendix H.

# YOUTH TREND SUMMARY (CONT.)



YOUTH TREND SUMMARY							
INDICATORS	FULTON COUNTY 2018	FULTON COUNTY 2021	FULTON COUNTY 2023	FULTON COUNTY 6 <sup>th</sup> -12 <sup>th</sup> 2025	FULTON COUNTY 9 <sup>th</sup> -12 <sup>th</sup> 2025	OHIO*	U.S.*
<b>Alcohol Consumption</b>							
Ever drank alcohol (at least one drink of alcohol on at least 1 day during their life) <sup>2, 3</sup>	43%	25%	21%	17%	21%	30%	50%
Current drinker (at least one drink of alcohol on at least 1 day during the past 30 days) <sup>2, 3</sup>	11%	7%	3%	4%	6%	9%	22%
Binge drinker (females drank four or more drinks while males drank five or more drinks within a couple hours on at least one day during the past 30 days) <sup>2, 3</sup>	8%	5%	2%	2%	3%	5%	9%
Drank for the first time before age 13 (of all youth) <sup>2, 3</sup>	15%	7%	7%	8%	6%	6%	13%
Obtained the alcohol they drank by someone giving it to them (of current drinkers) <sup>2, 3</sup>	30%	33%	23%	26%	27%	47%	17%
Rode with a driver who had been drinking alcohol (in a car or other vehicle on one or more occasion during the past month) <sup>2, 3</sup>	N/A	10%	15%	11%	8%	9%	30%
<b>Drug Use</b>							
Currently used marijuana (in the past 30 days) <sup>2, 3</sup>	7%	6%	3%	2%	4%	8%	17%
Currently used prescription drugs not prescribed to them (in the past 30 days) <sup>2, 3</sup>	3%	2%	<1%	3%	4%	2%	4%
Ever used methamphetamines (in their lifetime) <sup>3</sup>	1%	1%	<1%	<1%	<1%	N/A	3%
Ever used cocaine (in their lifetime) <sup>3</sup>	1%	1%	1%	<1%	<1%	N/A	3%

N/A – Not Available

\*Ohio and U.S. data are from multiple years and sources. Additional details can be found in Appendix H.

# YOUTH TREND SUMMARY (CONT.)



YOUTH TREND SUMMARY							
INDICATORS	FULTON COUNTY 2018	FULTON COUNTY 2021	FULTON COUNTY 2023	FULTON COUNTY 6 <sup>th</sup> -12 <sup>th</sup> 2025	FULTON COUNTY 9 <sup>th</sup> -12 <sup>th</sup> 2025	OHIO*	U.S.*
<b>Drug Use (Continued from previous page)</b>							
Ever used heroin (in their lifetime) <sup>3</sup>	1%	<1%	<1%	<1%	<1%	N/A	2%
Ever used inhalants (in their lifetime) <sup>3</sup>	7%	<1%	1%	1%	1%	N/A	7%
Ever used ecstasy (also called MDMA, in their lifetime) <sup>3</sup>	<1%	1%	<1%	<1%	<1%	N/A	4%
Ever took prescription drugs without a doctor's prescription (in their lifetime) <sup>2, 3</sup>	7%	4%	4%	3%	2%	14%	12%
Were offered, sold, or given an illegal drug on school property (in the past 12 months) <sup>2, 3</sup>	3%	5%	3%	3%	4%	4%	11%
<b>Sexual Behavior</b>							
Participated in some form of sexual activity <sup>2</sup>	16%	10%	9%	7%	12%	39%	N/A
Ever had sexual intercourse <sup>2, 3</sup>	17%	10%	9%	7%	14%	23%	32%
Had sexual intercourse for the first time before age 13 <sup>2</sup>	N/A	3%	2%	1%	2%	3%	N/A
Planning to stay abstinent until marriage <sup>2</sup>	55%	60%	67%	71%	65%	53%	N/A
Drank alcohol or used drugs before last sexual intercourse (among youth who had ever had sexual intercourse) <sup>2</sup>	14%	16%	6%	9%	7%	16%	N/A
Used a condom during last sexual intercourse (among youth who had ever had sexual intercourse) <sup>2, 3</sup>	37%	40%	37%	35%	48%	56%	52%
Used birth control pills before last sexual intercourse (to prevent pregnancy, among youth who had ever had sexual intercourse) <sup>2</sup>	21%	28%	21%	24%	36%	19%	N/A

N/A – Not Available

\*Ohio and U.S. data are from multiple years and sources. Additional details can be found in Appendix H.

# YOUTH TREND SUMMARY (CONT.)



YOUTH TREND SUMMARY							
INDICATORS	FULTON COUNTY 2018	FULTON COUNTY 2021	FULTON COUNTY 2023	FULTON COUNTY 6 <sup>th</sup> -12 <sup>th</sup> 2025	FULTON COUNTY 9 <sup>th</sup> -12 <sup>th</sup> 2025	OHIO*	U.S.*
<b>Sexual Behavior (Continued from previous page)</b>							
Used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) before last sexual intercourse (to prevent pregnancy, (among youth who had ever had sexual intercourse) <sup>2</sup>	2%	7%	8%	9%	8%	10%	N/A
<b>Mental Health</b>							
Felt sad or hopeless (almost every day for two or more weeks in a row so that they stopped doing some usual activities in the past 12 months) <sup>2,3</sup>	29%	29%	27%	23%	23%	28%	40%
Seriously considered attempting suicide (in the past 12 months) <sup>2,3</sup>	15%	10%	11%	10%	9%	15%	20%
Attempted suicide (in the past 12 months) <sup>2,3</sup>	7%	4%	5%	5%	4%	3%	9%
<b>Violence</b>							
Did not go to school because they felt unsafe (at school or on their way to or from school in the past 30 days) <sup>2,3</sup>	4%	3%	4%	3%	2%	7%	13%
Bullied (in past 12 months) <sup>2</sup>	39%	34%	34%	31%	31%	22%	N/A
Bullied on school property (in past 12 months) <sup>2,3</sup>	30%	24%	25%	23%	17%	16%	19%
Electronically bullied (in past 12 months) <sup>2,3</sup>	10%	7%	8%	6%	6%	18%	16%

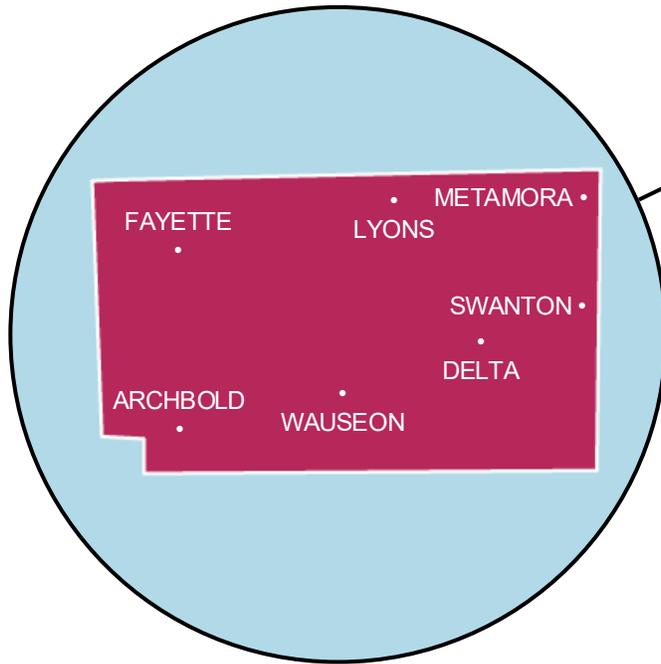
N/A – Not Available

\*Ohio and U.S. data are from multiple years and sources. Additional details can be found in Appendix H.

# DEFINING YOUTH IN FULTON COUNTY



For the purposes of this report, Fulton County defines their primary service area as being made up of Fulton County, Ohio.



We currently serve a population of

# 9,845<sup>4</sup>

## FULTON COUNTY YOUTH

The **total population** of Fulton County is **42,434<sup>4</sup>**.

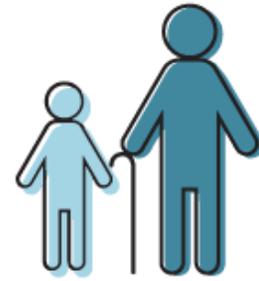
FULTON COUNTY SCHOOL DISTRICTS	
SCHOOL DISTRICTS	ENROLLMENT NUMBERS <sup>5</sup>
Archbold Area Local School District	1,102
Evergreen Local School District	1,117
Fayette Local School District	330
Pettisville Local School District	466
Pike-Delta-York Local School District	1,059
Swanton Local School District	1,066
Wauseon Exempted Village School District	1,733

# FULTON COUNTY YOUTH AT-A-GLANCE



87% of Fulton County youth ages 3-17 are enrolled in school, compared to 89% of Ohio youth.<sup>6</sup>

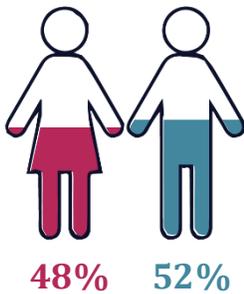
The crude **all-cause mortality** rate in Fulton County youth is **56.0 per 100,000**, slightly less than for Ohio (59.5).<sup>7</sup>



Youth ages 0-18 and seniors 65+ make up **42% of the population** (vs. 40% for Ohio).

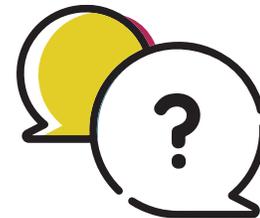
In the Fulton County service area, nearly **1 in 4 residents are ages 0-18.**<sup>4</sup>

48% of Fulton County youth are **females** (vs. 49% for Ohio).<sup>6</sup>



6% of both Fulton County and Ohio youth identify as having a **disability**.<sup>6</sup>

0.8% of Fulton County and 1.4% Ohio youth **speak a language other than English at home**.<sup>6</sup>



The youth population in Fulton County is **less racially diverse** than Ohio's youth population as a whole.<sup>6</sup>

	FULTON COUNTY	OHIO
<b>RACE</b>		
White	86.3%	70.2%
Black/African American	0.6%	14.4%
American Indian/Alaska Native	0.8%	0.1%
Asian	0.1%	2.4%
Native Hawaiian/Pacific Islander	0.1%	0%
Some other race alone	4.7%	2.2%
Multiracial (two or more races)	7.4%	10.6%
<b>ETHNICITY</b>		
Hispanic/Latino (any race)	12.6%	7.2%



# PRIMARY DATA COLLECTION

## ADULT ALLIES FOR YOUTH INTERVIEWS

Key informant interviews with adult allies for youth were used to gather information and opinions from persons who represent the broad interests of youth in the community. We spoke **with 10 experts** from various organizations serving the Fulton County youth, including leaders and representatives of medically underserved, low-income, minority populations, and leaders from local health or other departments or agencies (a complete list of participants can be seen in **Appendix B**). The interview questions asked can be seen below.

<b>ADULT ALLIES FOR YOUTH INTERVIEW QUESTIONS:</b>
<b>Broad questions asked at the beginning of the interview:</b>
What are some of the major health issues affecting youth in the community?
What are the most important socioeconomic, behavioral, or environmental factors that impact youth health in the area?
Who are some of the youth populations in the area who are not regularly accessing healthcare and social services? Why?
<b>Questions asked for each health need:</b>
What are the issues/challenges/barriers faced for the health need?
Are there specific youth sub-populations and areas in the community that are most affected by this need?
Where do community residents go to receive help or obtain information for this health need? (resources, programs, and/or community efforts)



# PRIMARY DATA COLLECTION

## YOUTH FOCUS GROUP & LISTENING SESSIONS

A youth focus group and listening sessions were used to gather information and opinions from specific sub-populations in the community who are most affected by health needs. Moxley Public Health facilitated **1 youth focus group** with a total of **7 youth** in the Fulton County community, which included high school students from a variety of grades, schools, and zip codes. HC3: Healthy Choices Caring Communities also conducted **4 listening sessions** centered on cannabis use with a total of **88 Fulton County youth**. The listening sessions were conducted with middle and high school students from two school districts in Fulton County to better understand their knowledge and attitudes toward cannabis use. Additional details on the focus group and listening sessions can be found in **Appendix C**. The questions asked in the groups can be seen below.

YOUTH FOCUS GROUP QUESTIONS:
What are your biggest health concerns/issues in our community?
How do these health concerns/issues impact our community?
What are some populations/groups in our community that face barriers to accessing health and social services?
What existing resources/services do you use in our community to address your health needs? How do you access information about health and social services? Does this information meet your needs?
What resources do you think are lacking in our community? What health information is lacking in our community? How could this information best reach you and our community?
Do you have any ideas for how to improve health/address health issues in our community?
Do you have any other feedback/thoughts to share with us?

YOUTH CANNABIS LISTENING SESSION QUESTIONS:
What marijuana products are you or your peers most familiar with (other than smoking)?
Who or when is it OK to use marijuana?
Who should be protected from marijuana use?
Where are the easiest places/ways to get marijuana?
What safety/health concerns do you have about marijuana?
From what you know or have heard, why do people use marijuana?
What would your parents say if they knew you used marijuana products?
How would their reaction change if it was alcohol or vaping/cigarettes?

# THINGS PEOPLE LOVE ABOUT THE COMMUNITY FROM YOUTH INTERVIEWS & FOCUS GROUP

***“We have a very strong school system here. They have good involvement within the community too.”***

 Adult Ally Interview

***“I love that it’s a quiet, laid-back place to live. Things aren’t hectic and it’s easy to get around places.”***

 Adult Ally Interview

***“We are an active, involved community. I see that each community has a lot going on and good involvement.”***

 Adult Ally Interview

***“People here are locally invested. They care about what’s happening in the community, and the people that are here too. I think people are very genuine.”***

 Adult Ally Interview

***“I really love 4-H and the Fulton County Fair.”***

 Youth Focus Group

***“No matter the weather or circumstances, people are always out and about in the community.”***

 Youth Focus Group

***“I love the small community feel; it’s safe and rural.”***

 Adult Ally Interview

***“We have a really socioeconomically diverse community, with strong values.”***

 Adult Ally Interview

# TOP YOUTH PRIORITY HEALTH NEEDS FROM INTERVIEWS & FOCUS GROUP



## FROM ADULT ALLY INTERVIEWS:

### Major health issues impacting youth:

- Local access to healthcare
- Mental health
- Education

### Top socioeconomic, behavioral, and/or environmental factors impacting youth:

- Lack of transportation/walkability
- Not enough mental health resources
- Employment opportunities/job availability

## FROM YOUTH FOCUS GROUP:

### Major health issues impacting youth:

- Mental health
- Substance misuse
- Nutrition

### How health concerns are impacting youth:

- Peer pressure
- Stigma around mental health
- Bullying

*“Access to care is a challenge for our economically disadvantaged individuals and families. Typically, it is generational.”*

 Adult Ally Interview

*“The challenge is getting people connected or acknowledging they need mental health help. Then connecting them with those providers.”*

 Adult Ally Interview

*“We have some kids who have some serious trauma in their background. Some run of the mill things like divorce, but some kids have parents who have died by suicide, are in jail, or have overdosed.”*

 Adult Ally Interview

*“People are busy. If you are running around with your kids, you might not have time to cook a meal. It is more convenient to eat processed foods or run through the drive through.”*

 Adult Ally Interview

*“Vaping is happening in younger kids at school because it is seen as cool. They see older kids doing it, so they start younger to fit in with their peers.”*

 Youth Focus Group

# TOP YOUTH PRIORITY GROUPS & RESOURCES FROM INTERVIEWS & FOCUS GROUP

## FROM ADULT ALLY INTERVIEWS:

Sub-populations in the area that face barriers to accessing healthcare and social services:

- Low-income population
- Youth
- Rural population

*“There are some kids that fall through the cracks, as far as their parents’ income. They don’t get a free or reduced breakfast or lunch, but their parents are barely getting by.”*

 Adult Ally Interview

## FROM YOUTH FOCUS GROUP:

Sub-populations in the area that face barriers to accessing healthcare and social services:

- Middle and high school students
- Low-income population
- Youth without stable family support

*“We find that people get access to drugs or alcohol through family members or people in their circles.”*

 Adult Ally Interview

Resources youth use in the community to address their health needs:

- Peer to Peer
- Shalom Counseling & Meditation Center
- In-Step Counseling
- Mercy Health
- School counselors

*“We need more indoor physical activity opportunities for wintertime.”*

 Youth Focus Group

Top youth resources that are lacking in the community:

- Mental health services
- Vaping prevention programs

*“Students face a lot of stressors that lead to negative feelings or panic attacks.”*

 Youth Focus Group

*“We need trauma informed care and mental health services.”*

 Youth Focus Group

*“There should be more education on why vaping is bad for your health.”*

 Youth Focus Group

# TOP FINDINGS FROM YOUTH FOCUS GROUP & LISTENING SESSIONS



## YOUTH FOCUS GROUP:

This youth focus group highlighted significant concerns about mental health stigma, substance misuse, and academic stress, while emphasizing the value of peer support programs and community connection through activities like 4H and local events.

