

HEROES OF FAITH

REAL PEOPLE
REAL CHALLENGES
REAL FAITH



EAT THIS BOOK



Thank you for choosing to take part in the *Eat This Book Challenge: Heroes of Faith*.

This journey is more than reading stories, it's about discovering how God works through real people with real struggles. Every hero you'll meet wasn't perfect. They doubted, feared, failed, and struggled... yet God still loved them.

That means He loves you, too. No matter what!

As you go through this challenge, think of each passage as a gift from God. Every story reveals something about who He is and how He wants to shape you into a hero of faith.

Have fun!

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NextGen Pastor
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PRAYER

Heavenly Father, thank You for the gift of Your Word, the Bible. We commit ourselves to read it, to study it, and to live it out. Help us not just to learn stories, but to be shaped by them.

As we go through this challenge, open our hearts to hear Your voice. Give us courage like the heroes we will read about. Strengthen our faith. Transform our lives.

May Your Word guide us, challenge us, and draw us closer to You.

In Jesus' name,
Amen.



RULES



This challenge is primarily designed for reading age kids, however, families with non-readers are welcome to participate as well.

Ideally, each child in the family will go through the challenge on their own. However, families are welcome to tackle the challenge as a unit.

The ***Eat This Book Challenge*** starts on **May 17** and ends on **September 5th**. You can join the challenge any time, but workbooks are due **September 12th** and winners announced **September 19th** (via text or email).

To be eligible for prizes, please text "ETB" to (909) 679-1980.

- Mark your progress after each "reading" by placing an "x" in the designated space. Each "x" equals **1 point**.
- Each Family Reading and Read Aloud Challenge is worth **5 points**.
- Some weeks have **extra challenges**; each one is worth **15 points**.
- Each memorization challenge is worth **50 points**.

CHECK OUT THE SUPER CHALLENGES PAGES FOR SUPER BIG REWARDS

100 POINTS!



There are three readings per week, and then there are some **extra options listed below**:

- **Memory Challenge** (each month we suggest one passage for you to memorize and send video)
- **Family Reading** (each week we suggest a portion of Scripture for families to read and discuss together.)
- **Read Aloud Challenge** (a weekly opportunity for a child to read a Bible passage to a younger sibling, grandparent, or anyone else who would be willing to listen.)

Where is the best place
for me to have my time
with God?

It takes two to have a friendship. You get to know people by talking with them, sharing your thoughts and ideas, and by hanging out together. It's the same way with God. You can get to know God by spending time with Him.

Did you know that God wants to spend time with you? He wants you to know who He is and learn as much as you can about Him. Spending time with God is most often called quiet time or devotions.

It's called **quiet time** because we choose to focus all our attention on God and what He wants to tell us. When you are quiet and listen to God, you will be able to hear and understand what God is saying to you.

It's called **devotions** because we devote time and attention to God. Through our regular times with God we show that we are devoted to Him and that He means a great deal to us.

Find a place where you can focus on Him and His Word. Ask yourself:

- Is the place quiet?
- Is the place private enough to avoid interruptions?

My **quiet time** place will be _____

Pick a time that works best for you—morning, after school, or evening.

I will have my quiet time (when?) _____

WEEK

1

1. GOD'S VOICE

GENESIS 2:15-17



2. THE SERPENT'S VOICE

GENESIS 3:1-7



3. THE RETURN OF GOD'S VOICE

GENESIS 3:8-15



TALK

Eve and her husband were the first people to trust God and the first to struggle with that trust. Their challenge was simple: **Whose voice will I believe?**

They listened to the wrong voice and everything changed. But their story doesn't end in failure. **God came looking for them.**

Even in their brokenness, God found them and made a promise to restore what was lost. And Eve and her husband chose to believe God again.

From the very beginning, God promised that one day Jesus would come to defeat sin and bring people back to Him.

HEROES OF FAITH AREN'T PERFECT BUT THEY CHOOSE TO TRUST GOD AGAIN

WALK

"DRAW TWO VOICES"

1. Draw two bubbles like the ones below
2. In the first bubble put what a negative voice might say.
3. In the second bubble put God's truth.

VOICES THAT PULL ME AWAY FROM GOD

GOD'S VOICE OF TRUTH



WHICH VOICE WILL YOU LISTEN TO THIS WEEK?

