

ADVENT JOURNAL

HIS NAME WILL BE CALLED ...

Walking through the four prophetic names of Jesus in Isaiah 9:6

NORTH HILLS CHURCH

WEEK 1 WONDERFUL COUNSELOR

Jesus as our wisdom, guide, healer, and present companion.

Scripture: Isaiah 9:6

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.

TALK/JOURNAL	
Where do you feel most in need of counsel or clarity to	day?
PRAYER	
Wonderful Counselor, meet me where I am and guide n	ny steps.
WALK	
Write down one decision you're facing and ask Jesus fo	r guidance

Scripture: Hebrews 4:15–16

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

TALK/JOURNAL
What weakness or struggle do you hesitate to bring to Jesus?
PRAYER
Lord, help me approach Your throne with confidence today.
WALK
Share honestly with God one place you feel weak.
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Scripture: Psalm 55:22

Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken.

TALK/JOURNAL What burden are you carrying that you've avoided surrendering?
PRAYER
Teach me to cast my cares on You and trust Your sustaining love.
WALK
Release one care today through prayer or journaling.

Scripture: John 4:13-18

Jesus answered, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

The woman said to him, "Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water."

He told her, "Go, call your husband and come back."

"I have no husband," she replied.

Jesus said to her, "You are right when you say you have no husband. The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true."

TALK/JOURNAL

Where might honesty with Jesus bring healing?	

PRAYER

Jesus, give me courage to be truthful with You and myself.

WALK

Tell Jesus one truth	you've bee	n avoiding.
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Scri	pture:	Mark	9:7
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Then a cloud appeared and covered them, and a voice came from the cloud: "This is my Son, whom I love. Listen to him!"

TALK/JOURNAL What makes it hard for you to listen for Jesus' voice?
PRAYER
Speak, Lord, Your servant is listening.
WALK
Spend 5 minutes in silence, inviting Jesus to speak.

Scripture: Psalm 32:8

I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.

TALK/JOURNAL
How has Jesus guided you in past seasons?
PRAYER
Thank You, Lord, for being my teacher and guide.
WALK
Identify one way God has led you and give thanks.

Scripture: James 1:5

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

TALK/JOURNAL Where do you need wisdom today?
PRAYER
God, you are generous. Give me wisdom without shame or fear.
WALK
Ask God for wisdom about one specific situation.

WEEK 2 MIGHTY GOD

Jesus as the God whose power works in us, for us, and through us.

Scripture: Jeremiah 32:17

"Ah, Sovereign Lord, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you.

TALK/JOURNAL
Where do you feel powerless today?
PRAYER
Mighty God, remind me nothing is too hard for You.
WALK
Write down one impossible situation and pray over it.

Scripture: Philippians 2:13

[F]or it is God who works in you to will and to act in order to fulfill his good purpose.

TALK/JOURNAL How do you see God shaping your desires and your character?
PRAYER
Work in me, Lord, and form me so that my life reflects Jesus
WALK
Notice one place today where God is working in you.

Scripture: Isaiah 40:29-31

He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

TALK/JOURNAL
Where are you weary and needing renewed strength?
PRAYER
Lord, renew my strength as I place my hope in You.
WALK
Take a slow walk and breathe deeply, receiving the strength God has for you today.

Scripture: 2 Corinthians 12:9–10

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

TALK/JOURNAL
How have your weaknesses revealed God's power?
PRAYER
Let Your power rest on me today, Lord.
WALK
Name a weakness and invite God's strength into it.

Scripture: 2 Corinthians 12:9–10

For the director of music. Of the Sons of Korah. According to alamoth. A song

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.

TALK/JOURNAL
Where do you need God to be your refuge?
PRAYER
God, be my ever-present help in trouble.
WALK
Identify one place you've been trying to be your own refuge.

Scripture: Ephesians 3:20-21

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, 21 to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

TALK/JOURNAL
Where do you need to expect more from God?
PRAYER
Do immeasurably more than I can ask or imagine.
WALK
Write a bold prayer that feels beyond your ability.

Scripture: Psalm 18:1-3

For the director of music. Of David the servant of the Lord. He sang to the Lord the words of this song when the Lord delivered him from the hand of all his enemies and from the hand of Saul. He said:

I love you, Lord, my strength.

The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.

I called to the Lord, who is worthy of praise, and I have been saved from my enemies.

TALK/JOURNAL

What does	What does God's strength mean to you personally?					

PRAYER

Lord, You are my strength and my deliverer.

WALK

Speak	a dec	laration	of trust	aloud	l today.
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WEEK 3 EVERLASTING FATHER

Jesus as compassionate, present, faithful, and gently restoring.