### Top issues/concerns:

- Mental health stigma, vaping among increasingly younger youth, substance misuse, poor nutrition habits, and academic-related stress and panic attacks were identified as primary concerns, with participants noting that peer pressure and parental dismissiveness of youth mental health create significant barriers to well-being.

### Barriers to care:

- Youth lack knowledge about accessing health services independently, low-income individuals struggle with service costs, and middle school students fear judgment when expressing feelings or seeking help, particularly when parents don't take their mental health concerns seriously.

### Service gaps:

- Participants identified insufficient vaping cessation programs and resources, limited health services in smaller communities, a lack of school-based support for panic attacks and other needs, a need for comprehensive sex education, and a need for indoor winter recreational facilities.

### Recommendations:

- Better promote existing health centers and service information, establish health services near schools in underserved areas, implement enhanced vaping prevention in schools with resources for students seeking help, reduce academic stressors, and create regular community events that combine health education with social activities, like dodgeball tournaments or monthly gatherings.

## YOUTH CANNABIS LISTENING SESSIONS:

The 4 listening sessions explored youth perspectives on marijuana use in Fulton County, revealing that students perceive stress relief as a primary motivation and show declining parental concern about marijuana compared to alcohol or vaping.

### Product Knowledge and Accessibility:

- Students demonstrated familiarity with various marijuana consumption methods including baked goods, carts/pens, and edibles. A clear divide emerged between high school students who knew where to obtain marijuana and middle school students who generally did not.

### Health Perceptions:

- Students across all groups identified lung cancer/damage and memory/brain development as the primary health concerns associated with marijuana use, with addiction and overdose also recognized as potential risks.

### Use Motivations and Social Context:

- Stress and anxiety relief was the most commonly cited reason for marijuana use among peers. Students perceived decreasing parental concern about marijuana use as grade levels increased, with older students reporting that their parents would be less disapproving of marijuana compared to alcohol or vaping/cigarettes.



# PRIMARY DATA COLLECTION RANKING OF YOUTH HEALTH NEEDS

Fulton County Partners for Health shared a community survey with youth who live in the area. During Fall 2025, the survey was offered in 48 classrooms across 6<sup>th</sup>-12<sup>th</sup> grades, with representation from the 7 local school districts. A total of **681** youth took part in the voluntary survey. More details about the survey questions and participants can be found in **Appendix D**.

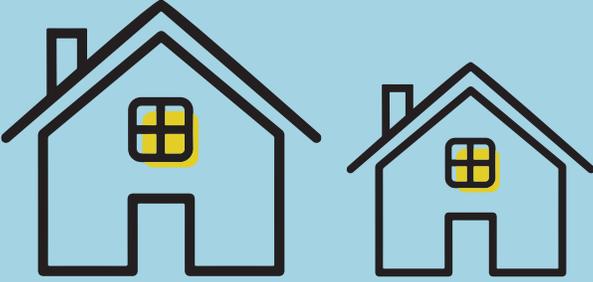
Along with the youth survey, key informant interviews with adult allies for youth, a youth focus group, and youth listening sessions were conducted to better understand the most important health issues affecting local youth. The insights gained from the interviews, focus group, and listening sessions helped guide how health needs were ranked. The rankings were based on the frequency of mentions in the interview analysis, as well as the focus group and listening sessions, with higher-frequency needs becoming priority in the ranking. The tables below show the top health priorities for Fulton County youth, grouped by community conditions (such as social factors, health behaviors, and access to care) and health outcomes.

COMMUNITY CONDITIONS RANKING FROM ADULT ALLY INTERVIEWS & YOUTH FOCUS GROUPS
#1 Access to Healthcare
#2 Education
#3 Social Determinants of Health
#4 Addiction and Substance Misuse
#5 Nutrition and Physical Activity
#6 Tobacco and Nicotine Use
#7 Violence and Safety

HEALTH OUTCOMES RANKING FROM ADULT ALLY INTERVIEWS & YOUTH FOCUS GROUPS
#1 Mental health
#2 Sexual Health
#3 Unintentional Injuries



# YOUTH HEALTH NEEDS **COMMUNITY CONDITIONS**



## **YOUTH HEALTH NEEDS: COMMUNITY CONDITIONS**

The following pages rank the community conditions category of youth health needs, which include the social determinants of health, youth health behaviors, and access to care. They are ranked and ordered according to the frequency of mentions in the adult allies for youth interview analysis, as well as the youth focus group and listening sessions, as seen on **page 19**. Each health need section includes a combination of different data sources collected from our community: secondary (existing) data, and primary (new) data – from the youth survey, key informant interviews with adult allies for youth, and the youth focus group. Priority populations who are most affected by each youth health need and experience health disparities are also shown. Finally, where applicable, Healthy People 2030 Goals are highlighted, including the performance of Fulton County and the state compared to the benchmark goal.



# #1 Youth Health Need: ACCESS TO HEALTHCARE

## IN OUR COMMUNITY

Fulton County has **fewer primary and dental care providers** relative to its population when comparing the ratios to Ohio.<sup>8</sup>

**FULTON COUNTY**

**\*\*2,653:1<sup>8</sup>**



**OHIO**

**\*\*1,328:1<sup>8</sup>**

*\*\*residents : primary care providers*

**FULTON COUNTY**

**\*\*\*2,220:1<sup>8</sup>**



**OHIO**

**\*\*\*1,535:1<sup>8</sup>**

*\*\*\*residents : dental care providers*



**81%**

of youth survey respondents say they **had a routine checkup in the past year**, compared to 55% in Ohio.<sup>2</sup>



**Nearly 1 in 4 (23%)**

youth survey respondents say that they **have not been to the dentist in over a year**, compared to 34% in Ohio.<sup>2</sup>



## COMMUNITY FEEDBACK

*"I think the challenge is many [youth] can't afford care or are not insured enough."*



Adult Ally Interview

*"Something that impacts a lot of people is the closing of pharmacies, so they now have to travel to get their prescriptions."*



Adult Ally Interview



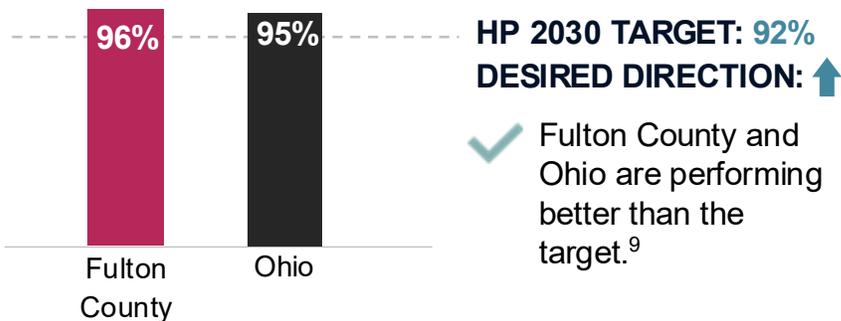


# #1 Youth Health Need: ACCESS TO HEALTHCARE



## HEALTHY PEOPLE (HP) 2030 NATIONAL TARGETS

### CHILD HEALTH INSURANCE COVERAGE



### COMMUNITY FEEDBACK

*“A good portion of our population is on some sort of government assistance for medical care. There are transportation issues to and from appointments.”*

Adult Ally Interview

### INTERVIEW AND FOCUS GROUP FINDINGS

#### Top issues/barriers for youth:

- Transportation barriers
- Healthcare provider availability
- Insurance coverage issues

#### Sub-populations most affected:

- Low-income individuals
- Medicaid population
- Immigrant population
- Youth

#### Top youth resources, services, programs, and/or efforts:

- Fulton County Health Department
- Fulton County Job and Family Services
- Fulton County Health Center

## PRIORITY POPULATIONS ACCESS TO HEALTHCARE

While **access to healthcare** is a potential concern for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...

Survey respondents **ages 14-15** were less likely than other respondents to have had a routine check-up in the past 1-2 years.



In the youth survey, **males** were more likely than females to report never visiting a doctor or other healthcare professional for a routine checkup.



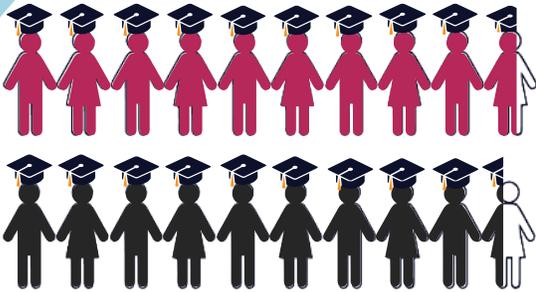
**Youth focus group** participants shared that they were unsure how to access healthcare services on their own.



# #2 Youth Health Need: EDUCATION



## IN OUR COMMUNITY

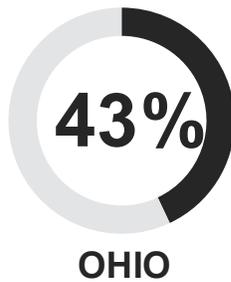
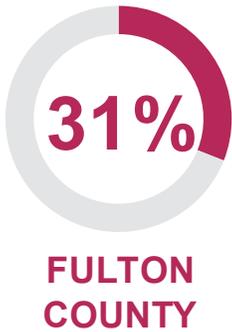


**FULTON COUNTY**  
(95%)

**OHIO**  
(92%)

According to the American Community Survey, Fulton County (95%) has **more** residents, aged 25 and older, with a **high school degree or equivalent** than Ohio (92%).<sup>10</sup>

### PRESCHOOL ENROLLMENT<sup>11</sup>



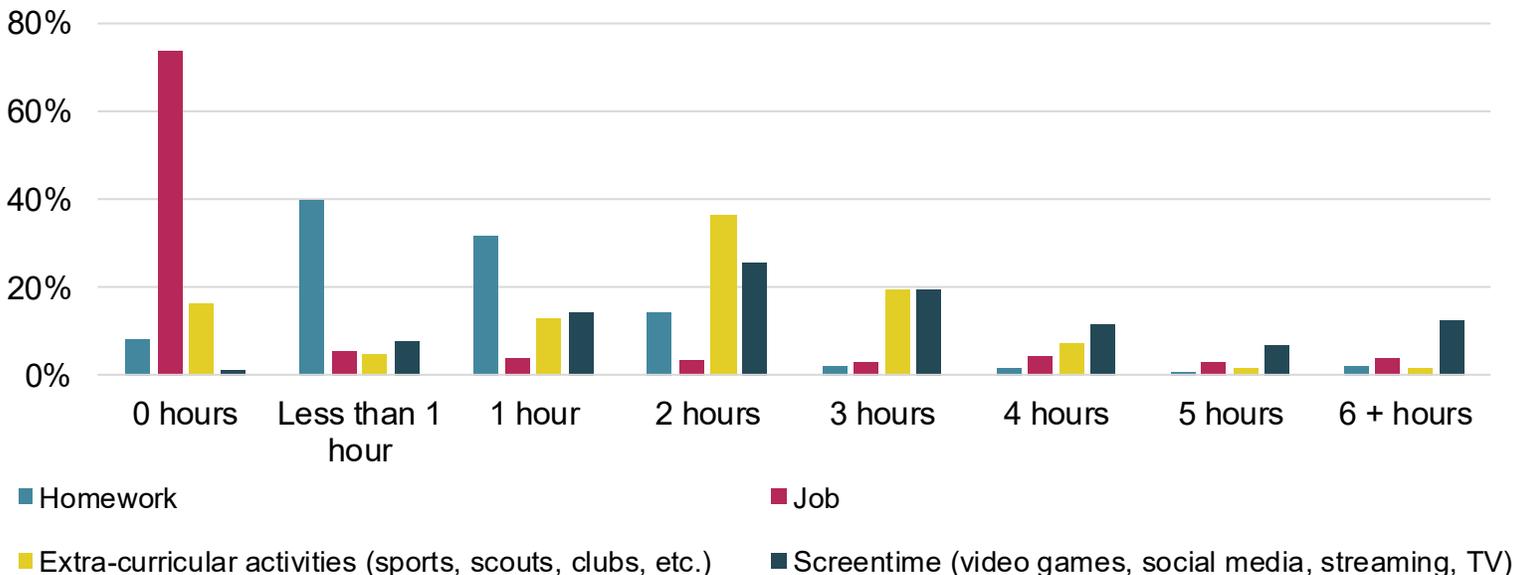
**31%** of 3- and 4-year-olds in Fulton County were enrolled in preschool in 2023. This is **lower** than the overall Ohio rate of **43%**.<sup>11</sup>



**Preschool enrollment can improve short- and long-term socioeconomic and health outcomes, particularly for disadvantaged children.**<sup>22</sup>

The **majority** of survey respondents reported having **less than 2 hours of homework**. Youth reported spending **more time participating in extracurricular activities and screen time**.