EXTRA CHALLENGE

READ ALOUD

GENESIS 1:26-31



FAMILY READING

GENESIS 2: 18-23



MEMORY CHALLENGE

DEUTERONOMY 6: 4-9



WEEK

2

**1. NOAH 'S FAITH
BEFORE THE STORM**

GENESIS 6:8-12



**2. NOAH 'S FAITH
DURING THE STORM**

GENESIS 6:14-16



3. GOD'S PROMISE

GENESIS 9:12-17



TALK

Noah lived in a world where almost nobody listened to God. People probably laughed at him, ignored him, and thought he was strange for building such a huge ark. But **Noah kept trusting God anyway.**

Just like a rainbow shines through the rain, God wants our faith to shine in a world where many people are not following Him.

Even when Noah stood alone, God was with him. **Faith keeps trusting God even when you stand alone.**

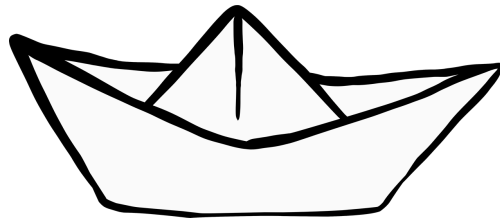
**HEROES OF FAITH WALK WITH GOD EVEN WHEN
NOBODY ELSE DOES.**

WALK

BUILD AN ARK!

1. Build an ark that can float on water and prove it!
2. Use what you have at home (paper, legos, sticks, etc)
3. Take a photo to prove it!

Paper Boat YouTube tutorial:
<https://www.youtube.com/watch?v=b3QZpBL8-Tg>



HOW CAN YOU SHINE FOR GOD THIS WEEK?

**EXTRA
CHALLENGE**

READ ALOUD

GENESIS 7:11-23



FAMILY READING

HEBREWS 11:1-7



MEMORY CHALLENGE

DEUTERONOMY 6:4-9



WEEK

3

**1. GOD'S PROMISE
UNDER THE STARS**

GENESIS 15: 1-6



**2. ABRAHAM BELIEVES;
SARAH LAUGHS**

GENESIS 18: 1-15



3. ISAAC IS BORN

GENESIS 22:1-14



TALK

Abraham and Sarah were old, but God promised them they would have a family as countless as the stars in the sky.

God promised Abraham something that seemed impossible. When Sarah heard the promise, she laughed because it seemed too hard to believe. But, **Abraham chose to trust God anyway.**

Waiting can feel hard. We may wonder if God will really keep His promises. But Abraham trusted God even before he could see the answer.

God kept His promise to Abraham, and through Abraham's family God eventually sent Jesus to bless the whole world.

**HEROES OF FAITH TRUST GOD EVEN WHEN THEY
CANNOT YET SEE THE ANSWER**

WALK

LOOK AT THE STARS!

1. Go outside and look at the stars! God told Abraham his family would be as many as the stars in the sky, even when he had no children
2. Pick a Star to focus on it. Think about something you are hoping for
3. Pray: "God help me trust you even when I dont see it yet"



WHAT IS ONE THING YOU ARE WAITING FOR GOD TO DO?

READ ALOUD

HEBREWS 11:8-12



FAMILY READING

ROMANS 4:18-25



MEMORY CHALLENGE

DEUTERONOMY 6: 4-9



WEEK

4

1. JOSEPH DREAMS

GENESIS 37: 5-11

2. JOSEPH IS SOLD

GENESIS 37: 23-28

3. GOD IS WITH JOSEPH

GENESIS 39:1-6

TALK

Most of us knows what it feels like to argue with a brother, sister, friend, or classmate. Sometimes people hurt our feelings or treat us unfairly. In those moments, it can be tempting to stay angry or try to get even.

But Joseph chose forgiveness instead of revenge. **He showed kindness to the very brothers who hurt him.**

Faith trusts God even when relationships are hard. God was still with Joseph even in the difficult moments.

HEROES OF FAITH TRUST GOD IS WITH THEM EVEN WHEN LIFE FEELS UNFAIR.

WALK

KINDNESS CHALLENGE

1. Do 2 acts of kindness for a sibling, friend, classmate, or someone you've had conflict with.
2. Write what you did on the line below.



WHAT TWO ACTS OF KINDNESS DID YOU DO THIS WEEK ?

