

A Life of Prayer

Big Idea: Prayer is not about performance or perfect words it's a invitation to intimacy with the Father

The Purpose of Prayer

The purpose of prayer is communication with God.

"Prayer is simply a two-way conversation between you and God." - Billy Graham

"If we do little things like they're big things, God will do big things like they're little things." - Mark Batterson

"The greatest tragedy in life are the prayers that go unanswered because they go unasked." - F.B. Meyer

Let us approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." Hebrews 4:16 ESV

"If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you." John 15:7 NKJV

The Posture of Prayer

"When finished offering all this prayer and plea to the Lord, he arose from before the altar of the Lord, where he knelt with hands outstretched toward heaven." 1 Kings 8:54 ESV

"Come, let us bow down in worship, let us kneel before the Lord our Maker" Psalm 95:6 NIV

"He withdrew about a stone's throw beyond them, knelt down and prayed." Luke 22:41 NIV

"Therefore God exalted Him...that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue will acknowledge that Jesus Christ is Lord." Philippians 2:9-11 NIV

"Satan fears when he sees even the weakest Christian on his/her knees." William Cowper

When life is heavy and hard to take, go off by yourself. enter the silence. bow in prayer. Don't ask questions: wait for hope to appear. don't run from trouble. take it full-face. the "worst" is never the worst. Lamentations 3:28-30 MSG

“The body ought to pray as well as the soul. the body and soul are both better for it.”
C.S. Lewis

“The difference between us and how we handle our circumstances are the inches between our knees and the floor.”

The Power of a Single Prayer.

“The effective prayer of a righteous man can accomplish much.” James 5:16 NASB

“A day without prayer is a day without blessing, and a life without prayer is a life without power.” Edwin Harvey

“To be a christian without prayer is no more possible than to be alive without breathing.” Dr. Martin Luther King Jr

“Then you will call on Me and come and pray to Me, and I will listen to you. You will seek Me and find Me when you seek Me with all your heart.” Jeremiah 29:12-13 NIV

“The eyes of the lord, watch over those who do right, and His ears are open to their prayers.” 1 Peter 3:12 NLT

“Pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.” 1 Thessalonians 5:17-18 NIV

“Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. let perseverance finish it’s work
so that you may be mature and complete, not lacking anything.” James 1:2-4 NIV

What’s the one thing you’ve been meaning to pray but haven’t yet?

“Call to Me, and I will answer you, and I will tell you great and mighty things, which you do not know.” Jeremiah 33:3 NASB

Final Challenge:

This week set aside intentional time each day to seek him in prayer. Start with 5-10 mins.

Next Steps:

- ☐ Memorize: John 15:7 NKJV “If you abide in me, and my words abide in you, you will ask what you desire, and it shall be done for you.
- ☐ Think about: Am I praying without ceasing or only when i’m in trouble.
- ☐ Action: Create a space and time in your day to spend time in prayer.