Time spent on activities outside of school



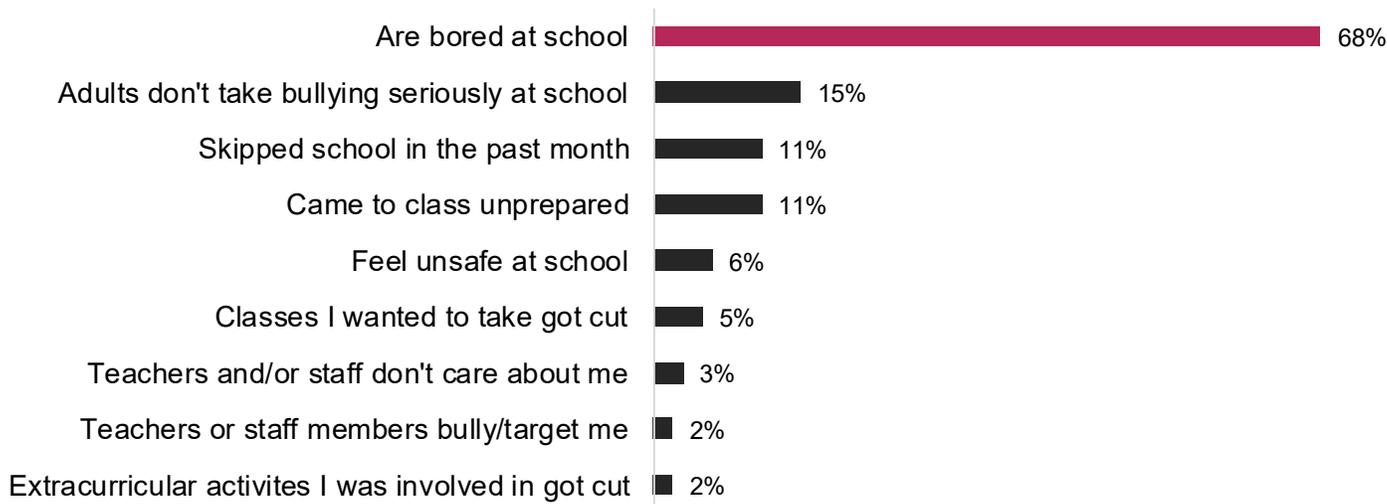
# #2 Youth Health Need: EDUCATION



## IN OUR COMMUNITY

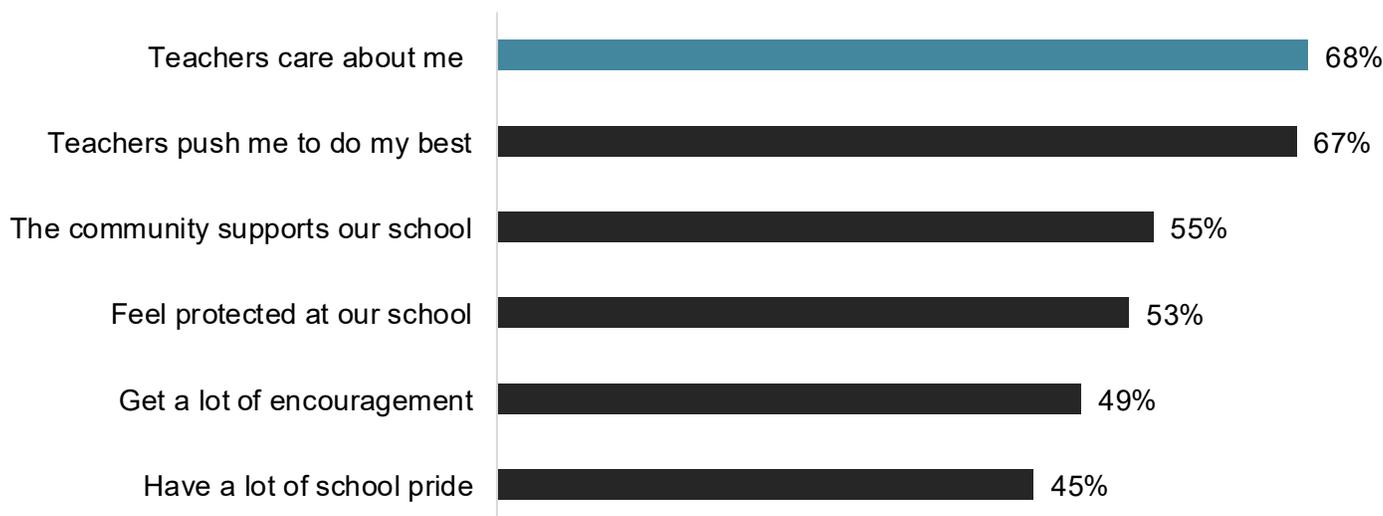
### Areas of Concern at School, as reported in the youth survey

The **majority** of survey respondents reported having **been bored at school**. Youth also reported **bullying not being taken seriously, skipping school, and going to class unprepared**.



### Positive School Attributes, as reported in the youth survey

The **majority** of survey respondents said that their **teachers care about them and push them to do their best**.

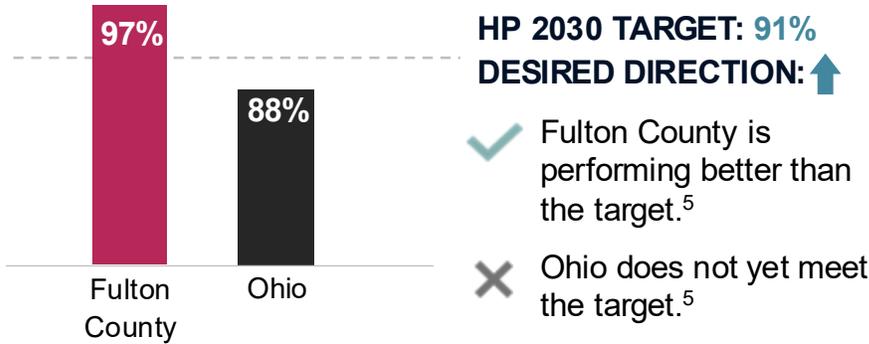


# #2 Youth Health Need: EDUCATION



## HEALTHY PEOPLE (HP) 2030 NATIONAL TARGETS

### HIGH SCHOOL GRADUATION RATE\*



\*Percent of cohort who graduates high school in 4 years.



### COMMUNITY FEEDBACK

*“Attendance is something kids struggle with. We have to put many kids on an attendance intervention plan.”*

Adult Ally Interview

*“There is limited assistance for those who are autistic, have challenges with sensory overload, and are non-verbal or have limited speaking.”*

Adult Ally Interview

*“We have seen a big increase in the Spanish-speaking population, but we don’t necessarily have the staff or the resources to support them.”*

Adult Ally Interview

*“There is so much stress and panic around the amount of schoolwork given, and it makes you feel pressure to do well and get good grades.”*

Youth Focus Group

## PRIORITY POPULATIONS EDUCATION

While **education** is a potential concern for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...



**Internet access barriers**, particularly for completing schoolwork at home, were frequently mentioned in the adult ally interviews.

Most youth (**77%**) reported that their caregiver **talks to them about school** and **asks them about their homework**.

### INTERVIEW AND FOCUS GROUP FINDINGS

#### Top issues/barriers for youth:

- Preschool access
- Internet/technology accessibility
- Special education
- Student mental health

#### Sub-populations most affected:

- Low-income population
- Rural population
- Special needs youth

#### Top youth resources, services, programs, and/or efforts:

- Tackle
- Fulton County Health Department
- Four County Career Center
- Local school districts

# #3 Youth Health Need: SOCIAL DETERMINANTS OF HEALTH



## IN OUR COMMUNITY

### INCOME, POVERTY, & EMPLOYMENT



#### CHILD POVERTY RATE



FULTON



OHIO

The child poverty rate for Fulton County (12%) is slightly lower than the rate for Ohio (18%).<sup>9</sup>



34% of Fulton County youth qualify for free or reduced lunch, which is significantly higher than for Ohio youth (22%).<sup>13</sup>



#### COMMUNITY FEEDBACK

*“We have some older youth who are working now in the lower-paying jobs to provide for themselves or sometimes their families.”*



Adult Ally Interview

### HOUSING & HOMELESSNESS



3% of youth survey respondents reported that during the past month, they usually slept somewhere other than their parents' or caregiver's home.



#### COMMUNITY FEEDBACK

*“We have seen an uptick over the years of families being displaced, or family issues where someone has to leave. We have more and more kids becoming homeless.”*



Adult Ally Interview

### INTERVIEW AND FOCUS GROUP FINDINGS

#### Top issues/barriers for youth:

- Lack of affordable housing
- Housing maintenance and quality issues
- Lack of available housing

#### Sub-populations most affected:

- Low-income population
- Families
- Children raised by grandparents

#### Top youth resources, services, programs, and/or efforts:

- Maumee Valley Guidance Center
- Community Development Corporation (CDC)
- Church networks
- Job and Family Services (JFS)

# #3 Youth Health Need: SOCIAL DETERMINANTS OF HEALTH



**!** Trigger Warning: The following page discusses trauma and abuse, which may be disturbing for some people and trigger unpleasant memories or thoughts. You can call the 988 Suicide & Crisis Lifeline at 988 for 24-hour, confidential support.

## IN OUR COMMUNITY

### ADVERSE CHILDHOOD EXPERIENCES



**39%** of Fulton County youth survey respondents report having experienced at least one ACE, compared to **67%** for Ohio.<sup>2</sup>

FULTON COUNTY 1.8

OHIO 4.0

Fulton County (1.8) has a lower rate of substantiated child abuse reports per 1,000 children than the state of Ohio (4.0).<sup>14</sup>

According to the youth survey, the most commonly reported ACEs among Fulton County youth are:

- Household separation or divorce (23%)
- Emotional abuse (15%)
- Household alcohol abuse (13%)
- No family support (11%)



### COMMUNITY FEEDBACK

*“A lot of issues are linked to parental challenges, like divorce or split parents. It has a really big impact on the children.”*



Adult Ally Interview

### PRIORITY POPULATIONS ADVERSE CHILDHOOD EXPERIENCES

While **adverse childhood experiences** are a potential concern for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...



**Girls** were more likely than boys to report adverse childhood events in Fulton County.

Children with the following **risk factors** are more likely to be impacted by ACEs:<sup>12</sup>

- Lower income
- Living in communities with unstable housing or frequent moves
- Living in communities with high rates of violence or crime
- Limited connection to extended family, friends, or neighbors

### INTERVIEW AND FOCUS GROUP FINDINGS

#### Top issues/barriers for youth:

- Gaps in mental/behavioral healthcare
- Trauma patterns
- Parental factors

#### Sub-populations most affected:

- Low-income population
- At-risk children

#### Top youth resources, services, programs, and/or efforts:

- Four County ADAMhs Board
- Maumee Valley Guidance Center

# #4 Youth Health Need: ADDICTION & SUBSTANCE MISUSE



The following section focuses on alcohol and drug misuse; information on tobacco and nicotine use is provided in a separate section.

## IN OUR COMMUNITY

### ACCORDING TO THE FULTON COUNTY YOUTH SURVEY, IN THE PAST 30 DAYS:

**4%** of youth reported that they had **one or more drinks of an alcoholic beverage**.

**3%** reported that they **used prescription drugs not prescribed to them**.

**2%** reported that they **used marijuana, weed, or THC**.

### Of current youth drinkers in Fulton County:

#### The most common ways youth obtained alcohol:

- Got their alcohol from their parents (25%)
- Said someone gave it to them (19%)
- Took it from a family member (11%)

#### The most reported places where youth drank alcohol:

- Their home (59%)
- A friend's home (44%)
- Another person's home (15%)

**1% of Fulton County youth** reported that in the past 30 days, they have been **under the influence of marijuana/THC while on school property**. **Nearly 1%** reported that they have been under the influence of **alcohol**.



### PERCEIVED RISK OF USE



Youth reported that they **thought people risk harming themselves physically** or in **other ways** if they use any of the following:

- Misusing prescription drugs (62%)
- Drinking alcohol (61%)
- Smoking cigarettes (59%)
- Using marijuana/weed/THC/edibles (58%)
- Using vape products (58%)



Youth reported that their **parents** would **disapprove** of the following:

- Smoking cigarettes (85%)
- Misusing prescription drugs (84%)
- Using vape products (84%)
- Using marijuana/weed/THC/edibles (83%)
- Drinking alcohol (78%)



Youth reported that their **friends** would **disapprove** of the following:

- Misusing prescription drugs (78%)
- Smoking cigarettes (78%)
- Using marijuana/weed/THC/edibles (76%)
- Using vape products (74%)
- Drinking alcohol (68%)

# #4 Youth Health Need: ADDICTION & SUBSTANCE MISUSE



The following section focuses on alcohol and drug misuse; information on tobacco and nicotine use is provided in a separate section.

## IN OUR COMMUNITY

Of the 3% who have used prescription drugs not prescribed to them:



**30%** said a parent gave it to them, while 10% said they took them from a friend/family member.

The most common prescription drugs taken were:

- Narcotic pain relievers (14%)
- Tranquilizers or anti-anxiety drugs (10%)
- Multiple types or prescription drugs at the same time (5%)

The most common ways that current youth marijuana users reported using it were:



- Vaporized it (67%)
- Smoked it (47%)
- Ate it (33%)
- Drank it (20%)
- Dabbed it (13%)

### ACCORDING TO THE FULTON COUNTY YOUTH SURVEY:

**36%** reported that **alcohol** was **easily accessible** in their home or community.

**20%** said that **vape products** (Breeze, Elf Bar) were **easily accessible** in their home or community.

**10%** stated that **marijuana/weed/THC/edibles** were **easily accessible** in their home or community.



**2%** of Fulton County youth have **ever used an illicit drug**, which is **less than** for Ohio youth overall (3%).<sup>2</sup>



**3%** of Fulton County youth in the past year reported being **offered, sold, or given an illegal drug on school property**, compared to 4% for Ohio.<sup>5</sup>

**Approximately half (52%)** of Fulton County youth reported that **their values stopped them** from using **alcohol, tobacco, or drugs**.

**Other reasons included:**

- Family would be upset (48%)
- Legal consequences (38%)
- Health problems (32%)
- Kicked out of extra-curricular activities (32%)
- My friends would not approve (25%)
- Random student drug testing (14%)

*\*Illicit drugs include cocaine, inhalants, heroin, methamphetamines, hallucinogenic drugs, steroids (without a prescription), ecstasy, and synthetic marijuana.*

# #4 Youth Health Need: ADDICTION & SUBSTANCE MISUSE

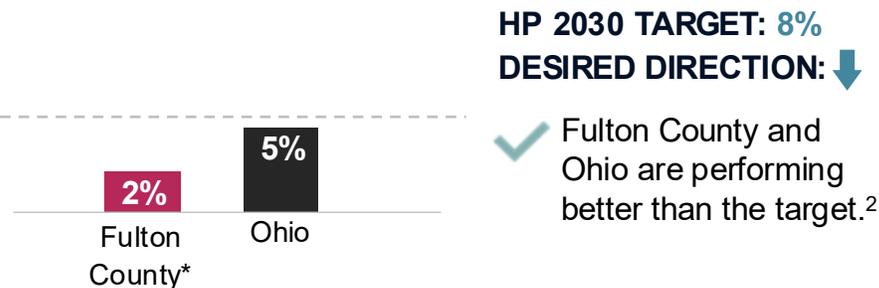


## HEALTHY PEOPLE (HP) 2030 NATIONAL TARGETS

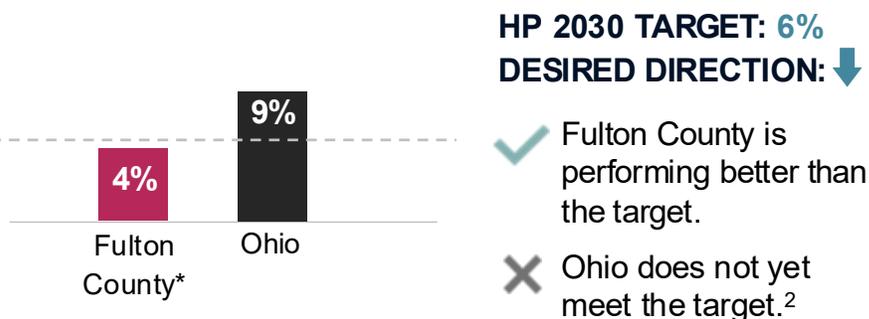
### MARIJUANA USE IN THE PAST MONTH



### BINGE DRINKER



### CURRENT DRINKER



\*As reported in the 2025 Fulton County youth survey.

**1% of Fulton County youth reported that they have used THC/marijuana or edibles on school property. Nearly 1% reported that they have consumed alcohol on school property.**

## PRIORITY POPULATIONS

### ADDICTION & SUBSTANCE MISUSE

While **addiction & substance misuse** are potential concerns for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...



Among Fulton County youth respondents, the average age of having your first drink of alcohol, other than a few sips, is **12 years old**.

According to the National Institute on Drug Abuse, **youth are more impacted by substance use due to their developing brains**.<sup>20</sup>



**31%** of Fulton County youth said their parents or caregivers **have never talked to them about the dangers of underage drinking or drug use**, while 22% said they have within the last month.