Scripture: Psalm 103:8-13

The Lord is compassionate and gracious, slow to anger, abounding in love. He will not always accuse, nor will he harbor his anger forever; he does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear him;

TALK/JOURNAL

How do God?	your ex	kperiences	s with ea	arthly fat	hers shape	e your vi	ew of

PRAYER

Everlasting Father, show me Your compassion and grace.

WA	LK	

Write down one way God has been a good Father to you.	



Scripture: Matthew 11:28–30

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."

TALK/JOURNAL Where do you feel burdened or worn down?
PRAYER
Jesus, give me rest, and help me reflect you with a gentle and humble heart.
WALK
Take seven minutes today to slow down and just breathe.

Scri	pture:	Jol	hn 1	 4:1	8
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I will not leave you as orphans; I will come to you.

TALK/JOURNAL Where do you feel alone today?
PRAYER
Thank You, Father, that You never leave me orphaned.
WALK
Reach out to someone who might feel alone this season.

Scripture: Zephaniah 3:17

The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing."

TALK/JOURNAL How does it change you to know God delights in you?
PRAYER
Father, give me peace with Your love.
WALK
Spend time today imagining God rejoicing over you.

Scripture: Psalm 34:18

The Lord is close to the brokenhearted and saves those who are crushed in spirit.

TALK/JOURNAL
Where have you experienced heartbreak?
PRAYER
Draw near to me, Father of compassion.
WALK
Share one grief with Jesus today.
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Scripture: Luke 15:11-24

Jesus continued: "There was a man who had two sons. 12 The younger one said to his father, 'Father, give me my share of the estate.' So he divided his property between them.

"Not long after that, the younger son got together all he had, set off for a distant country and there squandered his wealth in wild living. 14 After he had spent everything, there was a severe famine in that whole country, and he began to be in need. 15 So he went and hired himself out to a citizen of that country, who sent him to his fields to feed pigs. 16 He longed to fill his stomach with the pods that the pigs were eating, but no one gave him anything.

"When he came to his senses, he said, 'How many of my father's hired servants have food to spare, and here I am starving to death! I will set out and go back to my father and say to him: Father, I have sinned against heaven and against you. 19 I am no longer worthy to be called your son; make me like one of your hired servants.' 20 So he got up and went to his father.

"But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him.

"The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.'

"But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. 23 Bring the fattened calf and kill it. Let's have a feast and celebrate. 24 For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.

TALK/JOURNAL
What does returning to the Father look like for you?
PRAYER
Run to me, Father, as I return to You.
WALK
Confess one place you've wandered and turn back.

Scripture: Romans 8:38-39

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

TALK/JOURNAL
What truth do you need to believe about God's unfailing love?
PRAYER
Thank You that nothing can separate me from Your love.
WALK
Write the phrase: "Nothing can separate me" somewhere visible.

WEEK 4 PRINCE OF PEACE

Jesus as Shalom: our wholeness, rest, and stability in chaos.

Scripture: Isaiah 9:6

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.

Where do you long for peace right now?
PRAYER
Prince of Peace, bring wholeness where I feel fractured.
WALK
Name one area of unrest and entrust it to Jesus.

Scripture: John 14:27

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

TALK/JOURNAL
How does Jesus' peace differ from the world's peace?
PRAYER
Jesus, give me peace. Not mine, but Yours.
WALK
Set an alarm. Pause three times today to breathe and pray for peace.

Scripture: Philippians 4:6-7

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

TALK/JOURNAL
What anxiety do you need to bring before God?
PRAYER
Guard my heart and mind with Your peace.
WALK
Replace one anxious thought with a prayer of gratitude.

Scripture: Colossians 3:15

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

TALK/JOURNAL
What would it look like for Christ's peace to rule in your heart?
PRAYER
Let Your peace give direction to my decisions.
WALK
Slow down one decision today and invite peace to lead the way.

Scripture: Romans 12:18

If it is possible, as far as it depends on you, live at peace with everyone.

TALK/JOURNAL
Where is Jesus inviting you toward relational peace?
PRAYER
Make me a peacemaker, Lord.
WALK
Take one small step toward reconciliation with someone.

Scripture: John 16:33

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

TALK/JOURNAL
What troubles feel overwhelming right now?
PRAYER
Thank You that You have overcome the world.
WALK
Identify one place where Jesus has brought victory.

Scripture: Ephesians 2:14

For he himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility,

TALK/JOURNAL
How has Jesus brought peace into your story?
PRAYER
Jesus, be my peace today and every day.
WALK
Do one act of peace-making, even if it is small or unseen.

MERRY CHRISTMAS!

May the new year bring you new insights into the character of God and God's love for you! We are glad you are part of the community of Jesus with us!

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