

Strong Holds

***Key Scriptures 2 Cor 10:3-5/ Luke 4:1-13/ Matt 12:29, 43-45/
Gal 5:1

Strongholds are the _____ battle.

Strongholds are _____ from the enemy that we accept as
_____.

When we accept a lie as truth we are _____.

The battlefield of Strongholds is in the _____.

Strongholds affect many _____ of our lives.

Our weapons that we fight with are _____.

The enemy's cycle looks like this...

Untruth, to Acceptance (Deception), to Mind Set, to Feelings, to
Actions, to Habits to Lifestyle.

We can break Strongholds but they must be dealt with at the
_____.

The main weapon that we use is the _____.

We recognize Strongholds by...

Recognizing ungodly beliefs and attitudes that shape our worldview, asking the Holy Spirit to reveal them and being mindful of thought patterns after Deliverance

We destroy Strongholds by...

Confessing, Renouncing, Welcome Healing and pleading the Blood, Committing the vacant space to the Lord, Rebuilding and Renewing the Mind with God's Word as the Foundation

Some very common Strongholds...

1. Bitterness- "You didn't forget... you did that on purpose.", "He didn't say Hi to me... He was ignoring me.", "They didn't pick me because they don't like me". (Hebrews 12:15)
2. Rejection- "I am unlikeable", "No one loves me", "I don't want to get hurt" (Psa 66:16-20)
3. Loneliness- "I am alone", "No one wants to be around me", "Why can't I connect with anyone" (Isa 41:10)
4. Accusation- Leading you to guilt and shame (God really didn't forgive me) (Rev 12:10) Temptation- "This will truly satisfy me" (Apart from God)
5. Temptation- "This will truly satisfy me" (Apart from God) (Cor 10:13)
6. Intimidation- Leading you to anxiety- "I am not good enough so why try.", "I can never do that" (Deut 31:6)

7. Confusion- There is no clarity or organization (1 Cor 14:33)
8. Distraction- Not able to focus on a thought or activity (Psa 119:15)
9. Indoctrination- Being taught by someone who is deceived. (2 Tim 4:3)
10. Legalism- One question- "Do you fear losing your salvation?" This leads to living a life of fear and timing rather than joy and gratitude. (John 10:28)

Common Strongholds that are often over looked are...

1. An Orphan Spirit
2. Performance Driven Faith
3. Fear based Obedience
4. The Shame Cycle
5. Mistrust of God's Character

Close any opened Doors...

No Unforgiveness, No Unconfessed Sin, Fill yourself with the WORD, Be mindful of what you think about, Do not give the Devil any territory or a foothold.

We maintain our Freedom by standing firm! Gal 5:1

We wield our spiritual weapons, we occupy the new territory with the Holy Spirit and Truth, We respond immediately to any attack with the Word

NOTES