### INTERVIEW AND FOCUS GROUP FINDINGS

#### Top issues/barriers for youth:

- Tobacco and vaping use
- Marijuana use

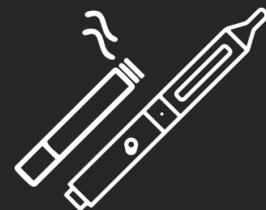
#### Sub-populations most affected:

- Youth/adolescents

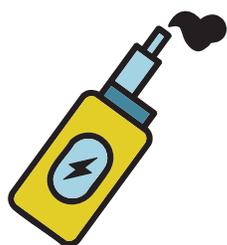
#### Top youth resources, services, programs, and/or efforts:

- Four County ADAMhs Board
- Ohio Guidestone
- Recovery Services
- Project Dawn

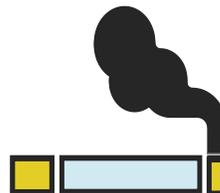
# #5 Youth Health Need: TOBACCO & NICOTINE USE



## IN OUR COMMUNITY



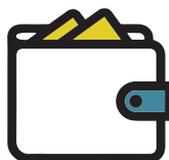
**3%** of Fulton County youth reported **using e-cigarettes in the past 30 days**, while 5% reported that they have vaped in the past year.



**2%** of youth reported **smoking cigarettes in the past 30 days**. 2% of youth also reported that they smoked in the past year.

Among youth who used e-cigarettes/vapes in the past year, the most common types they used were:

- Flavor with nicotine (64%)
- Marijuana, THC, or CBD (24%)
- Flavor without nicotine (6%)
- Homemade (6%)
- No flavor with nicotine (3%)



Current cigarette smokers and current vapers reported they usually got their tobacco products from the following:

- Bought them in a store such as a gas station, convenience store, or supermarket (28%)
- I borrowed (or bummed) them from someone else (18%)
- I gave someone else money to buy them for me (12%)



Among Fulton County youth who reported vaping in the past year, **half** of them reported that they **tried to quit vaping** in the past year.



## COMMUNITY FEEDBACK

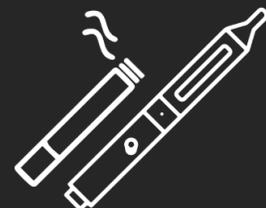
*“Vaping has been used as a tool to relieve anxiety. We need more education on the dangers of vaping and that it isn’t good for anyone.”*

 Adult Ally Interview

*“I think people are more likely to vape because they see their friends and/or parents doing it too.”*

 Youth Focus Group

# #5 Youth Health Need: TOBACCO & NICOTINE USE

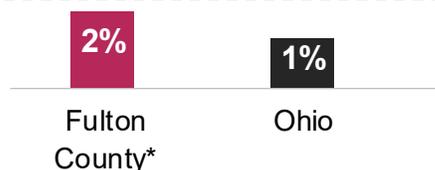


## HEALTHY PEOPLE (HP) 2030 NATIONAL TARGETS

### CIGARETTE SMOKING

HP 2030 TARGET: **3%**  
DESIRED DIRECTION: ↓

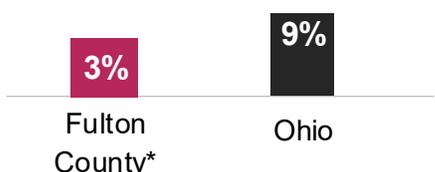
✓ Fulton County and Ohio are performing better than the target.<sup>2</sup>



### E-CIGARETTE USE

HP 2030 TARGET: **11%**  
DESIRED DIRECTION: ↓

✓ Fulton County and Ohio are performing better than the target.<sup>2</sup>



\*As reported in the 2025 Fulton County youth survey.



## COMMUNITY FEEDBACK

*“We have been seeing parents being more accepting of marijuana use and vaping. We need to shift parents’ thoughts, and how usage impacts our youth.”*

Adult Ally Interview

*“Vaping is increasing, kids are so good at hiding it and being secretive. It’s getting easier for them to find and to do it.”*

Adult Ally Interview

## PRIORITY POPULATIONS TOBACCO & NICOTINE USE

While **tobacco and nicotine use** are potential concerns for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...

**13 years old** is the **average age** Fulton County youth respondents **first tried tobacco products**.



**Male** survey respondents were **more likely** to report using **nicotine pouches (3%)**, compared to female respondents (0%).



**10<sup>th</sup> grade students** were **more likely** than students in any other grade level to report **smoking or using an electronic vape in the past month**.

**2%** of Fulton County youth reported that they have **used vape products on school property**.

## INTERVIEW AND FOCUS GROUP FINDINGS

### Top issues/barriers for youth:

- Vaping
- Parental attitudes and involvement
- Access to nicotine/vaping products

### Sub-populations most affected:

- High school students

### Top youth resources, services, programs, and/or efforts:

- Fulton County Health Department
- Four County ADAMhs Board

# #6 Youth Health Need: NUTRITION & PHYSICAL HEALTH



## IN OUR COMMUNITY



56% of Fulton County youth survey respondents described their weight as “**about the right weight**”, compared to 63% of Ohio youth.<sup>2</sup>



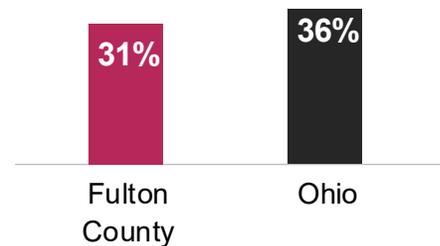
37% of survey respondents reported being **physically active** for at least **60 minutes per day**. 16% of respondents reported being active on **5 days**, while **10%** were active on **no days** in the past week.



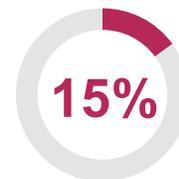
In the youth survey, respondents reported that **most of the food in their home comes from:**

- Grocery Store (95%)
- Fast Food (1%)
- Food Pantry (1%)
- Convenience/Corner Store (1%)

31% of **single female head of households, with children, utilized SNAP/Food Stamps within the past 12 months**, compared to 36% for Ohio.<sup>15</sup>



During the past month, most youth survey respondents **said they never went to bed hungry (89%)**. While **9% said rarely**, **2% said sometimes**, and **1% said most of the time**.



**FULTON COUNTY**



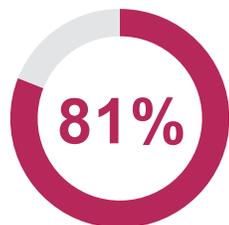
**OHIO**

According to Feeding America, **15%** of Fulton County and **20%** of Ohio children are food insecure.<sup>16</sup>

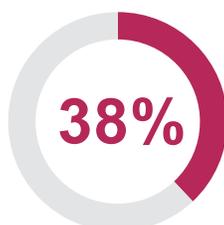
# #6 Youth Health Need: NUTRITION & PHYSICAL HEALTH



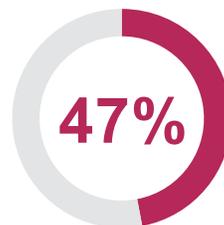
According to the youth survey, Fulton County youth reported the following intake levels of fruit, vegetables, and beverages per day:



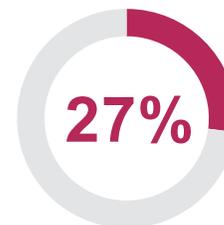
of Fulton County youth **do not meet** the recommended **vegetable intake** (at least 3 servings per day).



of Fulton County youth **do not meet** the recommended **fruit intake** (at least 2 servings per day).



of Fulton County youth consume **2 or more servings daily** of sugar-sweetened beverages, which is linked to a higher risk of obesity, diabetes, and dental issues.



of Fulton County youth reported drinking **2 or more cups of caffeine per day**, exceeding safe caffeine limits (100 mg/day).

These intake patterns can contribute to sleep disruption, increased anxiety, elevated heart rate, and challenges with academic performance, underscoring the need for improved nutrition efforts among youth.<sup>3</sup>



## COMMUNITY FEEDBACK

*“A lot of students and families spend more time inside on devices, compared to getting outside and being active.”*

 Adult Ally Interview

*“Overeating of fast food is an issue here, but there is so much surrounding our town, it’s an easy option.”*

 Youth Focus Group

*“Food that is bad for you is cheaper and more convenient, which is part of the problem.”*

 Adult Ally Interview

## INTERVIEW AND FOCUS GROUP FINDINGS

### Top issues/barriers for youth:

- Healthy food access barriers
- Cost/affordability barriers
- Improper eating habits

### Sub-populations most affected:

- Population in the most rural areas
- Children
- Low-income population

### Top youth resources, services, programs, and/or efforts:

- Food pantries
- Farmers’ markets
- Local churches

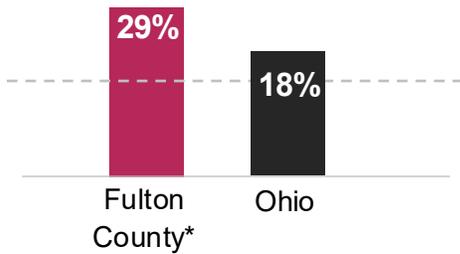
# #6 Youth Health Need:

# NUTRITION & PHYSICAL HEALTH



## HEALTHY PEOPLE (HP) 2030 NATIONAL TARGETS

### CHILD & TEEN OBESITY



HP 2030 TARGET: 16%  
DESIRED DIRECTION: ↓

✗ Neither Fulton County nor Ohio yet meet the target.<sup>2</sup>

\*As reported in the 2025 Fulton County youth survey.



## COMMUNITY FEEDBACK

*“Sometimes the barriers to exercise aren’t the challenge, but more so the motivation to exercise.”*

Adult Ally Interview

*“Many communities do not have a grocery store, and that causes the issue of access to healthier foods.”*

Adult Ally Interview

*“There are food banks available, but transportation becomes an issue. The food banks are unique to their towns and often are involved with churches or connections there.”*

Adult Ally Interview

## PRIORITY POPULATIONS NUTRITION & PHYSICAL HEALTH

While **nutrition and physical health** are potential concerns for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...



Male survey respondents were **more likely** to report being **physically active on 7 days** than females.

**9<sup>th</sup> grade students** were most likely compared to other grade levels to self-report being **very overweight**.

Focus group participants suggested that the community needs **safer spaces for physical activity and affordable, healthy foods**.



According to data, **teen girls** are much more likely than boys to report trying to lose weight, regardless of BMI.<sup>21</sup>





# #7 Youth Health Need: VIOLENCE & SAFETY

27% of Fulton County youth reported being **verbally bullied**, and **23%** reported being **bullied on school property in the past year.**

## IN OUR COMMUNITY

### FULTON COUNTY YOUTH REPORTED THE FOLLOWING ABOUT THEIR SOCIAL MEDIA OR ONLINE GAMING ACCOUNT:

- 51%** know all of the people in “my friends” on their social media or gaming account.
- 48%** believe **sharing personal information** online is **dangerous**.
- 25%** have their account currently checked **private**.
- 4%** **share personal information about themselves online**, such as where they live.
- 3%** have been **bullied** as a result of these accounts.

According to the youth survey, during the past year, youth reported being the victim of teasing by:

- Their weight, size, or physical appearance (25%)
- Because someone thought they were LGBTQIA+ (7%)
- Their race or ethnic background (5%)
- Their gender (3%)
- A disability (2%)



In the past 30 days, **3%** of surveyed students did not attend school because they felt **unsafe at school or on their way to school**, compared to **16%** for Ohio. <sup>2</sup>

## PRIORITY POPULATIONS VIOLENCE & SAFETY

While **violence and safety** are potential concerns for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...

**15%** of Fulton County youth who had been **bullied in the past year** were **bullied repeatedly** by the same person/group.

**2%** of youth respondents reported someone they were **dating or going out with stalked them**.



Youth who are bullied or bully others are at risk for **negative impacts** on mental and physical health, substance misuse, violence, and educational experiences.<sup>17</sup>

### INTERVIEW AND FOCUS GROUP FINDINGS

#### Top issues/barriers for youth:

- Domestic violence at home
- General safety concerns
- Harassment and/or intimidation at school

#### Sub-populations most affected:

- Those with mental health conditions
- Youth who witness violence at home

#### Top youth resources, services, programs, and/or efforts:

- Local law enforcement
- Fulton County Health Department
- School Resource Officers

# YOUTH HEALTH NEEDS **HEALTH OUTCOMES**



## **YOUTH HEALTH NEEDS: HEALTH OUTCOMES**

The following pages rank the youth health outcomes category of health needs. They are ranked and ordered according to the frequency of mentions in the adult allies for youth interview analysis, as well as the youth focus group and listening sessions, as seen on **page 19**. Each health need section includes a combination of different data sources collected from our community: secondary (existing) data, and primary (new) data – from the youth survey, key informant interviews with adult allies for youth, and the youth focus group. Priority populations who are most affected by each health need and experience health disparities are also shown. Finally, where applicable, Healthy People 2030 Goals are highlighted, including the performance of Fulton County and the state compared to the benchmark goal.

# #1 Youth Health Need: MENTAL HEALTH



**⚠️ Trigger Warning:** The following pages discuss suicide, which may be disturbing for some people and trigger unpleasant memories or thoughts. You can call the 988 Suicide & Crisis Lifeline at 988 for 24-hour, confidential support.

## IN OUR COMMUNITY

### Top reported causes of anxiety, stress, or depression among Fulton County youth survey respondents:

- Homework (56%)
- Sports (36%)
- Academic success (35%)
- Self-image (26%)
- Peer pressure (22%)
- Fighting with friends (22%)

## BARRIERS TO CARE

 **29%** of youth reported they wouldn't seek mental health help, because they can handle it themselves.

 **18%** said they are worried about what others might think if they ask for help.

 **11%** said they have no time to seek help.

 **7%** reported not knowing where to go for help.

According to the youth survey, when youth are **dealing with personal problems or feelings of depression or suicide**, they talk to:

- Best friend (22%)
- Parents (21%)
- No one (18%)
- My girlfriend/boyfriend (10%)
- Brother/sister (5%)



During the past year, **23%** of youth respondents reported **feeling so sad or hopeless almost every day for 2 weeks or more** that they stopped doing some usual activities, compared to 28% for Ohio.<sup>2</sup>



**10%** of youth survey respondents seriously **considered attempting suicide** in the past 12 months, slightly lower than Ohio overall (13%).<sup>2</sup>

The most common ways youth reported **dealing with anxiety, stress, or depression** are:



- Sleep (44%)
- Hobbies (36%)
- Talk to someone in my family (28%)
- Pray/Read the Bible (26%)
- Exercise (22%)
- Text someone (20%)

**15%** of youth reported **purposely hurting themselves**. The most reported ways were:

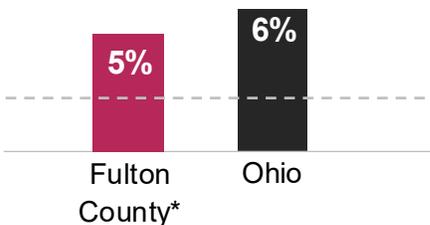
- Scratching (10%)
- Cutting (8%)
- Hitting (7%)
- Biting (5%)
- Self-embeddings (3%)

# #1 Youth Health Need: MENTAL HEALTH



## HEALTHY PEOPLE (HP) 2030 NATIONAL TARGETS

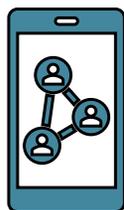
### YOUTH ATTEMPTED SUICIDE RATE



HP 2030 TARGET: 2%  
DESIRED DIRECTION: ↓

✗ Neither Fulton County nor Ohio yet meet the target.<sup>2</sup>

\*As reported in the 2025 Fulton County youth survey.



Nearly 1 in 4 (24%) youth respondents said that they wish they spent less time on social media.