EXTRA CHALLENGE

READ ALOUD

GENESIS 41:39-43

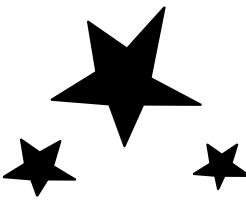
FAMILY READING

GENESIS 50:15-21

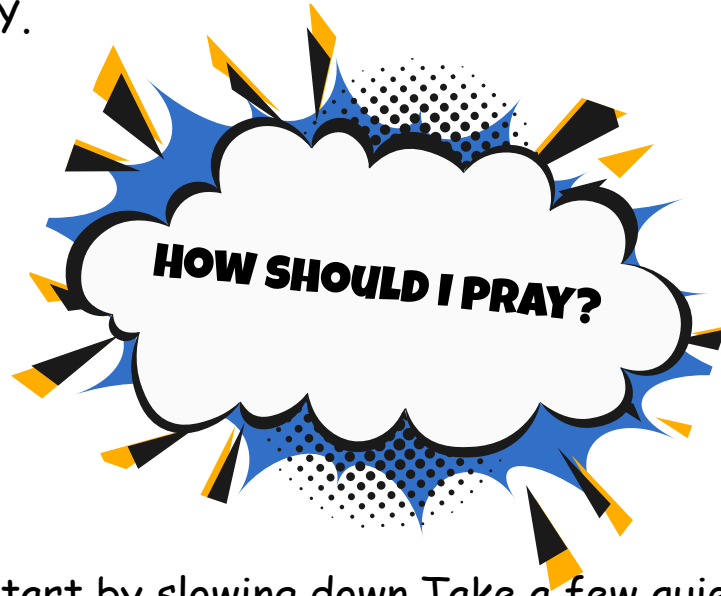
MEMORY CHALLENGE

DEUTERONOMY 6: 4-9

TOTAL MONTHLY POINTS :



Just like you get yourself ready each morning before starting your day, you can also prepare your heart before you open God's Word. A simple way to do that is to PRAY.



1. Start by slowing down. Take a few quiet moments to:

- Let your thoughts settle
- Take a deep breath
- Invite God to speak to you



2. Talk to God like you would a friend.

- Prayer doesn't have to be long or complicated.
- It can be as simple as saying: "Hi God... I'm here. Please speak to me."

THE BIBLE SAYS: "BE STILL, AND KNOW THAT I AM GOD." PSALM 46:10

When we slow down, we make space to hear God. Ask Him to:

- Help you understand what you read
- Speak to your heart
- Show you how to live it out

A SIMPLE PRAYER

Jesus, thank You for the Bible. I invite You to speak into my life. Help me understand what I read. Guide me, correct me, and change me. Make my faith in You stronger. Amen.

WEEK

5

1. GOD CALLS MOSES

EXODUS 3:1-10

**2. MOSES FEELS
UNREADY TO SPEAK**

EXODUS 4:10-17

**3. MOSES SPEAKS ON
BEHALF OF GOD**

EXODUS 7:8-13

TALK

Moses did not think he was the right person for the job. He felt nervous, afraid, and unprepared. Moses even told God that he was not a good speaker. But God promised to be with him.

Moses became a hero of faith because he trusted God and kept moving forward even when he felt unsure.

Sometimes we feel nervous too. We may feel like we are not smart enough, brave enough, or good enough. But **God can use ordinary people who trust Him.**

Faith means trusting that God will be with you even when you feel nervous.

**HEROES OF FAITH TRUST GOD TO HELP THEM DO
HARD THINGS**

WALK

DO 2 HARD THINGS!

1. Ask your parents to help you watch Kid President's video. As you watch, think about how ordinary people can do brave and helpful things that make a difference in the world.

a. Kid President "For the Heroes" on YouTube:

<https://www.youtube.com/watch?v=tgF1Enrgo2g>

2. On a separate paper, write 2 paragraphs about what you learned from the video and how it connects to Moses' story of faith.

1. Do one brave thing you normally would be nervous to do, such as: help lead something, speak up kindly, pray out loud in front of others, help someone new, or, finally try that thing you've been afraid to do!

2. Then write what you did below.

WHAT BRAVE THING DID YOU DO THIS WEEK ?

**EXTRA
CHALLENGE**

**EXTRA
CHALLENGE**

**EXTRA
CHALLENGE**

READ ALOUD

EXODUS 20:1-17

FAMILY READING

HEBREWS 11:23-29

MEMORY CHALLENGE

**TEN COMMANDMENTS
DEUTERONOMY 5:6-21**

WEEK

6

1. RAHAB HELPS THE SPIES

JOSHUA 2:1-7

2. RAHAB CHOOSES FAITH

JOSHUA 2:8-14

3. RAHAB'S SCARLET ROPE

JOSHUA 2:15-21

TALK

Rahab did not stand in front of crowds like Noah or Moses, but she still showed great faith. In a quiet and hidden way, Rahab chose to trust God and help His people.

You do not have to be the loudest, funniest, or most outgoing person for God to use you. Faith is not always loud or noticed by everyone.

