



May 10, 2026  
Series: Week 5  
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[www.lebefree.org](http://www.lebefree.org)  
(NS-1)

## **LIVING A LIFE OF LOVE**

***Key Verse: God is love, and all who live in love live in God, and God lives in them. (1 John 4:16)***

### **Love Runs in the Family**

*As an adopted child in God's family, we are to love like He loves.*

*God is Love (1 John 4:7-8)*

- John traces love to its Source – God. God is love!
- As children adopted into God's family, we are to love as He loves.

*God Expressed His Love in a Very Tangible Way by Sending Jesus (1 John 4:9-10)*

- Once we were dead in our trespasses and sins. (Ephesians 2:1)
- God Himself entered our broken world. The Son of God became flesh and dwelt among us. (John 1:14)
- God sent His One and only Son so that we might live and have eternal life through Him. God sent Jesus as a sacrifice to take away our sins!

*Love is a Family Trait (1 John 4:11)*

- John reminds us that because of God's great love for us, we ought to love one another.
- We are known as children of God by the love we show. It's a family trait. Love runs in the God's family!

### **Love Grows Here**

*To live and love like Jesus, we must abide in Him.*

*Radically Different – God's Agape Love (1 Corinthians 13:4-8)*

- Agape love is the highest form of selfless, unconditional and sacrificial love that is of God and from God.
- God calls us to love with a love that is so different, it will dramatically impact all our relationships.
- It's a love that grows within us and transforms us from inside out! (NS-2)

*God's Love Grows in Us When We Abide in Him (1 John 4:12-16)*

- Abiding is about rising above the noise, clutter and demands of life to fully pursue a personal, growing, loving relationship with God. (NS-3)
- God is love, and all who live in love, live in God, and God lives in them. (1 John 4:16)
- We were given a Gift. The Holy Spirit indwells us and empowers us to love others with agape love.

## Overflow: Loving Others Well

*When we love others well, we give the world a glimpse of what God's Kingdom is like.*

*Pass It On (It's more than a song!)*

- The love God grows inside us should spill out to others. Do *everything* in love. (1 Corinthians 16:14)
- Be a spiritual Construction Worker. Tear down walls & barriers. Build relationship bridges.
- Love without borders. Seek ways to express God's love to a hurting and dying world. (NS-4)
- The greatest act of love is to help connect someone to Jesus!

### Next Steps

1. Watch any sermon series and work through our helpful sermon guides at [www.lebefree.org](http://www.lebefree.org)
2. Read through 1 Corinthians 13:4-8. Where do you struggle in expressing this type of love? Is there someone you need to love this way? Talk with the Lord about ways to grow in His love.
3. Read the Gospel of John 15:1-17 (Vine & branches). Where do YOU go to "abide"? Where do YOU go to rise above the noise, clutter and demands of your life to fully pursue a personal, growing, loving relationship with Jesus? Share your answer with a friend or your Life Group.
4. We see and love people one at a time. What one step can you take this week to express God's love to someone in your family? At church? At work? In your neighborhood?

### Key Passages

#### 1 John 4:7-16 (NLT)

<sup>7</sup>Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is a child of God and knows God. <sup>8</sup>But anyone who does not love does not know God, for God is love. <sup>9</sup>God showed how much He loved us by sending His one and only Son into the world so that we might have eternal life through Him. <sup>10</sup>This is real love—not that we loved God, but that He loved us and sent his Son as a sacrifice to take away our sins. <sup>11</sup>Dear friends, since God loved us that much, we surely ought to love each other. <sup>12</sup>No one has ever seen God. But if we love each other, God lives in us, and His love is brought to full expression in us. <sup>13</sup>And God has given us His Spirit as proof that we live in Him and He in us. <sup>14</sup>Furthermore, we have seen with our own eyes and now testify that the Father sent his Son to be the Savior of the world. <sup>15</sup>All who declare that Jesus is the Son of God have God living in them, and they live in God. <sup>16</sup>We know how much God loves us, and we have put our trust in His love. God is love, and all who live in love live in God, and God lives in them.

#### 1 Corinthians 13:4-8 (NIV)

<sup>4</sup>Love is patient, love is kind. It does not envy, it does not boast, it is not proud. <sup>5</sup>It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. <sup>6</sup>Love does not delight in evil but rejoices with the truth. <sup>7</sup>It always protects, always trusts, always hopes, always perseveres. <sup>8</sup>Love never fails.

#### 1 Corinthians 16:14 (NIV)

Do everything in love.