6% said that they often feel anxious after checking their social media account, and 5% reported feeling depressed after checking their account.



## COMMUNITY FEEDBACK

*“People are ashamed to talk about mental health issues if they are having them, because they don’t want to be judged.”*



Youth Focus Group

*“I think there’s a lot of unaddressed mental health and stress in our community.”*



Adult Ally Interview

*“Youth without stable family support often struggle to find mental health care services.”*



Youth Focus Group

## PRIORITY POPULATIONS MENTAL HEALTH

While **mental health** is a potential concern for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...



Female survey respondents were **2 times more likely than males** to report **feeling sad or hopeless** almost every day for **two weeks or more in a row**.



Survey respondents **11-12 years old** were **more likely** than any other age group to report **peer pressure** as a cause of anxiety, stress, or depression.

In the **youth focus group**, mental health was the **top-reported concern** for the community. Students said **stigma** was a **barrier to seeking help**.

## INTERVIEW AND FOCUS GROUP FINDINGS

### Top issues/barriers for youth:

- Lack of access to services
- Depression and suicide
- Mental health provider shortage

### Sub-populations most affected:

- Youth/adolescents
- Low-income population
- Females

### Top youth resources, services, programs, and/or efforts:

- Maumee Valley Guidance Center
- Mental Health Coalition
- Recovery services
- Tackle

# #2 Youth Health Need: SEXUAL HEALTH



## IN OUR COMMUNITY

### IN THE FULTON COUNTY YOUTH SURVEY, YOUTH REPORTED PARTICIPATING IN THE FOLLOWING:

10%	viewed pornography/naked pictures
7%	sexual intercourse
7%	other sexual activities (not including kissing or holding hands)
5%	sexting (pictures and/or words)



Most youth reported being taught about pregnancy prevention, STDs, HIV/AIDS, and the use of condoms by the following:

- School (63%)
- Parents/caregiver (50%)
- My doctor (24%)
- Internet or other social media (18%)
- Friends (15%)



## COMMUNITY FEEDBACK

*"The health center needs to promote their services more; I often forget about them, and they have a lot of resources for sexual health."*



Youth Focus Group

*"We don't see too much of HIV or AIDS, but we do see more of sexually transmitted diseases."*



Adult Ally Interview

## PRIORITY POPULATIONS SEXUAL HEALTH

While **sexual health** is a potential concern for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...



Approximately **4%** of all births in both Fulton County and Ohio are to **female teenagers (ages 15-19)**.<sup>18</sup>

The average age that Fulton County youth survey respondents had **sexual intercourse for the first time** is **15 years old**.

**1%** of Fulton County youth have been **threatened or blackmailed** with the possibility of someone sharing real or fake nude pictures (**sextortion**).

**2%** of Fulton County youth have been **forced to do sexual activities**.

## INTERVIEW AND FOCUS GROUP FINDINGS

### Top issues/barriers for youth:

- Lack of education/awareness of resources

### Sub-populations most affected:

- Youth/teenagers

### Top youth resources, services, programs, and/or efforts:

- Fulton County Health Department



**71%** of youth survey respondents reported that they **plan to remain abstinent until marriage**. This is an **increase** from previous years.

# #3 Youth Health Need: UNINTENTIONAL INJURIES



11% of Fulton County youth survey respondents reported **eating while driving**, 8% reported **talking on the phone**, and 6% reported **driving while tired or fatigued**.

## IN OUR COMMUNITY



**11%** of Fulton County and Ohio youth reported riding in a car or other vehicle driven by someone who had been drinking alcohol at least once.<sup>2</sup>



**82%** of Fulton County youth report that there are **firearms** kept in or around their home.

Of these youth, **46%** reported that they were **locked**, **22%** said they were **unlocked**, and **5%** said they were **loaded**.



### COMMUNITY FEEDBACK

*"We have both mature and teen drivers involved in accidents. The teen drivers must understand the laws and responsibilities behind the wheel. Overall, we just need more education."*



Adult Ally Interview

## PRIORITY POPULATIONS UNINTENTIONAL INJURIES

While **unintentional injuries** are a potential concern for the entire community, these groups of people are more likely to be affected by this health need, based on data we collected from our community...



**Injuries** have been the **leading cause of death** in children for years, with most of these deaths being preventable.<sup>19</sup>



**Female** survey respondents were more likely than males to report **driving distracted** (75% vs. 61%).

### INTERVIEW AND FOCUS GROUP FINDINGS

**Top issues/barriers for youth:**

- Car accidents/traffic safety

**Top youth resources, services, programs, and/or efforts:**

- Local EMS
- Fulton County Safe Communities Traffic Fatality Review

# IDEAS FOR CHANGE FROM OUR COMMUNITY



These are *ideas* that we heard from adult allies for youth and youth community members for potential suggestions to support community health.

## ACCESS TO HEALTHCARE

- Reduce barriers to accessing primary healthcare services.
- Expand dental care services in the county.
- Recruit additional healthcare providers to the area.
- Expand insurance coverage options and enrollment assistance.
- Improve pharmacy access in underserved areas.
- Bring specialized medical services to the county.
- Provide translation services for migrant and non-English speaking populations.
- Expand urgent care facilities and hours.

## ADDICTION AND SUBSTANCE MISUSE

- Regulate the placement of marijuana dispensaries away from youth areas.
- Integrate mental health services with substance use treatment.
- Develop youth-specific prevention programs focused on brain development.
- Recruit and train counselors specializing in youth substance abuse.
- Expand marijuana and opioid education and treatment programs.
- Provide parenting education about substance use prevention.
- Implement comprehensive substance abuse prevention in schools.
- Ban or restrict vaping products for youth.

## EDUCATION

- Improve school accessibility and expand special education services for students with disabilities, including autism support.
- Hire bilingual staff to better serve Spanish-speaking families.
- Ensure all students have reliable internet access at home.

## EDUCATION (CONT.)

- Expand mental health services in schools, including trauma-informed care training for educators.
- Increase physical education time and align skilled trades training with local workforce needs.
- Expand preschool access with affordable options for working families.
- Address transportation barriers for students and childcare access.
- Increase competitive wages for teachers and childcare workers.
- Implement comprehensive substance use prevention programs in schools.
- Provide education on teen driver safety and traffic laws.

## MENTAL HEALTH

- Expand mental health care capacity and improve provider retention through competitive pay and support.
- Address the adolescent mental health crisis through school-based services and age-appropriate behavioral health programs.
- Expand anxiety, depression, and suicide prevention programs with crisis services available.
- Continue anti-stigma campaigns and expand parental education about youth mental health.
- Reduce insurance barriers to accessing mental health services.
- Integrate substance use and mental health treatment services.
- Address ongoing COVID-related mental health impacts and negative effects of technology and social media.
- Create early intervention programs for emerging mental health concerns.

# IDEAS FOR CHANGE FROM OUR COMMUNITY (CONT.)



These are *ideas* that we heard from adult allies for youth and youth community members for potential suggestions to support community health.

## NUTRITION/PHYSICAL HEALTH

- Expand access to healthy food options and reduce cost barriers through subsidies and expanded food assistance programs.
- Improve food access in rural areas through delivery, mobile markets, and farmers markets that accept SNAP benefits.
- Expand nutrition education in schools and community settings, including meal planning and cooking classes.
- Address diabetes through targeted nutrition education and support programs.
- Increase participation in school breakfast and lunch programs.
- Support year-round access to fresh produce through community gardens.
- Upgrade and maintain recreational facilities, parks, and trails throughout the county.
- Expand physical activity opportunities for all ages and increase youth engagement in sports.
- Expand physical education programs in schools and combat sedentary lifestyles through community-wide initiatives.
- Create diverse physical activity facilities and green spaces in underserved areas.

## SOCIAL DETERMINANTS OF HEALTH

### *Adverse Childhood Experiences*

- Develop youth-specific prevention programs.
- Implement trauma-informed approaches across systems.
- Provide parenting education and support programs.
- Strengthen parental involvement across multiple service systems.

### *Housing & Homelessness*

- Increase affordable housing stock through development incentives and require affordable units in new developments.
- Regulate corporate ownership of rental properties to stabilize costs.

## SOCIAL DETERMINANTS OF HEALTH (CONT.)

- Expand homelessness prevention and intervention services, including transitional housing programs.
- Enforce housing quality and safety standards.
- Protect residents from predatory lending and land contracts.
- Provide down payment assistance for first-time homebuyers.
- Expand housing navigation services and streamline HUD funding processes

### *Income/Poverty & Employment*

- Connect students with employment and internship opportunities and align skilled trades training with local workforce needs.
- Increase wages to competitive levels for teachers and childcare workers.
- Expand food assistance programs and reduce cost barriers to purchasing healthy food.
- Subsidize childcare and internet costs for lower-income families.
- Provide rental and housing assistance with cost-of-living adjustments.
- Expand transportation options to employment centers and subsidize vehicle ownership costs for low-income residents.

## SEXUAL HEALTH

- Enhance HIV, AIDS, and STI prevention and treatment services.

## TOBACCO AND NICOTINE USE

- Expand tobacco and nicotine prevention programs for youth.
- Eliminate vaping in schools through education and enforcement.

# IDEAS FOR CHANGE FROM OUR COMMUNITY (CONT.)



These are *ideas* that we heard from adult allies for youth and youth community members for potential suggestions to support community health.

## UNINTENTIONAL INJURIES

- Implement injury prevention programs targeting high-risk populations.
- Implement vector-borne disease prevention and monitoring programs.

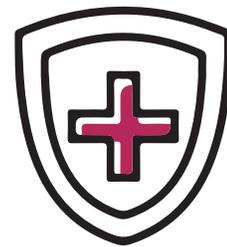
## VIOLENCE & SAFETY

- Address crime and violence through prevention and intervention programs.
- Strengthen enforcement and accountability for substance-related crimes.
- Address safety concerns to enable outdoor activities in rural areas.
- Develop safe walking routes to schools where feasible.

## OTHER OPPORTUNITIES

- Monitor and improve air and water quality and regulate industrial environmental impacts.
- Expand broadband infrastructure to rural areas, subsidize internet costs, and establish secure public Wi-Fi access points.
- Provide mobile hotspots or devices to families in need.
- Develop public transportation services and expand ride-share programs to connect residents with essential services.
- Improve walkability and pedestrian infrastructure throughout the county.
- Create accessible transportation options for individuals with disabilities.
- Address driver's license barriers through education and assistance programs.
- Strengthen community partnerships and improve coordination between service providers.
- Improve accessibility across all systems for individuals with disabilities.
- Increase youth engagement in positive community activities and programs.

# CURRENT RESOURCES ADDRESSING PRIORITY YOUTH HEALTH NEEDS FULTON COUNTY



Information was gathered on youth assets and resources that currently exist in the community. This was done using feedback from the adult allies for youth interviews, the youth focus group, and an overall assessment of the service area. While this list strives to be comprehensive, it may not be complete.

## Access to Healthcare

- Ability Center
- American Cancer Society
- American Heart Association
- American Lung Association
- Bryan Community Health Center
- Community Health Services
- Epilepsy Center of NW Ohio
- Fulton County Health Center
- Fulton County Health Department
- Free Clinic of Fulton County
- Health Partners of Western OH
- Kidney Foundation of Northwest Ohio
- Lions Club
- Ohio's Best Rx
- Tackle

## Community & Social Services

- Boy Scouts of America
- Community Pregnancy Center
- Faith-Based Youth Groups
- Fayette Community Development Corporation (CDC)
- Fulton County 4-H
- Fulton County Child Support Enforcement Agency

## Community & Social Services (Cont.)

- Fulton County Job & Family Services
- Fulton County Probate Court
- Girl Scouts of America
- Hands of Grace
- Heritage Girls
- Inner Peace Homes
- Lutheran Social Services
- Shalom Counseling & Mediation Center

## Education

- Archbold Area School
- English for Speakers of Other Languages
- Evergreen Local Schools
- Fayette Local Schools
- Four County Career Center
- Fulton County Head Start Program
- Help Me Grow
- Ohio State University Extension
- Pettisville Local Schools
- Pike-Delta-York Local Schools
- Swanton Local Schools
- Wauseon Exempted Schools

## Food Insecurity

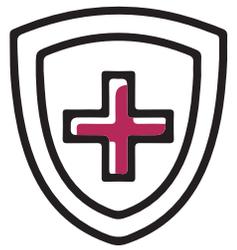
- Alano Club
- Christ United Methodist Church
- FISH
- Helping Hands Food Pantry
- Open Door of Delta
- Salvation Army
- St Vincent DePaul
- Trinity Assistance Fund
- WIC

## Housing & Homelessness

- New Home Development
- Northwest Ohio Community Action Commission
- Open Door of Delta
- P.A.T.H. Center
- St Vincent DePaul
- U.S.D.A. Rural Development

# CURRENT RESOURCES ADDRESSING PRIORITY YOUTH HEALTH NEEDS (CONT.)

## FULTON COUNTY



Information was gathered on youth assets and resources that currently exist in the community. This was done using feedback from the adult allies for youth interviews, the youth focus group, and an overall assessment of the service area. While this list strives to be comprehensive, it may not be complete.

### **Mental Health & Addiction**

- Arrowhead Behavioral Health
- Center for Child & Family Advocacy Fulton County
- Alano Club
- Four County ADAMhs Board
- Healthy Choices Caring Communities
- Live Vape Free
- Maumee Valley Guidance Center
- Ohio Guidestone
- Ohio Tobacco Quit Line
- Project Dawn
- Recovery Services of Northwest Ohio
- 911
- 988

### **Nutrition & Physical Health**

- American Lung Association
- Community Parks & Recreation
- Fulton County Special Olympics

### **Transportation**

- Fulton County Job & Family Services
- FISH
- Hands of Grace
- St Vincent DePaul

# CONCLUSION & NEXT STEPS



## CONCLUSION & NEXT STEPS

Fulton County Partners for Health completed a comprehensive Youth Community Health Needs Assessment (CHNA) through collaborative data collection and community engagement. Next steps include developing the 2026-2028 Implementation Strategy/Improvement Plan (IS/CHIP) with objectives to address prioritized youth health needs.

# DOCUMENT, ADOPT/POST, AND NEXT STEPS



Fulton County Partners for Health worked with Moxley Public Health to pool expertise and resources to conduct the 2025 Youth Community Health Needs Assessment (CHNA). By gathering secondary (existing) data and conducting new primary research as a team (through interviews with adult allies, focus groups/listening sessions with youth, and a youth survey), the stakeholders will be able to understand the community's perception of health needs. Additionally, Fulton County Partners for Health will be able to prioritize health needs with an understanding of how each need compares against benchmarks and is ranked in importance by service area residents.

The 2026-2028 Implementation Strategy/Improvement Plan (IS/CHIP) (that includes indicators and SMART objectives to successfully monitor and evaluate the improvement plan) will be reviewed by the public prior to final approval by Fulton County Partners for Health. Once approved, the final draft will be publicly posted and made widely available to the community.

## **REPORT ADOPTION, AVAILABILITY, AND COMMENTS**

This Youth CHNA was adopted by Fulton County Health Department and Fulton County Health Center leadership and made widely available on their websites in February 2026.

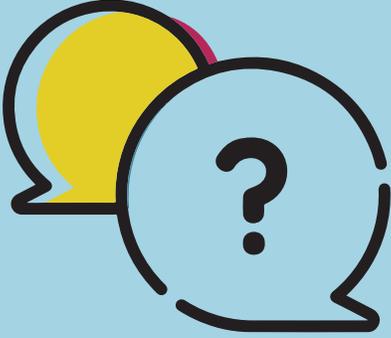
Fulton County Health Department: <https://fultoncountyhealthdept.com/data-resources/health-assessments>

Fulton County Health Center: <https://fultoncountyhealthcenter.org>

Written comments on this report are welcome and can be made by emailing: [FCHE@fultoncountyoh.com](mailto:FCHE@fultoncountyoh.com).