Sometimes faith looks like quietly choosing what is right, helping others, and trusting God in small but courageous ways.

HEROES OF FAITH SERVE GOD FAITHFULLY EVEN WHEN NO ONE ELSE SEES IT.

WALK

HIDE AND RESCUE GAME!

1. Have one family member hide 2 small objects somewhere in the house while the others search for them. Give clues to help the "rescue mission." like hot, cold, warm.
2. Talk about how Rahab protected and helped others even when it was risky.

EXTRA CHALLENGE



HOW CAN YOU QUIETLY HELP OTHERS THIS WEEK?

Poor kitty!
I'll help!

READ ALOUD

JOSHUA 2:8-11

FAMILY READING

HEBREWS 11:30-31

MEMORY CHALLENGE

**TEN COMMANDMENTS
DEUTERONOMY 5:6-21**



1. DEBORAH THE HERO

JUDGES 4:4-8



2. DEBORAH JOINS BARAK

JUDGES 4:14-15



3. DEBORAH'S SONG

JUDGES 5:1-7



TALK

Deborah trusted God and helped others find courage. When Barak felt afraid, Deborah encouraged him and joined him instead of letting him face things alone.

Sometimes people around us feel nervous, discouraged, or ready to give up. Maybe a friend feels left out at school, a teammate feels nervous before a game, or a sibling is struggling with something hard.

Like Deborah, we can help others with our words, actions, and encouragement to move forward with courage, kindness, and faith.

HEROES OF FAITH ENCOURAGE OTHERS AND HELP THEM TRUST GOD

WALK

ENCOURAGEMENT CHALLENGE

1. Encourage, help, or join three people who may feel nervous, discouraged, afraid, or in need by:

- writing a kind note
- praying for them
- cheering someone on
- helping a sibling with a chore
- talk to someone who is sitting alone
- helping a parent with dinner or laundry
- cleaning up without being asked

DROP THAT! NOW!



WHAT 3 ACTS OF ENCOURAGEMENT DID YOU DO THIS WEEK ?

EXTRA CHALLENGE



READ ALOUD

JUDGES 5:1-7



FAMILY READING

GALATIANS 6:9-10



MEMORY CHALLENGE

TEN COMMANDMENTS DEUTERONOMY 5:6-21



WEEK

8

1. RUTH IS SENT AWAY

RUTH 1:1-8

2. RUTH CHOOSES TO STAY

RUTH 1:14-18

3. RUTH RESCUED

RUTH 4:1-9

TALK

Ruth's life changed in a big and difficult way, but she chose to stay faithful, care for Naomi, and serve God instead of leaving.

Later, God brought people like Boaz into Ruth and Naomi's lives to help, protect, and care for them. Ruth's story reminds us that **God often works through kind and faithful people to bring hope during difficult seasons.**

Sometimes life changes, friendships change, or difficult things happen that we do not expect. **Like Ruth, we can choose to stay connected to God and the people who care about us during hard seasons.**

HEROES OF FAITH STAY CONNECTED TO GOD THROUGH LIFE'S CHANGES

WALK

REFLECT

1. Why do you think Ruth chose to stay with Naomi?
2. Who are some people God has placed in your life to help and support you?

THIS WEEK CHOOSE ONE THING FROM THE NEXT PAGE TO DO WHEN YOU'RE HAVING A HARD TIME.

READ ALOUD

RUTH 1:14-18

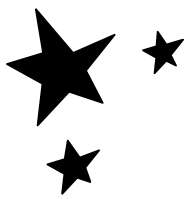
FAMILY READING

ECCLESIASTES 4:9-12

MEMORY CHALLENGE

**TEN COMMANDMENTS
DEUTERONOMY 5:6-21**

TOTAL MONTHLY POINTS :



Ruth experienced loss, change, and uncertainty, but she stayed connected to God and the people who cared about her. Sometimes life feels hard, confusing, lonely, or stressful. Even heroes of faith go through difficult seasons.



WHEN WE GO THROUGH HARD SEASONS, IT CAN BE TEMPTING TO KEEP EVERYTHING INSIDE, OR TRY TO HANDLE THINGS ALONE. BUT GOD CARES ABOUT OUR FEELINGS AND OFTEN HELPS US THROUGH SUPPORTIVE PEOPLE, PLACES, AND THINGS.

