

“I Am the Light of the World”

Mount of Olives | February 1, 2026 | I John 1:5-7

Pastor John Steward

Prayer of the Day

Lord Jesus, so often, when our way seems cloudy and confusing, with no clear answers, You are waiting there to show us the way. Too often, it takes us a frustrating amount of time to stop, release, and seek Your insight. Help us to come to You more quickly and more frequently, even constantly basking in Your presence for wisdom, insight and peace. In Your Name we pray, Amen.

Scripture Reading

I John 1:5-7

This is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all. If we say that we have fellowship with him while we are walking in darkness, we lie and do not do what is true; but if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

Message Notes

John 8:12

Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life."

Psalms 119:105

Your word is a lamp to my feet and a light to my path.

I John 1:7

But if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

Matthew 5:14-16

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven."

Study Questions

Read 1st John 1:5-10

ICEBREAKER – Getting started:

1. When you think of “light,” what images or feelings come to mind?
2. Have you ever tried to walk in complete darkness? How did it feel?

Based on 1st John 1:5-10, answer the following questions:

OBSERVATION – What does the text say?

1. As you read **1st John 1:5-10**, what comes to mind? What stands out? What is interesting to you and why?
2. In one sentence, how would you summarize this text?
3. What lesson or message do you think the author is trying to convey?

INTERPRETATION – What does the text mean?

1. According to verse 5, what message did John and the apostles receive about God's nature?
2. What do you think it means that "God is light and in Him is no darkness at all"?
3. In verse 6, what does it mean to "walk in darkness"?
4. How does walking in darkness affect our fellowship with God and others?
5. Verse 7 mentions walking in the light—what do you think that look like practically?
6. What role does Jesus' blood play in our cleansing, according to verse 7?
7. Why do you think John emphasizes honesty about sin in verses 8–10?
8. How can denying our sin lead to self-deception or breaking fellowship with God?
9. What does verse 9 teach about confession and forgiveness?
10. How does God's faithfulness and justice relate to His forgiveness of sins?
11. What does it mean that God "purifies us from all unrighteousness"?
12. Why might someone claim, "I have not sinned," and what danger does John warn about in verse 10?

APPLICATION – How can you apply the text?

1. In what areas of your life might God be calling you to "walk in the light" more fully?
2. How can you practice honest confession before God and others this week?
3. What steps can strengthen your fellowship with God and your community of faith?
4. How does knowing that God forgives and cleanses us change the way you approach failure or guilt?
5. How can being "people of light" influence how we live and love in a dark world?