# APPENDIX A **BENCHMARK COMPARISONS**



## **BENCHMARK COMPARISONS**

The following table compares Fulton County rates of the identified youth health needs to the national goals called **Healthy People 2030 Objectives**. These benchmarks show how the service area compares to national goals for the same health need. This appendix is useful for monitoring and evaluation purposes in order to track the impact of our Implementation Strategy (IS)/Improvement Plan (CHIP) to address priority health needs.

# APPENDIX A: HEALTHY PEOPLE OBJECTIVES & BENCHMARK COMPARISONS

Where data were available, Fulton County youth health and social indicators were compared to the Healthy People 2030 objectives. The **black** indicators are Healthy People 2030 objectives that did not meet established benchmarks, and the **green** items met or exceeded the objectives. Certain indicators were not reported, marked as N/R. [Healthy People Objectives](#) are released by the U.S. Department of Health and Human Services every decade to identify science-based objectives with targets to monitor progress, motivate, and focus action.

BENCHMARK COMPARISONS			
INDICATORS	DESIRED DIRECTION	FULTON COUNTY	HEALTHY PEOPLE 2030 OBJECTIVES
Binge drinking*	↓	1.9%	8.0%
Child and teen obesity*	↓	29.4%	16.0%
Child health insurance rate <sup>1</sup>	↑	95.5%	92.4%
Current cigarette smoker*	↓	2.2%	3.0%
Current drinker*	↓	4.0%	6.0%
Current e-cigarette user*	↓	3.0%	11.0%
High school graduation rate (% who graduate in 4 years) <sup>5</sup>	↑	97.2%	90.7%
Marijuana use in the past month*	↓	2.0%	6.0%
Youth attempted suicide rate*	↓	4.8%	2.0%

\*As reported in 2025 Fulton County youth survey.



## APPENDIX B

# ADULT ALLIES FOR YOUTH INTERVIEW PARTICIPANTS



## ADULT ALLIES FOR YOUTH INTERVIEW PARTICIPANTS

Listed on the following page are the names of **10** leaders, representatives, and members of the community who were consulted for their expertise on the needs of youth in the community. The following individuals were identified by the Youth Community Health Needs Assessment team as leaders based on their professional expertise and knowledge of various target groups throughout the service area.

# APPENDIX B: ADULT ALLIES FOR YOUTH INTERVIEW PARTICIPANTS FULTON COUNTY



<b>INTERVIEW PARTICIPANTS</b>		
<b>NAME(S)</b>	<b>ROLE</b>	<b>ORGANIZATION</b>
1. Troy Armstrong	Superintendent	Wauseon Exempted Schools
2. Doug Ford	High School Principal	Pike Delta York Schools
3. Lindsay Gerken	Chief Probate Officer/ Juvenile Division	Fulton County Probate/ Juvenile Court
4. Rachel Kinsman	Health Educator	Fulton County Health Department and Coach in Archbold
5. Chris Lake	Superintendent	Swanton Local School District
6. Jan Lindsay	Middle School Guidance Counselor	Archbold Area Schools
7. William McConnell	Fayette School Resource Officer	Fayette Police Department
8. Jennifer Ruetz	Fulton County Family and Children First Coordinator	Fulton County Family and Children, 4-H Advisor, and Fulton County Health Department
9. Melissa Rupp	Extension Educator, Family and Consumer Sciences	Ohio State University Extension Fulton County
10. Karen VonDeylen	Prevention Manager	Maumee Valley Guidance Center

## APPENDIX C

# YOUTH FOCUS GROUP & LISTENING SESSIONS



## YOUTH FOCUS GROUP & LISTENING SESSIONS

Listed on the following page are the details of the **1 focus group** and **4 listening sessions** conducted with a total of **95 youth community members**, including the number of participants, format, and group represented.

# APPENDIX C: YOUTH FOCUS GROUP & LISTENING SESSIONS



We heard directly from Fulton County youth through the youth focus group, as well as four listening sessions. Moxley Public Health collaborated with Fulton County Health Department to organize the virtual youth focus group, which was open to high school students across Fulton County. In this group, we heard from students from different grades, schools, and zip codes. This group asked students to speak on the issues and concerns they have, as well as the impacts they see from those issues.

The four listening sessions were organized and facilitated by representatives from HC3: Healthy Choices Caring Communities. These sessions focused on cannabis use to better understand the knowledge and attitudes toward cannabis use by Fulton County youth. Two of the sessions were held with middle school students from 6<sup>th</sup> and 8<sup>th</sup> grades, and the other two were with high school students from 9<sup>th</sup> and 12<sup>th</sup> grades. The sessions involved youth from two area school districts.

The table below is an overview of the focus group and listening sessions, including the group format and the number of participants.

FOCUS GROUP PARTICIPANTS			
GROUP/TOPIC REPRESENTED	FORMAT	PARTICIPATING ORGANIZATION(S)	# OF PARTICIPANTS
Youth Cannabis Use	In-person	HC3: Healthy Choices Caring Communities	88 (across 4 sessions)
Youth	Virtual	Fulton County Health Department and Moxley Public Health	7



# APPENDIX D **YOUTH SURVEY**



## **YOUTH SURVEY**

On the following pages are the questions and demographics from the youth survey that was distributed to Fulton County youth to get their perspectives and experiences on their health, school environment, relationships, and overall well-being. **681 responses** were received.

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## YOUTH SURVEY

### **Directions:**

This survey asks you about your health and things you do in your life that affect your health. The information you give us will be used to develop better health education and services for people your age. The answers you give will be kept private. No one will know what you answer. Answer the questions based on what you really do.

**Completing the survey is voluntary.** Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank. The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name.

### **Information About You**

1. Select the school building in which you are a student.

- Archbold Middle School
- Archbold High School
- Evergreen Middle School
- Evergreen High School
- Fayette Schools
- Pettisville Schools
- Pike-Delta-York Middle School (Delta Middle School)
- Pike-Delta-York High School (Delta High School)
- Swanton Middle School
- Swanton High School
- Wauseon Middle School
- Wauseon High School

2. How old are you?

- 12 years old or younger
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years or older

3. What is your sex?

- Female
- Male
- Other

4. In what grade are you?

- 6<sup>th</sup> grade
- 7<sup>th</sup> grade
- 8<sup>th</sup> grade
- 9<sup>th</sup> grade
- 10<sup>th</sup> grade
- 11<sup>th</sup> grade
- 12<sup>th</sup> grade

5. How do you describe yourself? (SELECT ALL THAT APPLY)

- American India/Alaskan Native
- Asian
- Black or African American
- Hispanic or Latino
- Native Hawaiian or Other Pacific Islander
- White
- Biracial/Mixed
- Other

6. Which of these activities do you currently participate in? (SELECT ALL THAT APPLY)

- A school club or social organization
- A church or religious organization
- A church youth group
- A sports or travel program
- Exercising outside of school
- A part-time job
- Take care of your siblings after school
- Take care of parents or grandparent
- Babysit for other kids
- Some other organized activity (4H, Scouts)
- Volunteer in the community
- I do not participate in any of these activities

7. Do you live with...? (SELECT ALL THAT APPLY)

- Both of your parents
- One of your parents
- Mother and step-father
- Father and step-mother
- Mother and partner
- Father and partner
- My parents have joint custody
- Grandparent(s)
- Another relative
- Gurdian(s)/foster parent(s)/group home
- On your own or with friends/partner

### **Personal Safety**

8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

- 0 times
- 1 time
- 2 or 3 times
- 4 or 5 times
- 6 or more times

9. During the past 30 days, did you drive a car or other vehicle while doing the following? (SELECT ALL THAT APPLY)

- I do not drive
- Did not wear a seatbelt
- Drive while tired or fatigued
- Texting
- Talking on cell phone
- Reading
- Using cell phone other than for talking or texting (Social media, music)
- Drinking alcohol
- Using illegal drugs
- Using marijuana
- Misusing prescription drugs
- I do not do any of the above while driving

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10. Are any firearms kept in or around your home? Include those kept in a garage, outdoor storage area, car, truck or other motor vehicle. (SELECT ALL THAT APPLY)

- Yes, and they are locked
- Yes, and they are unloaded
- Yes, but they are unlocked
- Yes, but they are loaded
- Yes, but don't know if they are locked and/or loaded
- No, there are no guns
- Don't know if there are firearms

### Violence-related Behavior

11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

- 0 days
- 1 day
- 2 or 3 days
- 4 or 5 days
- 6 or more days

12. During your life, have you ever purposely hurt yourself by: (SELECT ALL THAT APPLY)

- I have never hurt myself on purpose
- Cutting
- Buring
- Scratching
- Hitting
- Biting
- Self-embedding (inserting an object into your skin to hurt yourself)

13. During the past 12 months, did someone you were dating or going out with do any of the following? (SELECT ALL THAT APPLY)

- Physically hurt you on purpose (such as being hit, slammed into something, or injured with an object or weapon)
- Forced or pressured you to do sexual things that you did not want to (such as kissing, touching, or being physically pressured/forced to have sexual intercourse)
- Stalked you
- None of the above
- I did not date or go out with anyone during the past 12 months

14. During the past 12 months, have you ever been the victim of teasing or name calling because of any of the following? (SELECT ALL THAT APPLY)

- Your weight, size, or physical appearance
- Your gender
- Your race or ethnic background
- Because someone thought you were gay, lesbian, bisexual, transgender, etc..
- A disability
- None of the above

15. In the past 12 months, have you ever been bullied repeatedly by the same person/group?

- Yes
- No

16. During the past 12 months, have you ever been bullied on school property? (Includes: buildings, bus, athletic field, stadium)

- Yes
- No

17. During the past 12 months, what types of bullying have you experiences? (SELECT ALL THAT APPLY)

- Physically bullied (you were hit, kicked, punched, or people took your belongings)
- Verbally bullied (teased, taunted, or called you harmful names)
- Indirectly bullied (spread mean rumors about you or kept you out of a "group")
- Cyber bullied (teased, taunted, or threatened by e-mail, cell phone, social media or other electronic methods)
- Sexually bullied (using nude or semi-nude pictures to pressure someone to have sex that does not want to, blackmail, intimidate, or exploit another person)
- None of the above

### Alcohol Consumption

***Drinking alcohol includes drinking beer, wine, seltzers, and liquor such as rum, gin, vodka, or whisky. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.***

18. How old were you when you had your first drink of alcohol other than a few sips?

- I have never had a drink of alcohol/other than a few sips
- 8 years old or younger
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old or older

19. During the past 30 days, did you drink one or more drinks of an alcoholic beverage?

- Yes
- No

20. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?

- 0 days
- 1 day
- 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 days or more

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21. During the past 30 days, how did you usually get your alcohol? (SELECT ALL THAT APPLY)

- I did not drink during the past 30 days
- I bought it in a store such as a liquor store, convenience store, supermarket, discount store or gas station
- Someone gave it to me
- My friend or sibling 21 and older bought it for me
- Someone else age 21 and older bought it for me
- My parent gave it to me
- I took it from a family member
- I bought it with a fake ID
- I got it some other way

22. During the past 30 days, where did you usually drink alcohol? (SELECT ALL THAT APPLY)

- I did not drink during the past 30 days
- At my home
- At a friend's home
- At another person's home
- While riding in or driving a car or other vehicle
- At a restaurant, bar or club
- At a public place such as a park, beach or parking lot
- At a public event such as a concert or sporting event
- On school property

### Mental Health

23. What causes you anxiety, stress or depression? (SELECT ALL THAT APPLY)

- Peer pressure
- Fighting in home
- Financial concerns/not enough money
- Job
- Homework
- Dating/relationship/breakup
- Fighting with friends
- Being bullied
- Sports
- Academic success
- Death of close family member or friend
- Someone you're close to is sick
- My own illness or disability
- Alcohol or drug use in the home
- My own alcohol or drug use
- Parent divorce/separation
- Other stress at home
- Sexual orientation
- Gender identity
- Self-image
- Social media (Snapchat, Instagram, TikTok)
- Current news/world events/political environment
- Not having a place to live
- Not having enough to eat
- I do not have anxiety, stress or depression

24. How do you deal with anxiety, stress, or depression? (SELECT ALL THAT APPLY)

- Talk to someone in my family
- Talk to a trusted adult
- Talk to a peer
- Exercise
- Eat more or less than normal
- Drink alcohol/smoke/use tobacco/use illegal drugs/use marijuana/vape
- Sleep
- Hobbies
- Journal
- Shop
- Break something
- Pray/read the Bible
- Use social media (Snapchat, Instagram, TikTok)
- Text someone
- Chat with AI
- self-harm
- I do not have anxiety, stress, or depression

25. When you are dealing with personal problems or feelings of depression or suicide (suicidal thoughts), with whom do you talk about your concerns? (SELECT ALL THAT APPLY)

- No one
- Best friend
- My girlfriend/boyfriend
- Pastor/Priest/Youth Minister/religious leader
- Brother/sister
- Parents
- Coach
- Teacher
- Family doctor
- School counselor
- Other trusted adult
- Adult relative (grandparent, aunt, uncle)
- Call/Text Crisis Line/988
- Chat with AI
- Other
- I do not have personal problems or feelings of depression or suicide

26. What would keep you from seeking help if you were dealing with anxiety, stress, depression or thoughts of suicide? (SELECT ALL THAT APPLY)

- I would seek help
- I am currently in treatment
- Paying for it
- Transportation
- No time
- Worried what others might think
- Family would not support me in getting help
- I can handle it myself
- Do not know where to go
- Friends would not support me in getting help

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27. Trigger Warning: The following question about your childhood may be disturbing for some people and trigger unpleasant memories or thoughts. Please remember you can always skip any question you don't feel comfortable reading or answering.

Have you ever experienced any of the following? (SELECT ALL THAT APPLY)

- Your family did not look out for each other, feel close to each other, or support each other
- You did not have enough to eat, had to wear dirty clothes, and had no one to protect you
- Lived with someone who was depressed, mentally ill or suicidal
- Lived with someone who was a problem drinker or an alcoholic
- Lived with someone who used illegal street drugs, or who abused prescription medication
- Lived with someone who served time or was sentenced to serve time in a prison, jail, or other correctional facility
- Your parents became separated or were divorced
- Your parents were not married
- Your parents or adults in your home slapped, hit, kicked, punched or beat each other up
- A parent or adult in your home hit, beat, kicked, or physically hurt you in any way (not including spanking)
- A parent or adult in your home swore at you, insulted you, or put you down
- Someone at least 5 years older than you or an adult touched you sexually
- Someone at least 5 years older than your or an adult tried to make you touch them sexually
- Someone at least 5 years older than you an adult forced you to have sex
- None of the above happened to me

28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that stopped doing some usual activities?

