

# BABY THINK IT OVER PROGRAM (BTIO)

The Baby Think It Over (BTIO) program affords students in Fulton County the opportunity to learn the consequences of being sexually active before marriage: including pregnancy (students take home an infant simulator for a weekend to experience some of the challenges of having a baby); sexually transmitted diseases; and the financial and emotional impact.

**When was the last time you talked to your parents about your sexual health?**

Pretest: 35% said "never"  
Posttest: 19% said "never"

dangers of using alcohol/drugs during pregnancy and/or breastfeeding, and the tragic results of Shaken Baby Syndrome.

An abstinence-centered curriculum that promotes a holistic, "risk-avoidance" approach that strongly promotes abstinence as the best and healthiest choice, while also teaching students about goal-setting,

healthy relationships, refusal skills, and character building is also used in the classroom.

This program also promotes parent involvement. Students are given discussion questions and are encouraged to have these discussions with their parents. According to the

**Finally, 91% say that participation in the BTIO program helped them gain a better understanding of the consequences of premarital sexual activity: including unplanned pregnancy, sexually transmitted diseases, and the financial and emotional impact.**

open, honest conversations about these topics with their parents.

Students that participate in the BTIO program are given a pretest and posttest. The students' responses revealed that their attitudes about premarital sex do change and there's an increase in communication with their parents after completing the program.

**How important is it to you to be married before having children?**

Pretest: 67% said "very important"  
Posttest: 74% said "very important"

During the 2015-2016 school year, 418 Fulton County eighth graders and high school students participated in the BTIO program. In addition to the infant simulator, students also receive information about the

**When was the last time you talked to your parents about their expectations for you in regard to your sexual activity?**

Pretest: 43% said "never"  
Posttest: 32% said "never"

National Campaign to Prevent Teen Pregnancy, teens say parents most influence their decisions about sex. 7 in 10 teens agree it would be much easier for them to postpone sexual activity and avoid teen pregnancy if they were able to have more