PEOPLE

- Talk to God honestly
- Talk to a Parent, Family, Friend, Teacher, Pastor
- Ask for help
- Pray with someone

THINGS

- Rest and deep breathing
- Do something healthy you enjoy: (singing, drawing, anything!)
- Exercise, play, or run around
- Listen to music you like

PLACES

- Spend time outside in Nature
- Find a special place at home
- Go to a place you enjoy
- Go to a place you feel peaceful

A SIMPLE PRAYER FOR HARD TIMES:

Jesus, help me remember that I am not alone and that You are always with me.

THE BIBLE SAYS:

"Do not fear, for I am with you." Isaiah 41:10

WEEK

9

1. DAVID VISITS THE BATTLE FIELD

1 SAMUEL 12:4-11



2. DAVID TRUSTS GOD

1 SAMUEL 17:32-40



3. DAVID FACES GOLIATH

1 SAMUEL 17:41-50



TALK

David did not face Goliath because he thought he was the strongest. David faced Goliath because he trusted God more than he feared the giant.

Sometimes we face "giants" too. Our giants may be bullying, trying something new, hard schoolwork, moving to a new school, peer pressure, or difficult situations that make us feel small or afraid. Like David, we can remember that God is with us even when life feels scary.

While others were afraid, David remembered how God had helped him in the past and trusted God would be with him again.

HEROES OF FAITH TRUST GOD EVEN WHEN THEY FEEL AFRAID

WALK

BUILD A SLINGSHOT!

- Step 1: Ask your Parents to watch this Video with you. "How to Make a Mini Slingshot - Very Simple" <https://www.youtube.com/watch?v=68ZGM810OZY>
- Step 2: Build the slingshot with Parents Help.
- Step 3: Set up targets with words or drawings of "giants" you may face.
- Step 4: As you knock down each target, remember that God is with you during difficult or scary moments.
- Step 5: Take a photo and staple it to this page

Supplies

- Popsicle Sticks
- Super Glue or Hot Glue Gun (PARENT HELP NEEDED)
- Rubberband
- Paper balls or Marshmallows



WHAT IS ONE GIANT YOU WANT GOD TO HELP YOU FACE THIS WEEK?

READ ALOUD

1 SAMUEL 17:12-31



FAMILY READING

PSALM 27:1-6



MEMORY CHALLENGE

PSALM 27:1-6



WEEK

10

1. ELIJAH CHALLENGES THE PROPHETS

1 KINGS 18: 16-24

2. GOD SENDS FIRE

1 KINGS 18: 25-39

3. GOD SENDS RAIN

1 KINGS 18: 41-45

TALK

Elijah challenged the prophets who worshiped Baal instead of worshiping the true God. He prayed that everyone would know who the real God was.

The prophets of Baal shouted, danced, and prayed, but nothing happened because Baal was not real and could not answer them. Then Elijah prayed, and God answered by sending fire from Heaven. Later, Elijah prayed again, and God sent rain after a long drought.

Elijah was not a superhero with special powers. The Bible says Elijah was "a human being, just like us" (James 5:17). **Elijah was an ordinary man who trusted an extraordinary God and believed that God hears prayer.**

We can trust and pray to the true God too.

HEROES OF FAITH TRUST IN THE TRUE GOD WHO HEARS OUR PRAYERS

WALK

PRAYER CHALLENGE

SUPER CHALLENGE

Elijah prayed to the true God, and God answered!

Start keeping a prayer journal! A prayer journal is a book in which you write down your prayer requests. This allows you to see how God has worked and is continuing to work in your life.

Here's how you can keep a prayer journal:

- Ask your parents or guardians to buy you a notebook.
- Draw and label columns like the ones on the next page.
- Write or draw pictures to represent your prayer requests. (It's OK to have more than one request each day.)
- Write or draw how God answered your prayer
- Fill in the date God answered your prayers.
- Look back at the ways God answered your prayers.
- Keep your prayer journal in a special place.
- (It's OK not to let anyone read your prayer requests.)

CHECK OUT THE NEXT PAGE FOR 100 POINTS!

READ ALOUD

1 KING 18:25-39

FAMILY READING

JAMES 5: 13-17

MEMORY CHALLENGE

PSALM 27:1-6



SUPER CHALLENGE (100 POINTS)

PRAYER CHALLENGE!

ELIJAH PRAYED TO THE TRUE GOD, AND GOD ANSWERED!

THIS WEEK, TAKE TIME TO TALK TO GOD EVERY DAY. HE HEARS YOU!



MY PRAYER JOURNAL

DATE	PRAYER REQUEST	HOW GOD ANSWERED (YES, NO, OR WAIT)	DATE GOD ANSWERED
DAY 1			
DAY 2			
DAY 3			
DAY 4			
DAY 5			
DAY 6			
DAY 7			

KEEP PRAYING ALL WEEK LONG! GOD HEARS YOU!