- Yes
- No

29. During the past 12 months, did you ever seriously consider attempting suicide?

- Yes
- No

30. During the past 12 months, how many times did you actually attempt suicide?

- 0 times
- 1 time
- 2 or 3 times
- 4 or 5 times
- 6 or more times

### Tobacco Use

31. During the past 30 days, did you smoke part or all of a cigarette?

- Yes
- No

32. How old were you when you first tried tobacco products, even one or two puffs (tobacco or vape products)?

- I have never smoked a cigarette, even one or two puffs (tobacco or vape products)
- 8 years old or younger
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old or older

33. Which forms of tobacco/nicotine listed below have you used in the past year? (SELECT ALL THAT APPLY)

- Cigarettes
- Vape products, disposable or non-disposable (Breeze, Geek Bar)
- Chewing tobacco, snuff, dip (Copenhagen, Grizzly)
- Tobacco pouch (snus)
- Hookah
- Nicotine Pouches (Zyn, Fre)
- Bidis, Cigars, Black & Mild's, Cigarillos, Little Cigars, Swishers
- Other
- None

34. During the past 30 days, on how many days did you use a electronic vape product?

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

35. During the past 30 days, how did you usually get your own tobacco products (includes cigarettes and vape products)? (SELECT ALL THAT APPLY)

- I did not smoke tobacco or vape products during the past 30 days
- I bought them in a store such as a gas station, convenience store, or supermarket
- I gave someone else money to buy them for me
- I borrowed (or bummed) them from someone else
- A family member or friend 21 years or older gave it to me
- A person 21 years or older gave them to me
- I took them from a family member
- I purchased them online
- I bought them with a fake ID
- I got them some other way

36. If you have used e-cigarettes/vapes in the past 12 months, what did you put in it? (SELECT ALL THAT APPLY)

- I did not use e-cigarettes/vapes in the past 12 months
- Flavor with nicotine
- Flavor without nicotine
- No flavor with nicotine
- Homemade
- Marijuana, THC, or CBD

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37. During the past 12 months, did you ever try to quit?

- Yes, I tried to quit vaping
- Yes, I tried to quit tobacco use
- No, I did not try to quit
- I did not use any tobacco or vape products during the past 12 months

### Drug Use

38. During the past 30 days, have you used marijuana, weed or THC?

- Yes
- No

39. During the past 30 days, how did you usually use marijuana? (SELECT ALL THAT APPLY)

- I did not use marijuana in the past 30 days
- Smoked it (in a joint, bong, pipe, blunt)
- Vaporized it (vapor pen)
- Ate it (in brownies, edibles, cookies, candy)
- Drank it (tea, cola, alcohol)
- Dabbed it
- Medicinally
- Used it in some other way

40. During your life, how many times have you used medications that were either not prescribed for you or took more than was prescribed to feel good or high? (examples include OxyContin, Vicodin, Adderall, Concerta or Ritalin)

- 0 times
- 1 or 2 times
- 3 to 9 times
- 10 to 19 times
- 20 to 39 times
- 40 or more times

41. During the past 30 days, have you used prescription drugs not prescribed to you?

- Yes
- No

42. How did you usually get the medications that were not prescribed for you? (SELECT ALL THAT APPLY)

- I did NOT use medications not prescribed for me
- A friend gave them to me
- A parent gave them to me
- Another family member gave them to me
- I took them from a friend or family member
- I bought them from a friend
- I bought them from someone else
- The internet

43. What type of prescription drugs have you taken most often without a doctor's prescription? (SELECT ALL THAT APPLY)

- I do not take prescription drugs without a doctor's prescription
- Narcotic pain relievers (OxyContin, Percocet, Vicodin, Lortabs, Per 30's, Dirty 30's)
- Tranquilizers or anti-anxiety drugs (Xanax, Valium)
- Sleeping pills, sedatives and other depressants (Ambien, phenobarbital)
- Stimulants or amphetamines (Ritalin, Adderall, Vitamin-R, Study Drug)
- I take multiple types of prescription drugs at the same time
- Not sure

44. In the past 30 days, were you on school property under the influence of any of the following? (SELECT ALL THAT APPLY)

- Alcohol
- Marijuana/Weed/THC/edibles
- Other illegal drugs (cocaine, LSD, etc.)
- Prescription drugs, not prescribed to you or you took more than what was prescribed to feel good or get high
- I have not been under the influence of any of these on school property
- I have never been under the influence of any of these

45. Have you ever used any of the following on school property (SELECT ALL THAT APPLY)

- Alcohol
- Cigarettes
- THC/marijuana/edibles
- Vape products
- Chewing tobacco
- Illegal drugs
- Prescription drugs not prescribed to you
- None of the above

46. During your life, have you... (SELECT ALL THAT APPLY)

- Used any form of cocaine, including powder, crack or freebase
- Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high
- Used heroin (also called smack, junk, China White, dope, dragon, H, or black tar)
- Used methamphetamines (also called speed, crystal, crank, ice, or meth)
- Used hallucinogenic drugs, such as LSD, acid, Sid, Cid, Lucy, Blotter, or mushrooms)
- Used Kratom (Mitragynine, Bali)
- Used Delta 8 or Delta 9 (Weed light or Diet Weed)
- Took steroid pills, creams or shots without a doctor's prescription
- Used ecstasy/MDMA/Molly
- Misused over-the-counter medications (to get high)
- Used Opioids (Per 30's or Dirty 30's)
- Used Xylazine (Tranq/Zombie)
- Went to a pharm party/skittles
- Used GhB
- Used bath salts
- Used K2/spice
- Used posh/salvia/synthetic marijuana
- Used Fentanyl
- Misused Benadryl
- Misused hand sanitizer
- Misused cough syrup
- None of the above

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47. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

- Yes
- No

48. What has been your reason for not using alcohol, tobacco, or drugs (SELECT ALL THAT APPLY)

- I do use alcohol, tobacco, or drugs
- Health problems
- Legal consequences
- Family would be upset
- Kicked out of extra-curricular activities
- My values
- Random student drug testing
- My friends would not approve
- Other

49. When was the last time your mom, dad, or caregiver talked to you about the dangers of underage drinking or drug use?

- Never
- Less than 1 month ago
- 2-3 months ago
- 4-6 months ago
- 7-12 months ago
- More than one year ago

50. Who is the leading influence in your decision to use or not use alcohol, tobacco, or other substances?

- Parents/Caregiver
- Teachers
- Coaches
- Religious leader
- Other adult
- Peers
- Siblings
- Law enforcement
- Other trusted adult
- Yourself
- Social media/Influencers
- Other
- None of the above

51. Are any of the following easily available to you?

Available: Easily accessible in your home or community

Not available: Not easily accessible in your home or community

	Available	Not Available	Don't know
Alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vape Products (Breeze, Elf Bar)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heroin?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana/Weed/THC/edibles?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Methamphetamines?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prescription drugs not prescribed to you? (OxyContin, Vicodin, Percocet, Adderall, Concerta)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Synthetic Drugs (K2, Spice, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tobacco?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Narcan/Naloxone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Perceived Risk of Use

52. Do you think people risk harming themselves physically or in other ways if they do any of the following? (SELECT ALL THAT APPLY)

- Smoking cigarettes
- Drinking alcohol
- Using vape products
- Using marijuana/weed/THC/edibles
- Misusing prescription drugs
- None of the above

## Perception of Parental Attitudes Towards Use

53. Would your parents disapprove of you doing any of the following? (SELECT ALL THAT APPLY)

- Smoking cigarettes
- Drinking alcohol
- Using vape products
- Using marijuana/weed/THC/edible
- Misusing prescription drugs
- None of the above

## Perception of Peer Approval

54. Would your friends disapprove of you doing any of the following? (SELECT ALL THAT APPLY)

- Smoking cigarettes
- Drinking alcohol
- Using vape products
- Using marijuana/weed/THC/edible
- Misusing prescription drugs
- None of the above

## Sexual Behavior

55. Have you ever participated in the following? (SELECT ALL THAT APPLY)

- Sexual intercourse (sex)
- Other sexual activities (Do NOT include kissing or holding hands)
- Sexting (pictures and/or words)
- View pornography/naked pictures
- None of the above

56. How old were you when you had sexual intercourse (sex) for the first time?

- 11 years old or younger
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old or older
- I have never had sexual intercourse

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57. Where have you been taught about pregnancy prevention, sexually transmitted diseases (STD's), AIDS or HIV infection, or the use of condoms? (SELECT ALL THAT APPLY)

- School
- My doctor
- Parents/caregiver
- Other trusted adult
- Friends
- Siblings (brothers/sisters)
- Church
- Internet or other social media
- Somewhere else
- Have not been taught about these subjects

58. The last time you engaged in sexual activity, which methods did you or your partner use to prevent pregnancy and/or STD's? (SELECT ALL THAT APPLY)

- I have never engaged in sexual activity
- No method was used to prevent pregnancy and/or STD's
- Birth control pills
- Condoms
- A shot (Depo Provera), patch (Xulane) or birth control ring (NuvaRing)
- An IUD (Mirena, Liletta, Kyleena, Skyla, Paragard) or implant (Nexplanon)
- Withdrawal/pull out
- Other
- Not sure

59. Did you drink alcohol or use drugs before you had sexual intercourse (sex) the last time?

- I have never had sexual intercourse
- Yes
- No

60. Are you planning to stay abstinent (not have sex) until marriage?

- Yes
- No

61. Have you ever...? (SELECT ALL THAT APPLY)

- Been pregnant
- Gotten someone pregnant
- Wanted to get pregnant
- Tried to get pregnant
- Had an abortion
- Has a miscarriage
- Had a child
- Been treated for a sexually transmitted disease (STD)
- Had sex in exchange for something of value, such as food, drugs, shelter or money
- Been forced to do sexual activities
- Been forced or manipulated (tricked) to sell sex and give part or all of the money to someone else
- None of the above

62. In the past 30 days, have any of the following situations applied to you? (SELECT ALL THAT APPLY)

- You texted, e-mailed, snapchatted or posted electronically a revealing or sexual photo of someone
- You received a text, e-mail, or snapchat with a revealing or sexual photo of someone
- A revealing or sexual photo of you was texted, e-mailed, snapchatted or posted electronically without your permission
- Been threatened or blackmailed with the possibility of someone sharing real or fake nude pictures (sextortion)
- None of the above

### Diet & Nutrition

63. How do you describe your weight?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

64. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate and made you breathe hard some of the time.)

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

65. On average, how many servings do you have of the following per day?

\*Soda pop (not diet), lemonade, Kool Aid, fruit flavored drinks, smoothies, sweet-flavored coffee/tea drinks, sport drinks (Gatorade, Powerade)

\*\*Coffee, espresso, or energy drinks such as Celsius and Alani (do not include soda pop or tea)

	0 servings	1 serving	2 servings	3 servings	4 servings	5 or more servings
<b>Fruit</b> (1/2 cup = 1 serving)	<input type="radio"/>					
<b>Vegetables</b> (1/2 cup = 1 serving)	<input type="radio"/>					
<b>Sugar sweetened beverages*</b> (1 cup = 1 serving)	<input type="radio"/>					
<b>Caffeinated beverages**</b> (1 cup = 1 serving)	<input type="radio"/>					

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66. Where does most of the food in your home come from?  
(SELECT ONLY ONE RESPONSE)

- Grocery store
- Fast food restaurant
- Convenience/corner store
- Food pantry
- Doctor's office/food pharmacy
- Church
- School Backpack Program
- Other
- Don't know

67. During the past 30 days, how often did you go to bed hungry because your family/household did not have enough money for food?

- Never
- Rarely
- Sometimes
- Most of the time
- Always

68. On an average school day, how many hours do you spend doing the following activities?

	0 hours	Less than 1 hour	1 hour	2 hours	3 hours	4 hours	5 hours	6 + hours
Homework	<input type="radio"/>							
Job	<input type="radio"/>							
Extra-curricular activities (sports, scouts, clubs, etc.)	<input type="radio"/>							
Screentime (video games, social media, streaming, TV)	<input type="radio"/>							

## Miscellaneous

69. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

- Less than 1 year ago
- Between 1 to 2 years ago
- More than 2 years ago
- Never
- Don't know/not sure

70. When did you last visit your doctor or other healthcare professional for a routine check-up?

- Less than 1 year ago
- Between 1 to 2 years ago
- More than 2 years ago
- Never
- Don't know/not sure

71. Does your parent or caregiver regularly do any of the following?  
(SELECT ALL THAT APPLY)

- Help you with school work
- Talk to you about school
- Ask you about homework
- Go to meetings or events at your school
- Make the family eat a meal together
- Talk to you about alcohol, drug, vape, or tobacco use
- Talk to you about sex
- Talk to you about healthy choices
- Talk to you about social media
- Talk to you about goals for the future
- Talk to you about dating and health relationships
- Talk to you about condoms/safer sex/STD prevention
- Discuss abstinence and how to refuse sex
- Talk to you about body image
- Talk to you about your mental health
- Talk to you about healthy ways to deal with stress and emotions
- None of the above

72. If you have a social media account or online gaming account which of the following apply? (SELECT ALL THAT APPLY)

- I do not have any of these accounts
- I know all of the people in "my friends"
- I have physically met all the people I play with online
- I share personal information about myself, such as where I live
- My account is currently checked private
- My friends have the password to some or all of these accounts
- My parents/caregivers do not know I have an account
- I believe sharing personal information online is dangerous
- I have been bullied as a result of these accounts
- I have been asked to meet someone I met online
- I have participated in sexual activity with someone I met online
- I wish I spent less time on social media
- I feel pressured to have a social media account
- I feel depressed many times after checking social media
- I feel anxious many times after checking social media
- I take technology breaks
- I wish I did not have a social media account

73. Answer the following statements about school. (SELECT ALL THAT APPLY)

- You get a lot of encouragement
- Your teachers push you to do your best
- Your teachers care about you
- You are bored at school
- You skipped school in the past month
- You come to class unprepared
- You feel unsafe at school
- You feel protected at your school
- Classes I wanted to take got cut
- Extracurricular activities I was involved in got cut
- We have a lot of school pride
- Our community supports our school
- Adults don't take bullying serious at school
- Teachers or staff members bully/target me
- Teachers and/or staff don't care about me
- None of the above

# APPENDIX D: YOUTH SURVEY

74. During the past 30 days, where did you usually sleep?

- In my parent's or caregiver's home
- In the home of a friend, family member, or other person because I had to leave my home
- In a shelter or emergency housing
- In a motel or hotel
- In a car, park, campground, or other public place
- In a RV or camper
- I do not have a usual place to sleep
- Somewhere else

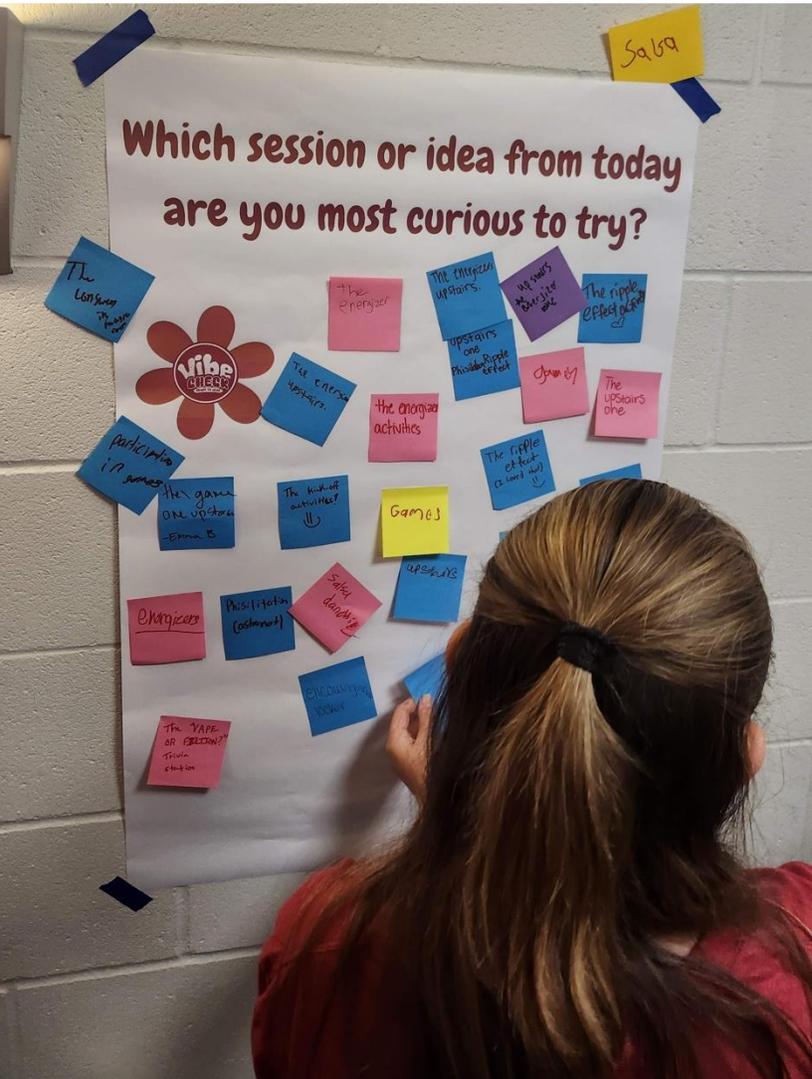
75. How tall are you without your shoes on?

