

# A Letter to My Future Self

Looking Back: What am I  
choosing to release?

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*What am I carrying into this new year  
that I don't want to carry anymore?*

Becoming New: Who I Sense  
God Shaping Me to Be

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*What might God be more interested in  
changing in me than around me?*

Living Forward: My Hopes  
For the Future

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*What do I hope is more true about my inner life  
or my relationships a year from now?*

Trusting God: A Word to Myself  
When I Open This

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*If I forget everything else, what  
do I hope I remember?*

Write anything else you want your future self to remember.