Joyride God's Got It

- A. Intro: What brings stress into your life?
- B. Big Idea: God's peace is a gift and it is supernatural.
 - a. John 14:27 NLT ²⁷ "I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.
- C. Scripture: Philippians 4:2-9 NLT ² Now I appeal to Euodia and Syntyche. Please, because you belong to the Lord, settle your disagreement. ³ And I ask you, my true partner, to help these two women, for they worked hard with me in telling others the Good News. They worked along with Clement and the rest of my coworkers, whose names are written in the Book of Life. ⁴ Always be full of joy in the Lord. I say it again—rejoice! ⁵ Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon. ⁶ Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. ⁸ And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. ⁹ Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you. Philippians 4:2-9 NLT
- D. How do we invite God's peace into our lives?
 - a. Choose not to Worry
 - i. Philippians 4:6a NLT ⁶ Don't worry about anything...
 - ii. Proverbs 3:5-6 NLT ⁵ Trust in the Lord with all your heart; do not depend on your own understanding. ⁶ Seek his will in all you do, and he will show you which path to take.
 - iii. Matthew 6:25-34 NLT –²⁵ "That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? ²⁶ Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? ²⁷ Can all your worries add a single moment to your life? ²⁸ "And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, ²⁹ yet Solomon in all his glory was not dressed as beautifully as they are.

³⁰ And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? ³¹ "So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' ³² These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. ³³ Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. ³⁴ "So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.

b. Pray about Everything

- i. Philippians 4:6b NLT 6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.
- ii. Philippians 4:7 NLT ⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.
- iii. Isaiah 26:3 NLT ³ You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

c. Shift our Focus

- i. Philippians 4:8 NLT 8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.
- ii. Romans 8:6 NLT ⁶ So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.
- iii. 2 Corinthians $10:5 \text{ NIV} {}^5 \text{ We demolish arguments and every}$ pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

E. Close: What are you struggling to believe God's got in His hands and under His control?

a. Next Steps

- i. Memorize: Philippians 4:6 NLT ⁶ Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.
- ii. Think: What are you worrying about?
- iii. Action: Give it to God and tell Him you trust Him.