Feet:

Inches:

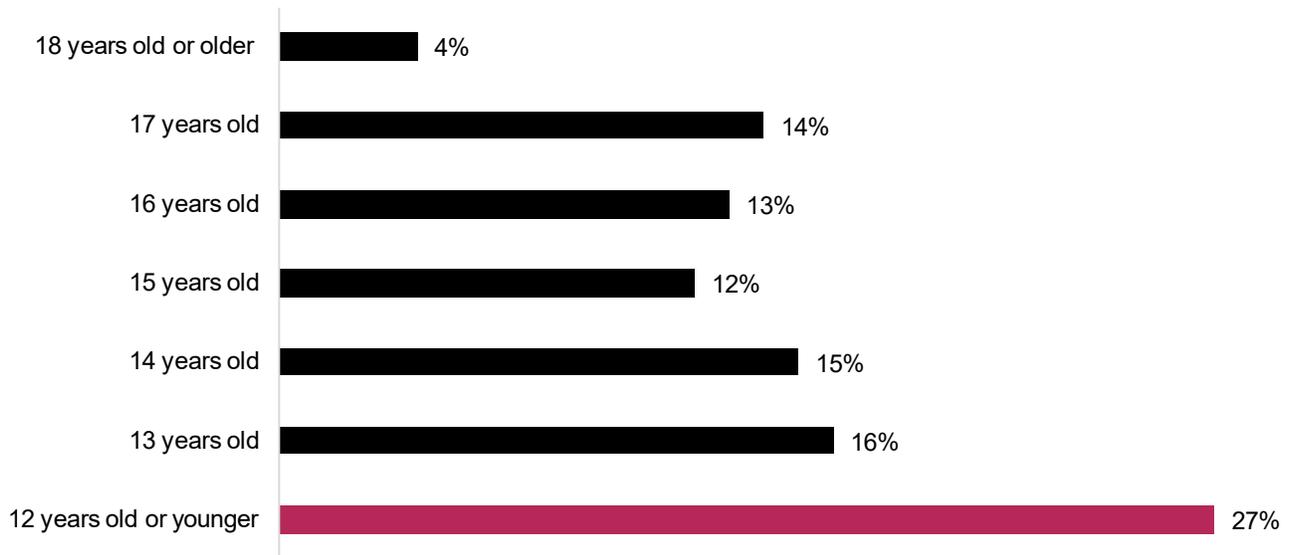
76. How much do you weight without your shoes on?

Pounds:

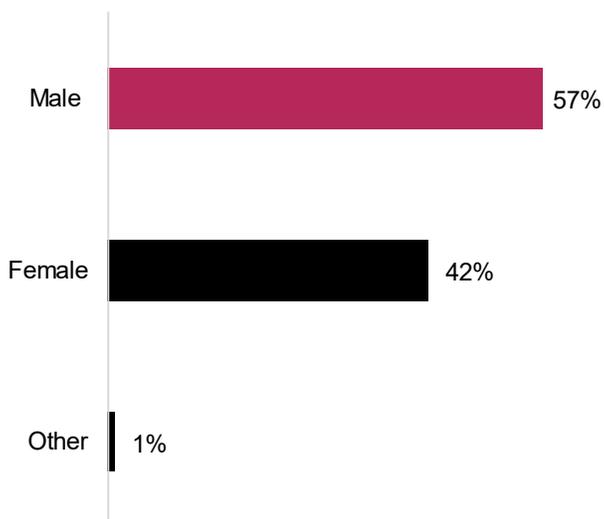


# APPENDIX D: YOUTH SURVEY DEMOGRAPHICS

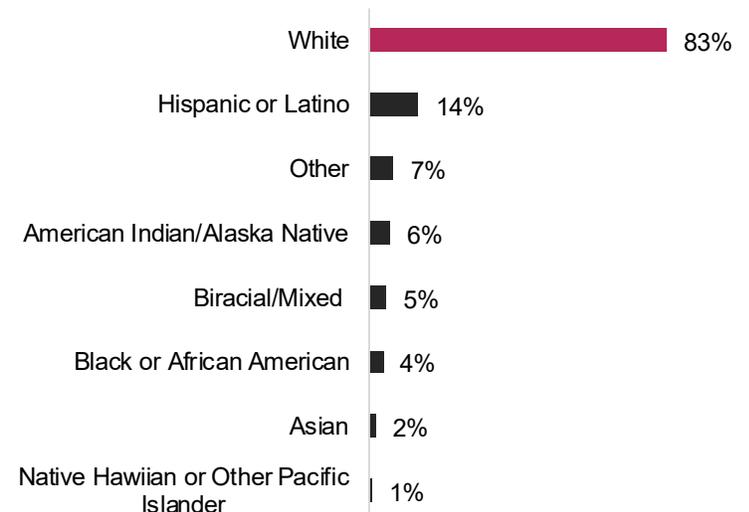
There was a greater proportion of survey responses from **11-12-year-olds** than older adolescents, particularly those aged 15 to 18 years or older.



The majority of respondents were **male** (females were underrepresented).

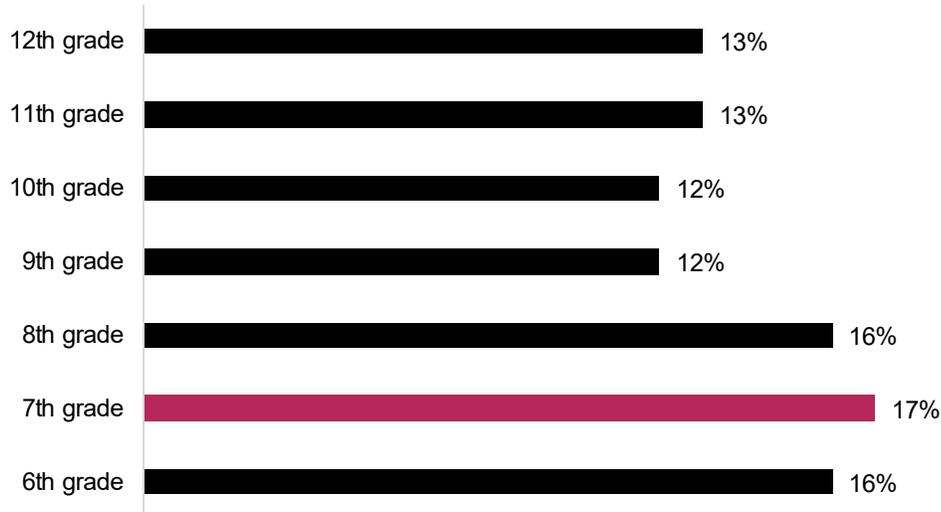


The majority of respondents were **White**, consistent with the composition of the service area. However, Black/African American and Multiracial residents were slightly underrepresented.

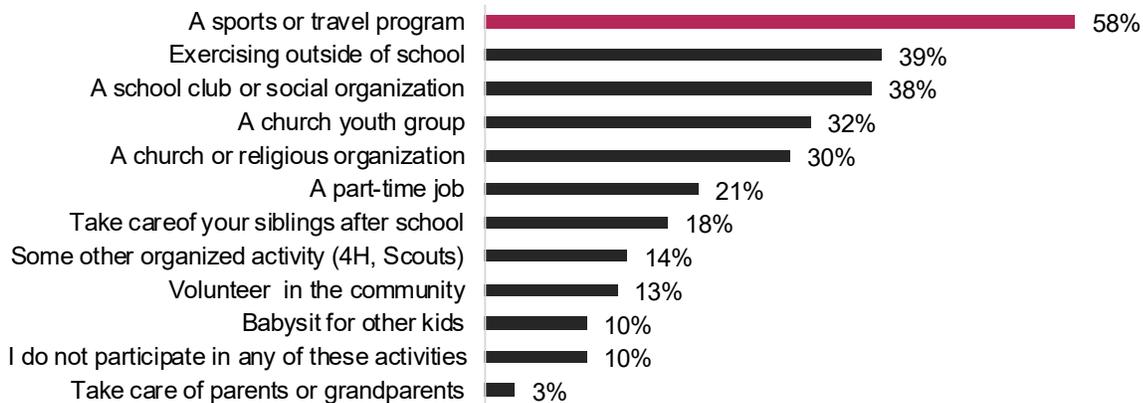


# APPENDIX D: YOUTH SURVEY DEMOGRAPHICS

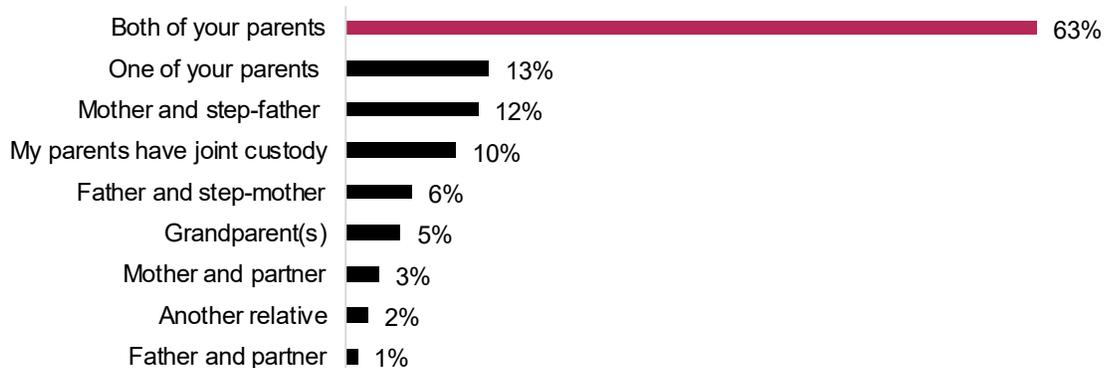
The majority of respondents are in **7<sup>th</sup> grade**, with 6<sup>th</sup> and 8<sup>th</sup> grade respondents being next.



The majority of respondents involved in some activity, with **over half** of respondents saying they are involved in **sports or a travel program**.



The majority of respondents live with **both of their parents** (63%), or at least one parent.



# APPENDIX E **REFERENCES**

# APPENDIX E:

## REFERENCES

The following reference list provides the sources for the secondary data that was collected for the Youth Community Health Needs Assessment (CHNA) in Fall 2025. The most up-to-date data available at the time was collected and included in the CHNA report. Please refer to individual sources for more information on years and methodology.

<sup>1</sup>National Institute of Diabetes and Digestive and Kidney Diseases, Overweight & Obesity Statistics, 2021.

<https://www.niddk.nih.gov/health-information/health-statistics/overweight-obesity?utm>

<sup>2</sup>Ohio Healthy Youth Environments Survey (OHYES!), Entire State Report 2023-2024.

<https://youthsurveys.ohio.gov/reports-and-insights/ohyes-reports/01-ohyes-reports>

<sup>3</sup>CDC Youth Risk Behavior Survey Trend Data, 2013-2023. <https://www.cdc.gov/yrbs/dstr/dietary-physical-sleep-behaviors.html>

<sup>4</sup>U.S. Census Bureau, American Community Survey, DP05, 2023 5-year estimate. <http://data.census.gov>

<sup>5</sup>Ohio Department of Education and Workforce, School Report Cards. District Graduation Rates 2024-2025.

<https://reportcard.education.ohio.gov/home>

<sup>6</sup>U.S. Census Bureau, American Community Survey, S0901, 2023 5-year estimate. <http://data.census.gov>

<sup>7</sup>Centers for Disease Control and Prevention, National Center for Health Statistics. National Vital Statistics System, Mortality 2018-2023 on CDC WONDER Online Database, released in 2024. <http://wonder.cdc.gov/ucd-icd10-expanded.html>

<sup>8</sup>University of Wisconsin Population Health Institute. County Health Rankings & Roadmaps 2025. [www.countyhealthrankings.org](http://www.countyhealthrankings.org).

<sup>9</sup>U.S. Census Bureau, American Community Survey, DP03, 2023 5-year estimate. <http://data.census.gov>

<sup>10</sup>U.S. Census Bureau, American Community Survey, DP02, 2023 5-year estimate. <http://data.census.gov>

<sup>11</sup>U.S. Census Bureau, American Community Survey, S1401, 2023 5-year estimate. <http://data.census.gov>

<sup>12</sup>Centers for Disease Control and Prevention. Risk and protective factors for adverse childhood experiences, 2024. <https://www.cdc.gov/aces/risk-factors/index.html>

<sup>13</sup>Ohio Department of Education, Free & Reduced Lunches, <https://education.ohio.gov/Topics/Student-Supports/Food-and-Nutrition/Resources-and-Tools-for-Food-and-Nutrition/Data-for-Free-and-Reduced-Price-Meal-Eligibility>

<sup>14</sup>Ohio Department of Jobs & Family Services, Child Abuse and Neglect Referrals and Outcomes Dashboard. (2024).

<https://Data.Jfs.Ohio.Gov/Dashboards/Foster-Care-And-Adult-Protective-Services/Child-Abuse-And-Neglect-Referrals-And-Outcomes>

<sup>15</sup>U.S. Census Bureau, American Community Survey, S2201, 2023 5-year estimate. <http://data.census.gov>

<sup>16</sup>Feeding America, Map The Meal Gap, 2023. <https://map.feedingamerica.org>

<sup>17</sup>Ohio Department of Education & Workforce, Anti-Harassment, Intimidation, and Bullying.

<https://education.ohio.gov/Topics/Student-Supports/Safe-and-Supportive-Schools/Anti-Harassment-Intimidation-and-Bullying-Resource>

<sup>18</sup>Ohio Department of Health, Data Ohio Portal, 2020-2024 average, updated September 5, 2025.

[https://data.ohio.gov/wps/portal/gov/data/view/ohio\\_births\\*2024](https://data.ohio.gov/wps/portal/gov/data/view/ohio_births*2024) data is considered preliminary at this time.

These data were provided by the Ohio Dept. of Health. The Department specifically disclaims responsibility for any analyses, interpretations, or conclusions.

<sup>19</sup>Ohio Department of Health, Child Injury Prevention. <https://odh.ohio.gov/know-our-programs/child-injury-prevention>

<sup>20</sup>National Institute on Drug Abuse, The Adolescent Brain and Substance Use. <https://nida.nih.gov/research-topics/adolescent-brain-substance-use>

<sup>21</sup>McDow KB, Nguyen DT, Herrick KA, Akinbami LJ. Attempts to lose weight among adolescents aged 16–19 in the United States, 2013–2016. NCHS Data Brief, no 340. Hyattsville, MD: National Center for Health Statistics. 2019.

<https://www.cdc.gov/nchs/products/databriefs/db340.htm>

<sup>22</sup>Ansari A. THE PERSISTENCE OF PRESCHOOL EFFECTS FROM EARLY CHILDHOOD THROUGH ADOLESCENCE. *J Educ Psychol.* 2018 Oct;110(7):952-973. doi: 10.1037/edu0000255. Epub 2018 Mar 8. PMID: 30906008; PMCID: PMC6426150.



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