★ GOD ANSWERS PRAYER IN 3 WAYS: ★



Sometimes God says **YES!** He gives us what we ask for.



Sometimes God says **NO.** He does not give us what we ask for.



Sometimes God says **WAIT.** The time is not right now, but he is still working.



KEEP YOUR PRAYER JOURNAL AND LOOK BACK AT HOW GOD ANSWERED YOUR PRAYERS! HE IS ALWAYS FAITHFUL!



GOD ALWAYS HEARS YOUR PRAYERS, AND HE ALWAYS ANSWERS IN THE BEST WAY!

DON'T GIVE UP!

Keep praying, keep trusting, and keep believing that our **EXTRAORDINARY GOD** is always at work!



WEEK

11

1. ESTHER BECOMES QUEEN

ESTHER 2:15-18

2. HAMAN'S EVIL PLAN

ESTHER 3: 5-11

3. ESTHER RISKS EVERYTHING

ESTHER 4:10-17

TALK

Does God have a purpose for my life?

Esther was an ordinary young woman, but God placed her in the place at the right time to help save His people. Mordecai reminded Esther that she had come to the kingdom "for such a time as this." Just like Esther, **God created you for a purpose and can use you in powerful ways.**

Sometimes we may feel small, unnoticed, or unimportant, but God can still use us in powerful ways.

You do not have to be famous or fearless for God to use your life. Heroes of faith trust that God has a purpose for where they are and who they are becoming.

HEROES OF FAITH TRUST GOD HAS A PURPOSE FOR THEIR LIVES.

WALK

PURPOSE CHALLENGE

God placed Esther where she was for a purpose. God placed you where you are for a purpose too! This week, be a blessing to someone around you.

EXTRA CHALLENGE #1

- Make a card for each sibling and/or neighbor that tells them how awesome they are.

EXTRA CHALLENGE #2

- Observe or think about 3 specific things that make your parents happy, then do them!

WHAT WAS IT LIKE MAKING SOMEONE ELSE HAPPY THIS WEEK?

EXTRA CHALLENGE

READ ALOUD

ESTHER 5: 1-7

FAMILY READING

ESTHER 7:1-7

MEMORY CHALLENGE

PSALM 27:1-6



WEEK

12

1. DANIEL CHOOSES
GOD'S WAY

DANIEL 1:8-17



2. DANIEL PRAYS TO
GOD

DANIEL 6:10-17



3. GOD SHUTS THE
LIONS' MOUTHS

DANIEL 6:18-23



TALK

Even when a law was made against praying to God, Daniel continued praying just as he always had.

God did not stop Daniel from facing the lions' den, but He stayed with Daniel and protected him through it.

Sometimes following God may feel difficult. Others may pressure us to make wrong choices, hide our faith, or follow the crowd. Like Daniel, we can choose to stay faithful to God even when the lions are breathing down our necks.

Daniel trusted God in the lions' den, but Jesus faced something even greater, sin and death, and overcame them for us.

Having faith doesn't always get rid of the "lions" of life, but it helps us stay faithful to God when we face them.

HEROES OF FAITH STAY FAITHFUL TO GOD WHEREVER THEY ARE

WALK

"HERO MEAL" CHALLENGE

Daniel chose a simple vegetarian meal instead of the king's rich food because he wanted to honor God.

This week, try eating a "Hero Meal" like Daniel! Choose a simple vegetarian meal once per day, no candy or sweets and thank God for providing food for you.

Maybe try:

- Vegetables and hummus
- Rice and beans
- Fruit and oatmeal
- Salad and pita bread
- Veggie soup

All week Remember:

- No candy
- No sweets
- No ice cream
- Drink water instead of soda

As you eat, remember that Daniel trusted God and chose God's way even when others chose differently.

SHARE HERE ONE OF YOUR HERO MEALS!



READ ALOUD

DANIEL 1:18-21



FAMILY READING

DANIEL 6:25-28



MEMORY CHALLENGE

PSALM 21:1-6



TOTAL MONTHLY POINTS :

ETB SUPER CHALLENGES!

COMPLETE ANY OF THESE CHALLENGES TO EARN **BIG** POINTS!

1 HERO OF FAITH VIDEO SUPER CHALLENGE

I AM THE HERO!

100 POINTS



Create a 3-minute video autobiography pretending to BE one of the heroes from this ETB book!
Tell the story as if **YOU** are the hero.

