



May 24, 2026
Series: Week 7
Pastor Jaime
www.lebefree.org

“A Legacy Anchored in Truth”

Key Passage: 1 John 5:13-21

5 TRUTHS THAT ANCHOR US...

ANCHOR #1: CONFIDENCE IN ETERNAL LIFE (1 JOHN 5:13)

- **Eternal life** is knowing and belonging to Jesus Christ forever. It is not just a future destination after death, but a present relationship with Christ that begins the moment someone truly believes in Him.
- **Passages on assurance of our eternal life:** 1 John 5:11-12, John 17:3, John 5:24, John 10:27-29, Ephesians 1:13-14, John 3:16, John 11:25-26, Hebrews 6:19, Romans 10:9-10
- **Reflection:** Have you ever struggled with assurance of salvation? What caused those doubts? According to this verse, where should our confidence in salvation come from? Are you relying more on your feelings or on God’s promises for assurance? How does knowing you already have eternal life change the way you live today?

ANCHOR #2: CONFIDENCE IN ANSWERED PRAYER (1 JOHN 5:14-17)

- John states that this is the confidence we can have in Him, that we can ask **ANYTHING ACCORDING TO HIS WILL** and **HE HEARS US!**
 - **A Practical Way to Pray According to God’s Will (verses 16-17):** Pray for other believers who have fallen into sin and God will restore them!
- **Important Reminder:** God always answers prayer — sometimes the answer is: **Yes, No, or Not right now.** Prayer is not about controlling God; it is about trusting God.
- The beauty of prayer is this: **Our God actually listens to us.** He is attentive to His children, cares for every need, and lovingly invites us to come before Him.
- **Passages on praying according to His will:** 1 John 3:21-22, Psalm 37:4, Matt. 6:9-10, Phil. 4:6-7, John 15:7, Matt. 5:44, Rom. 12:14, 1 Tim. 2:1-2, James 5:14-16, Eph. 6:18, Col.1:9-12, Heb. 4:16
- **Reflection:** How does knowing that God hears you and answers prayer (in His wisdom—yes, no, or not yet) change the way you approach Him in prayer? Are your prayers more shaped by your desires or God’s desires, and what would it look like this week to realign your prayers with His will? When you see another believer struggling in sin or spiritual weakness, do you tend to respond with criticism or intercession—and how can prayer become your first act of love toward them this week?

ANCHOR #3: CONFIDENCE IN GOD’S PROTECTION (1 JOHN 5:18)

- **Believers are protected and held securely by Jesus Christ.** While Christians still battle sin and face suffering in this world, the enemy cannot ultimately destroy or steal those who belong to Christ because their souls are eternally secure in Him.
- **Important Reminder:** The enemy attacks, tempts, distracts, and accuses believers, but Christ has already defeated him through the cross and resurrection. God’s protection doesn’t always mean freedom from suffering or persecution—many faithful believers suffered greatly in Scripture yet remained secure in Christ. The enemy may affect the body, circumstances, or emotions, but he cannot take a believer away from Jesus.
- **Passages on God’s Protection:** Psalm 91, Romans 8:37, John 10:27-29, 2 Thessalonians 3:3
- **Reflection:** In what ways does the enemy try to distract or discourage believers today? Why is it important to remember that Christ has already defeated Satan? How does knowing your soul is secure in Christ change the way you face trials? What practical steps can help you stand firm against temptation?

ANCHOR #4: CONFIDENCE IN WHOM WE BELONG TO (1 JOHN 5:19)

- **Why can we be confident? Because those who trust in Jesus Christ belong to God and are adopted into His family as His children.** While the world remains under the influence of the evil one, believers have been rescued from darkness and now belong to the Kingdom of God.
- **Passages on Belonging to God:** 1 John 3:1, John 1:12, Colossians 1:13-14, Romans 8:14-17
- **Reflection:** How does knowing you are a child of God shape your identity and purpose? In what ways does the world operate under values that oppose God? How does God's love for you as His child bring comfort and confidence? How does belonging to God affect the way you handle temptation and sin? How does remembering that you are "on the winning side" encourage you during spiritual battles? What is one way you can live more confidently as God's child this week?

ANCHOR #5: CONFIDENCE IN KNOWING THE TRUTH (1 JOHN 5:20-21)

- **The True Knowledge of God--Jesus Christ has come to reveal the truth of God and give believers understanding so that they can know Him personally and live in fellowship with Him.** In a world filled with confusion and false ideas about truth, God has made Himself known clearly and fully in Jesus Christ.
- **Jesus is the true God and eternal life, and He alone defines truth.** To know Christ is to know truth itself. Anything that replaces Him in our hearts becomes an idol that distorts reality and leads us away from God.
- **Important Reminder:** Truth is not subjective—it is revealed in Jesus Christ. The world often redefines truth, but God has already defined it in His Son. Idolatry is not just statues—it is anything that takes God's rightful place in our hearts. Following a "false version of Jesus" is still idolatry because it replaces the real Christ with a created idea of Him. John closes the letter with a warning because truth determines worship, identity, and direction.
- **Passages on the Truth of God:** John 1:14, John 14:6, John 17:17, Colossians 2:8, 2 Tim. 3:16-17
- **Reflection:** How does knowing Jesus personally change the way you view truth? Why is it important to believe that truth is not relative but revealed? In what ways does the world try to redefine truth today? How can Christians unintentionally create a "false version" of Jesus? What are some modern forms of idolatry that compete for your heart? What does it look like to "keep yourself from idols" in everyday life? How does worshiping the true God lead to freedom rather than restriction? Are there beliefs or influences you need to bring back in alignment with Scripture? What is one way you can deepen your commitment to truth in Christ this week?

1 John 5:13-21

¹³I have written this to you who believe in the name of the Son of God, so that you may know you have eternal life.

¹⁴And we are confident that he hears us whenever we ask for anything that pleases him. ¹⁵And since we know he hears us when we make our requests, we also know that he will give us what we ask for.

¹⁶If you see a fellow believer sinning in a way that does not lead to death, you should pray, and God will give that person life. But there is a sin that leads to death, and I am not saying you should pray for those who commit it. ¹⁷All wicked actions are sin, but not every sin leads to death.

¹⁸We know that God's children do not make a practice of sinning, for God's Son holds them securely, and the evil one cannot touch them. ¹⁹We know that we are children of God and that the world around us is under the control of the evil one.

²⁰And we know that the Son of God has come, and he has given us understanding so that we can know the true God. And now we live in fellowship with the true God because we live in fellowship with his Son, Jesus Christ. He is the only true God, and he is eternal life.

²¹Dear children, keep away from anything that might take God's place in your hearts.