

# BUMC Confirmation Mentoring Guidelines

## ***What is a Mentor?***

- A mentor is an adult Christian who is a parent, spiritual friend and/or advisor to one or more of our confirmands.
- A mentor is a mature Christian who is willing and able to talk to a youth about the mentor's experience of God.
- A mentor models the living of the Christian life for the confirmand. Ideally, when a confirmand has a question about what a Christian would do in any given set of circumstances, he or she ought to be able to look at the life of his or her mentor and see the answer.

## ***Mentor Basics:***

- Praying continually for your confirmand
- Helping your confirmand make the transition from a being a child to a young adult member of our congregation; supporting your confirmand's present involvement and encouraging future, increasing involvement in worship, study and prayer.
- Relating to your confirmand in a caring, responsible way.
- Helping your confirmand apply the lessons taught in confirmation class to their lives.
- Sharing with your confirmand your own spiritual journey.
- Helping your confirmand discover the talents God has given them.
- Being a good friend and listener.
- ***Meetings should be arranged by youth and mentor, approved by a parent and held in a public place, church, library, or restaurant.***

## ***What are the confirmands studying in class?***

- Methodist Confirmation Studies
- Bible Stories and how they relate to their lives
- Communion
- Advent
- What is the Bible? Why is it Important?
- Prayer
- Outreach
- Grace
- Rule of Life

## ***How often should I meet with my confirmand?***

There are 8 'Routes' in your mentoring books. Meet as often as you'd like to complete the book by the end of April.

## ***Important Mentor Dates:***

- Sept. 24 – Mentor Breakfast, 9:00 AM
- Nov. 19 – Mentor Breakfast, 9:00 AM, St. Paul Lutheran Church Vist
- Dec. 17 – Offsite Service Project
- Spring Calendar will be available in November including 2 addition Mentor Breakfasts and 2 additional Church Visits

### ***What are other ways I can connect with my confirmand?***

- Who God is for you?
- What is prayer? Why do we pray?
- The uniqueness of Christianity in relation to other religions?
- What your confirmand is studying in class and their understanding of it?
- Last week's sermon
- What is their favorite (least favorite) part of confirmation?
- What are they confused about? What would they like to know more about?
- What is the best way to get started?
- Be supportive of confirmation process
- Get Acquainted—spend time together, getting to know one another
- Explore mutual interests (sports, music, etc.)
- Talk about your families (parents, brothers, sisters, etc.)
- Talk about your church background
- Read and discuss a story about Jesus together
- Talk about what confirmation means
- Other Activities

Not all meetings need to be discussions. You may want to spend time together on one or more of the following activities:

- Involve the confirmand in your own church activity—ushering, altar guild, coffee hour, choir
- Attend a church activity together, a special worship service
- Participate in outreach activities together
- Attend church fellowship events together
- Attend a relevant concert, movie or sports event together
- Attend a different church together
- Participate in an additional outreach activity together

### **HAVE FUN!!!**

Thank you for being part of our Mentor/Confirmand Program. May God bless your efforts to initiate and develop a relationship with your confirmand.

Please feel free to contact me with any questions or concerns.

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