YOU CAN:

- ★ Dress up like the hero
- ★ Use props or costumes
- ★ Speak with an accent or character voice
- ★ Share important moments from their life
- ★ Explain what they learned about God

TRY TO ANSWER:

- ★ Who are you?
- ★ What challenge did you face?
- ★ How did God help you?
- ★ What would you tell kids today?

NEED AN EXAMPLE?



Watch this Rosa Parks video:

<https://www.youtube.com/watch?v=AaX2iQ6H6dk>

The girl in the video researched Rosa Parks, shared important facts about her life, and even used an accent and acting to bring the story to life!

2 MISSIONARY ENCOURAGEMENT SUPER CHALLENGE

70 POINTS

Write a kind letter or card to encourage a missionary serving God in another place.



Include a Bible verse, a prayer, or a cheerful message to remind them they are loved and supported.

You can also help assemble a small care kit with notes, snacks, drawings, or useful items to bless missionary families around the world.

GREAT ORGANIZATIONS TO EXPLORE:

- ★ <https://www.missionarycare.com>
- ★ <https://ethnos360.org>
- ★ <https://www.send.org>
- ★ <https://www.imb.org>
- ★ <https://cards2warriors.org>
- ★ <https://cardsfromtheheart.org>
- ★ <https://www.brighten-a-day.org>

YOUR ENCOURAGEMENT CAN MAKE A **BIG** DIFFERENCE!

HAVE FUN BECOMING A HERO OF FAITH!

3 GIVE A BIBLE SUPER CHALLENGE

70 POINTS

God's Word is a gift meant to be shared!



With a parent or guardian, explore organizations that help provide Bibles to children and families around the world.

RECOMMENDED:

BIBLES INTERNATIONAL CHILDREN'S MISSIONS PROJECT



<https://biblesint.org/2026-childrens-missions-project>



OTHER GREAT MINISTRIES:

- ★ Bible League International <https://www.bibleleague.org>
- ★ OneHope <https://onehope.net>
- ★ The Gideons International <https://www.gideons.org>

CHOOSE ONE WAY TO HELP:

- Donate a Bible
- Give a children's Bible to a friend
- Help raise money for Bibles
- Pray for kids around the world to learn about Jesus

SHARE GOD'S 20!

WEEK

13

NEED BRICKS!



**1. NEHEMIAH HEARS
BAD NEWS
NEHEMIAH 1:1-4**



**2. NEHEMIAH PRAYS
TO GOD
NEHEMIAH 1:5-11**



**3. NEHEMIAH REBUILDS
THE WALL
NEHEMIAH 2:17-20**



TALK

When Nehemiah heard that Jerusalem's walls were broken down, he became very sad. Instead of giving up, Nehemiah prayed and trusted God to help rebuild what was broken.

Sometimes things in our lives may feel broken too. We may experience broken friendships, hurt feelings, discouragement, mistakes, or difficult situations at home or school. Like Nehemiah, we can bring those things to God in prayer and ask Him to help us rebuild.

God not only wants to rebuild broken walls but the Bible tells us that Jesus wants to rebuild broken hearts.

**HEROES OF FAITH TRUST GOD TO REBUILD WHAT IS
BROKEN.**

WALK

REBUILD CHALLENGE

Nehemiah helped rebuild the broken walls of Jerusalem.

This week, choose ONE way to help rebuild something around you:

- Fix a broken friendship
- Clean or organize a messy space
- Encourage someone who feels discouraged
- Help repair something at home
- Write an apology or forgive someone

**EXTRA
CHALLENGE**

HOW DID YOU HELP REBUILD SOMETHING THIS WEEK?



READ ALOUD

NEHEMIAH 2:18



FAMILY READING

NEHEMIAH 6:15-16



MEMORY CHALLENGE

PSALM 119: 105-112



WEEK

74

**1. EZRA RETURNS TO
JERUSALEM**

EZRA 7:6-10

**2. EZRA READS GOD'S
WORD**

NEHEMIAH 8:1-8

**3. THE PEOPLE RETURN
GOD**

NEHEMIAH 8:9-12

TALK

Ezra loved God's Word and wanted the people to understand it again. When the people heard God's Word being read, they realized they had drifted away from God. Instead of giving up on them, God invited them to return to Him.

Sometimes we make mistakes, forget to read our Bible, or go our own way. But God does not stop loving us. He invites us to come back to Him again and again.

God's Word helps guide us, teach us, and remind us who God is. Like Ezra, we can spend time learning God's Word and letting it shape our hearts.

HEROES OF FAITH RETURN TO GOD AND LISTEN TO HIS WORD.

WALK

REFLECTION

1. Why do you think God wanted the people to hear His Word again?
2. When do you feel closest to God?
3. What is one way you want to grow close to God this week?

WHERE WAS YOUR QUIET PLACE TO READ THIS WEEK?

READ ALOUD

EZRA 7:3-10

FAMILY READING

NEHEMIAH 8:13-18

MEMORY CHALLENGE

PSALM 119:105-112



WEEK

15

1. JOSIAH BECOMES KING

2 KINGS 22:1-7

2. THE BOOK OF THE LAW IS FOUND

2 KINGS 22:8-13

3. JOSIAH LEADS THE PEOPLE TO GOD

2 KINGS 23:1-3

TALK

When Josiah heard God's Word, he realized the people had slowly stopped following God with their whole hearts. Many people had begun worshiping idols and other things instead of God. Josiah wanted the people to truly love God again, not just go through the motions.

Sometimes we can do the same thing and it can get boring. We may let other things become more important to us than God, or we may pray, read our Bible, or go to church without really thinking about Him. **But God does not just want routines, He wants a real relationship with us.**

Josiah helped turn the people's hearts back to God and reminded them to listen to His Word again. Jesus also calls us to follow Him with our whole hearts and trust His love for us.

HEROES OF FAITH HAVE A RELATIONSHIP WITH JESUS

WALK

EXTRA CHALLENGE

EXTRA CHALLENGE

God does not just want routines, He wants our hearts.

Talk with your parents or family about this question:

What are ways we can truly connect with God instead of just going through the motions?

Then journal your answer below.

LET YOUR TIME WITH JESUS BE REAL NOT JUST ROUTINE THIS WEEK.

READ ALOUD

PSALM 119:9-16

FAMILY READING

MATTHEW 22:36-38

MEMORY CHALLENGE

PSALM 119: 105-112

WEEK

16

1. IT ALL POINTS TO JESUS

JOHN 5:39-40

2. HEROES POINT TO JESUS

HEBREWS 12:1-3

3. LETS FOLLOW THE G.O.A.T.

JOHN 8:48-59

TALK

Heroes of faith point us to Jesus.

Every hero we studied made mistakes. But Jesus never failed, making Him the Greatest Hero Of ALL.

Moses led people through the sea. Jesus leads us into new life.

David defeated a giant. Jesus defeated sin and death.

Esther risked her life to save others. Jesus gave His life to save the world.

THE BIBLE IS ONE BIG STORY ABOUT GOD'S LOVE THROUGH JESUS THE GREATEST OF ALL TIME! THE G.O.A.T. WHO SACRIFICED FOR US!

HEROES OF FAITH POINT TO JESUS

WALK

CHECKOUT THE SUPER CHALLENGES ON PAGE 20!

SUPER CHALLENGE



DO A SUPER CHALLENGE THIS WEEK!

SUPER CHALLENGE

READ ALOUD

LUKE 24:13-27

FAMILY READING

MATTHEW 16:24-26

MEMORY CHALLENGE

PSALM 119: 105-112

TOTAL MONTHLY POINTS :

TOTAL POINTS:



ETB PRIZE

COMPLETE CHALLENGES. EARN POINTS. WIN EPIC PRIZES.

1 FIRST PLACE



HERO'S ULTIMATE ADVENTURE

2 SEASON PASSES TO
KNOTT'S BERRY FARM

A WHOLE SEASON OF
THRILLS AND MEMORIES!

2 SECOND PLACE

THE
IMMERSIVE GAMEBOX



HERO TRAINING EXPERIENCE

AN IMMERSIVE GAME WHERE
YOU AND YOUR TEAM STEP
INSIDE THE STORY AND
BECOME THE HEROES.

TRAIN TOGETHER.
LEVEL UP. SAVE THE DAY!

3 THIRD PLACE

**JOHN'S
INCREDIBLE PIZZA CO.**



HERO NIGHT OUT

PIZZA & FUN AT
JOHN'S INCREDIBLE PIZZA!

BECAUSE EVEN HEROES
DESERVE TO **CELEBRATE!**



**EVERY MONTH
HEROES WHO EARN
OVER 100 POINTS
WILL UNLOCK A
SURPRISE HERO GEAR DROP!**



BARNES & NOBLE
GIFT CARD



POKÉMON
CARD PACK



SQUISHMALLOWS



MAGNETIC
ROBLOX

**EVERY HERO GATHERS TOOLS.
EVERY JOURNEY LEADS TO VICTORY.**

**PLAY.
COMPETE.
EARN.**